6. Conclusions

- Improved understanding of the factors that influence the health and wellbeing of women in rural and remote areas.
- The need for targeted interventions to address the specific needs of women in these areas.
- The potential for technology and digital health solutions to improve access to healthcare.
- The importance of involving women in the design and implementation of interventions.
- The need for follow-up studies to evaluate the effectiveness of interventions.

Key Findings

- Women in rural and remote areas face unique challenges in accessing healthcare.
- The use of technology can help bridge the gap in healthcare access.
- Women's perspectives are crucial in designing effective interventions.
- Follow-up studies are necessary to assess the impact of interventions.

3. Methods

Women in rural and remote areas face unique challenges in accessing healthcare. The need for targeted interventions to address these challenges is highlighted. The potential for technology and digital health solutions to improve access to healthcare is emphasized. Women's perspectives are crucial in designing effective interventions.