MIC'D UP: A CRITICAL NARRATIVE INQUIRY INTO AFRICAN AMERICAN MALES, SCHOOL COUNSELORS & THE FIRST-YEAR EXPERIENCE AT A PWI

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A Dissertation
Submitted to the
Graduate Faculty
of

George Mason University in Partial Fulfillment of The Requirements for the Degree

of
Doctor of Philosophy
Education

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Date: April 30, 2020	Spring Semester 2020 George Mason University Fairfax, VA

Mic'd Up : A Critical Narrative Inquiry Into African American Males, School Counselors & The First-Year Experience At A PWI

A Dissertation submitted in partial fulfillment of the requirements for the degree of Doctor of Philosophy at George Mason University

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Dedication

This is dedicated to my people, both the ancestral who are now among the stars and the diasporic Africans who currently bring peace and joy to the world as they, like me, try to make sense of this gift of life on Earth. Specifically, this is dedicated to Mom, Gigi, Nedra, Roy, The Grahams, The Greenups, The Kirklands (and Asia & the boys!), The Williams, The Littles, Creative Difference, Forever Friends, and the rest of my community that has given me strength, joy, love, support, patience, and the gift of neverending belief. This is also dedicated to those whose touch I can feel on my shoulders, in my heart, and in the memories that sustain me: Dad, Nana, Papa, Cousin Phillip, and Uncle Don. A special dedication goes to my beautiful wife, Maryvonne, who has brought me love, joy, peace, laughter, companionship, and support to carry on through this harrowing journey. I love you all!

Acknowledgements

I would like to thank my committee for their support, insight, confidence, and faith as I looked to find my voice and place. Thank you Dr. Jenice View for stepping in and being my chair at a time when I needed someone who understood my aims and perspective. Thank you Dr. Meagan Call-Cummings for giving me the space to inject my authentic self into the methodological pieces of this work. Thank you Dr. William Brozo for providing me with a clear, calming, confidence-building voice. Thank you Dr. Diana D'Amico for walking me through the program, helping me find my niche, and for placing me in Dr. View's capable hands.

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Abstract

MIC'D UP: A CRITICAL NARRATIVE INQUIRY INTO AFRICAN AMERICAN MALES, SCHOOL COUNSELORS & THE FIRST-YEAR EXPERIENCE AT A PWI

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George Mason University, 2020

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College degree attainment holds outsized potential benefits for African American males across quality of life domains. Given that many African American males from urban school districts are first-generation college students and thus come from social circles that lack insider knowledge of the college-going experience, high school counselors are particularly important resources for these students as they look to make successful transitions to PWI's. Educational literature speaking to the dynamic relationship between high school counselors and college-bound African American males becomes disconnected in educational literature after graduation. Using critical narrative inquiry as the methodology, this study sought to deepen our collective understanding of counseling for college by bringing together the personal, educational and professional experiences of three high school counselors from urban school districts and three

undergraduate African American male students from urban school districts at George
Mason University. Results from conversations, a sharing circle, and participant
reflections revealved counseling practices that were driven by counselor world views,
formative personal and professional experiences, and varying school contexts. Results
also revealed students who had received appropriate college access assistance and a need
for additional preparation and support for the actual college experience in high school
and on the university level.

Chapter One: Background, Purpose, and Overview of the Study

In July of 2017 the story of Johnathon Carrington's journey from valedictorian of Washington D.C.'s Dunbar High School to graduate of Georgetown University made its way into the education section of The Washington Post (Brown, 2017), and it was punctuated by this quote from Johnathon, "I don't think I'm going to fail everything, but I think I'm going to be a bit behind." Carrington had been a superb student at Dunbar High School, earning the distinction of valedictorian of his 2013 graduating class. Despite his stellar academic performance in high school, and despite the campuses being separated by fewer than four miles, there are notable contextual differences between Dunbar High School and Georgetown University that made Carrington's prediction of travails accurate. Dunbar High School enjoys a rich history as the nation's first Black high school and a place where the best and brightest African Americans came to learn and teach before the desegregation of public schools (Stewart, 2015). Like Johnathon Carrington, today's Dunbar features a student body that is almost entirely Black, economically disadvantaged, and from the same neighborhood cluster (District of Columbia Public Schools, 2018; Orfield & Ee, 2017). Dunbar also has a school population that largely scored below expectations on recent math and English proficiency exams (District of Columbia Public Schools, 2018). Established in the late 18th century

(Georgetown University, 2018), Georgetown University is widely well-regarded in terms of academics, however, and in contrast to Dunbar's history as an enclave for Black educators and students, Georgetown University's early funding relied on Black slave labor and trade (The Georgetown Slavery Archive, 2018), a campus tension-inducing fact made widely public during Johnathon Carrington's tenure there. With a yearly tuition of \$52,000 it is also expensive, has an acceptance rate of just 17%, and at 7.2% (Forbes, 2018), it features a Black student population that is under-representative of the local and national Black populations. Johnathon Carrington's stated challenges during his transition from Dunbar High School to Georgetown University included: academic struggle for the first time, fitting in on campus among mostly White and wealthy students, difficulty with math courses, and issues with time management (Brown, 2017). Across the country there are African American males like Johnathon Carrington who have done well enough in urban high schools to be granted college admission, only to have their persistence challenged by elements of their transitions to predominantly White institutions (PWI) such as inconsistent institutional support (Haywood & Sewell, 2016) academic rigor, the relationship between effort and grades, and campus racial composition (Harper & Newman, 2016); Johnathon Carrington's story is only unique in that it was told.

Statement of the Situation

A college degree is more important now than ever as it pertains to wealth, health and happiness outcomes (Carnevale, Rose, & Cheah, 2011; Holland, 2017; Hout, 2012; Ruthra & Flashman, 2017), especially for those from traditionally disadvantaged backgrounds such as African Americans males from low-income homes. That being said,

Black male college degree attainment rates are the lowest across race/ethnic and gender lines (Harper and Newman, 2016; Haywood & Sewell, 2016; Simmons, 2013). Additionally, at 78.5%, African American males are the least likely demographic to return to college after the first year (Espinosa, Turk, Taylor, & Chessman, 2019), indicating an attainment trend that begins early in the collegiate experience. Despite a wealth of educational literature on attrition and college readiness, the conversation around increasing degree attainment rates for African American males remains complex and without a clear way forward (Barnes & Slate, 2014; Howell, Kurlaender & Grodsky, 2009; Jackson & Kurlaender, 2014; Venezia & Voloch, 2012).

Given that many African American males from urban school districts are firstgeneration college students (PNPI, 2018) and thus come from social circles that lack
insider knowledge of the college-going experience, high school counselors are
particularly important resources for these students as they look to make successful
transitions to PWI's (Gilfillan, 2018; Smith & Zhang, 2008). Despite their joint task,
educational literature speaking to the dynamic relationship between high school
counselors and college-bound African American males becomes disconnected in
educational literature after graduation. Studies focus largely on college enrollment and
access (Simmons, 2011), and later the tracking of persistence statistics (Mathewson,
2017; Kowalski, 2017, July 19) without exploration of counselor interaction with
experiential student data of school and district alumni to inform their professional
practice. Additionally, many high school counselors feel their graduate programs leave
them unprepared to assist students with the transition experience (Gilfillan, 2018). There

is thus a national situation in which PWI-bound African American male students are working toward achieving positive first-year outcomes at PWI's with the support of high school counselors that have little experiential data beyond high school graduation to draw from and often insufficient training for the task in general.

Historical Context

The most common educational dynamic in which college-bound African

American males find themselves is that between urban school districts and PWI's

(NCES, 2018; Schott Foundation, 2015). It is this interaction that is the setting for this research project, a present dynamic that has been shaped by a historical arc of racialized life and education for African Americans (Ficker, 1999; Span, 2005). Between the years 1619 and 1865, the first 250 years of the African American experience, the instruction of and acquisition of literacy by African Americans were opposed or restricted by policy throughout the American colonies and states (Butchart & Rolleri, 2004; Span, 2005). In this historical period, formal Black education was sporadic, with a proliferation of schools dedicated to African Americans occurring near and after the Civil War (Butchart & Rolleri, 2004), including the opening of a teacher-training school for free Black girls in the very region that is the setting for this study. The opening of this school in 1851 was a part of a national pattern of secondary education being available almost exclusively to Black women in the antebellum United States.

Formal racialization of African American education, the positioning of students based on race (Phoenix, 2004), found footing in the case of *Roberts v. Boston* in March, 1850 (Ficker, 1999), a ruling that upheld segregated education based on what the Boston

Public School Committee claimed to be divine pragmatism based on essential differences determined by God. The committee offered that, "The distinction is one in which the Allwise Creator has seen fit to establish; and it is found deep in the physical, mental, and moral natures of the two races" (Ficker, 1999, p.302).

Though eventually decided to be separate and unequal in 1954 through *Brown vs* Board of Education of Topeka (Klarman, 1994), designated schools for Black children filled educational voids that in many cases provided positive experiences for students, educators, families, and communities (Walker, 2000), providing evidence of the possibility of strong, purposeful education of Black students in challenging contexts. For example, Washington D.C.'s Dunbar High School, all Black between 1877 and 1955, often scored first on city-wide tests among both Black and White schools, and most of its graduates went on to college during a period when most Americans did not (Morris, 2015). The Roberts decision set a precedent for a half-century of decisions that would maintain the legality of separate schools for Black students, finding society-wide application of segregation in 1896 with Plessy v. Ferguson (Ficker, 1999). Plessy began as an issue in the courts of Louisiana over the constitutionality of separate train cars for Black and White riders, and with assistance from arguments used in the Roberts decision, became the legal basis for segregation in American life. American life and schooling would be legally segregated until the Brown v. Board of Education of Topeka (Klarman, 1994) decision desegregated the nation's public schools.

Though Brown legally desegregated America's schools, it did not change

American hearts, stimulating White resistance and backlash (Henig, 1997; Klarman,

1994) that manifested in a myriad of ways, such as innovations in educational exclusion in communities that remained committed to separate schools for Whites and Blacks (Fuquay, 2002), and the pushing out of Black educators from the newly desegregated profession (Fultz, 2004). Though the Civil Rights Act of 1964 provided enforcement measures to support Brown (Delpit, 1988), the forced desegregation of America's public schools set in motion a dynamic that is still in place in urban school districts across the country, including in the districts of study here (Henig, 1997). Owing to factors such as White flight and anxiety about rapid racial change (Henig, 1997; Tatum, 2010), desegregated urban districts have become largely Black or Brown, while others are segregated by neighborhood (Dougherty et al, 2009). The exclusion of Black students from the nation's higher education institutions paralleled that in K-12 and necessitated the founding of separate Black postsecondary institutions (Stefkovich & Leas, 1994). This exclusion led to fights in and out of the courtroom for access to universities that would eventually become today's PWI's (Picott, 1958; Stefkovich & Leas, 1994). So it is that K-16 and beyond, African American students are being educated in public schools that were designed to exclude them. Many students overcome this historical foundation, while many others of similar backgrounds do not.

Participant Schools and Districts

Participants in this study represented schools in the following districts as either alumni or school counselors: Hampton City Schools in Virginia, New York City Public Schools, and Prince George's County Public Schools in Maryland. Hampton City Schools is the school district serving the residents of Hampton, VA (HCS, 2020). The

participant representing Hampton City Schools was an alumnus of Hampton High School. Owing to a combination of the city's population size of 136,255 (Data USA, 2020), the joint military base at Langley (Hampton VA, 2020), current and growing city diversity (Data USA, 2020), and the 90% minoritized student body of Hampton High School, I have classified the school as being in an urban characteristic context (Milner, 2012). Recognizing that there are a myriad of definitions and ways that the term "urban" is used in educational research, and that the lack of common understanding around the term makes discussion difficult, Milner offered an evolving typology of urban education as a tool for contextualizing schools. Schools that Milner classified as existing in urban characteristic contexts are not located in big cities and may be found in either suburban or rural areas. These schools, "may be beginning to experience increases in challenges that are sometimes associated with urban contexts such as an increase in English language learners in a community (p.560)." Hampton High School and the surrounding community have the task of accounting for the needs of diverse populations while in the midst of the national significance that comes with housing the Langley joint military base. The participant representing New York City Public Schools was a school counselor at a public high school in Brooklyn that I will classify as being in an urban intensive context. Milner (2012) described schools in urban intensive contexts as, "concentrated in large, metropolitan cities across the United States, such as New York, Chicago, Los Angeles, and Atlanta" (p. 560), making my application of this term to a public high school in Brooklyn, New York appropriate. The remaining participants represented three Prince George's County Public Schools as alumni and high school counselors. Bordering

Washington DC, Prince George's County is described as having an urban atmosphere on its official website (PGC, 2020). Prince George's County Public Schools (PGCPS) is one of the 25 largest school districts in the country (PGCPS, 2020), with a student population that is 55% African American and 36% Hispanic/Latino. Given the district's size, shared border with the nation's capital, and demographic make-up, and one of my participant's description's of it as "semi-inner city," I have classified its context as urban emergent (Milner, 2012). Milner described schools in urban emergent contexts as typically existing in large but not major cities, while sharing some of the same characteristics and challenges as those in urban intensive contexts.

George Mason University

In order to answer the research questions that guide this study, I partnered with three African American male students who are current undergraduates at George Mason University and alumni of schools in Hampton, VA and Prince George's County, MD. Owing to its close proximity to Prince George's County, George Mason University is a geographically local university for PGCPS students. It is an in-state school for students from Hampton City Public Schools, as a member of the Virginia public university system (SCHEV, 2019). Given those connections and the fact that it is my home institution, George Mason was an appropriate university to include in this inquiry. The university, which is located in Fairfax, VA and fewer than twenty miles from Washington D.C., is a large and public PWI with a Fall 2018 total enrollment of 37,316 (GMU, 2020a). Of this total enrollment, 3,979 students were classified as Black or African American, an enrollment number that put this population at 10.6% of the university's students and in a

position of underrepresentation in a state that was nearly 20% Black or African American (Census, 2018). Competing narratives are told around campus regarding the experience and success of George Mason's Black students. There is an unsubstantiated narrative floating about the campus community of a Black undergraduate student population that is thriving and doing at least as well as the White students. This story is in line with external analyses touting the university as a top spot for Black students based on a 6-year Black graduation rate of 65.9% that is equal to its White students (Nichols & Evans-Bell, 2017) and higher than national averages for Blacks and all ethnic groups combined. This narrative is unsubstantiated because data on students categorized as Black at George Mason have not been disaggregated to account for ethnicity, country of origin, and immigration experience. Another narrative also exists, this one of a Black student population that is underprepared for the academic and social climate of this university whose geography places it at the intersection of Virginia and Washington D.C. This study aimed to contextualize those competing narratives through direct conversation with students.

Along with filling an educational gap in Northern Virginia, George Mason University's origin story (GMUa, 2019) includes early decisions-makers making choices that were hostile to African American student success. The university was founded as a branch of the University of Virginia system in the late 1950's to serve the needs of a growing regional citizenry that was geographically outside of the reach of the existing state universities. The university was given its distinct name, George Mason University, in 1959, a tribute to a founding American who simultaneously spoke out against the

institution of slavery and who enslaved Africans (National Park Service, 2017). This celebration of a conflicted enslaver aligns with other American mixed signals regarding racial equality and education such as the idea of separate but equal and the irony of Georgetown University hosting African American students while owing its foundations to slave labor and trade. At present, a large statue of its namesake stands tall on the campus of George Mason University, overlooking Black students, faculty, and staff as they traverse the grounds.

In addition to George Mason University's confusing symbols, and despite not officially being segregated, the university's early lack of intention around race meant that it was a nearly all White institution in 1971, 14 years after it began operations (GMUa, 2019). Of its 2,456 students, 16 were Black, and of its 164 faculty members, 2 were Black. The pattern of admissions and hiring prompted the assertion by the Virginia State Advisory Committee (VSAC) that, "George Mason College was conceived of, by, and for the white community of Northern Virginia and not for the entire Northern Virginia population" (George Mason University, 2019). The assertion was followed by a recommendation by the VSAC that an African American be elected to the university's advisory board and adjustments be made to the university's performance standards to incentivize racial diversity. Despite the fact that remedies were ordered and that it was founded 200 years after its state system's flagship university, George Mason University was a PWI with the benefit of White students as its founding structural purpose.

Counseling For College

Though not theirs alone (ASCA, 2019; Holland, 2017), it is the task of African American males from urban school districts and the school counselors in their high schools to transcend a history of exclusion and inequitable practices in American higher education. Even with records of academic success in high school, first-year African American male students at PWI's can experience struggle with adjusting to factors such as academic rigor, the relationship between effort and grades, and campus racial composition (Harper & Newman, 2016). There are also students that experience less tumultuous first years at university, attributing their positive transition experiences to factors like student organizations (Harper & Newman, 2016), first-year seminars, precollegiate programs, and high school counselors (Smith & Zhang, 2008). Positive African American student perceptions about the helpfulness of high school counselors (Blaire, Burkhardt, & Hull, 2018; Gilfillan, 2018; Smith & Zhang, 2008) denote an openness to the advice of these professionals, and research indicating that school counselor interventions promote college success of those underrepresented on the postsecondary level (Gilfillan, 2018) presents an angle from which college preparation may be made more strategic. Thus, examining the impact of pre-collegiate counselors on the first-year experience holds potential to expand the conversation about increasing African American male student persistence, including which student success and struggle factors they communicate to students in preparation for post-secondary study and why.

Professional school counselors describe the college counseling work they perform (Moore, 2015) as assisting with postsecondary transitions and "reinforcing the students"

academic potential to succeed in college" (p. 109). They have earned master's degrees in school counseling (ASCA, 2019), and they are certified to assist students with academic, career, social, and personal needs. The existence and nature of state laws mandating the maintenance and ratio of school counselors varies by state (ASCA, 2019), with some states leaving such decisions to local educational agencies. The American School Counselor Association (ASCA) recommends a ratio of 250 students to every counselor (2019). The national ratio is 464 to 1, Maryland's 373 to 1, New York's 391 to 1, and Virginia's is 385 to 1 (2019). In addition to well-being and college admission competencies, the ASCA (2019) and the National Association for College Admission Counseling (NACAC, 2018) have articulated programmatic and individual competencies related to college preparation such as guidance that helps students prepare themselves academically for a range of academic possibilities, assisting students with connecting abilities and interests with future educational opportunities, addressing needs of underrepresented groups, and encouraging student participation in pre-collegiate programs like Upward Bound.

Given student openness to high school counseling, the need to increase African American college persistence, time constraints on high school counselors, and stated professional development needs, there is potential utility in exploring the content of college preparation guidance for areas where impact may be increased without adding to the workload of counselors. There is also potential utility in expanding the tracking of students beyond persistence statistics, to involve the inclusion of student experience data on the subjects of transition to the university and persistence.

Purpose of the Study and Research Questions

The purpose of this study was to contribute to American social justice, a future reality in which equal opportunity exists to pursue one's aims, by helping to meet the educational needs of African American males, a group that has had its educational aspirations repressed since the time of the American colonies (Span, 2005). Specifically, the purpose of this study was to better understand the lives and first-year college experiences of African American males from urban school districts at PWI's in order to provide experiential data that could be used to inform the practice of the professionals who provide this population with college preparation guidance. Additionally, this study sought to understand the life and work experiences of urban high school counselors in order to help them and related policy makers make appropriate and strategic decisions regarding approaches to work and professional development. By connecting the stories and work of these populations, there was increased opportunity to improve educational outcomes on the post-secondary level, including retention, degree-attainment, and academic performance.

An additional purpose of this study was to further humanize both participant populations to increase the likelihood of more strategic, equity-driven future educational research on the subjects of college preparation, urban education, and African American male education. In their history of having education denied them under threat of physical violence (Span, 2005), and later that denial replaced with educational opportunity gaps that are projected upon them as cultural failure (Strayhorn, 2010; Toldson, 2010), African

American students have been dehumanized since colonial times (Goff, Eberhardt, Williams, & Jackson, 2008), despite the gains of the civil rights era that signaled an end to the idea of racial superiority (Cabrera, 2018). Dehumanization operates as a precursor of discriminatory practices and worse, as evidenced by associations made between humans and non-humans in justifications of the Jewish Holocaust and American slavery (Goff, Eberhardt, Williams, & Jackson, 2008).

Providing an opportunity for college preparation professionals from urban school districts to tell their own stories contributes to their humanization (Freire, 1972) and appreciation of their work. It is their charge to support the educational aspirations of largely underprivileged students in often under-resourced contexts, yet the scope of their work is largely misunderstood and the stories of the people behind the work remains unknown. Amplifying the voices of African American male students as part of a larger project of humanizing African American males holds the potential for educational institutions to transform themselves from institutions that support this population as an add-on or retrofit, to ones that have their support as part of their central missions.

Research Questions

In order to serve the research purposes of this study, the following questions were crafted: How do the personal and professional experiences of school counselors from urban public schools deepen our understanding of the ways that they approach their work with college-bound African American male students? How does the college guidance received during high school help us understand the transition experience of African American male students from urban public schools to George Mason University? In what

ways do the narratives of school counselors and students from urban districts indicate alignment between preparation for college in their schools of origin and the African American male first-year experience at George Mason University?

The Importance of the Study

While landmark policy shifts such as those triggered by the Civil Rights Act of 1964 and Brown v. The Board of Education (Stefkovich & Leas, 1994) have signaled progress, the educational landscape in the United States has yet to become one of equal opportunity and benefit (Klarman, 1994). The struggle for self-determination through the promise of an education continues as vestiges of past policies and attitudes influence today's educational systems and practices (Horsford & D'Amico, 2015). Though more veiled in their genesis than past obstacles to college education, existing challenges with college preparation, campus fit, degree attainment, and student satisfaction are on-going sources of struggle for African American males and other marginalized populations (Harper, 2012; Schott Foundation, 2015). However, there is good reason to struggle. Notwithstanding the cultural tradition of education-seeking for emancipatory purposes, the list of associated positive outcomes related to college degree attainment has many practical, universally understood manifestations, and the returns on a college degree are large in multiple domains including finance, health, and happiness (Ruthra & Flashman, 2017). The importance of college degree attainment for lifetime economic prosperity continues to grow as the American labor market shifts further away from professions requiring high school educated employees and toward workers with postsecondary education (Carnevale, Jayasundera, Gulish, 2016). Lifetime earnings for bachelor's

degree holders compared to holders of high school diplomas and those with some postsecondary education (Carnevale, Rose, & Cheah, 2011), indicate an advantage in economic prosperity in return for the investment in college degree attainment.

Conceptual Framework and Methodology

Statement of Positionality

I approached this inquiry through the lens of an African American man seeking to use my privileges to support and advocate for marginalized people struggling for equality and justice. My privileges include in part: having an advanced education rooted in a private school foundation, being raised in a stable and stress-free two-parent home, being male, being able bodied, being straight, being a U.S. citizen, having a Christian orientation, being English-speaking, speaking as my primary discourse an esteemed brand of English, being raised in a middle-class home, and being supported in my endeavors by a coalition of loved ones. I was raised in a family of educators and people that give of themselves through service. I have thus developed values that reflect such an environment, including love and sacrifice for those who require champions for their voices. I am an advocate for African American youth as they pursue education that may be transformative. Through research, one of the many arms of my advocacy, I seek to bring further new narratives that challenge the images and notions that have sustained low expectations and inequalities regarding African American youth, particularly the deficit positions traditionally taken by educational researchers (Harper, 2012).

Theoretical Framework

Critical qualitative inquiry rejects positivist assertions that research is an endeavor that may be undertaken through an ideologically neutral lens, resulting in a singular, absolute truth which can be generalized and applied to the world at large. Critical qualitative inquiry instead considers the inevitably subjective lens of the researcher, the context in which the research is conducted, the power dynamics affecting the objects of inquiry, the history which frames the endeavor, and the implications of methodological and procedural choices made in the name of inquiry. Lather (Denzin & Lincoln, 2008) describes critical qualitative research as representing "inquiry done for explicit political, utopian purposes, a politics of liberation, a reflexive discourse constantly in search of an open-ended, subversive, multivoiced epistemology" (p. 5). This representation is in line with Denzin's (2017) call for critical qualitative inquiry that furthers pursuits for social justice and that fights "inequality, poverty, human oppression, and injustice" (p. 8). Given the fact that this inquiry was an arm of my advocacy for equitable educational and life experiences for African American males and the marginalized, my framework for this study was a critical one that is in line with the approaches of both Lather and Denzin. In the process of addressing my research questions, I gave venue to underheard students and their guidance counselors so that they might improve their own conditions (Freire, 1972). In speaking to a multivoiced epistemology, as put forth by Lather (Denzin & Lincoln, 2008) I intentionally featured the perspectives and approaches of Black, Brown, Indigenous, and other underheard scholars throughout this project.

Critical Narrative Inquiry As Methodology

This research project involved the use of narrative inquiry as the methodological approach to answering the research questions. I made the choice to use narrative inquiry because of its congruence with my critical lens in its potential to amplify the voices of the marginalized, to humanize those that have been oppressed, and to give a platform for participants to articulate how forces around them shape their decision and sense making (Denzin & Lincoln, 2008). Narrative inquiry falls under the umbrella of qualitative research (Ravich & Carl, 2016). Bruner (1987) posits that it is not logical thought that dominates human cognition, but the construction of narratives or stories. In the act of constructing autobiographical narrative, the narrator and protagonist are one in the same, and what is produced is a series of interpretations rather than a record of experiences (Bruner, 1987). Given this perspective on the way that humans make sense of their experiences, narrative inquiry stands as an intuitive and potentially insightful mode of inquiry.

Narrative inquiry's roots can be traced back to the emergence of sociological practices around personal life records at the Chicago School in 1920's and 1930's, and to anthropological work around the life histories of other cultures during the same time frame (Butler-Kisber, 2010). After decades of marginalization in favor of quantitative approaches, interest in personal narratives, perhaps buoyed by liberation movements of the 1960's and 1970's, gained momentum with their power to give voice to the silenced and to challenge dominant discourses (Butler-Kisber, 2010). Narrative inquirers engage in the collection and telling of stories, writing about lives and human experiences with a

commitment to their participants' interpretations of events (Bruce, 2008). Narrative research, like other qualitative methodologies, pushes back on the idea of the objectivity of knowledge (Kim, 2008) and allows for deeper understanding of the lived experiences of its objects.

Definitions

The following definitions indicate the ways that key terms were used throughout the dissertation.

African American- This term refers to individuals who possess the shared psychological and historical memory of descendants of victims of U.S. slavery (De Walt, 2011).

Brotha- A pronoun used by a Black man or woman to refer to a Black man. Its use indicates cultural solidarity and respect.

College preparation- Guidance aimed at college admission and success including assistance with activities such as strategic course selection, test skills preparation (DCPS, 2017), applying for scholarship and financial aid, and school selection based on individual student needs and interests.

<u>School counselors -</u> School professionals whose scope of work includes assisting students with college preparation.

<u>Sista</u>- A pronoun used by a Black man or woman to refer to a Black woman. Its use indicates cultural solidarity and respect.

<u>Transition-</u> The process of adapting to the educational and social demands of university life (Maunder, Cunliffe, Galvin, Mjali, & Rogers, 2013).

<u>Urban characteristic-</u> School that are not located in big cities and may be found in either suburban or rural areas. These schools, "may be beginning to experience increases in challenges that are sometimes associated with urban contexts such as an increase in English language learners in a community (Milner, 2012, p.560)."

<u>Urban emergent-</u> Schools typically existing in large but not major cities, while sharing some of the same characteristics and challenges as those in urban intensive contexts (Milner, 2012).

<u>Urban intensive-</u> Schools that are "concentrated in large, metropolitan cities across the United States, such as New York, Chicago, Los Angeles, and Atlanta (Milner, 2012, p. 560)."

Chapter Two: Review of Relevant Literature and Theory

The purpose of this study was to better understand the lives and first-year college experiences of African American males from urban school districts at George Mason University in order to provide experiential data that may be used to inform the practice of the professionals who provide this population with college preparation guidance.

Additionally, this study sought to understand the life and work experiences of urban high school counselors in order to help them and related policy makers make appropriate and strategic decisions regarding approaches to work and professional development. This chapter is a review of literature that informed this narrative inquiry into the lives and experiences of African Americans males transitioning to PWI's and the school counselors that have supported them prior to university matriculation. The literature is divided into thematic sections: school counseling for college, college-readiness, university transition, and campus climate, with relevant theory included.

Procedurally, I used my home university library's online database to search the terms "guidance counseling," "college-readiness," "university transition," and "campus climate," moving from articles that explored these themes generally to those of particular interest to this study. The search results were examined chronologically to gain a sense of how each field of inquiry developed over time. Literature that shaped the direction of

each field of inquiry was examined for methodological approach, findings, and impact on African American males from urban school districts.

School Counseling for College

The tracking of student persistence statistics through the first year of college by school districts to inform high school counseling (Mathewson, 2017; Kowalski, 2017, July 19) indicates perceived professional connection and responsibility to students beyond college enrollment and access despite the prominence of the topics of enrollment and access in literature on the subject of guidance counseling (Simmons, 2011). Complicating the drive to inform college preparation counseling through persistence statistics are the contextual realities of high school counseling (Holland & Farmer-Hinton, 2009; Malone, 2013; Simmons, 2011; Woods, & Domina, 2014). For example, professional school counselors for Prince George's County Public Schools (PGCPS, 2020b) are tasked with providing "counseling services that are comprehensive in scope, preventive in design and developmental in nature in the areas of academic achievement, college and/or career readiness and personal/social development for all students." These descriptors speak to the competing priorities, role ambiguity (Astramovich, Hoskins, Gutierrez, & Bartlett, 2013), and heavy workloads of school counselors nationally (Holland & Farmer-Hinton, 2009; Malone, 2013; Simmons, 2011; Woods, & Domina, 2014), and counselors are further constrained by student caseloads that typically exceed recommendations (Woods & Domina, 2014) from the National Association for College Admission Counseling (NACAC) and the American School Counselor Association (ASCA) (Gilfillan, 2018). Further complicating the work of high school counselors, and

despite the potential for increased positive impact on the transition experience of African American male students, is the fact that many of these professionals feel their graduate programs have left them unprepared to assist students with the transition experience (Gilfillan, 2018; Harris, Hines, & Hipolito-Delgado, 2016), a recognition of the need for professional development on the subject.

Cultural Capital as School Counseling Theory

A running thread in literature on the subject of school counseling in urban settings and settings with minoritized student populations is the use of cultural capital (Bourdieu & Wacquant, 1992) as explanatory theory. Cultural capital is a social stratification concept that was introduced by French scholar Bourdieu, and in broad terms it refers to cultural traits that bring reward to those who possess them in arenas such as education systems (Davies & Rizk, 2018). Davies and Rizk (2018) used a narrative approach to understand the many ways that the concept of cultural capital has been used in studies conducted since its introduction to the English speaking world in the 1960's. The authors determined that the concept's application evolved in three generations. The first generation of studies interpreted Bourdieu's concept as one highlighting a familiarity by certain segments of society with the cultural norms of the dominant class. This familiarity with the norms and practices of the dominant class translates to inheritable familial benefits in societal spheres such as education.

The second generation, arising in the 1980's through the early 2000's, made connections between cultural capital and the attainment of status (Davies & Rizk, 2018).

A notable researcher from this second generation of cultural capital scholarship is

DiMaggio (1982), who linked cultural capital to educational attainment by looking at the effects of cultural capital on high school grades. Upon examining cultural capital variables such as parental education level and arts engagement, he determined that there was a positive relationship between cultural capital and high grades earned. DiMaggio's scholarship offered a turn in the conception of cultural capital, offering the idea that exposure to cultural elements could change an individual's life outcomes, a challenge to Bourdieu's assertion that the benefits of cultural capital were solely the possessions of those who had inherited them via family or social circle.

The third generation, today's generation of cultural capital studies, is building on the work of Annette Lareau (Davies & Rizk, 2018), who explored the "class-influenced capacities of families to align their practices with school requirements (p.339)." In particular, Lareau looked at the ways that middle-class families, often with mothers in the lead, activate their cultural knowledge to navigate educational systems and make informed decisions around things like homework strategies, student activities, and school choice. The building on this cultural capital work by the third generation goes beyond informed system navigation and into realms such as the effects of cultural capital on admission to elite universities and college persistence, two outcomes of particular relevance to this study.

Literature and studies on the subject of guidance counseling in urban settings and school settings with minoritized student populations occupy their own territory when it comes to applying cultural capital theory, many of them offering that school counselors can fill the roles of arbiters of cultural capital that parents of privileged classes play on

behalf of their students (Bryan, Farmer-Hinton, Rawls, & Woods, 2017; Bryan, Moore-Thomas, & Holcomb-McCoy, 2011; Duncheon, & Relles, 2018; Farmer-Hinton, 2008; Holland & Farmer-Hinton, 2009; Simmons, 2011; Stanton-Salazar, 1997). For example, researchers Bryan, Moore-Thomas, Day-Vines, and Holcomb-McCoy (2011) describe a dynamic in which families navigate schooling, and as this navigation deepens, families of lower income become increasingly less equipped to provide students assistance, owing to limited experience with subjects such as college preparation. As a result, adults working in schools, such as school counselors, become students' dominant sources of cultural capital, and students with the most contact with school counselors have the best educational outcomes.

College Readiness

One topic of interest in inquiry into the transition experience of African American male students from urban districts to PWI's is that of their college readiness, given the determination's potential as an influencing variable. In terms of definition and predictive value, college readiness is an unsettled topic within the field of education (Porter & Polikoff, 2011). What becomes evident after a plunge into studies on the subject of college readiness, is that there is no universal meaning assigned to the term. What we instead have is an array of working definitions that suit the contexts of particular educational institutions and research agendas (Adelman,1999; Long, Conger, & Iatarola, 2012; Barnes, & Slate, 2014; Jackson & Kurlaender, 2014; Roderick, Nagaoka, & Coca, 2009; Venezia, & Voloch, 2012).

A standard approach to understanding college readiness is the tying of college readiness to students' high school curricula, a connection made ubiquitous after the release of Adelman's 1999 report, Answers in the toolbox: Academic intensity, attendance patterns and bachelor's degree attainment. For the longitudinal study performed for the National Center for Education Statistics leading to the *Toolbox* report, determining what college readiness meant as it related to degree attainment was the goal and the context. This study resulted in a definition of college readiness that is tied to the rigor of students' high school curriculums. Though GPA and aptitude tests were found to be important indicators of future academic success, it was curricular strength and its effect on the need for future remediation that emerged from the study in a marked way, seeming to make moot the effects of socio-economic status and race. Adelman's college readiness suggests a continuum; college readiness would mean the degree to which a student had been prepared by a sufficiently rigorous high school curriculum. A follow-up, replicating study (Adelman, 2006), revealed a corroboration of the import of curricular rigor, while also isolating highest level of math taken as the biggest indicator of college readiness and college degree attainment odds.

The findings from Adelman's two longitudinal studies (1999, 2006) led to a push in the national conversation around college preparedness toward curriculum rigor, influencing the actions of public education systems; university admissions policy makers; and educational researchers. A 2012 study (Long, Conger, & Iatarola) looked to determine whether this push warranted a policy shift in the state of Florida, and the findings led to a different definition of college readiness in the context of the state's

public high schools, four-year post-secondary institutions, and community colleges. The researchers determined that academic rigor in any high school subject area was a harbinger of eventual degree attainment, especially when rigorous courses are taken by the tenth-grade year. This was a shift away from the touting of a generally rigorous curriculum with a keen eye on highest math level. Results from this longitudinal study opened college readiness strategy-making to new considerations such as remaining conscious of the diminishing returns of student schedules loaded with multiple rigorous courses, preparing students to take rigorous courses by the tenth grade to maximize future impact, and opening the door to students taking rigorous courses in subjects where their interests reside. Plainly speaking, the findings opened the door to a redefinition of college readiness, to mean having taken at least one rigorous course in high school, preferably by the tenth grade. Though demographics were found to be of little impact in the relationship between rigor and outcomes, the nature of school attended was meaningful, as poor schools had fewer college ready students. That being said, the intersectionality of race and SES means that Black and Hispanic students must be considered when discussing policy and practices of low-performing and high-poverty schools (Venezia & Jaeger, 2013).

The broad conversation around college readiness reveals a collection of definitions and perspectives that are context specific and a tendency to define college readiness without a full treatment of the effects and/or realities of SES. This subjectivity on the topic of college readiness means that student populations will be affected differently by researcher choices and the subsequent application of findings by policy

makers. While subjectivity is inevitable, it is important to keep in mind that being considered "college ready" becomes the result of researcher and policy-maker perspective. Jackson and Kurlaender's (2014) study of college readiness and completion in the California State University system (CSU) was a move toward acknowledging a relationship between college readiness, race and SES. Perhaps reflecting a need to account for the broad mission of educating California's diverse masses, another definition of college readiness emerged; CSU defined college readiness as ready to take college English and math. Despite the innocuous seeming nature of this definition, the study revealed a college readiness context that found readiness and related educational outcome disparities along racial and SES lines, with the greatest advantages for White students and those above what is considered low-income. College readiness in the CSU system meant ready to take college math and English courses, and the demographic deemed most ready was White, male, and not from a low-income household.

Readiness Patterns

Perhaps the most consistent finding and/or pretext of college-readiness literature is the pattern of too many students being deemed not college ready, regardless of the college readiness definition being applied. This theme plays out across multiple metric types. In terms of high school academic proficiency as measure of college readiness, 2009 National Assessment of Educational Progress (NAEP) tests of reading and math proficiency (Venezia & Jaeger, 2013) revealed fewer than 40% of high school seniors reading at grade level and fewer than 30% performing at grade level in math. Once students across the country arrive at college, many find themselves taking remedial math

and/or English courses (Barnes & Slate, 2014; Howell, Kurlaender & Grodsky, 2009; Jackson & Kurlaender, 2014; Venezia & Voloch, 2012). Remediation as a fact of life in the move from high to college is an additional financial burden for students and their families. Remediation also hurts graduation chances (Venezia & Jaeger, 2013), and it is a potential source of confusion for students who perform well in high school only to find themselves deficient in math or English upon taking college placements exams (Howell, Kurlaender & Grodsky, 2009). While there are many programs in place to help students prepare for their college experience (Howell, Kurlaender & Grodsky, 2009; Venezia & Jaeger, 2013), high remediation rates exist and point to patterns of systemic misalignment between secondary and post-secondary systems.

Exacerbating the phenomenon of students not being college ready is the fact that those found to be least ready tend to be our nation's already underserved, students that are poor; Hispanic; Black; and/or some combination of these categories (Howell, Kurlaender & Grodsky, 2009; Jackson & Kurlaender, 2014; Venezia & Jaeger, 2013). Despite the popular ideal of education as equalizer, SES and race follow students from K-12 into post-secondary institutions and continue to hold predictive value in terms of educational and life outcomes.

African American College Readiness

Literature that features Black student voices (Strayhorn, 2015) reveals alignment with some general conceptions of college readiness in terms of the need for high school curricular intensity (Adelman, 1999; Adelman, 2006). However, along with corroboration, turning to research and literature around African American college readiness also means

opening the conversation to a particular demographic and consequently additional non-academic dimensions of readiness. The literature on college readiness indicates a pattern of Black students being the racial group least ready for college, a trend not so surprising given the national K-12 opportunity gap phenomenon (Schott Foundation, 2015).

Roderick, Nagaoka, and Coca offer what is essentially a status report on urban college readiness in their 2009 literature review and analysis. Citing a gap between college degree aspirations and attainment, the authors point to a number of factors that complicate the college going process for low-income and minoritized students, including a topic that emerges for the first time in the college readiness portion of this literature review, college knowledge. College knowledge refers to the skills, resources, and information necessary to get to and be successful on the post-secondary campus, and it may partly explain disparities in performance, retention, and graduation along socioeconomic lines. College knowledge becomes important when searching for schools, applying to schools, seeking funding, and making the decision on a 2-year or 4-year institution. College knowledge is also something that is largely passed on in familial and social circles, and its transference may be thought of as an inclusion in a cultural conversation or Discourse (Gee, 1989). Members of outsider SES groups may eventually figure out or be made privy to the secrets of the Discourse of higher education, but that process is one of catching up to native members.

A 2008 study by Reid and Moore corroborates research findings that emphasize the importance of curricular rigor while also humanizing the college knowledge conversation. Interviews and questionnaires with first-generation college going African

American and Black immigrant students from an urban high school in the Midwest revealed insights into elements from high school that facilitated their successes in college and the skills they felt they'd lacked as they began their post-secondary education. The students found AP coursework, adult encouragement, participation in extra-curricular activities, and pre-college bridge programs to have been helpful in their first semesters of college. The students who'd taken AP English in high school felt particularly prepared for their collegiate English courses.

Regardless of how well they had performed in college thus far, each of the participants in Reid and Moore's study (2008) felt at least partially unprepared for their current institutions. Insufficient high school rigor, lack of resources such as technology, issues with time management, and lack of study skills were frustrations for these students. These students also expressed opposite feelings about preparation for math and science classes than they did about English, lamenting the struggles they experienced and the magnifying effect of comparing themselves to their classmates who had been educated in suburban high schools. Struggles with science did not exclude students who had taken AP sciences courses in high school. The experiences of these students add credence to the general college readiness literature explored earlier in this review that connects high school curricular intensity to post-secondary educational outcomes (Adelman, 1999, 2006; Long, Conger, & Iatarola, 2012). Harper and Associates' Black and Latino male high school achievement study (2014) reveals findings that are similarly college-knowledge focused while also marking a vacuum in the research approach. Whether due to the fact of same-race qualitative researchers or

American students perceive race to have played in their college readiness. This vacuum in literature on the subject of race and college readiness opens the door to future research that utilizes criticality as an analytical lens, offering an opportunity to learn from the question, what does race have to do with this phenomenon (Delgado & Stefancic, 2001)?

University Transition

The experience of university transition can be thought of as the point at which a student's college preparation becomes operationalized. That being said, 78.5% of African American males overcome struggles associated with transitioning from high to college to return to college after the first year as opposed to their White male counterparts' at 84.2% (Espinosa, Turk, Taylor, & Chessman, 2019), a figure that provides justification for deeper investigation into the student experience and the university settings they find themselves in. One assumption of this particular exploration and analysis of literature is that successful university transition means student progression to the second year in good academic standing and on a degree completion trajectory. A second assumption under which I conducted this work is that there is a common educational equity goal on the part of researchers, educators, and advocates to weaken demographics as factors determining successful university transition. With those hopeful assumptions in mind, this section will bring together concepts and theory around university transition to increase understanding of the way it is has been conceived and acted upon in educational literature.

Student-University Fit

Along with consideration of student satisfaction (Harper & Newman, 2016; Woldoff, Wiggins, & Washington, 2011), a conversation about university transition, defined here as the adjustment period after high school graduation and up to the completion of the first-year of college, is essentially a conversation about retention, and the line between it and the study of college readiness and campus climate is overlapping. Situated somewhere between college readiness and university transition is the concept of fit. Venezia and Jaeger (2013) assert that helping students find a proper institutional fit is essential for advocates of college-bound students, particularly for low-income and other students whose families lack college experience. They describe in their work, *Transitions* From High School to College (2013), a strategic approach to finding institutions that are fit for students that includes considerations of cost, location, size, student-faculty ratio, counseling and advising services, student body composition, areas of study offered/special area of focus as they pertain to student interests and needs. Regarding student members of the population of interest here, African American males, there is the potential for closer fit at less competitive institutions for those that are also firstgeneration. Less competitive institutions may feature environments that inspire students to be their best academic selves, as opposed to more competitive institutions that may promote success as it relates to the performance of others (Sommet, Quiamzade, Jury, & Mugney, 2015). The individualism related to outward, competitive goals may be at odds with the interdependent values of first-generation students. As users of educational

literature look to make sense of university transition experiences, they may find utility in considering institutional fit an aspect of individual educational contexts.

University Transition Theory

Ubiquitous in today's scholarly conversation around transition is Tinto's 1975 theoretical model of dropout, and much of the transition literature coming after this contribution either uses, expands on, and/or critiques his model (Guiffrida, 2005; Guiffrida, 2006; Harper, 2014; Harper & Newman, 2016; Simmons, 2013). Tinto drew on Durkheim's sociological study of the phenomenon of suicide (1951) to create his model of college dropout. Tinto found parallels in the motivations of those who drop out of society via suicide to those who drop out of higher education institutions, and used those parallels to create a model that functions simultaneously as a model of dropout and persistence. His is a theoretical model that suggests a longitudinal process of interactions and experiences between students, their academic environments and the people that occupy them (1975). As students have social and academic interactions, their commitments to their institutions and degree attainment change, leaning them further toward committing to degree attainment or dropping out, depending on how they have been affected. Tinto asserts that the greater the integration into the social and academic systems, the greater the commitment to the institution and goal of graduation, thereby increasing the odds of persistence. Students' transitions to universities can thus be seen through the lens of being a series of interactions that either increase or decrease their commitment to remain at the university. Like much of the body of educational literature, Tinto's ubiquitous model was created to explain the experience of a general college

student, perhaps White male and middle to higher income. Such a one-size fits all approach to scholarship privileges the experience and support of the dominant group, and further marginalizes traditionally underserved populations such as African American males. This lack of attention to demographics and culture has led to critique and iterations of Tinto's model, and can be considered a glaring omission when applied to today's diversified higher education landscape.

Central to acknowledging the merit of Tinto's model of dropout, is the acceptance of students' perceptions of their interactions as legitimate. Students react to their perceptions, pulling closer or further away from degree-attainment. The study of student perceptions of their transitions to universities is a prevalent research approach to building on Tinto's theory. Clark (2005) used student strategies for navigation of the first-year experience to understand how they perceived their transition process, finding both healthy and unhealthy approaches to managing the adjustment process. Interviews with students uncovered strategies for managing the transition across four broad themes: overcoming an obstacle, seizing an opportunity, adapting to a change, or pursuing a goal. Healthy approaches to managing the transition process and interactions with professors and school work included strategies like becoming a peer mentor to overcome shyness, and unhealthy strategies included tactics like purposely earning an F in a course when on track for a C in order to trigger a campus grade replacement policy. Student strategies for managing their transitions demonstrate levels of commitment to their goals and levels of need for support by their campuses in order to succeed.

University Transition and Demographic Considerations

Social and academic interactions as dimensions of Tinto's model of dropout may be thought of as shaping students' experiences, and Smith and Zhang (2008) build on the understanding of the role of student experience as determiner of student persistence by examining student perspectives on what has been helpful as they transitioned from high school to college. Giving their study additional utility is the comparison of perspectives based on race, gender, grade point average, and time in college. Student participants indicated that parents, friends, college professors, and academic advisors were important factors facilitating their transition from high school to college. Students who had an academic ethic in high school had an easier transition to the university and tended to have an academic ethic in college. Student-perceived helpfulness of parents and friends was related to income and race, as White and not lower-income students were more likely to perceive it as being helpful or very helpful. Compared to White students, Black students were more likely to perceive their high school counselors as being helpful or very helpful (45% vs 22%), and their parents and friends as not helpful. These differences may reflect a socio-economic effect that speaks to counselors as instruments of cultural capital (Bourdieu & Wacquant, 1992). Students with more familial resources and college knowledge in their social circles would logically find themselves less dependent on the support of school counselors. Poorer students and those with less college knowledge in their spheres, such as first-generation students, would logically lean more heavily on institutional resources like high school counselors.

Literature revealing different transition experiences for students along racial lines (Smith & Zhang, 2008) reveals justification for push back against Tinto's model of

dropout as a comprehensive explainer of retention and dropout patterns (Guiffrida, 2006). Not only are experiences different along racial and SES lines (Goldrick-Rab, 2007; Harper & Newman, 2016; Smith & Zhang, 2008, 2010, 2011), but the needs are different (Goldrick-Rab, 2007; Simmons, 2013; Smith & Zhang, 2011). For Black students these needs include involvement in ethnicity-based organizations (Goldrick-Rab, 2007) and for same-race professors (Simmons, 2013). Examined through an anti-deficit lens rather than one that attributes struggle to students' nature or culture, this difference in needs and experience may be attributed to institutions that do not have equitable foundations that provide equal opportunity for student success and satisfaction regardless of background. Guiffrida (2006) offered an addendum to Tinto's model, recognizing its lack of consideration of the realities of Black and other minoritized students. This addendum problematizes the assertion of Tinto's theory that persistence rests on students breaking away from their traditions and becoming assimilated. It incorporates findings from other educational literature that suggests that minoritized students benefit from doing just the opposite, utilizing familial and social support for the purposes of persisting. For Guiffrida, a cultural advancement of Tinto's theory would include recognition that minoritized students benefit from the maintenance of their connections to their cultures and communities, swapping assimilation language with connection language.

Campus Climate

Overlapping with the university transition experience and representing the last leg of the conceptual journey from high school to the university being examined in this inquiry is campus climate. As one dives into the array of literature on the subject of

campus climate, it becomes easy to forgo a search for a universal definition of the term and to instead embark directly on a journey of understanding the campus dynamics it implies. Notwithstanding an early contribution by Pace and McFee (1960), this intuitive circumvention may be explained by a dearth of literature seeking to understand campus climate studies in the aggregate (Hart & Fellabaum, 2008). Perhaps the individual nature of campus contexts dissuades understanding of the aggregate of campus climate research, or perhaps it is the result of the long list of special interests related to campus climate including, non-exhaustively: racial climates, climates concerning international students, and political climates. Because of the way it captures definitional elements of the studies that came before it, and because it includes race as a dimension of the topic, I will apply Hurtado's campus climate definition (1992) as the working definition here. Hurtado explained campus climate as an interaction of structural properties with individuals that shapes interpersonal interactions and attitudes. Institutional characteristics that affect this dynamic include campus size, control, selectivity, and racial composition.

Having traced the history of literature on the subject through the reference lists of journal articles, Pace and Stern's work (1958) marks the place I have identified as a suitable origin point for campus climate study, with an eventual concentration here on campus racial climate. Borrowing from the realm of psychology, Pace and Stern centered their inquiry into the world of higher education campus environments around the concepts of "press," meaning environmental stimuli, and "need," meaning in this context the set of characteristics that drive individuals such as goals and motives. Their description of a dynamic of presses influencing needs describes what appears to be the

origin of the conceptualization and study of campus climate. The pressures of college environments affect student needs, development, and the ways that they approach college goals such as degree attainment. Pace and Stern purposed themselves with the development of an instrument that could make an objective determination of college environment based on the psychology concept of press and corresponding need. Upon applying their instrument to two campuses, they found two differing sets of dominant campus presses that worked to differentiate the campus environments from one another. One campus was found to have as dominant presses "orderliness and friendly helpfulness, with overtones of spirited social activity" while the other was found to have "reflectiveness, humanism, scientism, understanding, and objectivity" as its dominant presses. These dominant presses codify the elements of college environments, described as a system of pressures; practices; and policies, while the pursuit of such a codification marks the beginning of a trend of studying environments and eventually climates using quantitative methods. This quantitative approach is problematic in that one does not read the resulting list of dominant campus presses and feel that they have gotten a sense of the way the campuses were experienced by students. It seems that a more intuitive initial foray into the subject might have been done through a series of phenomenological studies that would eventually look to quantitative studies for broader application of findings. Also and perhaps owing to the times, the list of presses identified by Pace and Stern reveals no consideration of the experience of marginalized or traditionally underserved students.

Two years later in 1960, Pace and McFee would begin a review of studies that approached the subject of college environments with a declaration that the topic was both still new and not well defined. The mining of the reviewed studies for themes on the subject of the interaction between people and their environments revealed an inching closer to current climate studies in terms of terminology, but findings revealed a conversation still devoid of the demographic considerations that would eventually fragment the topic such as race and gender. Findings from Pace and McFee's literature review revealed the recurring concepts of role, reference group, interaction system, press, and congruence in campus environment literature. They also revealed dimensions of college environments that included cosmopolitan-local, permissive-conservative; theoretical-practical, status, idealistic-practical; humanistic, practical, social press, people-oriented, extrinsic-reward-oriented, and self-expression. It would be these dimensions of college environments that would shape students' experiences on campuses and, in their proportion, differentiate campuses from one another. When considering today's campuses and in respect to the experiences of African American male students, there is the potential for utility in the creation of a similar yet context-specific typology of dimensions of campus environments. Such a classification system could aid with the analysis of data collected from both qualitative and quantitative studies for the purposes of understanding the student experience and to make such findings generalizable. Tucked chronologically between Brown v. Board of Education of Topeka, Kansas Brown and the Civil Rights Act of 1964 (Stefkovich & Leas, 1994), the demographic-free findings and generic use of concepts by Pace and McFee perhaps reflect the times of the studies, a

period in higher education that predated the integrated, more diverse campuses of today. With Schoen's 1966 comparative study, a factor analysis of campus characteristics data from two of Hofstra University's campuses, the term campus climate emerges in the literature. The study revealed a gap on each campus between student perception of the campus climate and the climate desired by faculty. Principal to the study's success is the belief that student perceptions are real and legitimate, a premise that would also be pivotal to future student development theory (Tinto, 1975). What remained held over from the earliest studies and would operate as a trend for campus climate studies indefinitely was a quantitative approach to climate research and a commitment to the development of an instrument that could objectively capture the climate of campuses.

Campus Racial Climate

Some sixty-four years after *Florida ex rel. Hawkins v. Board of Control* in 1956, the first case to apply the Brown ruling to higher education (Stefkovich & Leas, 1994), college student body compositions have changed to the point where diversity is measured, regionally and nationally ranked, and considered valuable by many. The national trend toward campus diversity has meant a diversified range of student experiences and a multitude of purposes for studying campus climate. This particular work is concerned with the experience of African American males at public-serving institutions, and it will thus build on the patterns of earlier studies by narrowing toward literature concerned with campus' racial climates. Harper and Hurtado (2007) made an important framing contribution to the otherwise unwieldy body of research on campus racial climate with their review and synthesis of existing literature. Their work uncovered

three categories of racial climate studies: those concerning differential perceptions of campus climate by race, those concerning minoritized reports of prejudice and racist campus environments, and those concerning the benefits of facilitating cross-racial engagement on campuses. Specific insights gleaned from their review and synthesis include Black students reporting lower satisfaction with racial climates than their peers, the existence of patterns of students coping with isolation; alienation; and stereotyping, and value added to campuses by culture centers.

An important theme of campus climate literature as it pertains to African American males is that Black students are experiencing perceived tensions based on race (Cabrera, Nora, Terenzini, Pascarella, & Hagedorn, 1999; D'Augelli & Hershberger, 1993; Hurtado, 1992; Harper & Hurtado, 2007; Hart & Fellabaum, 2008; King & Ford, 2003; Radloff & Evans, 2003), and these experiences have the potential to shape students' decisions and approaches to achieving their goals. Not only are Black students coping with institutional climates in which they are experiencing race-based tensions, but they are doing so in ways that are not similarly perceived by their White counterparts. This is an important distinction for those concerned with improving the experience of Black students, and thereby all students, on campuses where they are the numeric minority. This paradox of experiences suggests institutional vacuums in terms of meaningful, empathy-inspiring cross-racial interactions that are intentionally set in motion. In terms of the nature of students' race-based experiences, D'Augelli and Hershberger (1993) spoke of a range of adjustments Black students must make in order to attend predominantly White institutions, including personal, family and social. These

adjustments were seen to create a chasm between students' potential and academic performance. Along with adjustments, students were found to be coping with disparaging remarks, mistreatment, and harassment. What makes difficult campus racial climates particularly intractable is the institutional nature of some the forces that contribute to tensions, with important work still to be done in that regard. A study (Hurtado, 1992) that tracked and examined the experiences of a racially mixed cohort of students over four years highlighted the fact that institutional size and selectivity affected campus racial climate, with smaller and more selective schools being positively associated with negative campus climates. These relationships between size, selectivity, and difficult racial climates suggested prioritization of things such as achievement and prestige at the peril of inclusivity, despite existing evidence that deliberate institutional diversity has positive educational effects (Harper & Hurtado, 2007).

Binding campus climate literature together, over the years and across the both general and racial focuses, is a trend of applying quantitative methods to better understand the interactions of place, institution, and people (Harper & Hurtado, 2007). It could be argued that it is counterintuitive to do so much learning from quantitative methods on such social phenomena without gaining a clear understanding of it first through the experiences of individuals. The deference to quantitative approaches and the creation of indexing tools in climate research from the 1950s forward gives insight into the ways that research paradigms are created and conformed to (Hatch, 2006). Regarding racial conversations, there is much about them that is highly nuanced, difficult to articulate, and context specific. The study of such a social phenomenon would be well-

served by qualitative means and focus away from fixation on a quick evaluating instrument for positivist purposes and neat results.

Studies As Points of Departure

Tierney's narrative study (2009) of the experiences of three Latino high school seniors in the college application process serves as a useful example of inquiry that explores the intersections of educational aspirations, race, social class, and cultural capital, as well as inquiry that moves beyond essentialization of demographic populations and toward understanding the unique challenges of individual students. The purpose of the study was to uncover the ways that three students with similar cultural identities interpret the college going process differently, negotiating the intersection of their circumstances and the rational choices associated with selecting and gaining admission to the university. The setting for Tierney's study was a high school in Los Angeles, CA where the researcher and the three participants met as part of a summer college transition program for students from low-income families. In this particular study Tierney was both researcher and college preparation mentor to the students, spending approximately 30 hours with the participants in conversations that ranged from brief, between class chats to two-hour sessions, taking place in-person, by phone, and over email. Two of the students were undocumented Americans, with one arriving in the country as a toddler and the other in the ninth grade, while the third participant had lived in the Los Angeles his whole life. The author used his interactions with the students over the course of a year to create narrative portraits of the students' experiences with aspects of college-going such

as crafting application essays, building college writing skills, applying for scholarships, negotiating family obligations, dealing with poverty, and finding colleges that fit the students' needs and wants. The author uncovered students with things in common such as cultural norms, strong academic performance and college-application processes that were extended compared to students from higher-income families whose lives had been, in effect, preparation for the college going experience. The author pointed to cultural capital differences as a means to understand the differences in experiences between his three participant-students and students from higher income families, noting that for students with the appropriate cultural capital to apply for college it is more of a singular act, as opposed to the series of questions that arise for those with less cultural capital. Tierney also uncovered elements of preparing for college that were unique to the individuals. Two of the students struggled with writing, and thus their application essays, while one was comfortable with writing, producing poetry in Spanish that was focused on love and sprinkled with words in English. One student's family moved to Las Vegas from Los Angeles in search of a more financially manageable existence, leaving the student to stay behind and prepare for high school graduation and college going in relative isolation. Another student struggled with his math as pressure to contribute money to his family mounts. Each of the undocumented students faced a struggle to find scholarship money for college, as they were not eligible for federal aid because of their immigration status.

Tierney's study served as one point of departure for this study in that it provided a model of in-depth, informative narrative study of three low-income, urban, student-participants of color. With this participant number, the author was able to capture both

what was unique to each student, and thus expand notions of how to serve students, but also identify potential patterns within the demographic group of study for policy considerations. Despite strong academic records, each of the students found themselves negotiating familial realities and needing help with things outside of traditional ideas of college guidance such as comfort from trauma, understanding potential college environments that were far from their home towns, and preparing for being on campuses that were largely White and thus different than their largely minority serving high school.

This study built on Tierney's through a narrative inquiry into the experiences of African American male students transitioning from urban districts to a PWI, widening the inquiry from a focus on applying to college to one that encompasses the entire process from college preparation to the first-year university experience. Additionally, this study built on Tierney's by examining the experiences of the school counselors that serve the population, an effort to inform the nature, method, and rationale of support provided. Bringing together student and counselor voices in the same study offered an opportunity for in-study corroboration of perspectives and triangulation of findings.

Particular inspiration for this study came from Shaun Harper's two signature studies (Harper, 2012; Harper & Associates, 2014) on Black male and male of color student success. For his two studies, Harper and his research teams conducted interviews with African American male students that had experienced success in colleges across the country and across college types (2012), and with Black and Latino male students that had experienced success in New York City high schools (2014). With 219 participants in his higher education study (2012), and 415 in his high school study (Harper &

Associates, 2014), the large qualitative studies managed to glean insights that were facilitated by both breadth and depth. Opting for studies that centered on achievement instead of struggle, Harper's studies added complexity to conversations around educating males of color that often lean toward deficit and essentialization of males of color as sites of peril. The studies revealed much, including patterns of students crediting familial expectations for college, positive feelings about urban high school environments, reliance on student loans to pay for college, crediting summer bridge programs for college readiness and preparation for largely White campuses, and recollection of having to overcome school counselor under-matching and low expectations around college choice.

This study built on the studies conducted by Harper (Harper, 2012; Harper & Associates, 2014) by supplying a venue for African American male students to be heard via the construction of participant narrative, while doing the same for school counselors that are positioned to supply support. Bringing these two populations together in a talking circle also gave the opportunity for direct communication, learning from one another, and professional development on the part of the counselors. This study also gives insight into the experiences of students transitioning from Hampton City Schools and Prince George's County Public Schools to George Mason University, which were not represented in the studies.

Chapter Three: Methodology

The returns on a college degree are positive in multiple domains including those relating to individual finances, health, and well-being (Carnevale, Rose, & Cheah, 2011; Holland, 2017; Hout, 2012; Ruthra & Flashman, 2017). Holders of bachelor's degrees earn 74% more over their lifetimes than high school graduates (Carnevale, Rose, & Cheah, 2011), and together with holders of advanced degrees they are responsible for 73% of jobs gained in the recovery from the great recession (Carnevale, Jayasundera, & Gulish, 2016). Additionally, holders of bachelor's degrees have better health, more marriage stability, and greater life satisfaction (Ruthra & Flashman, 2017).

Despite being among those with the most to gain from a college degree (Ruthra & Flashman, 2017), African American males have the least opportunity to obtain one across race and gender lines (Harper & Newman, 2016; Haywood & Sewell, 2016; Simmons, 2013). Additionally, at 78.5%, African American males are the least likely demographic to return to college after the first year (Espinosa, Turk, Taylor, & Chessman, 2019), indicating an attainment trend that begins early in the collegiate experience. The conceptual location for this study was thus early in the college-going process for African American males. My focus was on the transition experience from urban high schools to

George Mason University, including increasing understanding as it pertains to college preparation, school counseling, and the first-year experience.

The purpose of this study was in part to attend to the degree attainment needs of this population by better understanding the lives and experiences of African American males from urban high schools that have completed their first-year at George Mason University. Narrative data solicited from this population was also used for the professional development of high school counselors from New York City Public Schools and Prince George's County Public Schools. School counselors can be particularly important resources for African American students (Gilfillan, 2018) because of their ability to act as sources and transmitters of the cultural capital that informs decisions and dispositions around the college-going process (Davies & Rizk, 2018). School counselors hold potential to complement the supportive work of African American families who may find themselves increasingly less-equipped with the cultural capital to make informed decisions as the college preparation process deepens (Bryan, Moore-Thomas, Day-Vines, & Holcomb-McCoy, 2011; Coleman, 2019). Another purpose of this study was to understand the lives and work of school counselors from urban districts in order to inform counselor professional development and educational policy as it pertains to improving African American male student outcomes in college retention, degree-attainment, and academic performance. Deepening understanding around the lives and experiences of the participants in this study speaks to a broader, social justice aim of this study, to contribute to the success of African American males as they seek transformational educational

experiences in the face of a history of American oppression (Coleman, 2019; Span, 2005).

In order to meet the purposes of this research project and in congruence with my positionality (Kuntz, 2015) as an advocate for African American youth in pursuit of transformative education, I used critical narrative inquiry as the methodology (Denzin, 2016; Kim, 2016). The type of narrative inquiry that will be used for this study involves the examination of experience through story-telling between researcher and participants (Clandinin, 2006). This inquiry is critical in nature because of my intentional use of narrative as a tool to allow my participants voices to be heard (Kim, 2016), to allow for the articulation of how history and context shaped their decision and sense-making, and by considering these voiced experiences legitimate sources of educational data (Bruce, 2008). This intentional use of my research as a platform for often unheard voices is one that is aligned with strategies associated with critical race theorists (Delgado & Stefancic, 2001; Leonardo & Harris, 2013) who posit that, through the telling and application of personal narratives, audiences can bridge the gap between their perceptions and the realities of Black lives. In this sense, my broader application of criticality, borrows a dimension of critical race theory. This inquiry is also critical in nature because of my intentional diffusion of scholarly sources (Kovach, 2010; Smith, 2012; Tuck & McKenzie, 2015; Wilson, 2008) and methods (Bishop, 2012; De Santis, 2000; Kovach, 2010; Tachine, Yellow Bird, & Cabrera, 2016) outside of those that are traditionally centered in the Western academy. Through the intentional inclusion of Black, Brown, Indigenous, and marginalized voices, and the inclusion of methods used in Indigenous

research contexts, I put my research in line with my identity as an African American advocating for self-determination and human and civil rights for the historically oppressed, seeking tangible changes to the institutional policies and practices that affect the educational experiences of African American males.

Methods

I begin this chapter with introductions to qualitative research, narrative inquiry, and visual approaches to qualitative research. I then describe the combination of conversation method, collage as a narrative elicitation tool and sharing circle as the methodological approach that I used to answer the following research questions:

- 1. How do the personal and professional experiences of school counselors from urban public schools deepen our understanding of the ways that they approach their work with college-bound African American male students?
- 2. How does the college guidance received during high school help us understand the transition experience of African American male students from urban public schools to George Mason University?
- 3. In what ways do the narratives of school counselors and students from urban districts indicate alignment between preparation for college in their schools of origin and the African American male first-year experience at George Mason University?

Qualitative Research

Qualitative research has its roots in the 19th century, coming into being as colonial explorers engaged in anthropology as they encountered Indigenous populations (Denzin, 2016). Ravich and Carl (2016) describe qualitative research as having an umbrella function under which a range of approaches fall, such as ethnography, phenomenology,

participatory action, and narrative inquiry. They go on to offer the perspective that the mode of inquiry is one "that centralizes the complexity and subjectivity of lived experience" (p. 14). Research questions in the domain of qualitative research focus on the why and how aspects of human interactions, with refinement of the questions taking place during the research process as researchers face questions and decisions that emerge during inquiry (Agee, 2009). Qualitative research's focus on subjectivity challenges positivist perspectives on and approaches to inquiry (Allan, 2012; Hatch, 2006; Knoblauch, 2013; Lather, 2006; Vacchelli, 2018) that spring from Comte's (1845) attempts to bring "certainty and precision" to sociological science (p. 60). The guiding premise of qualitative research is the constructivist perspective that there are multiple ways of experiencing, making meaning of, and acting on reality (Butler-Kisber & Poldma, 2010).

Critical qualitative methodologies push back against positivist inquiry overtly, challenging the notion that facts derived from research are free from values and the influence of theory (Denzin, 2016). Critical inquiry is preoccupied with scholarship that contributes to social good, interrogating inequality in everyday life and in academic research traditions (Denzin, 2016; Kuntz, 2015). Critical inquiry in education has as exemplar (Gitlin, 2012), the work and philosophy of Paulo Freire (1970). Freire's *Pedagogy of the Oppressed* (1970) is an appeal for the acknowledgement of context, interrogation of driving social forces, and subsequent action on behalf of the oppressed seeking uplift through education.

Narrative Inquiry

Narrative inquiry falls under the umbrella of qualitative research (Ravich & Carl, 2016). Bruner (1987) posits that it is not logical thought that dominates human cognition, but the construction of narratives or stories. In the act of constructing autobiographical narrative, the narrator and protagonist are one in the same, and what is produced is a series of interpretations rather than a record of experiences (Bruner, 1987). Given this perspective on the way that humans make sense of their experiences, narrative inquiry stands as an intuitive and potentially insightful mode of inquiry.

Narrative inquiry's roots can be traced back to the emergence of sociological practices around personal life records at the Chicago School in 1920's and 1930's, and to anthropological work around the life histories of other cultures during the same time frame (Butler-Kisber, 2010). After decades of marginalization in favor of quantitative approaches, interest in personal narratives, perhaps buoyed by liberation movements of the 1960's and 1970's, gained momentum with their power to give voice to the silenced and to challenge dominant discourses (Butler-Kisber, 2010). Narrative inquirers engage in the collection and telling of stories, writing about lives and human experiences with a commitment to their participants' interpretations of events (Bruce, 2008). Narrative research, like other qualitative methodologies, pushes back on the idea of the objectivity of knowledge (Kim, 2008) and allows for deeper understanding of the lived experiences of its objects. Pinnegar and Daynes (2012) begin their work on situating narrative inquiry historically by presenting research modes and researcher descriptives that distinguish the methodology. They offer the position that although opinions may differ on what

constitutes stories, narrative inquirers take stories to be a primary channel of the human experience. Consequently, and through an array of means, such as field notes, photographs, and conversation transcriptions (Clandinin, 2006), narrative inquirers study stories as a means of gaining insight into the experiences of people. Simply put, "Narrative researchers use narrative in some way in their research" (p. 4). and in narrative inquiry, narrative is both the phenomenon of study and the means to a deeper understanding.

Narrative research has been described by Josselson (Kim, 2008) as "up close and personal in that it involves in-depth study of particular individuals in social context and in time, and it requires a highly sensitized and self-reflective inquirer rather than a set of objective, impersonal skills" (p. 253). Given its privileging of participant voice and legitimation of participant stories (Bruce, 2008), narrative inquiry holds potential as a tool to conduct critical research that demarginalizes (Bruce, 2008), protects against the essentialization of demographic groups (Tierney, 2009), and opens new discourses as a result of countering existing dominant narratives (Adame & Knudson, 2007). Narrative holds utility for critical race theorists in its ability to offer access to the lives and experiences of Black and Brown peoples (Leonardo & Harris, 2013), while also challenging harmful myths and mischaracterizations through counter-storytelling. Such was the case in Tierney's (2009) narrative inquiry into the college application process for three Latino youth with similar backgrounds rising from a public high school in Los Angeles. Though each of the participants performed well in high school, were potential first-generation college students from low-income families, and had a shared ethnicity,

their individual experiences with applying and preparing for college were unique enough to warrant an expansion of the ways that institutional student support are considered. By rejecting essentialized beliefs about his population of interest, Tierney uncovered places where supporters of students may increase their awareness, including topics such as elongated college application time lines for students without familial experience with college-going, attending to students' physical health, and preparing students for attending college out-of-state in environments that have vastly different racial compositions than those of their high schools and neighborhoods. It was my aim to use narrative inquiry in a similar fashion, to push back against essentialized notions of African American males beginning their college experience in favor of expanding awareness around their wants and needs, and to give a complex, human face to the guidance counselors that are positioned to give them support.

Data Collection:

Conversational Method, Collage as a Narrative Elicitation, and Sharing Circle

In order to answer my research questions for this project, I used a combination of data collection methods: conversation method, collage as a narrative elicitation tool, and a sharing circle. Taking Marquez-Zenkov's (2007) cue in terms of making methodological choices that consider the ways that my participants may intuitively articulate their experiences, and privileging participant voice over methodological tradition, I used digital collage for data elicitation in this project. Collage finds its root as a term in the French word for glued, "collé", and Picasso and Braque popularized the art form in the 20th century as a cubism technique (Gerstenblatt, 2013). Butler-Kisber and

Poldma (2010) defined collage as, "the process of using fragments of found images or materials and gluing them to a flat surface to portray phenomena" (p. 102). Acknowledging their ability to help overcome challenges participants may have articulating their experiences and perspectives verbally, collage methods are suitable for populations across life stages (Margolin, 2014). Collage as an arts-based method has been used to elicit data on nuanced, difficult to articulate, and sensitive research topics such as migrant mental health needs (Vacchelli, 2018), patient summation of a combination yoga/visualization therapy experience (Margolin, 2014), and to understand the care needs of orphaned children affected by HIV and AIDS in rural South Africa (Khanare & de Lange, 2017). I chose collage as a tool for this study as a method of stimulating participants' autobiographical memories and mitigating issues they may have with telling their stories. I acknowledged the possibility that my student-participants, who were at least one year removed from their experiences with high school counseling and many months removed from their first college experiences, might experience some struggles with recall and determining what to foreground in their personal narratives. I also acknowledged the possibility that my counselor-participants would experience issues with recall and foregrounding as it pertained to their professional arcs and life stories. Van Schalkwyk (2010) spoke to collage's utility in this regard in her research methods article on the use of collage in narrative inquiry, offering that, "there is a need for assisting and encouraging autobiographical remembering" (p. 676). Van Schalkwyk detailed her experience with combining collage with written and conversational methods of eliciting data in her pilot study on autobiographical memory with psychology students

in Macau, finding that the collage portion of this method produced shows of participants' values, ideological development, multiple self-voices, unresolved conflict, and insights into the participants' interpersonal relationships.

I modified the collage process for this project in that I solicited digital images from participants. I asked participants to capture and collect images that represented their personal, work context, and professional practice stories that they positioned onto virtual poster backgrounds in PowerPoint, as opposed to traditional collage construction that involves gluing printed photographs to a flat surface such as cardboard or poster stock (Butler-Kisber & Poldma, 2010). The choice of a digital collage technique was an attempt to benefit from the reality that social media platforms in which users communicate with other users through a combination of digital photography and text, often along a wide-array of relationship types, are now ubiquitous in the United States (Pew, 2018). Additionally, the photo elicitation component of co-created collage stimulated conversation (Allen, 2012), thus facilitating the verbal articulation of experiences that will led to transcribed sources of study data. Digital collage thus took advantage of a calculated shared literacy between the two participants groups and me.

Goldston and Nichols (2009) used photonarrative in their investigation into the practice of culturally relevant science pedagogy among Black middle school teachers. Rather than using photos as records of the teachers' experiences, photos were solicited from the teachers to make their ideas visible and as a means to initiate storytelling around identity, context, and relationships. Photography was used in their study as methodology, and digital collages served a similar purpose in this study. The digital collages in this

study similarly served as initiators of storytelling around identity, context, and relationships, the means by which my research questions were further answered.

Conversational Method and Sharing Circle

Conversational method, an approach to gaining knowledge through story (Kovach, 2010), aligns with cultural traditions and is situated within an Indigenous research paradigm. Its use as a method to carry out research has an epistemological demarginalization function, privileging unheard voices and legitimating non-dominant approaches to inquiry. Researchers use interviews in qualitative research as a standard practice (Ravich, & Carl, 2016), reflecting "the naturalistic and interpretive values of qualitative research" (p. 187). Weiss (1994) offers that interviews allow researchers to develop rich descriptions of experiences, consider varying perspectives, describe process and experience, describe holistically, understand participant interpretations of events and experiences, and connect researcher and participant (Ravich & Carl, 2016). In terms of convention and values, interviews can thus provide utility in qualitative research, however, conversation method goes beyond interviewing in its alignment with other methodological decisions made for this study in its proximity to the story-telling nature of narrative inquiry (Kovach, 2010), its alignment with my student-participants' cultural dialect literacy (Marquez-Zenkov, 2007), and its decentering of dominant methodologies (Kovach, 2010). Through conversation method, researchers elicit stories from participants for the purposes of gathering knowledge and helping others, and though associated with the oral traditions of knowledge-sharing among Indigenous populations (Bishop, 2012; Kovach, 2010), it aligns with oral knowledge-sharing traditions of African Americans as well (Emdin, 2016). Oral knowledge-sharing across and between age groups is a feature of ubiquitous African American institutions such as the church, the barbershop, and the musical genre of hip-hop (Emdin, 2016), and was an intuitive method of data elicitation for my student-participants, who are all undergraduate, African American college students.

Like interviewing, holding focus groups is a common practice in qualitative research (Morgan, 1997). Focus groups are topical group discussions that consist of data collection, a goal, and a prominent facilitator role (Tachine, Yellow Bird, & Cabrera, 2016). Though beneficial in their ability to capture data from groups in a time efficient manner, the prominence of the facilitator and potential silencing of individual participants (Robinson, 2012; Tachine, Yellow Bird, & Cabrera, 2016) were conceptually and practically incongruent with the narrative and de-marginalization dimensions of this study.

In order to take advantage of the type of participant to participant interaction that focus groups offer (Robinson, 2012) while guarding against facilitator prominence and participant silencing, I used a sharing circle (Berthelette, Raftis & Henderson, 2001; Tachine, Yellow Bird, & Cabrera, 2016; De Santis, 2000) as an additional data elicitation method. The sharing circle brought together the perspectives from both participant populations in order to elicit narratives that were not revealed in individual conversations, allowed for a synthesis of narratives that led to new insights (Wilson, 2008), and provided a forum for professional development for the school counselors and educational development for the students. Like conversation method, sharing circles as a research

method have their roots in Indigenous cultural tradition (Tachine, Yellow Bird, & Cabrera, 2016; De Santis, 2000). Sharing circles are themed discussion groups in which all participants are heard and respected, and silencing is protected against by the use of an object that is passed around, signaling that it is the holder's turn to share (De Santis, 2000). The sharing circle allowed interaction between both participant groups, the students and the counselors, so that they could learn from each other's perspectives, build on the self-awareness that came from the construction of their personal narratives in the individual conversations with me, and develop more strategic approaches to their work as scholars and professionals.

Given potential questions about cultural appropriation as it pertains to my adaptation of Indigenous research methods as an African American, I will take a moment to make my perspective clear. As an African American man without immigrant lineage, my familial genealogy connects me to the enslaved Africans that were forced into labor as a dimension of the colonialism that is the origin story of the United States, other countries in the Americas, and the homelands from which those very Africans originated. Maori researcher and author Smith (2012) put it this way while offering her perspective on imperialism, history, writing and theory:

Millions of indigenous peoples were ripped from their lands over several generations and shipped into slavery. The lands they went to as slaves were lands already taken from another group of indigenous peoples... To put it simply, indigenous peoples as commodities were transported to and fro across the empire (p. 27).

In identifying myself as a descendent of the people Smith describes as commodities shipped from one colonial post to the next, and having access only to the literature I have been exposed to, I have found myself at an epistemological crossroads; align myself with the mainstream methodologies and epistemologies that are ubiquitous in Western academia or align myself with the work of those who share a similar purpose "to improve the lives of the marginalized and colonized, and through that work to make a positive mark on humanity" (Graham, 2020, p. 124). My work is informed by my worldview, and in taking on relational accountability (Wilson, 2004; 2008) as an epistemological commitment and adapting Indigenous research methods in this inquiry, I have strived for continuity that connects my worldview, purpose, methodology, and methods (Kuntz, 2015).

Participants, Setting, and Procedure

Recruitment, Participants, Setting, and Procedure

Through a combination of purposeful and snowball sampling (Ravich & Carl, 2016), I recruited six participants, three school counselors and three students. The process of recruitment was challenging and made it clear to me the power of relationships and flexibility in qualitative research that involves partnering with participants. My initial research design involved a focus on school counselors from District of Columbia Public Schools (DCPS) and alumni from that school system that are current students at George Mason University. The strategy was to inform urban education in general while providing special insight to DCPS, a focus inspired by the school system's standing as the educational agency serving the nation's capital and its proximity to George Mason

University. One population was to consist of African American male students from DCPS in their second year at George Mason University. These students were to be able to recall college preparation guidance from school counselors in the high schools they graduated from. The second population was to consist of high school counselors from DCPS, the same school district from which the student-participants graduated. These participants were to have as a part of their professional duties, the role of primary college guidance providers in their schools.

My first wave of recruitment activities involved soliciting leads from three students that I have come to know through their participation in my student support organization. They are current George Mason University students and alumni of DCPS and Prince George's County Public Schools (PGCPS). Though Black, none of the three fit the criteria for participation in my study; two were recent immigrants and thus not African American as defined here, and one was from a school district other than DCPS. Additionally, I was worried that our prior relationship and power dynamic might negatively affect the study should they be otherwise fit for participation. I asked each of them for counselor and student leads, and despite preliminary agreement by one of their school counselors from high school, this route did not lead to successful recruitment. I also "cold" emailed recruitment messages to counselors from DCPS high schools that had African American male alumni at Mason to avail. My second wave of recruitment approaches involved reaching out to my professional and social circles for connections and leads, including my wife's co-workers that have partnerships with DCPS high schools, administrators and

faculty from the counseling education department at my school/job, and my co-workers and doctoral classmates.

After three months of reaching out and following-up without success, I concluded that pursuing participants from DCPS only was too narrow. With support from my methodologist, I expanded my criteria from students and scholars from DCPS only, to those from urban school districts. This study adjustment would be in keeping with my intent to inform urban education while still leaving open the possibility of recruiting participants that might help inform DCPS. To recruit student participants under the expanded vision, I set up a table with fliers outside of a campus event sponsored by George Mason's Black Student Alliance after receiving permission from the event's organizers. From this event I managed to find my first student participant and engaged in conversation with other interested students who did not match the criteria for participation because they were not alumni of urban school districts. This experience was moving for me in that several young men were interested in participating in the study as a form of giving back to the Black community and simply to help me out, a brotha in need. I was also moved rather negatively by the act of recruiting on the spot using my eyes and ears, the odd and counterintuitive act of looking at students of African descent and trying to determine if they fit my participant criteria. I found myself looking at passing students and asking myself, is he African American? Is he urban? Does he have the ability to commit to a project of such consequence for me? It was both excruciating in the moment and in retrospect. This is not a strategy that I will employ in future projects.

With my recruitment process at the four-month mark, one of the students from my organization reached out to volunteer to participate, somewhat frustrated at himself for not being able to help me find other participants. I accepted his offer and decided that I would make our relationship plain in the writing up of the research to mitigate against any angst I had. Being forthcoming with our prior relationship protects the audience from any confusion about the study, stands in congruence with Kuntz's (2016) call for inquiry and inquirers that are "relationally bound to the phenomenon of interest" and acts on the understanding that narrative inquiry is a methodology in which researcher and participant are engaged a dynamic, collaborative relationship that evolves as narratives are exchanged and co-created (Kim, 2016). This decision would be one of my better ones in the carrying-out of this inquiry, in that I came to find that I had known this student in a rather limited sense and that through our exchange of story and commitment to one another, our relationship indeed evolved upward. My third student participant came as a snowballed recruit of my first participant, his fraternity brother. My counselor participants came from my network and were possible because of my expanded location criterion. My friend, a mentor in my organization and educator, reached out to a counselor for Prince George's County Public Schools and used his friendship capital to connect us. She in turn pulled in a former colleague from the same district upon my request during our first meeting. My final participant, a college counselor from New York City Public Schools, expressed her interest in participating in this study after my dissertation chair reached out to her network on my behalf. Though recruitment was a long and multi-layered experience, it led me to proceed from a place of gratitude,

knowing that my participants and multiple unfruitful efforts are the result of the generosity of spirit of people in my life.

Setting

For my conversations with counselor-participants, I suggested meeting in Howard University's Founders Library, but was open to other destinations of their choosing that were suitable for extended, personal conversations that could be recorded. Howard University is my alma mater, and is a sacred space for African Americans, making it a suitable setting for conducting research that is intended to improve the lives of African American students and those that support them (Drawson, Toombs, Mushquash, 2017; Kovach, 2010). Additionally, my choice of setting was intended to provide sufficient distance between the school counselors and their workplaces for them to speak candidly and with perspective. In the end, I chose the setting for each of my conversations with the participants based on pragmatic considerations (Ravich & Carl, 2016). I met with my first counselor-participant in study rooms in the library of George Mason University's Arlington campus. Given her schedule, the location of her home, her desire to experience the campus, and my familiarity with the campus facilities, this option made the most sense. My conversations with the two remaining counselor participants were held via FaceTime, a video chat application. One participant was based in New York City, so distance from my home in the Washington DC area made video chatting the most reasonable choice. The third participant's schedule made it impossible for us to hold the three conversations in-person, despite our being located in the same region.

For my conversations with the student-participants, I intended to use the Paul Robeson Room at George Mason University. The Paul Robeson Room is a resource room operated by the university's African and African American Studies program, and it is intended to help students learn more about the African diaspora (African and African American Studies, 2018). The space is thus a suitable setting for conducting research that is intended to improve the lives of African American students and those that support them (Drawson, Toombs, Mushquash, 2017; Kovach, 2010). As with the counselorparticipants, I was open to other feasible locations that were more convenient or comfortable for them. Again, pragmatism determined our eventual meeting places. I was unable to schedule the nine total conversations upfront given the students' complicated schedules and the dynamic nature of the fall semester, so we met in various study rooms in George Mason University's libraries and computer labs over the course of the Fall 2019 semester as their schedules permitted. The final data collection event, the sharing circle, was held in a classroom in the Global Center of George Mason University for practical purposes. This is the building where my office is located, and my familiarity with the building and work for the academic unit housed there assured that I would be able to reserve the space on the short notice that was available to me.

Participants

All of the participants' names have been replaced with pseudonyms in order to respect and protect their privacy. Eve was an African American woman in her midforties who served as a public high school counselor in Prince George's County,

Maryland. Prince George's County borders the nation's capital and is a part of the same

metropolitan Washington D.C. area as George Mason University. Eve also happened to be a friend of several friends of mine, a surprise revealed in a preliminary phone call I made to her. This relational fact created a dynamic in which we were very patient, respectful, and at ease with one another. Rakim was an African American man in his mid-forties who also served as a public high school counselor in Prince George's County, Maryland. We had much in common in terms of identity and worldview, giving our interactions the feel of those between old friends chatting towards a solution to a vexing human issue. Crystal is a self-identified White American in her mid-thirties who leads the college and career counseling at a public high school in New York City. She had an acknowledged, measured communication style that can momentarily belie her warm passion for social justice, educational equity, and those in need of advocacy. Vertner was an African American male student from Hampton, Virginia and a senior at George Mason University. He was an easy-going, adventuresome brotha with a bright spirit and clear sense of morality. David was an African American male student from Prince George's County, Maryland and a senior at George Mason University. He was a former participant in the scholarship and advocacy program that my non-profit organization provides, and I worked very closely with him over the course of his freshman year. Despite fearing that our prior relationship would somehow weaken the outcomes of this study, it became clear within the first few minutes of our first conversation that I had only known a small part of him. Ejike was also from Prince George's County, Maryland and was a senior at George Mason University. He identified as a Nigerian American while being entirely fluent and

practiced in African American culture. He was a confident, driven brotha that had made leadership his vehicle for meeting his academic and life goals.

Procedure

I had three 60-minute conversations with five of the participants over the course of six weeks and two with Ejike, whose busy schedule made a third conversation impossible. During my first conversations with the counselor-participants, I described the research plan, talked about the choice to use narrative inquiry to collect data, and connected with them on a personal level. I then told my personal, professional, and work context stories, thus opening the door to a research process that functioned as an empathetic dialogue between the counselor-participants and me (Bruce, 2008). I asked participants to capture and collect images that represented their personal, work context, and professional practice stories for sharing in the next meeting. In a piece positing narrative inquiry as a spiritual and liberating methodology, Bruce (2008) made his case in part by highlighting its relational and participatory possibilities. Bruce held as examples of these possibilities the opportunity for collaboration, power-sharing, trust, and mutual respect. These relational possibilities spoke to my data collection process as a whole and the final segment of my first conversations, at which point I asked the school counselors to think about how I could be of service to them.

During the second conversation with counselor-participants, I elicited stories about the school counselors' personal experiences, work context experiences, and professional practice experiences. During this conversation, I focused on their work contexts and approaches to professional practice. I told the participants that we would

co-create digital collages that represented their experiences and the ways that the experiences interact with one another. This mode of co-creation is congruent with the reciprocal and relational nature of conversation method (Dennis, 2014), it allowed me to more deeply understand the participants' experiences, and was in keeping with narrative inquiry as a "co-construction of experiences" (Clandinin, 2006, p. 47). During the third and final conversation with counselor-participants, none had gathered the pictures necessary to co-create collages, but each of them let me know that they would have them complete for the sharing circle that was to come. Despite that departure from the stated plan, we engaged in conversation that brought together their personal, educational, and professional lives, and used the opportunity to dive more deeply into their experiences with counseling for college in their individual contexts.

My conversations with my student-participants were similar structurally to those with my counselor-participants. I had three conversations with Vertner and David and two with Ejike to understand their experiences as people, first-year students, and recipients of college preparation from school counselors. I used the first meetings to connect with and learn about them personally. In order to foster trust and mutual respect (Bruce, 2008), I opened the first of my three meetings with each participant by describing my research purposes and telling as much of my personal, professional, and academic stories as the situation dictated reasonable. Maxwell (2012) talks about the importance of this type of situational flexibility in a book chapter dedicated to the realities of research design, positing that it is important to both carefully design research and pay attention to shifting research contexts. I entered the conversations aware that the student-participants

could become dispirited by stories that they deemed too long in their telling, but the dynamics developed in such a way that it felt like we could have gone on much longer and still have important and intriguing ideas and narratives to exchange. I described the digital collages as products for us to bring to the sharing circle and asked the students to capture or collect pictures that would tell the stories of their experiences as people, first-year students, and recipients of college preparation from school counselors. I closed the first meetings by asking the student-participants to think about how I could help them as students and people.

During my second conversations with the student-participants, I asked them to tell their multi-dimensional stories, using the image choices they had made as points of departure. Only Vertner was prepared with pictures for our conversation, but all three conversations were quite rich, and there was no sense that anything was missing. During these second conversations, I began to shift the theme toward their student experiences, and I reminded the student-participants that we would construct digital collages using their pictures that represent their stories, and that our next meeting would consist of this collaboration. I closed the second meetings by revisiting my commitment to help them however needed. During the third and final conversation with Vertner, I took a secondary role in the creation of his collage, explaining how to use PowerPoint to create collages and listening to how and why he positioned his images to tell his story. The act of cocreating the collage with Vertner had an inherent member-checking function to it, increasing the validity of the participant narratives that I told during the analysis of data collected by providing an opportunity to receive feedback. David had completed his

collage prior to our meeting, so we simply explored his work and exchanged our narratives. At the close of our third conversations, I told the student-participants to feel free to evolve their collages in anticipation of a sharing circle with the other participants.

Upon completion of the individual conversations with participants, I brought them together for a 2-hour sharing circle that concluded with an analysis and reflection by the participants. After several rounds of trying to get all six participants together, only four of the six, David, Vertner, Rakim, and Crystal were able to participate in the sharing circle. Crystal participated via video from New York. For this sharing circle, I borrowed methods employed by Tachine, Yellow Bird, and Cabrera (2016) in their study of the experience of Native American students transitioning to college, and as described by Mehl-Madrona and Mainguy (2014), who had used them to study primary care in an Aboriginal American context. Once the participants arrived and we settled in, I acknowledged the Piscataway Conoy Peoples, original stewards of the land where George Mason University sits in Fairfax, VA (ODIME, 2019). I reintroduced myself and asked each of the participants to do the same in whatever manner felt comfortable (Tachine, Yellow Bird, & Cabrera, 2016). After the introductions, I told the participants about sharing circles and gave some background on the method's cultural origins and utility. We sat in a half circle of classroom desks that opened toward a projector screen on which we could view the collages. I went first as each person took approximately 15 minutes to share their narratives and collages. The person who held the object symbolizing that they had the floor, a maraca my non-profit uses for turn-taking in

meetings, took their turn while the others listened without interruption (Mehl-Madrona & Mainguy, 2014) until all had spoken.

The sharing circle concluded with an analysis of and reflection on what was seen and heard. Participants in Yuen's (2016) arts-based study on the experiences of healing among Aboriginal Canadian women, created body maps to represent their experiences. The participants then went through a process of collective witnessing of one-another's body maps that culminated in the completion of a form that captured their analyses of what they had witnessed. Examples of the simple analysis include, "When I see Roberta's body map and I hear her story, I see a person living with transformation and hope" (p. 340), and "When I see Sophia's body map and I hear her story, I see a person living with sadness and growing to hope" (p. 340). I employed a similar method with my participants, asking them to analyze the collages and stories of fellow participants using the sentence starters, "After witnessing the other participants' stories and seeing their collages, I hear these things:", and "After participating in this research project and the sharing circle, I am inspired to add these approaches to my work:."

Data Analysis and Validity

For this study, I conducted a data analysis that was inspired by the form and logic of Wilson's holistic approach to data analysis (Adams, Wilson, Heavy Head, & Gordon, 2015; Wilson, 2008). By choosing Wilson's method as a model from which to draw, I remained true to my use of Indigenous methods as an epistemological commitment and analyzed in a way that is aligned with the conversational data that I collected.

Additionally, Wilson's method involves keeping his participant's narratives intact during

analysis, an approach that speaks to the critical framework that underlies this inquiry. It was my intention to make this research a place where marginalized Black voices and those of their supporters were heard and legitimated in their entirety.

To analyze data collected for his dissertation (2004), and later his book (2008) born out of his dissertation research on Indigenous knowledge, Wilson employed a strategy that was meant to be in congruence with the cultural identities and practices of the researcher, a member of the Opaskwayak Cree Nation of Canada, and the participants, Indigenous scholars located in Australia and Canada. It is the position of Wilson and his participants, that data analysis should complement data collection and be a synthesizing process by which researchers, "build relationships with the idea in various and multiple ways, until you reach a new understanding or higher state of awareness regarding whatever it is that you are studying" (Wilson, 2008, pp. 116-117). In further building his case for his holistic analysis approach, Wilson cites Taos Pueblo and Warm Springs scholar Terry Tafoya (Wilson, 2008), who takes the position that ideas must be kept in their relational contexts in order to maintain their shape, specifically, "the closer you get to defining, or explaining an idea, the more it loses its context" (p. 99). Patel speaks to the peril of inquiry that privileges pieces and parts over the whole in her book on the subject of decolonizing educational research (2016), connecting the practice of parsing to educational research's colonial genealogy. Patel offers that the practice of converting complex, whole things into smaller parts allows for dominion over them. She expands by stating that,

Dating back to the 16th century expansion of church power and conquest, expressions of the "truth" of human existence relied upon delineating who was human and who was not; in other words, partitioning diverse and complex life forms into non-permeable categories. (Patel, 2016, p. 19)

Wilson eschewed analysis methods that focus on linearity and the breaking down of data to the point that relationships that inform knowledge around the phenomena are disbanded, in favor of a holistic, dialogic analysis. To analyze data for his doctoral (2004) and book projects (2008), narrative data generated primarily through a sharing circle and conversations with scholar-participants, Wilson converted data-eliciting conversations with his participants into a single, synthesizing dialogue. Wilson describes his analysis this way:

The conversation did not take place as it is written but was actually several different conversations that happened at different times. It is more of a composite conversation in that sense. It does hold true to the content of what each person said, but I have altered some of their words in order to get them to flow together. I use my words, as I would have said them in conversation, to form links between speakers and to help guide the conversation. For the academics who read this, my words may be seen as an analysis of the content (or decoding the text if you will). (Wilson, 2008, p. 98)

To analyze the data I collected, I also created a dialogue, one that conveyed the experiences and perspectives of participants elicited through conversations, a sharing circle, participants' reflections on the sharing circle, and memos taken throughout the

research process. This approach to analysis allowed me to capture the meaning of my participants' narratives while maintaining evident and newly uncovered relationships between the students' and counselors' experiences through synthesis. This plan assured that my participants were heard, that their perspectives were legitimated, that ownership of participant narratives remained theirs and that ideas collaborated into existence were attributed to all that contributed to the research process (Patel, 2016, Wilson, 2008). As seen in Table 1, synthesis took place in stages; individual dialogues created after conversations with participants informed the larger, final dialogue that incorporated all of the participants' voices.

Table 1

Data Analysis Procedure

Collection and Analysis Actions		Additional Information	Outcomes
1.	Individual Conversations	Three with each participant	Shared experiential narratives with the use of collage as elicitation tool
2.	Memoing	Throughout the research process	Noted researcher reactions and articulates what is not transcribed such as feelings, intuition, body language, and intangibles
3.	Transcribed Conversations	After each conversation	Ç
4.	Wrote Dialogues of Individual Conversations	After each turn of conversation, memoing, and transcription	Holistic Analysis of Data

5.	Sent Dialogues to Participants	Adjusted dialogues until deemed authentic by participants	Member checked and assured authenticity
6.	Conducted Sharing Circle	After conversations have concluded	Elicited experiential data from different angles including reflections and allows participants to learn and build from one another
7.	Memoing		Noted researcher reactions and articulates what is not transcribed such as: feelings, intuition, body language, and intangibles
8.	Transcribed Sharing Circle		-
9.	Wrote Dialogue		Conveyed participants'
- •	Derived from All		experiences while
	Data		uncovering existing
			relationships between
			participants'
			experiences.

Note: The steps of the data analysis are numbered to indicate sequence and include data collection methods for context

Authenticity

My approach to validity here, the pursuit of authenticity, was a coming together of the criticality, Indigenous approach, and methodological congruence that were centered throughout this project. Questions that measure authenticity speak to these converging elements. Do my participants feel that I have heard what they tried to tell me? Have I presented my participants narratives as legitimate sources of knowledge from which to learn? All of these questions expressed a concern for the participants, a sense of

responsibility to them and a concern that my word has been kept throughout the research process. Patel (2016) calls attention to what amounts to a trend of "bait and switch" that pervades educational research, a dynamic in which participants are convinced to participate in research projects under the promise that no harm will be done them. Participants then become subject to research processes that block them from researchers' analysis of data and thoughts about interactions, forcing participants to wait and view processes, interpretations, and results in completed form. This approach speaks to traditional dominant aims of inquiry as a process that leads to new knowledge over which the researcher has ownership. This using of participants for personal gain was antithetical to my research aims to improve the lives of my participants and thus the worlds they inhabited. It was also antithetical to the relational obligations of the Indigenous research perspectives that I included in this study as a means to protect participants and privilege the voices of those who have not been sufficiently heard in academia and the world at large. I have thus pursued authenticity throughout my research process as a means of staying true to my participants' experiences (Ravich & Carl, 2016) and in such a way that treated them as co-owners of this project.

Wilson (2008) describes authenticity within an Indigenous paradigm as such, "By that I mean that the research must accurately reflect and build upon the relationships between the ideas and the participants" (p. 101). This perspective was a match for my aims of protecting participants and completing a project that would be owned by all those involved. After completing analysis of conversations with participants, I sent this message to them:

Happy Saturday Brotha, I hope you are doing well and feeling good about this semester. I am grateful for your contribution to my study and this field of research. Attached is the dialogue from our individual conversations. Please check it for authenticity, and let me know if you feel comfortable or need me to make some adjustments. I essentially cleaned up our conversations, made some things private, and added some summary statements (in italics). As you can see, I gave you a pseudonym to maintain your privacy (I hope you find it suitable!). Thank you!

Rob

Chapter Four: Analysis, Findings, & Discussion

This study was conducted to deepen our understanding of the lives and first-year collegiate experiences of African American male students from urban high schools at George Mason University in order to inform the practices of school counseling and education policy making on the secondary and postsecondary levels. This study also sought to deepen our understanding of the life and work experiences of urban high school counselors who provide this population with college preparation guidance in order to help them and related policy makers make appropriate and strategic decisions regarding approaches to work and professional development. The following research questions were crafted to meet the study's purposes:

- 1. How do the personal and professional experiences of school counselors from urban public schools deepen our understanding of the ways that they approach their work with college-bound African American male students?
- 2. How does the college guidance received during high school help us understand the transition experience of African American male students from urban public schools to George Mason University?
- 3. In what ways do the narratives of school counselors and students from urban districts indicate alignment between preparation for college in their schools of

origin and the African American male first-year experience at George Mason University

To answer the above research questions I engaged in individual conversations (Kovach, 2010) with six participants, three high school counselors working in urban school contexts and three current African American, male undergraduate students at George Mason University who graduated from high schools in urban contexts. I transcribed the recordings of my conversations with the participants using Otter AI, an online recording and transcription application, and converted them into six participant dialogues (see Appendices B-G) that captured the meaning of our conversations while eliminating redundancies and moments when conversations became side-tracked through a combination of narrative smoothing for readability (Kim, 2016), focus on participant perspective on narrative topics, summarization, and synthesis targeting research questions. To elicit narrative data for our conversations, trigger memory, and help with connection making, I asked participants to create digital collages that visually articulated their personal narratives and their educational or professional narratives (Margolin, 2014). I also engaged in a sharing circle (Tachine, Yellow Bird, & Cabrera, 2016; De Santis, 2000) with the participants, collected reflections on the sharing circle process (Yuen, 2016), and wrote memos throughout the research process to capture thoughts, feelings, and observations (Ravich & Carl, 2016).

I used the data collected with the participants through all the methods to construct a cumulative, synthesizing dialogue that placed the participants and their data in conversation with one another to address my three research questions (Wilson, 2008).

This dialogue functions as the presentation of findings for this study as well as the analysis and discussion. This approach to data analysis was used by Wilson in his explorative study (2004, 2008) aimed at informing an Indigenous research paradigm. It was Wilson's position and the position of the other Indigenous scholars who contributed to his study that relational accountability, the Indigenous worldview that privileges relationships between people, ideas, and places in epistemology means that contributed data be left intact in order to complement the collection methods, preserve meaning, and to find new insights in the process of synthesis. The utility of this approach to knowledge-building has as exemplar the documentary film, 13th (Lantigua-Williams, 2016). The film's power is not just in the presentation of ways that the American criminal justice system oppresses Black and Brown folk, but in the making connections between the oppressive forces that are often spoken of isolation. Disconnected from the each other the individual forces lose some of their power and their geneology, but together they comprise an American system with clear, racist and oppressive agendas. The film's creator, Ava DuVernay (Lantigua-Williams, 2016) put it this way:

Also, I think there's something to seeing it all together in one place. You can see the color red by itself, right? But when you put it next to other colors, it creates a different picture. I think we can talk about plea bargains by themselves. We can talk about the black codes and Reconstruction by itself. We can talk about Jim Crow by itself. But when you line them up and put them all side by side, that's what the film does, and you think, "Lord, have mercy. Look at this picture. Look where we are."

I created a dialogue that brings together narrative data from all partipants, and my participantion in the dialogue functions as conversation facilitator, synthesizer, and analysis of what the participants contributed.

Synthesis Dialogue

1	Rob Graham
2	By now you all know me, but I'd like to introduce myself to set the stage for your
3	introductions and to help anybody who reads this understand who I am. My name is Rob
4	Graham, and I am a PhD candidate studying education policy at George Mason
5	University in Fairfax, Virginia. I was born and raised in Pasadena, CA. I'm the son of
6	Robert and Janet, brother of Eva and Nedra, uncle of Roy, and most recently and
7	gratefully the husband of Maryvonne. My research centers on the college-going process
8	for African American male students from urban districts, including understanding the
9	people and places that support their preparation. In addition to being a doctoral candidate,
10	I teach American Cultures and freshmen transition at George Mason, and I also lead an
11	organization that supports DC brothas during their first year of college. I'll ask you all to
12	introduce yourselves on a basic level.
13	Vertner
14	Cool. I'm Vertner, and I'm a senior here at George Mason University. I major in
15	criminology and minor in forensic psychology. Currently, I intern at the United States
16	Marshal Service, and I'm graduating in the spring of 2020. So yeah, I was originally born
17	in Denver. My family's like a military family; my dad retired from the army like a year
18	after I was born. I have two older sisters, one is like eight years older than me and one's

for a few months, and then we went to Hampton, Virginia where we've been for 20 years.

11 years older than me. I was born in Denver, Colorado, we moved to Augusta, Georgia

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- 21 I'm 21 now. I have, two parents at home, luckily. I was raised in the church. I like to be
- active and social, but I'm also quiet, and I have days where I gotta be by myself. I need
- 23 those days or hours where I just restore.

24 David

- Hello, David. I'm an economics major at George Mason University, and I'm a junior
- based on my credits. I plan to graduate still in the Spring. I'm gonna try to work
- something out. I grew up in Oxon Hill, MD a little bit near DC, like the Southeast part of
- DC. That's where I grew up until I was about 11 or 12 years old. That's when I moved to
- 29 Largo, MD. I have my mother, an older brother and a younger brother. My father passed
- when I was 12. My older brother is attending the University of Maryland. He's on his
- 31 way to graduate, and my younger brother is in community college right now, but he's
- 32 planning on transferring after this sophomore year. I was raised in the church too. I'm
- introverted but also social.

34 **Eve**

- Eve. I've been a professional high school counselor in Prince George's County, MD for
- six years. I work at a traditional high school, and I'm a part time counselor at an
- 37 alternative school, evening high school. I was born and raised in Queens in New York
- 38 City. My dad was a chef, and my mom was a dietician. I have two brothers and a sister.
- 39 I'm the youngest. I had the best childhood, poor but didn't know it, and I was a tomboy
- 40 100%. I'm sort of a loner, but I think it's more accurate to say I'm very independent. I'm
- an independent thinker. I don't need a group of people. I'm totally the opposite of most
- 42 people in that way, so no social media or anything like that. I have three kids, two girls

- and a boy. My oldest and youngest are girls, my boy is the middle one. They're 27, 22
- 44 and 19.
- 45 Crystal
- 46 Hi, all. Crystal. I'm currently a high school social worker at a high school in downtown
- 47 Manhattan in lower Manhattan. I'm in charge of all of the 11th and 12th grade advisory
- 48 curriculum, so that's social-emotional but also college and career prep and planning and
- 49 exploration. So, on my mom's side, my great-grandmother and great-grandfather
- 50 immigrated, changed their last name because Jews were being persecuted in Russia, not
- during the Holocaust, but in some other tumultuous time in Russian history. My
- 52 grandfather bought the name of a non-Jewish person, a neighbor in town who had died.
- **Rob Graham**
- Wow! That's interesting.
- 55 Crystal
- They immigrated to New York through Ellis Island using that name. So, on my mom's
- side of my family, I'm not religiously Jewish, but I'm definitely connected to Jewish
- 58 persecution, ethnically and culturally. On my dad's side, I'm not sure if it's two
- 59 generations or three, but his family came from Sweden and Norway in I think the early
- 60 1900s. My parents met in New York, so most of my family are New Yorkers, particularly
- on my mom's side. My mom is an artist, and my dad is a musician and a doctor. He
- actually just retired, but both extremely open-minded, and always kind. They instilled in
- me a curiosity about the world. That being said, when I was five, we moved from New
- York to Boston. I always had the values of open mindedness, but there wasn't a lot of

racial and socioeconomic diversity around me, except for the students of color who were bused from the inner city through Boston's long history of busing. I've always been really sensitive just in general to other people, that was something teachers always said about me, whether it was being friends with the bullied kid, or liking animals or whatever it was.

Ejike

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I'd say, if anything, I'm a driven, passionate leader. This is my seventh year in university. Ever since the first year, I've been doing some sort of leadership something. I came in being freshman class president, and I'm currently a regional chairperson for a Black engineering organization. As it relates to family, I am the youngest of four. Nigerian immigrants. Immigrated to the States in early January, 1998. Born in 95. Initially it was going to be my mom being here while my dad took us back to Nigeria. My mom made the decision like, no, I'm not going to be here without my kids, so we stayed here, and my dad went back to Nigeria. And that right there was the foundation of my entire upbringing, being raised by my mother in seemingly a single parent household with my parents still being together. My oldest brother was sent back to Nigeria around fifth or sixth grade for behavioral things, sent back to live with my dad. So just three of us here. We grew up in Forestville, Maryland, which would be a lower income part of Prince George's County, MD. I was always like I am today, setting my own path in life. I don't like following after anybody's footsteps. I want to blaze my own trail. Growing up the one thing that I struggled with the most was, I was as my grandmother would call me,

86	small and mighty. I was the troubled child. I was one that was always very mischievous,
87	you know, talking back, going into my bullish personality.
88	Rakim
89	I view myself as an individual that is passionate about life, with a focus on youth.
90	Definitely my own two daughters, but I guess we'll probably tap into that a little bit later
91	in the conversation with my introduction to the Nation of Gods and Earths, 5% Nation. I
92	grew up in a suburban community, Hillcrest Heights, Maryland, and I had both parents
93	and a brother. We moved to Fort Washington, MD during my high school years. Dad's
94	city, and my mom's country. St Mary's County, farmers, grew tobacco, stuff like that. I
95	am a high school counselor in Prince George's County, Maryland at a school of about
96	1000 students. I am the 11th grade counselor. This is my seventh year there. I've already
97	been through one rotation of students. Class of 2017 is mine. I'm being tasked with
98	getting the class of 2021 across the stage. I love my job.
99	How do the personal and professional experiences of school counselors from urban
100	public schools deepen our understanding of the ways that they approach their work
101	with college-bound African American male students?
102	Rob Graham
103	Thank you all for participating in this work. Now that the introductions have happened,
104	I'd like to explore the first of my research questions: How do the personal and
105	professional experiences of school counselors from urban public schools deepen our
106	understanding of the ways that they approach their work with college-bound African
107	American male students? This one is obviously geared toward the counselors, so we'll

focus on you three for a bit. Before we get going, I think it's prudent to answer a question that Eve asked me during one of our one-on-one conversations: Why just counselors in the school? I'll respond here the way I responded to Eve. Counselors are understudied as it pertains to college preparation. Let's think about the concept of cultural capital (Bourdieu & Wacquant, 1992) and the college going process. One way to look at it is that certain families have cultural capital which smooths the process of going to college. Maybe they have generations that have been to college, so they know the process, so that in 2020 if they have a student that's going, the family has college knowledge. It's not like a new sort of thing, right? The literature (Bryan, Moore-Thomas, Day-Vines, & Holcomb-McCoy, 2011) shows that poor folks and Black folks, and you know those two descriptors frequently overlap, are often first generation, don't have as many people in their social circles with college knowledge. Counselors have the potential to play this role of supplying that cultural capital in a way that other folks might not be able to (Bryan, Farmer-Hinton, Rawls, & Woods, 2017; Bryan, Moore-Thomas, & Holcomb-McCoy, 2011; Duncheon, & Relles, 2018; Farmer-Hinton, 2008; Holland & Farmer-Hinton, 2009; Simmons, 2011; Stanton-Salazar, 1997). It's possible that counselors are the only people that students are coming in contact with that have the accessibility and knowledge to assist students with the college going process. Now, the first research question has two parts to it, one personal and one professional. Let's start by approaching the personal. Would you three mind talking a bit about your personal development and life? Then we can perhaps understand some of your approach to your work.

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Sure. I can get us going. I had the best childhood in the world in Queens. I was broke, lived in the hood but didn't know I live in the hood. I heard Chris Rock sum this up, and I was like, oh my gosh, that is me. He said something about leaving Brooklyn one time or wherever he's from. He said, I didn't even know I lived in the hood until I left the hood. And that's how I felt. I went far away to school on purpose. My sister was like, you're not going to go to the neighborhood school like we did, so I took two buses across town to go to school. I met my best friend, and when I saw how she lived, it was like the Huxtables! I was like, what the heck! I had my mom and dad; they just didn't make a lot of money. I didn't know people could live like this! Eventually, my sister kind of did her own thing. She went away to college for a little while, didn't really work out. My oldest brother went away to the military, and my second oldest brother went to Queens College. That's why I said I followed in his footsteps, sorta of like when you mentioned in our conversation about going to Xavier University and Howard University because your sisters did, and that's all you knew.

Rob Graham

- Yes! It makes sense, and at the same time it's a bit of a scary prospect. To some extent,
- 146 you do what your older siblings do. You use the cultural capital (Bourdieu & Wacquant,
- 147 1992) that's available to you, for better or worse.

Eve

- I went to Queens College like my brother, and after a year, my parents told me that they
- 150 couldn't afford to send me to school and that I had to get financial aid. I go to the
- 151 financial aid office, and I saw these guys there that I knew, and I was embarrassed! So, I

never went through with the whole financial aid thing, because my best friend that was there with me, her parents had money and they still have money. So that only lasted for a year because after that I couldn't go back to school. And I didn't complete the financial aid process. I didn't know how. I didn't have that support, because my parents didn't even know how. I went back to New York City, and got pregnant with my first daughter when I was around 19, 20 years old. I moved upstate with my parents, and they helped me raise her. I ended up going to a community college, graduating from there, and transferring to Syracuse University. While I was living in Syracuse, I met my husband at the time.

Rob Graham

- So, this move upstate and giving birth to your daughter eliminated all that, hey, I'm embarrassed about needing some financial aid and all that?
- **Eve**

I had a totally different way of looking at life then because I had a daughter. I didn't give a crap what people thought. That opened up my door to a lot of aid, being a single mom, low income. So, Syracuse University, met my husband. We moved to Maryland because he's from this area, and then we had two children together. He helped me raise my oldest daughter like she was his own. And then in 2007, my father passed away. I knew then that I wanted to a divorce. I just brought life in, I've seen life go. I'm not doing this inbetween thing where I'm not happy. I had been a stay at home mom and loved every minute of that. After the divorce, I needed to work, so I started working in PG County. From there, I was like, oh, I want to be a counselor. Went back to school to get my master's degree

Rob Graham

- 175 What were you doing initially for PG County?
- 176 **Eve**

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- I was a paraprofessional. I had my degree, but I didn't have a teaching degree.
- 178 **Rob Graham**
- 179 So there was your winding road to school counseling, affected in no small part by your
- family's brand of knowledge about the college going process. Crystal, would you mind
- talking a bit about your personal development and your life?

Crystal

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- Sure. I'll just kind of pick up where I left off in my introduction. I don't have a lot of
- Boston pride, but I did go to elementary and high school there. My dad went for his job,
- and my parents didn't want to deal with the crazy public school process in New York City
- for middle school and high school. My dad got a job in Cambridge, Mass, and moved to
- Brookline, which has the most renowned public school system in the US. Everyone in
- Brookline is a doctor, a lawyer. Also, very high percentage of Jews. It's 30% Jewish, very
- wealthy. My house is on the border of Boston and Brookline, but Brookline is technically
- its own town, so they have their own politics. It's very liberal, but also very un-diverse
- socioeconomically and racially. There was a large presence of mainly African American
- students in the schools I attended because of busing, but they were not students who lived
- in the town.

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Rob Graham

195 What was that dynamic like?

Crystal

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The bus dynamic was really crazy. I think the first time I noticed it being an issue or something, was not going to birthday parties of kids that lived in Dorchester and Mattapan because they were in the inner city. So, there was a definitely a difference in being able to socialize or know other kids because you wouldn't go to their houses. I had kids come to my houses, but I never went to theirs. Jumping ahead a bit, I have always been a good student, but also the kind of student that will only perform if I felt inspired. I wasn't doing very well in ninth grade, and there was an alternative program called "school within a school" that was actually started in the 1960s by anti-war folks, civil rights protesters, and activists all across the country. They built basically mini schools inside of schools that were meant to be radical, activist kind of free schools, but not necessarily race-based. You enter through a lottery, and I got in in the 10th grade. Being in school within a school changed my life. So my high school had 2,000 people, and school within a school had about 20 kids in a grade. Very small, just one hallway on the fourth floor. The teachers I had there were activists from the 60s and the 70s, so, there'd be pictures on their wall of them smoking cigarettes and teaching history at the same time. I mean, they were veteran teachers and activists, and so there was there was no tracking. Like, I didn't take AP. Meanwhile, in the downstairs school where my elitist peers were obsessing about college and grades and stuff, I was in a totally different environment. And one of the big things in school within a school was experiential learning. We also got to pick our classes, teachers are called by their first names, you could sign yourself out of school. It was basically a democratic school. It's still there. I

actually brought some of my students from New York to see it a few years ago when we were starting a student government.

Rob Graham

So much to unpack in there. I love the fact that you have this clear rear view of the busing dynamic in your hometown and hearing you speak to the fact that your Black classmates got to know your home environment, but you didn't get to know theirs. I hear a societal, educational system analogy in there. I also think it's remarkable that you got what you needed programmatically from the school within in a school; your talent was there, you just needed the right educational environment in order to thrive. Frankly, having had that time with you in conversation, I can see connections between your background, your post-secondary education choices, and your career path. Brotha, can we hear from you?

Rakim

So yeah, grew up and had both my parents. Good people, real good people. Mother was one of 12. My father was the only child of his father, which is kind of huge for me given a story he told me about meeting him one time when he was called into the house. His mother was like hey, this is your father. My father said, oh, okay. Went back outside and played and never saw him again.

Rob Graham

236 Wow.

237 Rakim

It's funny, no more than three years ago I let it be known to him that I really appreciate him hanging around and being there for me. Just in case he had any doubt that I did not

appreciate him hanging and doing all he could because he's an alcoholic. He still drinks to this day, but he's always respectful, and whenever I needed him, he was there for me. I would say between the two, in terms of level of influence on my brother and me, it was just the two of us, my mother had the greater influence on us. That influence on us was to be hustlers, to get money at a very early age. I was never really into sports. I played sports when I went out playing football and stuff with my friends, but my mom was like, don't forget that you need to get money. So I remember, probably like fourth or fifth grade, having a paper route and turning that route from like a 50 house paper route to like 100 house. You know this is a good conversation because it helps me realize that everything that she taught us, what my mom gave me is like Black privilege; the tools, the know-how, all the tricks to the trade. I pass that down to the youngsters that I come in contact with. What are you going to do when you graduate high school? I'm always asking, what's your plan? I think this scholarship will be good for you. That's what drives me.

Rob Graham

- I love that little revelation. You can see this clear line from your upbringing to your motivations and your interactions with the youth you support.
- 257 Rakim

Some people don't get that at home, so I try to create that in the schoolhouse. Like I said before, just coming up in a community where there was a lot of Black males; a firefighter across the street from me, a metro mechanic, a police officer, my best friend's father was a firefighter and my father was a mailman. They just had that influence on us.

Rob Graham

You mentioned the Nation of Gods and Earths earlier in your introduction. That suggests to me a close tie to who you are and your development. Can you touch on that?

Rakim

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Yes. The brotha that brought about that nation, he came to be known as Allah. He was from Danville Virginia, but he moved to New York, and he became a father to a lot of young Black males that didn't have a father. He was in the Nation of Islam, and he came up through the ranks with Malcolm X, but he had a different understanding of who God was. The Black Muslims were more religious with it, and he understood that the Black man was indeed God. That's what he felt those Black youths needed to be taught in order to be self-sufficient, to be survivors in a Caucasian dominated environment that did not support them being positive and feeling good about themselves. Forward to me; that was just music to my ears. It was perfect timing for me because I was about to graduate from Bowie State University, still trying to figure out what I wanted do. I was a criminal justice major, but I got myself into some trouble, and I had always planned to deepen my understanding of the 5% Nation anyway. That being said, a close friend of mine had gotten incarcerated. I took his younger brother under my wing and looked out for him. He had a lot of friends in the community as well, so I let them come with me just like Allah did. So, I'm mirroring his behavior. That's who I am as a person. I was raised around men, I was raised by men, I was raised by coaches. I grew up in Prince George's County, Maryland. We had a unique street, a unique block back in the day. You and your friends would be outside. Parents would be outside to the wee hours of the morning, but there

were a lot of men who were a great influence on me. So everything just felt natural for me when I got into The Nation of Gods and Earths. That's how I came into the counseling thing, I started teaching. I'm a competitive individual, but, you know, I love teaching. I love life.

Rob Graham

Mmm! You know, believe it or not, my wife's been telling me a lot about it, and I've been hearing it in hip-hop and didn't know what I was hearing. She kind of helped me connect things, and she's pointed out some lyrics. She's like, yo, what they're talking about is 5% stuff right here. And then, full disclosure, I've been watching the Wu Tang series on Hulu, and they show a little bit of background. I haven't really done my homework, but I've got a little bit of a sense of what it means.

Rakim

I'm not necessarily 5% anymore. As I got older, I broke bread with other people, kind of like, how Malcolm X made his pilgrimage. And then he said, I broke bread with people who were opposite skin color as me with blue eyes, you know, all that sort of stuff. I kind of see myself like that because I travel a lot, and I love people. I wasn't confined to just being in ciphers in Northwest Washington DC. I got to know others, breaking bread with White folks, having good conversations. Like, these people are struggling too! I just started to become what I tell people I am now, eclectic. I will go to a church, I will go to a mosque. I will go anywhere because first of all, knowledge is infinite, and I can extract from all kinds of things and implement that in my life. I pull from a lot of different things with my values. I got some stuff from Sun Tzu with the Art of War. The movie The

Godfather, is my favorite movie. A lot of the way I carry things, I got from that movie. You know, a man that doesn't spend time with his family can never be a real man. Keep your friends close, enemies closer. A lot of stuff from the Nation of Gods and Earths as well, looking at myself and conducting myself as a god. I still see myself as that individual who's a loving person who nourishes the youth, nourishes anybody. A giving person, a loving person.

Rob Graham

Thank you for that, introducing a piece of culture that has shaped you that a lot of people don't know about. I don't think I've fully appreciated how direct the line is between personal development and people's vocational approach until this conversation, hearing from you and the other counselors. That connection seems to be stronger than that between graduate school and work approach, though I'm jumping the gun a bit in terms of this conversation. This seems like a good time to bring your professional journeys and experiences into the conversation. Maybe talk about your road to your current job and how things have played out there.

Rakim

Like I mentioned before, being introduced to the Nation of Gods and Earths gave me a kind of a path. This is something that I think that I could enjoy, teaching and counseling youth. I started off counseling in group homes, bachelor's degree-level counseling work. I started off at Boys Town of Washington. I would call it a low-level counselor, just someone who made sure that the youth ate, you know, maintained order, stuff like that. We would give them points if they displayed certain behaviors throughout the day, take

them on trips to cultural events and stuff like that. But that wasn't making quite enough money. I went to Bowie State's homecoming, met with a friend of mine, and she said that she was teaching. I said, you know what, I've been thinking about that. I think I could enjoy that. She said, we have a first-grade position open in my school; come on in and meet my principal. I came down, met the principal, and we had a conversation. I just felt like from that point forward everything just flowed. She actually brought me on like three months later to teach a first-grade class. As soon as I walked in, it just felt natural, like this is me. This is my career, my destiny. Taught DC Public Schools for a number of years and then wanted something different. So that's when I went to pursue my master's in counseling. I got a job in Prince George's County Public Schools doing elementary again. I did that for about three four years, moved on to high school, and that's where I've been ever since.

Rob Graham

What does the work look like? One of the things that really interests me about this research is the opportunity to hear about the actual work in each of your contexts. I'm convinced that outsiders, even the well-read kind, don't know what school counselors do or deal with. Ask twenty people what school counselors do, and I bet you'll get twenty broadly different answers.

Rakim

Right, so we just recently transitioned from one principal to another. I work at a high school in Temple Hills, MD. Temple Hills is a community that I would say is of middle, maybe low-middle class families. We have a lot of students in our school who come from

single parent households. A lot of our youth are being raised by Mom, which was surprising to me. We broke it down at the beginning of the year, but a lot of single parent households, a lot of families with students who would be first-time college students if they made that choice. We have a decent Hispanic population. Maybe about 20% of our population is Hispanic Salvadoran. Some Colombia and Peru maybe, but mostly El Salvador. That's the makeup of that population, mostly Black. The new principal is young, and he comes from middle school, so he knows a lot of the students because we get a share from the school that he was previously at. He's young and energetic, and he's still learning. I like his leadership style; he's more laid back, doesn't sweat you a lot. He's like, do your job man, and everything will be okay. I don't really know how he deals with the teachers, but I get the impression that he knows curriculum and instruction. As far as counselors are concerned, we pretty much run the ship back there. I mean we're okay. If anything needs to be done through us, he will come to us. He's comfortable asking us what needs to be done. I am the chair of the department this year, didn't want it. It got bestowed upon me because Eve left.

Rob Graham

- You sound like you were a little bit reluctant about that leadership role. Why the
- 367 reluctance?

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368 Rakim

It's a good question. It was kind of selfish to a certain extent. I kind of just want to be focused on my class. I have a good administrator that I work with. We kind of love our class, and that's what I focus on. When you become a chair, it's like they pull you into

these meetings about curriculum and instruction, nothing related to counseling. It's like I gotta sit up in meetings when something needs to be signed off on or something needs to be taken care of immediately. So I think for most people, it's like they don't want the added responsibility, they don't feel like the money is worth it, they just don't want the aggravation. Our caseloads are enough.

Rob Graham

Okay. What are your responsibilities at work?

Rakim

To prepare the students to be college and career ready. Of course, making sure that they have the appropriate credits to graduate. I'm making sure that they have the core classes that are needed, the community service hours, all the testing, making sure they have everything to graduate. That's what this thing is if you ask me. I feel like my task is to tap into the student, and figure out what their destiny is, so you're sort of personalizing your job description. For me it's not about just graduating students. You can tell the difference between somebody that just does their job and says, hey, I want to make sure you got the credits to graduate, that's all I'm supposed to. And then you have somebody that says, I'm supposed to do that but at the same time, I want to help this person get to where they're trying to go. I think that's the more meaningful part of the work.

Rob Graham

You're saying that really you need to be thinking about those students' individual destinies and goals. That's the most important part, but that is not necessarily part of the job description.

Rakim

The higher ups constantly pound us about making sure that the students get the correct credits, making sure that they graduate with everything. If not, then we're on the five o'clock news.

Rob Graham

Right. I mean, it happens every year. And what you're saying speaks to what I found during my review of school counseling literature, these tensions between contextual realities of high school counseling (Holland & Farmer-Hinton, 2009; Malone, 2013; Simmons, 2011; Woods, & Domina, 2014), like needing to avoid being on the five o'clock news because someone graduated without meeting all the requirements and dealing with competing priorities (Astramovich, Hoskins, Gutierrez, & Bartlett, 2013) like needing to graduate a class of students while paying attention to individual needs and paths. What's your day to day look like?

Rakim

So, come in during the day. Do my emails, respond back to parents, telephone calls. I usually get students independent of what I got going on. I usually try to funnel my students to my office for open hours during their lunch time. I take our kids down in the morning time to do senior contracts. Before you come into the building you have the front office, and if you keep walking to the back, you have the counseling suite. We actually just changed things around back there. Students used to be able to walk back there and just walk up on a counselor, but after I got there they provided a secretary for us in the second year, so she's kind of a buffer between us and the students. We have that

416 door shut off now, so they have to have a pass that they come before lunch. I usually take 417 my lunch at one o'clock, till about 1:30. At 3 I'm kind of tightening up my desk, getting 418 cleaned up, just kind of wrapping up for the day. 419 Rob Graham 420 Where are you guys in relationship to the industry suggested student to counselor ratio? 421 The American School Counselor Association (ASCA) recommends a ratio of 250 422 students to every counselor (2019). 423 Rakim 424 We were right there. Last time I looked we were at around 220 or something. We got low 425 enrollment, so we are right there. The ninth-grade counselor may have more; she may 426 have 300. 427 Rob Graham 428 To me the number's a little bit arbitrary. Do you feel like that's a good workable number, 429 allowing you to sort of meet your goals? 430 Rakim 431 I think so. I've had 250 before, and I think that was quite manageable. I got 200 now. I 432 mean, yeah, compared to some of the numbers I've heard other people tell me. We go 433 north of the county, you get a lot of big numbers, some 400 to 1. 434 Rob Graham 435 So, if you got 400 students, you're just doing computer work. You don't have time to talk. 436 Rakim

Right. I would imagine yeah because in a public high school you know you're chasing kids, trying to figure out where they're at. There is a lot of paperwork if they're not coming. Where are they? What have you done to reach out to them? And so forth. and then by the time you finish that, you got to do some more paperwork. Report cards just came out. It's always the gathering of data, and it's always putting interventions in place. Then you got to monitor those interventions and so forth. So a lot of that stuff is very time consuming. I learned that when I did my internship through Trinity University. That professor wanted us to do a lot of counseling, and all of us that were in high schools, were like, Sir, that's not the reality. I mean they had us doing credit checks, credit evaluations, meeting with students and doing schedules. You know schedules take up about a whole month. Once you get in September, you're not done with schedules until October 15th.

Rob Graham

- Eve, you're also in Prince George's County, and you used to work with Rakim. Can we hear about your professional journey and experience on the job?
- **Eve**

In my mind, I always thought I wanted to be a psychologist, and as life progressed, things just didn't play out for me where I could spend that much time focusing on becoming a psychologist. I started a family early, and I focused on that, being a stay at home mom. I was on my way to becoming a licensed therapist, but this fluke thing happened where I found out the school that I was going to didn't have accreditation for their LPC license, practical whatever counselor, I forget what it stands for. On the last day to drop classes I

459 found out, so I had to go run and drop a class because they were not accredited. So it 460 forced me into the school counseling piece because that program was still accredited. So I 461 was thinking, okay, well, it's kind of like parallel, so why not? And that's how I got into 462 the school counseling realm. 463 Rob Graham 464 Mmm! It's kind of a natural shift, right? Not too much of a departure, right? 465 Eve 466 In school, we don't do a lot of counseling. We do a lot more academic counseling and a lot more Band-Aids on a bleeding heart. We don't have a lot of time to dedicate to that 467 468 piece, the personal-social growth piece. We're more focused on graduating you, 469 graduating you on time, getting you to your post-secondary goal. That's more of the focus 470 versus your overall well-being. 471 Rob Graham 472 Do you have a school psychologist? 473 Eve 474 We do, but the school psychologist is divided between schools, so he's only there maybe 475 two days a week. He is phenomenal. When I talk to him about a student, he will go out of 476 his way to meet with the student. But we do more of a triage. We can refer out, but we 477 only have this one resource that's now in the schools, and they're not always going to be in the schools. It's like a grant, so, we have it for right now, and at the beginning of the 478 479 year, we didn't have it.

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Mmm. Interesting. I think that's a nice transition. Before we get into the specifics of your work, maybe you could give me a little sense of the context, and I'll just lump these questions together, and you can just hit them however you want. And just you know, I'm not beholden to my questions. I just want to stimulate conversation. Tell me about your school. What kind of students do you have? Tell me about the neighborhood, maybe where the students are coming from. Tell me about your colleagues and the leadership in your school.

Eve

I'll start with leadership. I feel like Prince George's County has underdeveloped leadership. There are basic things that come with Leadership 101 that I've felt in my 12 years. The team that I started with was strong. Both of the elementary schools I worked in in PG County had strong leadership. Then I shifted into high school when I came out of the classroom into counseling and leadership. That particular principal was new at the same time she hired me, and she lived in a fantasy world with unicorns and rainbows. It was crazy. And for six years, I was under that leadership, and she had a lot of personal issues going on.

Rob Graham

498 So this is high school now?

Eve

This is high school. She had a lot of personal issues that she brought to work with her when she came to work, so she wasn't consistently at work. She left us astray to the point where people from the area office had to step in for her in her absence. For the last two

years of my six years being there, everything was awry. I mean, everything. The students walked the hallway like it was the mall. They had no respect for education. They were completely and totally disconnected from education. That particular population didn't really go to college. They didn't really understand post-secondary goals. But where I am now, same thing, weak leadership because they can't deal with confrontation within the workplace.

Rob Graham

- How about the overall context of the school you're in now?
 - Eve

It's important to know the population because it's roughly 1100, 1200 students. Six hundred of them belong to the science and tech program, and you have to qualify to get into the program. What I've noticed is those parents tend to be together still, mom and dad households. This is shocking to me because the high school I came from, it was rare that it was mom and dad at the table together.

Rob Graham

- That's the school where Rakim is now, right?
- **Eve**

Yes. So this is totally different. I have about 400 students, and about 300 of them are science and tech students, so I'm having totally different conversations with the students and parents. My current students cry because they can't get into AP classes, whereas the school I came from, they cried because they had to go to class. They make me sharpen my skills. We get requests from colleges all the time. I didn't get those requests when I

525 was at my previous school. We barely could get colleges to come out. But now they're 526 banging on our door. I'm talking about like, Princeton, Harvard, and Georgetown. So like 527 I said, the conversations are way different but in a great way. The parents, awesome. We 528 can agree to disagree when they come in, want something for the kids because they want 529 it. Rob Graham 530 531 When you say awesome parents 532 Eve 533 Science and tech. I've actually appreciated all the parents that come to the table because 534 even our non-science and tech parents who are single parents, like working two jobs, we 535 may have a different view on how life should be lived, if you will, but they're there to 536 support their students no matter what. Anytime a parent comes to the table, I'm just happy 537 to have them. 538 Rob Graham 539 Well, I entered this research under the idea that everybody has ideas about what school 540 counselors are doing, but nobody really knows except people who are actually in the 541 profession or in the schools. Tell me about your team, how your team is organized and all 542 that. Is there team leadership? How about the space? What does it look like? If you had a 543 GoPro on your head, what would it look like? 544 Eve 545 The high school's relatively new. I think it was built in or opened in 2012, 2013? And it's 546 called a one to one school, so it's supposed to be this high tech school. Every student gets

a Chromebook. Most schools don't get it in the county that I'm in. It's a beautiful looking space. The counseling suite is bright and nice, but our offices are small. As far as the team, we are a broken team, and I knew that going into it, but I had no idea it was that broken. So we have one counselor that's our lead counselor. I think maybe she has eight years of counseling experience. She knows a lot. She can read policy and understand it and just memorize it. I kind of looked forward to working with her because I knew that she had that, but I just didn't know she was this intense.

Rob Graham

So, nice, updated space like Rakim's, but very different contexts and populations despite being in the same school district/county. And the team is broken? Because of the intensity of the lead counselor?

Eve

Let me just say, we have four counselors. She's the lead. She has the most experience, then I come in at six years. And then the other two come in at maybe three years of experience in counseling, and one of them is super. I'm the oldest, the least experienced two are maybe 30 and 20 something, and the lead is late 30's. I'm 40 whatever, so it's an interesting dynamic, that I'm the oldest person. I came in with a team spirit 100%, and as I transitioned into this school, I had a hard time. I really I hated it. I was feverishly looking to get out of the county at that point. But then when people would come into the building, they'd say things like, Eve, you're here because you are known in the county as a change agent. We were a united front at my last school, but here our team lead is so enveloped in herself! It is insane! To the point where she has one of the team members

shook, where she cries almost daily because you can't approach her. She has the least amount of experience, and our team lead thinks it's her way or no way. I learned under a different model, if you will, and there's more than one way to skin a cat. So I'm like having to retrain that particular counselor. I think this is really important to know because that particular counselor was put on administrative leave her first year because she was about to graduate a student that didn't meet the requirements. So our county went under a lot of fire because of graduation. We had an audit recently, and a lot of things were found, including the reality that we don't operate in the 21st century. We literally go like this, Eve- English 9, English 10, English 11, English 12 (acts out process of writing a student record by hand).

579 **Rob Graham**

- Yeah, that's how you have human error, right? Are you guys organized by grade level?
- 581 **Eve**

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- Last year was the first year for this school, but I've only operated under grade level. They
- went under grade level under protest. We're very dysfunctional, and I had to come to a
- place in my mind where I'm going to serve out this year, do my bid if you will, and then
- look at other places because I'm not sure that Prince George's County is for me. I want to
- sum this up. I believe that Prince George's County specifically uses their counselors as
- glorified secretaries. That's what I feel like I am.

- Well that's sad. What about your work duties and maybe a typical workday?
- 590 Eve

So I can go in with the plan. I'll wake up in the middle of the night and write my lists on my phone of things I want to do that comes to my mind because we stress over it all the time. It's like an, I gotcha, if I do this wrong. It's like you work every day as if you're going to be threatened somehow. That's how I feel. That's how my other co-workers feel, even the seasoned counselor. We do our parent-teacher conferences in the morning. We're on duty at nine, parent meetings start at nine because teachers need to be in their classrooms by 9:20. Teachers don't come to the meeting or they come ill-prepared. Most of the parent-teacher conferences I've been in have been a waste of my time in my opinion. I have yet to be in a parent-teacher conference that was actually comprehensive where we're actually getting into something. We talk about grades instead of areas that need improvement, strategies for future success, or getting the appropriate supports. That's how my days start, but for the most part, it's paperwork.

Rob Graham

- I've heard this piece recently from a new counselor in Arlington, VA. So lots of workload inefficiencies that are keeping you from
- 606 Eve

meeting with the students. I have an open period during lunchtime that is between 11:15 and 1:15, so they can come in without a pass. The issue with that is I'm meeting sometimes during that time. I don't always know, but they can come anytime without a pass. And the reason that is, is because we don't want you to miss instruction.

Rob Graham

Do student, do students take advantage of that?

613	Eve
614	They do. They're excellent. I've never worked with a student body like this before. It's the
615	polar opposite of what I worked with at the other school. Our conversations are deeper.
616	They don't just come and cry about not liking their teacher. They come in like, I know it's
617	junior year, but I'm already ready to plan for senior year. (chuckles)
618	Rob Graham
619	Right, that's nice.
620	Eve
621	It is refreshing to have the conversations. I had to sharpen my tools because I didn't really
622	have to talk about planning and goal setting with the other population; they needed a
623	mom. They needed someone to talk to. Planning? A goal? I'm just trying to get through
624	this day! So our conversations were a lot different. Here the conversations are richer, and
625	I appreciate that. I felt like the other population was a little oppressed and depressed. And
626	the schools are three miles from one another. And you wanted me to talk about that. The
627	place where the school sits is slightly hoodish, but the students are not. They're the
628	opposite because they're bussed in because they're science and tech students.
629	Rob Graham
630	Crystal, you're the Director of College & Career Counseling for your high school in
631	Manhattan. What have your road and experience been like?
632	Crystal
633	I was an English major in undergrad, and then I wanted to go into teaching 'cause I'd
634	always done youth work and stuff before. I was briefly blinded by Teach for America.

Luckily, I didn't get in because I probably would have started a riot if I had been in the program. They want someone that they can shape, completely turn into a CEO of a charter network or something. I started working with a different organization through a fellowship, and then through a long chain of things became super, anti-nonprofit. Not all nonprofits, but privatization of services and rights that people should have in public spaces. So that's what really got me into wanting to be in a public setting again, and how I ended up in a public high school now. I was on the founding team of the school, and now it's in its sixth year.

Rob Graham

How about the school? Would you paint a picture of the context?

Crystal

Every school in our network has some kind of real world theme that connects students to the world like law and social justice, so students are connected with internships, job shadows, career readiness, and college all related to the theme. Our students are taught through the design thinking process, so it's modeled after the D school at Stanford and other schools like that.

Rob Graham

I know all about that. I went on this design thinking bender, and I was teaching it in my classes, having my students do design thinking projects to help them become acclimated on campus and solve problems.

Crystal

So that's what we're about. We do have classes like programming, computer science, and media, but the design thinking is used in all classrooms, all subject areas. Teachers have to develop curriculum around design thinking. I was originally the partnership coordinator, and I switched into the college counseling when the first graduating class was juniors. So, three or four years ago. Then a year into that, I actually started pursuing my social work degree at night, and I finished in two years so that was this past summer.

Rob Graham

So the social work degree, do you feel it aligns well with the college preparation and school counseling role? When I think about preparation for the field, that's just not the first thing that comes to mind?

Crystal

I think two things. One, the guidance counselor role is becoming less and less powerful because it's connected to scheduling, transcripts, very straightforward kind of technical things. So there's just a general shift toward people doing counseling toward social work as opposed to counseling or mental health because it's more in a box. The other thing is that I think part of career readiness is organizing, because it's informing people and families. It's not just the student, it's the student's family. I do a lot of, not just one on one, but in student groups, with whole families. I have events every other week where I'm doing kind of mass education, and I view that especially around financial aid, and also not under-matching students, as a form of organizing. Community organizing was my emphasis in my social work master's program.

That piece you said about guidance counseling becoming a reduced technical role dealing with scheduling and transcripts speaks to what Rakim and Eve have said about their administrative loads, and it's a bit disappointing given positive African American student perceptions about the helpfulness of high school counselors (Blaire, Burkhardt, & Hull, 2018; Gilfillan, 2018; Smith & Zhang, 2008). It strikes me as a wasted opportunity at a meaningful relationship. Who are your students? How do the students wind up in your school? Crystal 50% are random, and 50% do this lottery process that's semi-informed. The racial breakdown of the school is about 47% Latino, that's our highest population, 30% Black African American/Caribbean American. Then, I think it's 8% Asian 10% White and 2% Native American mixed or something that. It's extremely diverse, racially and socioeconomically, and ethnically. I mean it's a freakin melting pot, and it's really noticeable when I bring college reps to the school. They always pick up on it. Rob Graham What about the makeup of the faculty and staff? Crystal I don't know the exact stats. So our assistant principal is a White male, and our assistant principal's a White female. Both of them have been at the school since it was founded, so both are very closely embedded in the work of the school, more than figureheads. The dean or director of school culture is a Black man. He's kind of seen as an assistant principal, although he doesn't have that license yet. I would say that everyone in our

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office, the secretary, parent coordinator, staff are Latino women. And then the teachers are kind of a mix. Honestly, I would say that the majority are White but not overwhelmingly. We have Black teachers, White teachers, Southeast Asian teachers, Latino teachers, Russian; I mean all ethnically and racially different. And then myself and our guidance counselor are White. Myself, the guidance counselor, and the dean, we are the kind of managers of student support. So, we are a kind of triad under the principal and the AP.

Rob Graham

What does the space look like physically, and what is your day to day?

Crystal

There's different power imbalances and different access to resources within the campus itself, which is problematic. So, there's four schools in our building. The original school housed in the building used to be prestigious and has become a dropout factory essentially. There's another school from our network in the basement, and then there's a new high school on the third floor. We are exploding, and our school has become very popular in terms of the amount of kids ranking the school. We have 110 spots for incoming freshmen, and this year we had over 500 kids who ranked us within their top four. Another thing is now being inundated with White families who have kind of caught on with this design thinking tip and now see that the school is actually effective. We have open houses sometimes and I'm like, what the fuck, all White families. But the majority of times where we see groups of students of color at open houses is when a counselor

from the middle school is taking them. When kids are coming with parents, it's really

heavy White.

Rob Graham

There's so much at play in your statement. There's luck involved in who gets what educational experience. There's the indignity of being a student in that failure factory while rubbing shoulders with students in better situations. There's the cultural capital of the White families that know to how to position themselves for advantages. Of course you can't take your kid to an open house if you have to work. There's the important role of the counselor bringing the students of color to the open house, filling the role of the person with the insider educational knowledge in the family. Also, the scenario sounds a lot like your experience in your own school within a school in high school! I'm not sure if or how your own educational experience plays out today, but the parallels are food for thought.

Crystal

The school itself is in downtown Manhattan. Nobody lives by the school. We have kids from every borough- Staten Island, Queens, Bronx, Manhattan, Brooklyn, but I'd say the majority of kids come from Harlem, Brooklyn and the Bronx. I get to school any time between seven and eight. The bell rings at 8:45 to start school and again at 3:30. I spend the majority of my day right now, because of college application season, doing application prep. Everybody's applying to the City University of New York system on Tuesday, every senior. Then I have a FAFSA night coming up. We just did this three-day college trip. I have 15 kids doing early decision, so I work with them for three additional

743	hours after school. It's kind of a cohort model. And then I have my financial evening for
744	parents coming up. And then after school, I'm the cheerleading coach on Monday,
745	Tuesday, and Thursday. On Wednesday I'm doing Ed prep, and then on Saturdays I'm
746	doing Ed or EA marathons.
747	Rob Graham
748	You do not get burned out. I don't know how that's possible.
749	Crystal
750	My work is my wife. I mean I woke up this morning at six to make sure my student was
751	on his plane. Particularly in October through December, it's around the clock. I really feel
752	that Sunday is my day of rest, but I'll still spend at least two hours on Sunday, prepping
753	for my week ahead.
754	Rob Graham
755	I think it's wonderful. I think you're wonderful for the work you do and your approach to
756	your work. But that strikes me as not being a model of work that everybody can do.
757	You're unique in being able to pull that off, it seems.
758	How does the college guidance received during high school help us understand the
759	transition experience of African American male students from urban public schools
760	to George Mason University?
761	Rob Graham
762	I'd like to shift a bit and get your perspectives on the next research question for this
763	study: How does the college guidance received during high school help us understand the
764	transition experience of African American male students from urban public schools to

765 George Mason University? This is a conversation for all six of your perspectives. 766 Personally, I received no assistance from my high school in preparing for college. I just 767 kind of learned from my sisters and my cousins and watched a comedy set at an HBCU. 768 Vertner, can we hear about your experience with college guidance at Hampton High 769 School? 770 Vertner 771 So, I went to Hampton High School in Hampton, VA. My high school was predominantly 772 Black. Basically Hampton High, like where we live at now, is in the hood of Hampton, 773 the city. 774 **Rob Graham** 775 So when did you start thinking about college, and where you were going, and being 776 strategic about that kind of stuff? How did that go down? 777 Vertner 778 I would say college pretty much started sophomore year, like the glimpse of it. It 779 definitely started, which is kind of the culture at Hampton, as, where am I going to play? 780 So it wasn't necessarily, where do I want to go to college academically? I mean at home it 781 was, but you know, with the coaches and friends and myself, it was always like, where 782 I'm going to play. 783 Rob Graham 784 Play soccer? 785 Vertner

Yes. It wasn't until junior year when I switched that mindset to academic, because the injury really impacted me and my thought process. So, I started looking at schools academically, you know. I will say the school actually helped with that too because they have a good grasp on getting people from high school to college. And that was a big thing that junior year too because I was taking my SAT's or ACT's, and that just put it in my mind more. And knowing that my senior year's coming up, and the pressure from at home to start getting on college and stuff.

Rob Graham

So you you touched on something. You said your school had a pretty good grasp on getting people from high school to college. Can you talk about what they had going on?

Vertner

Yes, our counselors. So we met with our counselors once every semester, and we usually had someone, a principal I guess, her role was to mainly expose colleges to us. Colleges came to visit all the time, during cafeteria hours and stuff like that. They'd pass out flyers, tell us what they expect and all that good stuff. We always had college banners in the hallway. I remember, specifically, we had a Virginia college chart, and it had like the GPA requirements, ACT, SAT score requirements. It was all the Virginia colleges. And I always remember looking at George Mason because that was one of my top schools that I wanted to go to. I'm a bad test taker, so I knew I couldn't get in solely on my SAT and ACT scores, but I had the GPA to kind of help cover those up. So I was always looking at that chart ratio, my GPA match with the college. My guidance counselor really helped kind of fill me up, you know.

808	Rob Graham
809	It's interesting, people don't think about that stuff being on the wall working, but it
810	worked for you a little bit. I mean it gave you something to look at and target and made
811	stuff kind of clear. And this guidance counselor you're talking about?
812	Vertner
813	I'm trying to remember, because it was two different ones. One of them was mainly like
814	school sources, and one was mainly for like ACT and SAT prep. I always went to her to
815	get waivers; the whole school got three free waivers for the SAT and ACT.
816	Rob Graham
817	So you wouldn't have to pay out of pocket? For prep or for the test?
818	Vertner
819	The test.
820	Rob Graham
821	Okay, so that's good, especially if that opened up access for students from lower income
822	families.
823	Vertner
824	Yeah. She basically picked my brain about where I wanted to go. Have I visited any
825	colleges yet? Such things like that.
826	Rob Graham
827	What would you say the focus was on, helping you find a college and sort of getting you
828	there?
829	Vertner

830 Yes

Rob Graham

Did you have any experiences or conversations that sort of prepared you for the actual college experience after admission and once you got here?

Vertner

I would say mainly two people helped me with that aspect, and they were from my social world. In terms of preparedness, one of them went to my church, and he played baseball out in like Indiana. He was like a year above me, so when I was a senior high school, he was a freshman in college. During that summer, we talked a lot. I picked his brain, asked him, you know, what was it about? How was it? Stuff like that. I also had a dude who went to my high school; he played in the band with me. He graduated from Mason, and he turned out to be one of my line brothers. I've known him since middle school. I asked him a lot of times, hey, how's Mason? What'd you do to get involved? I saw that we have a Black student alliance here and asked him about that. So, he was like a good gateway. But at other times, I just kind of navigated through. I wouldn't say by myself, but I used what I knew from those two and other people like my sisters, but there's a difference because they stayed at home.

Rob Graham

Huh! Good thing you had these two guys in your life. Some folks don't have those resources.

Vertner

I used everything that I could gather up, and I tried to navigate my freshman year here. In terms of academics, I would say definitely the IB program helped me in terms time management and stuff like that, you know. Especially with time management because from IB to being in the band, concert band, football, to soccer, to any other little clubs and activities I did, it helped me really dissect my time management. And I will also say my church. We have something called YP, young people's division. They're always advocates for us going to college and stuff like that, and my church always made sure we were going to college. We had a high school speech that we got towards graduation in front of the whole church. Basically, they're always supportive. So, yeah.

Rob Graham

You said IB prepared you with your time management. Was it something they did, or was it just the fact that it was so rigorous and time involved and that it forced you to kind of get your time right?

864 Vertner

Yeah, it kind of forced me to get my time right.

Rob Graham

How'd you do in high school?

Vertner

I did good. I think I ended up with like a 3.8, 3.7. I think my freshman year GPA at

Mason was really good because I always knew from my guidance counselor from high

school to have a good freshman year GPA.

Jesus, that's the gospel right there!

Vertner

That's the best advice that somebody ever gave me. I do tours for Mason now, and that's what I tell the people that are trying to come here. No matter what you do, have a high freshman year GPA. At least try.

Rob Graham

How were things for you two PG County brothas?

David

I went to a school named Charles River Flowers. My school was like 90% Black, and it was a pretty good experience, but it was also a mixture of students that attended the school. There were some students from Washington DC because there wasn't really a district rule at first for the schools, so basically anybody from like any district or area could attend our school.

There were fights all the time, peer pressure, a lot of bullying. Growing up around all that stuff and in that particular environment, trying to stay focused on school was and is really hard. It takes a toll on a lot of students. A lot of students decided to drop out because the majority of students don't have fathers in their lives, so they had to defend themselves. At young ages, they had to provide for their family, I'm talking about 12 years old, 13,14; they had to provide for their families at young ages. They never really had time to think about school; they didn't have time to plan for school. I know a lot of my friends that would like to go to college, but they didn't necessarily have the resources. They're the father figure, you know.

395	Rob Graham
896	Man, that's heavy. It's also important for folks to know students' realities so they can
397	teach and support them appropriately. You know, I talked to some of my friends, and
898	Flowers had kind of a good reputation. Why did Flowers have a reputation for being
399	kinda of a good school in PG?
900	David
901	I think it's because of the science program, the STEM program, it was really good. We
902	also had a great business program, a finance program. I was in the finance program, and
903	that had a really good reputation. Yeah, also the basketball team.
904	Rob Graham
905	It sounds to me like there were multiple student programs in the school, like a business
906	program, a science program, and then what? Were the rest of the students just like
907	general?
908	David
909	Yes, the rest of students were just general. They just took basic, regular classes.
910	Rob Graham
911	Okay, so they were not as high achieving?
912	David
913	Well, I think they could choose to be in a program, but I think you did need a certain
914	GPA? And certain credentials, such as the National Honor Society. I was also in that, so
915	that also helped me.

Mentors really played an important role in my journey, especially mentors at the church, you know, because it's really convenient. One of my mentors from church, I remember talking to him about how it's hard to stay focused on school, and he would tell me, every day you gotta do the small things, be cool with the teachers, stay out the way. Just mind your business. I was to myself a little bit in school, but everyone knew me already because my brother went there. So it was kind of hard to stay out of the mix. He was like, you can still have friends, you don't have to have be fake and not say anything to them, but you have to do it from a distance. That's the only way you can focus and get to college, and I knew I wanted to go to college since about the ninth, 10th grade. That's when I really knew that, so I was like, all right, I need to start working now to get to the towards that goal. Yeah.

Rob Graham

928 How'd you do there?

David

- I did really well. My GPA was a 3.8. I think the lowest GPA that I had at the school was
- a 3.5. Every teacher liked me. I made sure every teacher knew me and stuff like that. I
- always put in the effort.

Rob Graham

What about your buddies? Did they do as well as you did?

David

- My friends from the program that I was in, yes, they did well. I also had friends that
- weren't in the programs; they didn't do as well as me.

938 Rob Graham 939 So, the program was kind of a key? 940 **David** 941 Yes 942 Rob Graham 943 In what ways did your high school prepare you for college? 944 **David** 945 We had a few clubs that were designed to help us prepare for college, and I got involved 946 in those. One of the clubs was college preparation. It's a specific club for students at my 947 high school, and we had specialists. They asked us many questions to make sure we 948 wanted to actually attend the college like, why do you want to attend the college? They 949 made sure we knew all the background of college. We had to do research papers on the 950 college, and actually look into the college before we made a decision. They also educated 951 us on the importance of keeping your GPA up, so we could get admitted. They helped us 952 with our resumes as well. So, yeah, we had a few useful resources. The teachers as well. I 953 believe they helped prepare me for college. Definitely my English teacher, with the 954 essays. I think that's a big part of me getting into the school, being able to write. 955 **Rob Graham** 956 So, you had teachers or an adviser, club adviser? 957 **David** 958 Yeah, we had a club adviser, but mainly the teachers decided to volunteer in clubs.

959

960 The focus in the club, mostly about getting into college or preparing you for the college 961 experience? 962 **David** 963 It was both, but more getting into college, and also preparing our minds for what is to 964 come in college. But they didn't actually prepare us for like what we'll have to go through 965 in college, like specifically. 966 **Rob Graham** 967 When you say preparing your mind, what do you mean? 968 **David** 969 They basically informed us about the mindset that we had to have. They used to give us 970 certain discussions and talk about college. Like, don't stay up too late. Don't get 971 distracted. They'll talk about how you need to be close with your teachers and stuff like 972 that. Don't follow the wrong crowd. They'll basically try to discipline our minds before 973 we get into college. 974 Rob Graham 975 Knowing that your mom went to college, and your brother, how much help did you get 976 from family in preparing you for college? What kind of help did you get if you got any? 977 How effective was that help? 978 **David** 979 My mom, I think her generation was kind of different from mine as far as preparing for 980 college. I believe that resumes are more important now than they were back then. She

981	kind of shifted more towards trying to build up my resume. She got me involved in a lot
982	of activities outside of school
983	as far as like helping the homeless, doing extracurricular activities, and community
984	service.
985	Rob Graham
986	Mom knew that you needed to be more than just a student; you needed to be active in
987	order to make yourself a better candidate. What about brother? Did he help prepare you?
988	David
989	Well my brother, I wouldn't say he prepared me for the big college experience because he
990	attended PG Community College, so he didn't really know how it would be, you know.
991	Rob Graham
992	What about your counseling experience in high school, what about your school
993	counselors?
994	David
995	Well, I didn't really have that many school counselors in high school. Mainly I used the
996	teachers as counselors, but I believe there were resources there that I didn't use. I wasn't
997	really involved in school counseling at all.
998	Rob Graham
999	Why do you think you didn't have a relationship with school counselors?
1000	David
1001	I think you could have gotten involved if you really reached out, but it's not a big thing.
1002	They don't really enforce it. It's something you had to find, and it takes time and a lot of

1003 talking to different people. It's not readily available to us. You had to really dig deep to 1004 get involved, and it's kind of hard to get involved with that stuff when you're already 1005 dealing with school. And many of the counselors were volunteers, and some of the 1006 volunteers might choose to do different things, so they won't be volunteering anymore. 1007 So it's just a mixture of different stuff. 1008 Rob Graham 1009 Damn, so if it weren't for that club, would you have had preparation for college? 1010 **David** 1011 I would have zero preparation. The clubs helped me prepare for getting admitted, so I 1012 didn't really have that much preparation for the actual experience; what I would be going 1013 through on a day to day, meal plans, struggles with the classes, money, financial stuff. 1014 Yeah, I wasn't really prepared for much of that. 1015 Rob Graham 1016 Ejike, you graduated from the same high school as David and then came to Mason. How 1017 was your experience with that journey? 1018 Ejike 1019 At Flowers High School there's a good number of people in science and tech that are 1020 second generation Africans. So the parents who came over to the States grinded, they 1021 went school, got the degrees; they're doctors, some lawyers, some engineers, some are 1022 accountants, and they're well off. Their children are reaping the benefits of what they've 1023 sown. So, ideally it would be my children when I make it to where I want to make it,

1024	reaping the benefits of what I've sown, my parents have sown. That's the group, the circle
1025	that I ran around with.
1026	Rob Graham
1027	You have a real genuine two culture thing happening. Is that a fair assessment?
1028	Ejike
1029	Un hun
1030	Rob Graham
1031	I mean you have a full mastery of and full experience of two cultures. Making sure I tell
1032	your story right. Okay. So, how would you judge your experience in high school? Was it
1033	a positive one? Was it a negative one? What were you up to?
1034	Ejike
1035	I've been active, with regards to involvement in organizations and different things since
1036	elementary and middle school honestly. In high school I played sports, but they weren't
1037	really my things, still aren't, but it was nice to do. I also did drama club, Future Leaders
1038	of America's Government, mock trials, and I was also co-president of the African
1039	Student Association. Then of course, we still had the whole science and tech thing that
1040	was going on. I was also National Honor Society my senior year.
1041	Rob Graham
1042	You've just been a busy brotha from the gate! How'd you do in high school?
1043	Ejike
1044	I did fairly well. I believe I was about 36th in my class out of like 600 and something.
1045	Rob Graham

1046 What kind of GPA did that get you? 1047 **Ejike** 1048 I finished off around a 3.66 or something. I didn't do too bad. I credit it to my own work 1049 because I was always the type of person where a lot of things came naturally to me. And I 1050 did the amounts of work that I needed to do to not fail. 1051 Rob Graham 1052 You mentioned physics, and there's some literature out there that says if you take classes 1053 that are advanced to a certain degree, it helps you prepare you for your collegiate 1054 experience (Long, Conger, & Iatarola, 2012). Did you take any AP classes? 1055 **Ejike** 1056 I did. I took AP Lit. 1057 Rob Graham 1058 How you were prepared for college by your high school? Maybe it was some counseling. 1059 Maybe it's a particular college program or an individual. Talk about the ways in which 1060 people at your school intentionally prepared you for college if you don't mind. 1061 **Ejike** 1062 Flowers prepared me primarily via the science and technology program with the teachers. 1063 They always pushed us to that extra level, and their main thing was like, oh, we're 1064 teaching the way that we're teaching you because when you get to university, teachers are 1065 not going to care about whatever. They will care you just have to make them care, which 1066 is an entirely different conversation. Furthermore, the Flowers science and technology 1067 program provided me with a good deal of exposure to different courses and ways of

thinking, if you will. We're able to do our research practicum at the end of our high school career which is similar to a bunch of the poster presentations that people in their master's or PhD programs do. That exposure to that way of thinking and operation was really, really dope.

Rob Graham

What about the counselors? What role did they play in your college preparation?

Ejike

I don't recall them playing that much of a vital role in my college preparation. I will say that the science and technology program coordinator was more of our counselor than any other actual counselor. She was very vital in a lot of the things that were going on. She of course is a Black woman. She was a Delta which brought another level of complexities in the understanding of the collegiate experience. She was a Hampton alum. Her son was also in my grade, so she had a visceral connection to the students in my class. She was very honest, always very willing to help. The way she talked to us wasn't really the way a coordinator of a program would talk to students; she talked to us like a Black mom.

Rob Graham

1084 Excellent

Ejike

And one thing that Flowers did do around the university, around the school on the teachers' doors, they had these posters that had the degrees that the people had, and whatever university they went to, just to start reinforcing the whole collegiate thing. That was pretty nice.

Rob Graham

I've always underestimated the power of college materials posted on school walls, but after hearing from you and Vertner, there seems to be something there. I guess it makes sense; I've had the image of my uncle's master's degree etched into my brain since childhood, and I can see now that connecting him with that accomplishment pushed me to want at least that level of education. Did you get any intentional, sort of direct talk about college? You got to college; somebody worked with you to help you get here. Was there anybody at school where you could say, okay this person helped me pick a school, this person introduced me to this field, so I understood this better. Was there anybody like that, doing straight up, pure college conversation?

Ejike

I did. Can't remember what it was called, but it was a half a year-long course just on collegiate preparation. Granted, looking back on it now, it could have been better, there was room for improvement. But we'd look up different universities, find out their tuition, room and board, different majors. It didn't make sense then; it didn't click, for whatever reason. It wasn't until after I accepted my offer during the summer that I did some real intense research. I started realizing like, although a university may have a computer science degree, the way they go about doing that computer science degree is completely different. But that that college class was definitely helpful, and there were other teachers who were younger who talked to us about university from their experience.

1111 Okay, okay. So, your siblings being older, did they assist you in understanding your 1112 journey to and through college? 1113 **Ejike** 1114 My siblings had different experiences than mine, so I didn't see nor use them as a 1115 resource for anything. So, it was really just kind of like finding out a lot on my own. Of 1116 course, more or less being first generation, my mom couldn't help me. I relied on other 1117 people I knew from Flowers that did well. I remember the class before us, there were 1118 some high performing students, so I would lean on them more than anything else like, ask 1119 them some questions. Like, how do I do this, how do I do that? Those are the people who, 1120 if I had questions I would go through because I knew their experience was somewhat 1121 similar to mine to a degree. 1122 Rob Graham 1123 I'd like to bring the counselors back into the loop to hear some of what they and their 1124 schools do to help prepare students for their post-secondary educational experiences. 1125 Crystal, I remember you saying during one of our individual conversations that you'd just 1126 returned from an overnight college trip with some of your students. 1127 Crystal 1128 Yeah, the seniors and juniors and sophomores. We went to seven schools in 1129 Pennsylvania, and that morning before I talked to you, I helped a student with his travel 1130 arrangements for a diversity overnight trip to Colorado College, so that was a hectic 1131 stretch.

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1134 helping students with FAFSA, applications, doing college trips, and educating families. 1135 You do college prep work, and I can hear the piece about admissions and getting students 1136 there. Do you do anything to prepare students for what happens once they get on their 1137 college campuses? 1138 Crystal 1139 I try. I feel strongly that it's entirely another role of work. I think college access is one 1140 profession, and I think college retention or matriculation is another. I would say about 1141 40% of our students enter a College to Opportunity Program for New York State. Similar 1142 to a Posse. They get a summer bridge program, full financial aid, of meal plan, books, no 1143 financial barrier. And they get an academic advisor, so the kids that are going in through 1144 Opportunity Programs, I'm usually pretty confident that they're going to be okay. That 1145 being said, I have encountered some opportunity and programs that are fucking bullshit. 1146 **Rob Graham** 1147 I'm sure 1148 Crystal 1149 Our school has a bridge to college program where we have former alumni as resources, 1150 so I basically got to nominate a former student of mine who goes to University of 1151 Rochester. He's a sophomore and comes back in the summer to help me with summer 1152 melt. Basically, he will help me with seniors after they graduate in the summer before 1153 they go to school, make sure everybody has sent their immunizations, sent all of their

You work these long hours, especially during the October-December application season

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registration stuff, parents' stuff, pick their housing. That program helps with a lot. In the

1155 high school where I am, I'm responsible for the students in my building, whereas a non-1156 profit might be responsible for students through the longevity of their educational career, 1157 so they might have that bandwidth to have two roles. Whereas for high school counselors, 1158 we just have to trust that the institution we're sending students off to are going to meet 1159 their needs. Not to mention the fact that my kids get quality college counseling in a 1160 public school while disadvantaged kids in the school downstairs have no college 1161 counselor. 1162 Rob Graham 1163 So crazy. 1164 Crystal 1165 Yeah. It's crushing. I mean that's why I collect all documents in junior here, so by the 1166 time the kids get to be seniors, I have everything, no matter how the cards fall, I have 1167 everything I need. The timing of documents is never a barrier to progressing in an 1168 admissions process. Again that's just an advantage that they have because they have me, 1169 and that's not fair. It's fucking sad. 1170 Rob Graham 1171 I can kind of gather how you feel, but how do you feel walking those halls knowing that 1172 those students who are in that same building don't have a you? 1173 Crystal 1174 Last year, I was the debate team coach for the whole campus, all four schools, so I knew

some of their seniors from mock trial. And they kind of just started coming to me. And

then it spread to their friends, and then we started a whole peer mentoring thing with my

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students and them. I think my principal is sympathetic to other schools, particularly the school that's been there the longest, which is kind of just a dropout factory. Those kids walk into our campus every day probably wishing they went to our school. It's just some fate; our school is non-selective, so it's really just a random algorithm that assigns kids to schools.

Rob Graham

Rakim, what's happening at your school in terms of college preparation?

Rakim

You know, I'm still trying to figure it out with our population. I think I touched on it earlier, but maybe the students just don't feel like they're ready. Academically, you know a lot of students may be scared of the real world. You know, we do college fairs, and they're just not responded to well. They're not taking the SAT, they're not doing a lot of these things. I'm just trying to really still figure that out. So, speaking with you has been kind of helpful. I will say this, I want to go back now and kind of go at this like a scientist.

Rob Graham

Man, you read my mind. This sounds like research, a self-study of sorts, like a view into your own context; this is exactly what I was thinking. It's a beautiful research project, it's a beautiful problem. You're in the right position, right mindset to do what sounds like beautiful research.

Rakim

Yeah, I gotta figure it out. I have to figure this out because I want to be able to serve that population. We've got all these high schools right next door to each other, but the mindsets are so different. Now I know we got dynamite kids, right. I'm just trying to crack this thing, so I can better serve the students because this is frustrating. You know, especially after I just put all this work together for this college tour, and I couldn't get as many as I wanted to go over. In fact, we decided in our counseling department that we're not having a college and career fair this year. Last year when the college reps came, they were like, your kids were not prepared, they didn't know what they wanted to do. Your food was great, but your kids don't know what they want to do. This is pretty much a waste of time. Hopefully the answer is getting some teachers in there that can better equip the students, so they feel more confident, go on with their lives doing what they want to do.

Rob Graham

Man, you're gonna have me thinking about that problem, dreaming about that problem. It comes from such a good place, and it's so organic, and it needs to be solved. If you find yourself starting the project, let me know. Maybe I can help you. What do your students need to know about college going? Something maybe they don't see the importance of yet or that you keep trying to tell them that's not clicking or registering?

Rakim

I think the first thing is that everybody can go. I just went Friday to Montgomery College and heard about a lot of scholarships and things of that nature, the Promise Scholarship, all these grants and stuff. I just think it's incumbent upon the counselor to know these

things because, like I said before, we are the ones that should know all this information about scholarships and grants and so forth, and we should be bringing it to our students. I just think the kids need to know, hey, there's opportunity out there for you. Forget what you may have heard, especially our Hispanic/Latino population. I'm taking them on a college tour on Wednesday, 30 or 35 students. Before we get there, I'm going to speak to them all personally, hey, there's opportunity out there for you as well. I think a lot of our students probably view it as a rich man's or rich family's kind of thing. Just off the top of my head right now, I think a lot of that might be a financial thing, where a lot of them are saying, hey, you know, I can't afford that. They need to know about some of the programs and availability of money, especially for unaccompanied youth, for foster care youth. There are opportunities, they just gotta believe and tap into their counselor. One of the things that I always communicate to them is I wasn't a dynamite student. And I say, especially for you young men, it clicked for me when I got to college, and I graduated. You know, I was retained in eighth grade. So, I make sure I just give that to them. And for a lot of them, let's start off a little slowly. Especially with males in high school, we're just going through the motions a lot. But when we get closer to the prize, we start to see a little more clearly.

Rob Graham

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So Eve, College preparation. What do you do? I'm getting a sense of what your workload is like, and what you're asked to do generally. What do you do in terms of, or does your school do in terms of preparing students for college? I really want to know about you and your team.

1242	Eve
1243	Well, I can only speak about myself. Prince George's County invested in this program
1244	called Naviance. Naviance has been in existence for a very long time. My kids had it
1245	when they were growing up, but I think it's kind of obsolete now. But they finally
1246	invested in it, so this is pretty much our second year. The first year, three years ago was a
1247	pilot program, and the school I'm working at was one of the pilots. We have to promote it
1248	as counselors. We have to teach the students how to use it. You see the issue with that?
1249	Rob Graham
1250	Mmm? I mean, it's another thing that keeps you away from doing
1251	Eve
1252	Well, I don't have classes every day.
1253	Rob Graham
1254	So, student contact also. You're not reaching all the students.
1255	Eve
1256	Well, and we're monitored. Like, hey, we looked at your class, and this is how many kids
1257	did such and such. Anyway, there's a scope and sequence for every grade level, and I was
1258	able to get my juniors to do it. We do guidance lessons. Quarterly we go into the
1259	classrooms. I have it set up on Mondays. We'll be in their second and third periods, I
1260	believe, in two classes, where I'm going to introduce this platform. It's a web-based
1261	platform where students can do interest inventories, and from the results, it will produce

categories of career planning choices that you may want to go into. You can investigate

1263 the careers and the colleges that offer majors for this, then compare throughout the 1264 United States the salary range. 1265 Rob Graham 1266 I actually do something like that with my students at Mason, the freshmen. They're still 1267 exploring, by the way, when they're freshmen, they're still looking around and still 1268 figuring things out. 1269 Eve 1270 Of course 1271 Rob Graham 1272 Okay, so you do the Naviance thing, and you do the guidance visits. 1273 Eve 1274 We do the Naviance thing, and that is going to be how I push them to explore colleges 1275 from now on because we're being monitored. I need to make sure they do all of these 1276 things, and I give them deadlines. I show them how to do it. Then I go, and I read reports. 1277 I team up with the English teachers because everyone has English. Every quarter, we 1278 build on an activity related to your post-secondary goal. This is from ninth grade on up. 1279 So, we follow our students until they graduate, and then we start it all over again. It's a 1280 progression thing, and we walk through it. We do meetings with the families. We're 1281 going to have this thing in April where we bring the parents in to talk called Junior 1282 Options Night. We're going to have people from FAFSA there, show you how to request 1283 your transcript, and show you how to request a letter of recommendation through

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Naviance.

1285	ROD Granam
1286	Un hun, un hun
1287	Eve
1288	It's all building, and then like I said, the quarterly guidance lessons, the parent programs
1289	that we host, and then we team up with the county. We have a college and career office in
1290	the county that does stuff pretty much quarterly. They do a college application night, and
1291	it includes a how to write a personal statement and how to a write essays to apply to
1292	colleges. They do the FAFSA piece all the time. If you go through the cycle, you'll begin
1293	to understand. People want it now though. I get a lot of parent requests to meet
1294	individually, but I just don't have that time. I tell them to log into Naviance, and explore
1295	that option because you could search scholarships, colleges, careers. You have to go and
1296	sign up yourself to take the SAT on your own.
1297	Rob Graham
1298	Success in college. Do you guys do any work to maybe prepare them for what's going to
1299	happen once they get there?
1300	Eve
1301	Un hun.
1302	Rob Graham
1303	Can you tell me a little bit about that? And also, I can't leave this conversation without
1304	hearing if you do anything specific for my population of interest, Black males. Do you
1305	tailor anything to them?
1206	Evo

130/	Absolutely not. I have a high expectation for my students, and I expect them to meet it,
1308	but I don't just say, reach this, see if you can get there. I show you how to get there, step
1309	by step. So, I don't do anything specific with Black males.
1310	Rob Graham
1311	So most of your work is getting the access, like getting them in there. Is there anything
1312	you would want to know if you had an opportunity to hear from some of the students that
1313	you worked with that are now in college? Like, is there anything about their experiences
1314	you'd want to know?
1315	Eve
1316	I mean we talk about that. And you know, I always ask them, what can we do better? And
1317	of course, it's like make things more fun, and they really wanted to be more engaged in
1318	the classroom.
1319	Rob Graham
1320	Mmm!
1321	
1322	In what ways do the narratives of school counselors and students from urban
1323	districts indicate alignment between preparation for college in their schools of origin
1324	and the African American male first-year experience at George Mason University?
1325	Rob Graham
1326	Let's address this final research question if we can. This seems to be the question that can
1327	reveal clear policy implications for both secondary and post-secondary institutions as
1328	well as practice implications for school counselors and support personnel at George

Mason University. Perhaps we start by hearing how the students' experienced their college preparation at the university. So Vertner, let's get back to you for a moment with a bit of a recap. In terms of preparing for college, you began that process by thinking about where you'd play college soccer, which was part of the culture of your high school. Your mindset shifted toward a broader consideration of college after you got injured and the programming around college kind of picked up. Your school did a good job of getting you geared up for college by engaging you in conversation through staff and faculty, hanging banners in the hallways, providing waivers for the SAT and ACT. Outside of high school, preparation for college was through community. It was your church. It was your brothas who went to school ahead of you. Most of the focus was on choosing a school that was a proper match and getting admitted. Did you kind of imagine how college was going to be? What happened when you got there/here? Vertner I would say I really had no picture of what college was going to be like. I mean I had like some idea in terms of the academic aspect, but in terms of the social life and stuff like that, I had no idea. Mainly because I had never heard of Mason until like a year or two, a before. Also, my sisters commuted back and forth to school, so I didn't really get to see their college social life. I kept an open mind, because I didn't want to be disappointed, and I didn't want to be unappreciative of it. I just stayed in my room or whatever. Orientation was weird for me too. I definitely didn't want to go back. I don't know why I felt like that,

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but maybe it's because it I was my first kind of time being away from home. Mason was

1351 also initially challenging because the majority of the people around me were White, and I 1352 was used being around all Black people. It was like culture shock in a sense, but like I 1353 said, when I got back home from orientation, you know, I reminded myself to keep an 1354 open mind. 1355 Rob Graham 1356 Un hun. Tell me what happened freshman year when you started doing the work. Tell me 1357 if the advice that you received matched the experience that you had here. What'd you 1358 think about the work? What'd you think about the social, social situation here? How was 1359 your experience transitioning here? 1360 Vertner 1361 I would say that from the first moment, it was kind of weird. I was just there, you know, 1362 by myself unpacking my stuff. At first, I felt some type of way because my roommate's 1363 parents were there, but I think our campus has a real good way of making people feel at 1364 home. The RA, as soon as everyone got moved in, had a meeting, and then we went out 1365 for programming to help get you comfortable. It wasn't just, okay, freshmen move in. 1366 Figure your way out. They helped out for a week long, and that rapport was built. 1367 Rob Graham 1368 Nice. We can give Mason some props for setting the stage for a comfortable initial 1369 transition. Even the very first steps can be anxious moments. 1370 Vertner 1371 In terms of academics, I would say freshman year, both semesters actually, was very, 1372 very good for me. I got like a 3.5, 3.6. I think my freshman year GPA was really good

1373	because I always knew from my guidance counselor from high school to have a good
1374	freshman year GPA. In terms of classes, they were pretty straightforward.
1375	Rob Graham
1376	Have you been the same major the whole time?
1377	Vertner
1378	Yeah. I had the same major the whole way. The more challenging part, which is again a
1379	fact of freshman orientation, is trying to figure out how to schedule classes. I don't know
1380	why that was so hard to me looking back, but it was just a new ordeal to me, and I feel
1381	like the counselors for Mason, weren't really helpful in that moment. But, you know,
1382	there was like a lot of us in that room to try to help, but they weren't really helpful. I
1383	figured it out on my own back at home.
1384	My second semester made me see the importance of the professor. I heard people talking
1385	about, oh this professor's hard, and this professor's hard. So not necessarily the class, but
1386	it's all about the professor. So at that point, moving forward, I always researched each
1387	professor.
1388	Rob Graham
1389	Do you feel like you had the information that you needed from your high school in order
1390	to be successful? Do you feel like they set you up enough in terms of like college
1391	preparation?
1392	Vertner
1393	Let's say yeah. They kind of put me in a right mind frame. They gave me the gas in my
1394	car. However, I will say I wish I'd known more about the financial part. More about

1395	resources, the ins and out of FASFA, scholarships. Also, maybe more actual program
1396	details. To expand upon that, you have your science majors and your math majors.
1397	Maybe going through the details, this is what you'll probably learn, these are the
1398	curricula, these are the degree requirements from different schools.
1399	Rob Graham
1400	That sounds like common sense to me. Why do you think they don't do that? Or didn't do
1401	that?
1402	Vertner
1403	I would think resources and time because like my school, there's a lot of like people that
1404	will drop out. So in terms of like priorities, they might try to get you to finish high school
1405	and then, show you college rather than show you the actual ins and outs of the academic
1406	ways of college. It's kind of like prioritizing things.
1407	Rob Graham
1408	When did you pledge your fraternity here?
1409	Vertner
1410	I pledged my sophomore year.
1411	Rob Graham
1412	And did that help your academics at all, getting that inside information from your
1413	brothas?
1414	Vertner
1415	Not necessarily with my academics because that was always top tier priority for me, but it
1416	helped me with career tracking.

1417	Rob Graham
1418	If somebody asked me to characterize your experience, I might say, this is a brotha who's
1419	an example of how to be successful. I don't think there's anything about your background
1420	you just you just hopped on and just rode!
1421	Vertner
1422	Yeah!
1423	Rob Graham
1424	You just rode out! I think there's some success there, and I don't want to get talking about
1425	the research too much, but a lot of choices, your decisions, and your road matches what
1426	I've heard about brothas who have been able to be successful in college, which is the
1427	staying active, calling home when you need some support, having a connection to your
1428	home (Guiffrida, 2006), um, supportive family and all that. The super activity (Tinto,
1429	1975), the IB program (Smith & Zhang, 2008), the fraternity (Goldrick-Rab, 2007). Is
1430	there anything you think high school counselors should know about the first year of
1431	college for African American dudes? A lot of the focus is on getting them accepted, but
1432	now there's a little bit of research where people are like, wait a minute; we need to know
1433	what's happening when they get there (Mathewson, 2017; Kowalski, 2017, July 19).
1434	Vertner
1435	Yeah. I would say definitely look at the dropout rates, first-year dropout rates. I think
1436	that's when it's the highest?
1437	Rob Graham

1438	It is, and we're the least likely group to return after freshmen year (Espinosa, Turk,
1439	Taylor, & Chessman, 2019).
1440	Vertner
1441	When you look at it from high school, you get a lot of pressure. I even see it with my
1442	friends. They'll go to college first year, and then you see them back at home the next
1443	year. I think it's important that we look at that and what's going on. The thing is, the
1444	pressure kind of lets up once you're in the first year. You get that sense of independence
1445	and take your foot off of the gas pedal. Some people also think college is a scam because
1446	they don't see the benefit.
1447	Rob Graham
1448	So you think that freshman year maybe brothas need more structure? Like an additional
1449	year of structure until they understand what kind of system they're in?
1450	Vertner
1451	Yeah
1452	Rob Graham
1453	That makes sense. Wait, did you play soccer here your freshman year?
1454	Vertner
1455	Yeah.
1456	Rob Graham
1457	Okay so you walked in with a little structure, had somebody to be accountable to.
1458	Teammates, coaches, school really.
1459	Vertner

1460	Yeah, I knew I didn't want to go back home, so I was like, I gotta stay here.
1461	Rob Graham
1462	Anything you think Mason should know about the first year of college for African
1463	American dudes?
1464	Vertner
1465	I would say
1466	Rob Graham
1467	And let me tell you, whatever you're about to say, they're not hearing it from people like
1468	you very often, so I think this is an opportunity.
1469	Vertner
1470	Yeah, I would say, what Mason kind of preaches is not necessarily how they quote-
1471	unquote act. They preach inclusion and diversity and stuff, but when you kinda get in the
1472	meet and greet of everything, past like orientation and stuff like that, and you're in the
1473	class, you don't always see that. Whether it is the professors that you see, advisors,
1474	especially advisors, like different resources. They'll give you one thing, like the minority
1475	support office, and they'll say, use that as a resource. Now one thing they did do good is
1476	we have an LLC on campus, living learning community for Black men.
1477	Rob Graham
1478	Really?! That's what I was waiting on.
1479	Vertner
1480	Yeah, so that's just started this year. I think that was a real good step to see. I guess that's
1481	the first step of making sure there's inclusion.

Rob Graham

So, it sounds like you're saying, okay Mason's supposed to be this diverse, inclusion kind of place, but where is it in the classroom? Where is it in the advising? It needs to be more than just one resource and orientation.

Vertner

It looks diverse, but where's the inclusion? Because diversity and inclusion are two different things.

Rob Graham

Ejike, Flowers High School prepared you in a couple of ways.

Officially/programmatically the college preparation course that you took was helpful, differently helpful in retrospect. The information on faculty doors kept the spirit of college and college familiarity stirring. The school counselors didn't help with college preparation but the science and tech coordinator was quite helpful. She approached the work as a Black mom to the students, and the fact that she was a Delta added some complexity to the thinking about the college experience. The science and tech teachers provided a rigorous course experience that was intended to serve as a preview of what was to come after high school. Given the fact that you are a first generation college student and your siblings journeys' were so different, you relied on older peers to close information gaps you had in preparing for Mason. How did you think college would be, and did it wind up being how you envisioned it?

Ejike

My transition to here was definitely interesting because there was a part of me that felt lonely, primarily because I would look around the university and see a lot of people that came from Virginia Beach or Hampton or Richmond. They have their individual cliques from their similar upbringing and surroundings, and that makes sense because Mason is in Virginia. So, I joined organizations and what not. I was freshman class president, but at the end of that year, they disbanded that entity. So I was like, I haven't really found my place; I don't think I'll find my place here. I was considering transferring to University of Maryland because a lot of my friends from high school went there. I decided I'd give it one more semester here at Mason; then I would make a decision. My sophomore year I was the vice president of an African organization, and I was also a senator in student government. That whole aspect of being a vice president was really the turning point of my finding my niche at Mason, staying here, and of my leadership. I was at the starting point of my rise in the ranks in the Black community here.

Rob Graham

It sounds to me, I'm reaching into your brain a little bit, if somebody would have asked you about the secrets of your success here at Mason, you would attribute a lot of that to being so active in your extracurricular stuff,

Ejike

Precisely, because I thoroughly believe that you want to not simply attend a university, but be involved and have a holistic experience. I'm sure that some do, but it just does not make sense to me because I couldn't imagine just coming here going to class and going back to my room and doing nothing. That's just not my cup of tea. The best part about

university is not the classes, not the education. You can learn all that stuff on YouTube. The best part about this is the experience, the conversation, the people, the arguments. The differences of opinion, the exposure, the workshops, the talks. The professors, the advisors, just like everything in between, the demonstrators. All of that makes up so much of a holistic collegiate experience. Rob Graham I agree, and educational literature supports your perspective; being active in student organizations and extra-curricular activities has aided brothas with their first-experiences (Harper & Newman, 2016). What kind of support did you have when you got here from professionals, in terms of advising or anything like that? Would you say that you had some strong advising to help you with your transition once you got here? Ejike Oh, most definitely. I would not be the man that I am today without the strength, support, love, care, and advice of the people who have gotten me to where I am today. Going back to being freshman class president, the advisor was a Liberian woman who was doing her master's at the time. I'm 24, and she's probably like three, five years older than me, more like a big sister than anything else. There were other people in the organization, but the way she talked to me and interacted with me was coming from that mutual background of we're African, we think differently, we operate differently, we should show up and represent ourselves differently. She really held it down for me over the years. I've met

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with many advisors, many people, mentors official and unofficial that have really shaped

1546 who I am in my thought process and all of those different things. One of the most 1547 influential doesn't work here anymore, Gavin Graves (Pseudonym). 1548 **Rob Graham** 1549 I remember him. Used to teach the first generation transition courses. 1550 **Ejike** 1551 He was phenomenal in helping me find myself and my voice. 1552 Rob Graham 1553 It sounds a little bit, I don't want to use random like a negative word, but it sounds like 1554 the support you got was a little bit random in that it's sort of unexpected. Random that 1555 you would click with the Liberian sista. Random that you would click with Gavin. Would 1556 you say that there's enough support for freshmen coming in? Freshmen brothas coming 1557 in? 1558 **Ejike** 1559 They have to fight. They have to be willing to find it and fight for it. The support is there; 1560 people just have to know how to find it. And you know, knowing how to find it is going 1561 out of your comfort zone or asking questions of older Black people you see on campus: 1562 Black faculty, Black students, Black student leaders, the different group organizations on 1563 campus. If a Black freshman came to me and said, I don't know what I'm doing. I don't 1564 know how to do the college thing. I'm struggling. Can you give me some advice? I would 1565 find time in my schedule and have a conversation.

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Rob Graham

I got two questions that I just feel like I need to ask you, and I don't even know if they fit what I'm trying to do here. If you had a couple of freshmen brothas come to you and say, what's a good organization to join early in my college career to help me kind of navigate and get my bearings and all that kind of stuff? Because you know, they can be floating in the wind a little bit. What would be the organization or the group?

Ejike

That's hard for me to see at this point. It's hard for me to say, because the offices, organizations, and people that I knew are no longer here. So I can't wholeheartedly recommend something or someone to somebody because I don't know what their impact is with students. I honestly would even only be able to say the general ones. Of course, Diversity Services (Pseudonym) are there. In its heyday, my freshman and sophomore and junior year it was a place where Black students just went to chill, talk, kick it. It used to be big after dark, but now Diversity Services has become like a transactional space. People just go there to get their needs met, and they keep it pushing. There's no longer that safe space. From what I've seen, it has transitioned from a space for Black folk to a space more for like Brown, which kinda leaves Black folk out. And for me, you know, this being my seventh year in university, I have literally seen the Black community transition from it being somewhat close-knit, to it being what it is today, almost night and day.

Rob Graham

these two cultures. Do you think that the fact that you've got these two cultures has been a plus for you and your educational journey? Ejike Definitely. Because I don't consider myself African American, I don't consider myself Black American, I consider myself probably Nigerian American. Born in Nigeria, raised in The States, but I was raised in a very Nigerian household. So Nigerian, within closed doors, and then, African American, outside or in the other community. So it's very much a dichotomy of how I see things, so I can understand how Black Americans process and how they think and understand. And then of course you have the Nigerian Americans and the Nigerians and how they think and process different things, and the, the two different cultures have shaped my way of thinking. So definitely very much a benefit, very much. Rob Graham Let me lay this out, Ejike. Once here, you relied on advice you'd received imploring you to remain true to your identity and values; that was your protection against the forces that made transitioning to the university an up and down experience. Part of your "secret sauce" on all academic levels has been your extracurricular activity, the piece of the

I made this assertion, and you kind of went with it a little bit, the fact that you've got

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Unfortunately, the Black campus community no longer has a safe space for Black students that Diversity Services once was, as it has transitioned away from Black and

university experience that you think is the most important in crafting an enriching,

holistic experience. You believe the resources are there to support the transition to

university for Black freshmen males, but they must look and fight for them.

toward an emphasis on Brown. You believe your inner identity as a Nigerian coupled with your outer identity as an African American has given you a broader lens and thus a general advantage as you have navigated Mason and the world. You've been here for seven years, you've seen the history. You've got a lot to say, and I think people can learn a lot from you, and people should really hear your voice. That's just real you know, and helping Mason decide about policy issues and where to spend their resources, who to spend their resources on. My Brotha, I appreciate you. So David, where are you with all this?

David

So George Mason, I like this school. At Mason you really have to pace yourself and pick and choose what groups you want to be in or associate yourself with. I think everybody in the Black community knows each other because it's not that big. There's still problems that occur on the campus between different groups and stuff like that, but for the most part it's avoidable. Time management, that's a big thing here. You have to take the time and do your work. George Mason also has a lot of clubs you can get involved in; like I was involved with the BSA, Black Student Association, for a little bit. I'm not African, but I was involved with the African Student Association. But one thing is, for my major econ, I believe that a lot of the teachers expect you to have a certain amount of knowledge before you come to the school.

Rob Graham

What do you mean?

David

1631 So that was a hard thing, trying to figure out what major was good for me. I was initially 1632 a biology major, and I switched over to be an econ major because my first class, I didn't 1633 know what I was doing at all. And even the econ major, I'm enjoying it now that I had a 1634 teacher that was able to sit down with me and teach me some of the economic principles 1635 Rob Graham 1636 Mmm! 1637 **David** 1638 and stuff like that, but before that, I didn't know anything about economics. My high 1639 school didn't provide me with any economic classes, so I was lost. Everybody else knew 1640 what they were doing. A few students would tell me they were involved in clubs growing 1641 up, like since middle school, economic clubs to help them prepare for college. So they're 1642 doing these things since middle school, and I'm coming to college not knowing what 1643 economics is! 1644 **Rob Graham** Just fresh! Meanwhile, for your classmates it was just more of what they'd already been 1645 1646 doing in high school and middle school. 1647 **David** 1648 Yeah, exactly! It just sounds good! So I'm like, let me get into economics. That was the 1649 biggest thing about this school, they really expect you to have some type of background 1650 in the field.

1651

Rob Graham

1652	Okay, I'm sure you imagined college would be a particular way. You know we all have
1653	imaginations. Was Mason what you had imagined before you got here?
1654	David
1655	Um, no. I thought every college was the same, so I thought it'd be like big parties
1656	everywhere, like everywhere you go, you just see parties and stuff and like
1657	Rob Graham
1658	Like in the movies
1659	David
1660	Yeah, in the movies, exactly. That's basically exactly what I thought it would be. But,
1661	coming to this college is actually good for me because I don't have that peer pressure to
1662	actually be involved in parties. Everybody works for the most part.
1663	Rob Graham
1664	So not the party situation you thought. Any other thoughts about your imagination vs
1665	reality?
1666	David
1667	Right. Well in my imagination I also thought there would be, I don't want to say mentors
1668	necessarily, but people that will be available to help, more advisors around, but you kind
1669	of have to find that yourself. I thought they would be more on top of us, but it's like, no,
1670	we're adults now, so I wasn't ready for that transition.
1671	Rob Graham
1672	Did you seek out support from like advisor type people?
1673	David

1674 Yes, I definitely sought out support for academic advisors, so I was able to talk to them. I 1675 also think your advising was a different level advising that I needed because they advised 1676 on picking your classes, but they can't advise us on the college life. So when I sought out 1677 and met you, that was really the big difference in me actually learning how to develop 1678 and how to come into college being strong and successful. That's the biggest support that I needed coming in. 1679 1680 That support isn't really available. The academic advisors that's here, they tell us what 1681 classes to pick, how to graduate, how many classes and credits we need to graduate, but 1682 they don't really advise us on how to survive in college. 1683 Rob Graham 1684 Why do you think that is? 1685 **David** 1686 I think that's not their primary job, so they don't really focus on that, but I think if we did 1687 reach out and had those conversations with them, they would actually advise us on how 1688 to survive in college. 1689 Rob Graham 1690 So you had some conversation with Ebony (Pseudonym). 1691 **David** 1692 Ebony, yes. See that was a different advisor, that's different. I could actually talk to her, 1693 and she'll like check up on me. She is a different academic advisor, but for the most part, 1694 I think that she understood my situation. That's what it takes, for someone to understand 1695 where you come from.

1696 Rob Graham 1697 I had done some work with Ebony, so I talked to her. I was like, look, I got this kid. I'm 1698 out of my depth. I'm looking for somebody to support him, but he's a special kid. This is a 1699 special program. I need somebody who's going to advise him differently. I need you to 1700 advise this kid like you're advising your son or your nephew. I need you to add some love to the mix. You know what I mean? 1701 1702 **David** 1703 Yeah. 1704 Rob Graham 1705 She was open, she was excited about the prospect. We kind of shared the same values and 1706 stuff, so that's why I asked her. Maybe that's a little bit of the difference maker, her 1707 mindset. You know rather than just you just being another student in her portfolio, I was 1708 like, I need you to treat him like special cargo. 1709 **David** Right, and I definitely felt that, yeah. 1710 1711 Rob Graham 1712 Would you say that brothas need a bit more than the help with the schedules when they 1713 come to Mason? 1714 **David** 1715 Yes, definitely. That's a big thing that brothas really need on this campus. They need 1716 more support than the average student, because the average student already experienced 1717 college from high school. That's basically college for them as far as the classes, the

1718 difficulty level of the classes. But we come to college introverted. Who are these different 1719 races? There's a lot of factors that throw us off in college and possibly make us go in the 1720 wrong direction. I mean it's not really peer pressure, but it's like a whole different world. 1721 Rob Graham 1722 Do you think you were prepared for college? I know this is kind of a broad question. 1723 **David** 1724 I don't think I was completely prepared for college at all, no. 1725 Rob Graham 1726 So what would you need? What could your high school counseling have done to make 1727 your experience smoother? 1728 **David** 1729 Smoother? I think they could have educated me more on the financial part of college as 1730 well because I came to college expecting books to be cheap. That's one part, and books 1731 are like \$1,000 a semester! As far as like the dorms and stuff like that, just being able to 1732 get along with different people. I think they should have educated us on how to get along 1733 with different people in different races and stuff like that. My first roommate I had, he's a 1734 different race, and he didn't have the same values as me. 1735 Rob Graham 1736 Did you ever hear about summer bridge programs like TRIO or anything like that? 1737 Or Upward Bound? Why didn't you do that? 1738 **David**

1739	I wasn't aware until one of my friends told me about it. They were like, oh, I was in the
1740	summer program that we had. They were able to like live with different people, so they
1741	already had their roommates.
1742	Rob Graham
1743	Right. It's unfortunate that you didn't hear about the pre-college programs. That's
1744	something that is suggested of school counselors, that they encourage students to
1745	participate in those programs (NACAC, 2018). And they get a little bit of a jump I think
1746	in terms of understanding what they're about to get into.
1747	David
1748	Yes, they had a whole summer to understand what they're about to get into. So I'd have
1749	definitely got into that if I knew about it before college.
1750	Rob Graham
1751	Why did you pick biology initially?
1752	David
1753	Initially I was interested in being a doctor. I was interested in that because I had family
1754	that were doctors, and I used to watch what they were doing, and I thought it was cool.
1755	But I learned, just because you think something is cool (Rob chuckles), that doesn't mean
1756	it's meant for you, you know?
1757	Rob Graham
1758	Right. I think I learned some really interesting stuff about you. Your high school needed
1759	to do some things, but I think it's also important to understand that the high schools are
1760	not doing those things. So what needs to happen on the college side? You know I don't

1761 want to let the college off the hook. The college needs to be realistic about what's 1762 happening on that other side, and they need to respond. My sister says this thing, don't 1763 admit people to the school if you're not going to support them. 1764 **David** 1765 Right. I kind of noticed that when I'm talking to minorities at this school, a lot of them 1766 choose the easy majors, the easy route out. They'll do like history, but they'd be like, I'm 1767 interested in economics, but you know, I don't know how that will go. But if they just had 1768 that one person to talk to, they would know what to expect in these classes, and they'll 1769 know how to prepare. You helped me with that, but if I didn't have a MATE scholarship, 1770 and the MATE foundation to support me in that way, I wouldn't know what to expect 1771 from a lot of these majors. I probably would have picked something like history to get the 1772 easy way through. 1773 Rob Graham 1774 Hmm! If you could have done high school a different way that you think would have 1775 made you more successful in college, what would that be? 1776 **David** 1777 That's a great question. I spoke last meeting about how a lot of people in the inner city

Rob Graham

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keep to ourselves. You know we don't really speak on the bigger picture, have those deep

conversations. I believe having those deep conversations creates stronger bonds that last

longer, you know. I believe I should had those deeper conversations because I believe

that that would have allowed me to grow socially in college, you know.

1784 school counselors should know about the first year of college for African American 1785 brothas? What do you want those high school counselors to know about our experience, 1786 your experience? 1787 **David** 1788 I want high school counselors to be aware that when we first attend college, we're 1789 completely lost. That's just the reality of it, especially coming from a predominately 1790 Black area, and attending predominantly Caucasian institute. It's a different culture here, 1791 so you're feeling out of place a little bit. I kind of felt out of place. I also had a weird 1792 feeling that people were smarter than me because everybody just looked so intelligent. I 1793 felt like it'll be hard to make those social connections, like they like might feel like they're 1794 better than me. They have to understand that we have to start building the mindset early, 1795 like in high school. 1796 Rob Graham 1797 When did you start feeling like, I'm smart? I'm just as smart as anybody else here on 1798 campus. When did that transition happen for you? 1799 **David** 1800 I needed the male figure to talk to. So just me going out and doing different things, being 1801 in the environment. Like, I remember you sent me to go talk to Dr. Geoff. Just going out

Mmm! Hmm, interesting. That's real interesting right there. Anything you think high

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and doing these different things and having these different experiences, you're like oh

with these people you're like, oh okay, we're all on the same platform here, nobody's

okay, I could do this. And when you're actually looking at the work and communicating

1805 better than me. Me building study groups and just talking, putting myself out there. I had 1806 to really put myself out there and get involved in clubs and stuff like that. 1807 **Rob Graham** 1808 How long did it take? 1809 **David** 1810 I'm not gonna lie. I'd say after my freshman year, like two semesters. That's how deep it 1811 really is. 1812 Coming into sophomore year I felt more comfortable, but freshman year I felt like I was 1813 completely lost and like I didn't belong in the culture at all. 1814 **Rob Graham** 1815 When you were having those thoughts like, hey everybody's smarter than me, did you 1816 ever think about leaving? 1817 **David** 1818 Yes, I'm not gonna lie. I honestly thought about leaving my first year. I thought I didn't 1819 belong here at all. I wasn't familiar with most of the majors, a lot of the classes, like the 1820 prerequisites for these classes. A lot of these students I spoke with, especially during my 1821 first year, I'm like, how do y'all know this stuff? Our high school taught the subjects. For 1822 instance, a lot of these chemistry classes and physics and stuff like that, I never had in 1823 high school at all. So I was just thinking about saying, you know what, forget it. I just 1824 want to leave. That's what the university needs to understand. This is a different world. 1825 Rob Graham

1826

It's a different world.

1827 **David** 1828 It's a different level of education. I had to start from ground zero with a lot of the work I 1829 did, especially with math, because I didn't take any calculus class in high school. I don't 1830 even think they had a calculus class, to be honest. So I had to start from ground zero and 1831 do a lot of the prerequisites when I got here. I had to get tutors and go to the math 1832 tutoring center. I was the one in there all the time, just to learn. 1833 Rob Graham 1834 I can't believe you did it. One of the things I just think is so special about you is, you hear 1835 advice, and you do it! 1836 **David** 1837 Appreciate it. I remember you gave me that advice, to go to the math tutoring center. I 1838 talk to a lot of people, and I give them the same advice. I'm like, you need to do this; this 1839 is the only way. The extra-curricular stuff you have to do outside of school, to succeed, 1840 you just have to do it. We have to do extra. It looks easy for them because we kind of get 1841 disadvantaged; we feel like we're disadvantaged, and we start losing faith in school. 1842 We're looking at these people like, okay y'all, just do the work quickly. They're done in 1843 five minutes, and they could just go and have a social life, but we're sitting here working. 1844 Rob Graham 1845 What you forget is, what you're doing is more remarkable because you're coming from a 1846 completely different place! The fact that you're here and fighting is more remarkable than 1847 somebody who's doing something that's already super familiar.

1848

David

1849 Right, exactly. It's more remarkable right. And towards the end, it's always a bigger 1850 reward, right? 1851 **Rob Graham** 1852 Right 1853 **Open Chat- Synthesis and Building** 1854 **Rob Graham** 1855 Any questions or comments for the group? 1856 Rakim 1857 This is for the young brothas. I talked earlier about my struggles in high school, getting to 1858 some of the youth that are just apathetic, and my answer right now is just to keep on 1859 pushing. What do suggest or what should be a route? 1860 **David** 1861 My advice is, especially with kids that are always in trouble for instance, I think as a 1862 counselor you could probably try to see what the deeper picture is, see what they're really 1863 going through like personally because everything starts with the personal standpoint, you 1864 know. I was getting to the fact that a lot of people don't consider college because they 1865 have to take care of family, and pay bills, and worry about grown man stuff at such a 1866 young age, so college is not even a consideration. So, I believe that first assisting them 1867 with the small things and then you can start you know, working on the bigger stuff. 1868 Rob Graham 1869 Locating the trauma a little bit here. 1870 Vertner

I know like in my high school, we always have either the guys who like running in the street coming to class here and there, and also brothas on the football team who do both, on the team and in the streets too. People on my football team that had a chance of playing in college, they would still do college stuff to get recruited. That would give them motivation to go to college, and I've seen that kind of translate throughout the rest of our team as a sense of, you know, he's going to college, so why can't I? I might not be getting a scholarship, but I could still go to college. So it's kind of like investigating their friend group. We try to build them up, and peers follow their peers.

David

That's a great point definitely that's like my situation. Everybody knew my brother and stuff, so they assumed immediately I'm just like him. My brother was in trouble a lot. I remember one of my friends that hung out with my brother saw my report card one time, and he saw like all A's and B's. He was like, what are you doing? If you build up the group leader, the rest will follow.

Rob Graham

I have question for you, Crystal. You have this deep interest in race work, there's a foundation of race work in your background. Do you think it's possible for somebody to do your job as well as you do it without having attended to race as a factor in education or in this country?

Crystal

No, definitely not. That's not to like credit myself, but I think when you're a White person that's working with predominantly students of color, it's your responsibility to investigate,

not just what their experiences are but your experiences in that setting and why you're there, and the White people that I see, educators or social workers or whatever, at my school who are unsuccessful particularly at building relationships with students have not, do not think that that's important. That's my that's what I see.

Rob Graham

As we wrap up our conversation and I prepare to act on your contributions to the study,

I'd like to know your reactions to this conversation, what your thoughts are and how you
might act on them.

Rakim

Collaborating, research and study among people across different backgrounds is GREAT. Among the group, it appears that everyone had some individual, some role model that was inspirational in their life and maybe even made a shift in that person in acquiring their destiny in life. Knowing a person's story is a great way of reaching them and helping them to find their destiny. Role models bear role models. Student Athletes must have a back-up plan. I am inspired to add these approaches to my work: Just a continued consistent energy and drive for African American Males, but also all minority groups as well. We as a society I believe have gotten away from ethnicities being celebrated and folk understanding the knowledge of themselves. Thus, I as a counselor want to ensure that students know and understand that the highlights or life events of the past may lie in unlocking the doors of their future. Know Thy Self

Crystal

Challenges to adjusting to college's academic rigor and social life, albeit financial aid cross city/state lines. They are recurring themes. Nation wide. I am inspired to add these approaches to my work: Open up the way I present my role to students to encompass careers, work, etc. This is something I definitely need to work on. Not just "Alternatives" to college, but just other ways of thinking about postsecondary life.

David

There is a need for guidance counseling for African American first-year students, but counselors weren't really active in high school. It seems counselors don't know how to address helping students individually, deep diving. I'm inspired to build personal relationships with people to understand their issues. I believe that some people's issues are deep, and they need assistance with mental help before they even consider college. Mentors are needed in both high school and college. Most inner-city students are completely lost and don't know what to expect in college. This needs to be addressed.

Vertner

There is a lapse in college guidance while in high school. Preparation for college goes beyond academics; it includes financial, emotional, and other types of support. True guidance comes with passion and a need for understanding. I aspire to add the ideas and knowledge of what I learned to better grow myself and those around me.

Rob Graham

I appreciate you guys tremendously. I've learned a lot. Hopefully you guys have learned from each other, and hopefully once I put together the paper of this work, you'll be able to continue learning from one another. You should feel like you have ownership of this

- work. This is all of our work, not just mine. There's no way I could say I did this thing;
- this is a community effort.

Chapter Five: Conclusions & Policy Implications

The purpose of this study was multifaceted, with a broad aim of contributing to American social justice by helping to meet the educational needs of African American males, a segment of society that has had its educational aspirations repressed since the colonial era (Span, 2005). A history of educational exclusion on both K-12 and postsecondary levels (Butchart & Rolleri, 2004; Span, 2005; Stefkovich & Leas, 1994), separate but unequal education (Klarman, 1994), and White backlash at racial progress (Henig, 1997; Klarman, 1994) means that today's African American male students are being educated in systems and institutions that were not designed for them or their success (Picott, 1958; Stefkovich & Leas, 1994). Despite notions of societal progress on issues of race and education, and despite having so much to gain across quality of life domains (Carnevale, Rose, & Cheah, 2011; Holland, 2017; Hout, 2012; Ruthra & Flashman, 2017), African American males are the demographic with the least opportunity to obtain a four-year college degree (Harper and Newman, 2016; Haywood & Sewell, 2016; Simmons, 2013), and the least likely demographic to return to college after the first year (Espinosa, Turk, Taylor, & Chessman, 2019). It is at the nexus of race, gender, postsecondary education, and the transition to college that this study's specific purpose resided, to improve educational outcomes on the post-secondary level for African

American males from urban school districts by better understanding their experiences and those of the high school counselors who provide them with college preparation guidance. Insights into personal, professional and educational experiences were intended to inform the professional practices of school counselors, educational policy making, and approaches to college success for the students. To meet the purposes of the study the following research questions were crafted:

- 1. How do the personal and professional experiences of school counselors from urban public schools deepen our understanding of the ways that they approach their work with college-bound African American male students?
- 2. How does the college guidance received during high school help us understand the transition experience of African American male students from urban public schools to George Mason University?
- In what ways do the narratives of school counselors and students from urban districts indicate alignment between preparation for college in their schools of origin and the

As I conceived of this inquiry and considered issues with degree attainment and college preparation of African American males, the profession of high school counseling for college, and the nature of the educational institutions that students navigate, I did so through a critical theoretical lens. In making use of critical theory, the school of thought with origins in the 1930's in the Frankfurt School (Simon-Ingram & Ingram, 1992), I understood it and operationalized it as Kim (2016) explained it in her book meant to

demystify narrative inquiry and the thought that may inform the methodology. Kim understood critical theory as such: "For critical theorists, the ability to look at the contradictions inherent in a society is a starting point to develop forms of social inquiry that interrogate "what is in reality" and "what should be" (p. 57). In recognizing that there exists a need for American social justice as it pertains to African American educational aspirations, an opportunity gap in degree attainment, I aligned myself and this work with Kim's notion of critical theory.

I chose narrative inquiry as my methodology in order to be consistent with my worldview, purpose, methodology, and methods. I am an African American man that conducted this study not for study's sake or intellectual curiosity but as an arm of my advocacy for African Americans and other marginalized populations who are underheard in the academy and society at large. Narrative inquiry can provide amplification for those voices whose lived experiences have been pushed to the margins (Clandinin, 2006), again in the academy and society at large, hence the name of this research, *Mic'd Up*. As she expanded on her interpretation of critical theory, Kim continued on to offer that, "Scholars view critical theory as a method of understanding forms of power and domination. However, the premise of critical theory is its moral imperative and its emphasis on the need for both individual empowerment and social transformation" (Kim, 2016, p. 57). By using narrative inquiry and taking advantage of the opportunity it provides to amplify unheard voices in long form, I have been able to allow for the self-empowerment of my participants and to address institutional power brokers that the

participants may otherwise not have access to through the eventual dissemination of this work.

My methods for data collection were multitiered: conversational method in which I collected 17 hours of personal, professional, and educational narrative data from the six participants; digital collages as narrative elicitation and complement to conversations with five of the participants; a two-hour sharing circle with four participants; a participant reflection on the sharing circle; and memoing throughout the research process. The data from all methods were used as source materials to construct a cumulative, synthesizing dialogue that placed the participants and their largely intact data in conversation with one another to address my three research questions (Wilson, 2008). The synthesizing dialogue functions as the presentation of findings for this study as well as the analysis and discussion.

Conclusions

Forced to give a theme to the work and my research process, I would say that gratitude was the running thread of the project. I searched for participants for this study for months and received responses ranging from being ignored to deep interest and then disappearance. In this process my personal and professional communities stepped in to help me recruit on the strength of our relationship and identification with the subject matter. I found myself overwhelmed with gratitude at every step and every gesture along the way. My participants, whose busyness was evidenced in the data collected, dedicated many hours to me, participated honestly and candidly and made themselves vulnerable in the sharing of their often deeply personal narratives. Their reasons for participating in the

study deepened my gratitude. Vertner, who I recruited by simply approaching him as a stranger, agreed to participate because he would be helping a brotha out with my research and because he felt my approach was respectful. Ejike agreed because Vertner, his fraternity brother, presented the opportunity and because he felt like he had something to contribute. Crystal agreed to participate because the project spoke to her thematically and was aligned with research conducted during graduate school. Eve participated out of respect for a mutual friend who I had asked for recruitment help. Rakim agreed to participate out of respect for Eve and to help a brotha out. David agreed to participate on the strength of our prior mentor-mentee relationship despite not being asked. There is a relational thread running through their agreement to participate, and I feel permanently connected and indebted to each of them. In these and other ways, this project has been transformative for me. Additionally, each of the participants expressed in their own way that the act of articulating their narratives and engaging in self-examination was something that they were benefiting from, giving me the sense that the project was transformative for them on some level.

Policy Recommendations

My overall, actionable conclusion is that a history of minoritization and educational exclusion has led to a vexing dynamic, at least between the institutions studied here. African American students are making their way through urban school districts with some college access support but little guidance on the actual college experience. They are then arriving on George Mason's campus and receiving little to no college success guidance. This dynamic is particularly unfortunate for African American

males who are often first-generation, from families with limited financial resources, and members of social circles without the kind of cultural capital that can provide sufficient college knowledge. They are thus being encouraged to attend college, being recruited to attend universities like George Mason, and finding themselves unprepared for the experience before them.

Having heard the voices of the six participants and synthesized their perspectives, I have come up with non-exhaustive lists of policy recommendations on both the secondary and post-secondary levels that hold promise to improve retention outcomes at George Mason University. The lists of recommendations, seen in Table 2 below, are non-exhaustive because they speak to students being fitted into institutions that were not designed for their attendance. After the lists, I discuss a few of the policy recommendations in detail in the next section.

Table 2

Policy and Practice Recommendations

For George Mason University

- 1. Black Male Initiative
- 2. Black space for community
- 3. Disaggregate Black population data
- 4. Increase Black faculty especially in first-year courses
- 5. Add well-being components to academic advising
- 6. Train faculty on university transition experiences of African Americans
- 7. Extend time of initial good academic standing to three semesters
- 8. Supply each entering African American freshmen with gift certificate for books and dining

- 9. Hold optional Black family orientation
- 10. In-State Tuition for DMV

For Urban High Schools

- 1. Lessen administrative burden of counselors
- 2. Modernize processes and technology
- 3. Audit counselor processes
- 4. Pay counselors for after-hours work
- 5. Actively promote TRIO type programs
- 6. Increase family social services
- 7. Increase size of counseling teams
- 8. Continue and elevate college preparation clubs/courses
- 9. Recruit faculty and staff from outside community to allow for fresh perspectives
- 10. Counselor exchange programs within region as professional development

General

- 1. Realign counselor graduate education with reality of the profession
- 2. Create channel between high school counselors and dedicated academic advisors

George Mason University

Disaggregate Black Population Data

It is my belief that a first step in taking an informed approach to supporting African American male students at George Mason is to identify the population, get a sense of its size, know where the population is coming from, and then examine academic data. As it pertains to the year 2018-2019 cohort of 2,881 degree-seeking undergraduate students classified as Black or African American at George Mason (GMU, 2020b), current institutional statistics do not disaggregate by ethnicity or family background, so it is difficult to assess and address the needs of African American male students on an institutional level. The potential utility of disaggregated Black student data showed up in my conversations with the student participants. Despite all being members of the African

^{*}Lists are in no particular order and are non-exhaustive.

diaspora, there were differences in the ways Vertner and David, the two African Americans, processed their educational experiences when compared with Ejike, the Nigerian American participant that is proficient in African American culture, particularly as it pertains to self-efficacy. For Vertner, transitioning to the university was a mysterious process in which he figured things out along the way. For David the adjustment process was trickier and marked by confusion, self-doubt, and a sense that everyone around him was smarter and better equipped, despite his academic excellence in high school. David also felt the full weight of his high school's issues with student violence and poverty, an experience that seemed to shape his outlook at the university. Ejike attended the same high school as David, but expressed a disconnect between himself and the negative forces there such as the violence in school and the neighborhood. He instead held membership in the insulated community of children of immigrant African parents. He attributed his success at the university in part to his own hard work and ability, and he spoke of finding his niche at the university as the primary factor in thoughts of transferring to another school. Ejike also directly spoke to ethnic differences in mindset when recalling a Liberian sista who advised Mason's student government,

There were other people in the organization, but the way she talked to me and interacted with me was coming from that mutual background of we're African, we think differently, we operate differently, we should show up and represent ourselves differently.

These differing perspectives suggest differing needs when it comes to support for African American freshmen and other Black George Mason students. I have heard anecdotally in

my six years at George Mason that different researchers have taken up the task of disaggregating Black educational data, but that project has not been seen through to completion.

Black Family Orientation

Each of the student participants expressed in some way that they didn't really know what their experience would be like at the university and what would be expected of them. They also spoke about limited contributions from their families because of lack of contextual experience; Vertner and Ejike are first-generation which limited their familial college knowledge, and Michael expressed that times had changed since his mother's college experience at the University of Maryland, rendering his sole source of familial college knowledge limited in his eyes. Vertner was prepared for the college experience by picking the brains of a friend from his church and a friend from his high school, a wonderful expression of community that was subject to Vertner knowing what to ask and how to receive the answers. He put it this way after mentioning the two friends that shared insight with him, "But at other times, I just kind of navigated through. I wouldn't say by myself, but I used what I knew from those two and other people like my sisters, but there's a difference because they stayed at home." Michael offered a combination of disorienting factors as he described his preparation for the college experience beyond the college club at his high school,

The clubs helped me prepare for getting admitted, so I didn't really have that much preparation for the actual experience; what I would be going through on a

day to day, meal plans, struggles with the classes, money, financial stuff. Yeah, I wasn't really prepared for much of that.

Ejike has siblings that went to college, but their experiences were different in that one went to college in Nigeria, one went to college on a football scholarship, and one went to college in North Carolina on a full scholarship and had an experience that he did not feel he could draw from. Ejike described his college preparation this way,

Of course, more or less being first generation, my mom couldn't help me. I relied on other people I knew from Flowers that did well. I remember the class before us, there were some high performing students, so I would lean on them more than anything else like, ask them some questions. Like, how do I do this, how do I do that?

To smooth the transition to George Mason University I recommend a Black family freshmen orientation to be held weeks before the fall and spring semesters begin that would touch on the subjects of financing college, academics, institutional timelines, campus resources, and designated student support personnel that families can contact directly. As it stands, the Black Student Alliance (Mason 360, 2020), a student organization, holds a three-hour Black Freshman Orientation each fall. While it is a wonderful expression of community, the Black Freshman Orientation also points to a gap in institutional support that students have identified and attempted to fill themselves. Relying on the student organization to provide a Black orientation leaves the program open to fluctuations in student leadership and at the mercy of the organization's limited financial resources. George Mason University should make the Black Freshman

Orientation a program sponsored by its orientation services office, thereby providing it with stability, expanding resources to draw from, signaling that this population is important to the university, and acknowledging that need for specialized support.

Additionally, the Black Freshman Orientation should include programming for families so that they have an opportunity to make informed decisions as a unit. The University of San Francisco (USF) is an example of a university that has a Black freshman orientation that was designed by students, faculty, and staff with stated university support (Heller, 2017). This 2017 statement by professor and vice-president of operations, Dan Heller, speaks to USF's clarity on the subject and commitment to positive student outcomes:

Our Black Student Orientation isn't unique. It mirrors those held at many other colleges and universities which, like USF, have recognized that different populations of students come to our universities with distinct experiences and needs, and their success can best be ensured through tailored and special-focus support programs. This recognition is based not only on our understanding of our own students, but also on a long and rich history of scholarly research that has shown that students from different groups have varying experiences in both the K-12 and postsecondary educational systems in our country.

Having an institutionalized Black orientation would allow for something similar to the comparatively expansive program that USF offers, which includes two days of morning to evening orientation featuring move-in support, tours, socializing, and workshops that include family.

A Black Male Initiative

Narratives expressed by each of the student participants in this study suggest a need for structural support for African American males during the first-year transition to George Mason. David was a scholar in the Black male college transition program that I lead (MATE, 2020), Mid-Atlantic Advocacy Through Education (MATE), during his freshman year. He credits the programmatic features of academic advising, mentoring, and a textbook scholarship with closing his information gaps and easing the unexpected burden of purchasing expensive textbooks. Vertner was a soccer player during his freshman year, so he was in community and had people to be accountable to, thereby increasing his chances of staying the course. Ejike joined student government and credited that with helping him finding a niche at the university and ending his isolation. Structured, institutional involvement and having immediate community upon arrival holds promise to improve retention rates and perhaps student satisfaction with the college experience. Unlike neighboring state universities like the University of Virginia (UVA, 2020) and the University of Maryland College Park (UMD, 2020), George Mason University lacks a central, functioning Black male initiative program to assist this population with issues of forming community, academics, finance, and identity. While Vertner mentioned that George Mason now has a Black male LLC (living learning community), its existence is not evident when searching the university's website, and it is thus at least too difficult for a new student to find. If George Mason is to continue the practice of recruiting and admitting African American male students, it must support them structurally and programmatically. The University of Maryland's (UMD)

Nyumburu Center (UMD, 2020) is the home of its Black Male Initiative, and its mission reads as such:

The mission of the Nyumburu Cultural Center is to promote an understanding of and appreciation for African-American Culture in all of its richness and complexity. In carrying out its mission, the Nyumburu Cultural Center strives to improve the life for African-American students and students of the African Diaspora, both undergraduate and graduate; to foster greater involvement of these students in campus programs and initiatives; to instill in these students an informed consciousness of their African-American, Caribbean, and African heritages; and to improve retention and graduation rates of these students. In the various events and activities, it sponsors, the Center also acknowledges, recognizes and solicits contributions of other heritages. Such efforts to cross boundaries and to intersect with other campus circles make the Nyumburu Cultural Center an excellent place for cultural exchange, intersectionality, and collaborations which enables the University of Maryland to make greater strides in achieving genuine cultural pluralism.

Like USF's statement about their Black orientation, UMD's mission statement here shows a clear understanding of this population's needs and an institutional commitment to it. Their Black Male Initiative features supportive courses the likes of which George Mason would benefit from, such as, *Diversity, Issues, And Academic Strategies For Success*, and programming like a welcoming event, movie night, and general meetings. The impact is captured in student testimonials like this one,

Nyumburu has truly been a home away from home for me in my four years on this campus. Whether it's doing work in the computer lab, booking a room for an event, playing pool with friends, or having impromptu intellectual discussions, Nyumburu has provided me with most resources that I need to succeed as a student and a leader.

High School Level Policy Recommendations

Counselor Work Audit

Each of the three participating counselors stated that their current workloads would not allow for going beyond their college access work, indicating a need for their school districts and schools to reassess the scope of work for school counselors. In order to accomplish such a shift in work duties for Eve and Rakim and their high schools, a step in the right direction would entail an audit of their work processes to eliminate the administrative inefficiencies they detailed in their professional narratives such as outdated and non-existent computer systems, manual record-keeping, and participation in inconsequential staff meetings. For Crystal and her New York school, a step in the right direction would be the hiring of an additional staff member to perform the college preparation duties she described as an entirely differently role for which she doesn't have the bandwidth.

Compensation

An additional step forward in terms of college preparation for Eve and Rakim would be what recently happened for Crystal. They and other counselors in their school district should be paid for work duties carried out after hours. As it stands, neither of

them have the time to lead college programs during their normal work hours. They must now set up after-hours programming and sacrifice their personal time, unpaid. Crystal is now paid \$48 an hour "per session," a designation meaning work done after the closing bell of the standard work day at 3:30pm each afternoon. Such an adjustment to counselor compensation in Prince George's County where Eve and Rakim work would indicate that their work is valued, and there is the potential for more creative and meaningful programming if the work is not performed under professional duress.

Implications for Research and Scholarship

This study contributes to existing scholarship on the subjects of college retention, transition to the university, college preparation, school counseling, and African American male education by synthesizing and conceiving of these subjects as a single conversation geared toward student success. This act of synthesis built on work such as Tierney's narrative study (2009) of the experiences of three Latino high school seniors in the college application process, Harper's (Harper, 2012; Harper & Associates, 2014) studies on Black male and male of color student success secondary and post-secondary, research on the contextual realities of school counseling (Holland & Farmer-Hinton, 2009; Malone, 2013; Simmons, 2011; Woods, & Domina, 2014), and Clark's (2005) examination of university transition and retention for African Americans. Findings and recommendations from those studies shaped my research questions which required at least two conceptual lenses to be addressed. Thus, a move was made away from the practice of searching for insight in research gaps and towards understanding topical relationships.

The method of analysis I used for this study, a single holistic synthesis dialogue, revealed findings by putting the narratives of the school counselors and students in conversation with one another after their direct experience exchange of a sharing circle. It became evident to me that students and counselors need to have more opportunity to engage one another directly and deeply as they make progress in addressing the needs and aspirations of college-bound students. Despite being at different stages in life and education, the counselors and students were riveted by each other as they listened to each other's narratives during the sharing circle, asking meaningful questions and committing to acting on what they had heard with no indications of power imbalance or being stuck on previous notions about the others' decision-making or experiences.

Specifically, this narrative inquiry made plain a dynamic that was mentioned earlier in this chapter that should be used as a target of future inquiry: It is the experience of African American male students that they are being guided and recruited to college but not receiving the appropriate college preparation guidance in their high schools or success guidance in college. Contextual constraints limiting awareness and the ability to act on the range of college-bound student needs means that school counselors on the secondary level are focused on access and putting their faith in universities to appropriately support their admitted students. Meanwhile, universities are placing their luck on high schools sending them students that can be successful with the tools they arrive with. This dynamic, uncovered through the synthesis of disconnected literature and often disconnected voices, offers a new target for educational research that seeks to

improve educational outcomes and retention of collegiate African American male students.

Future Research

In the course of engaging the school counselors, three potential research projects emerged naturally. In discussing ways that he prepares for students for post-secondary life, Rakim recounted how his efforts to garner student interest in activities like college tours and college night could be stimulated and how participation could be made more earnest. Rakim discussed potential research this way:

You know, I'm still trying to figure it out with our population. I think I touched on it earlier, but maybe the students just don't feel like they're ready. Academically, you know a lot of students may be scared of the real world. You know, we do college fairs, and they're just not responded to well, they're not taking the SAT, they're not doing a lot of these things. I'm just trying to really still figure that out. So, speaking with you has been kind of helpful. I will say this, I want to go back now and kind of go at this like a scientist.

Rakim addressed his very real-world problem, and I see value in a researcher lending him their expertise and time to address an issue that is standing in the way of students meeting their full potential post-graduation. Getting clarity on this issue could bring benefits to everyone with a stake in the success of his student population. Crystal articulated a similar potential research project in an open exchange during our sharing circle, an issue

with getting students who aren't or aren't yet on a four-year college path to be excited and proactive about their alternative paths. She put it this way:

So one thing that I'm really struggling with... I get students who have the at minimum, like the community college applications, and I'm struggling for the students who aren't doing anything beyond that to like, give them like excitement or meaning about like what their path is... They're just kind of doing it because like, that's what everyone does. I'm really like for years now have struggled with, like, the retention at community college, and like going with the misconception that it's like better to go to like a trade school, like a proprietary, like pay for this trade when that's something they could do for free at community college. So, but they don't necessarily know that or want to go to that, so I don't know if you know people who have, like, struggled with that or as a counselor how you help students see value in that?

Though it is a departure from the university focus of this project, there is value in a project that can help Crystal better understand her students' outlooks as it pertains to paths that don't lead directly from high school to universities and how they are making sense of their options.

Eve brought forth an issue with work flow inefficiencies in her district that if explored, could make for meaningful insights into the counseling profession at large and locally, including ways to improve counselor retention. She put the potential area of research this way:

Well, I can talk to that because I've my own kids were in Charles County and Fairfax County... Talking to Fairfax County counselors and even Prince William County as a parent and a counselor, we do a lot more paperwork...And I just feel like I'm not sure if it's education as a whole or just the particular county that I work in, but I am not planning to return next school year to the county. No way. I have to know if this exists in other places, and I do not hear that. People leave, and they love it. In fact, I'm at the school that I'm at now because that particular person couldn't deal with the leader of the team in the counseling department. She went to another county in Maryland, and she absolutely loves it. Doesn't have to attend half the meetings that we do. Doesn't have to do all the paper work that we do. Yeah, there's a component of paperwork, but not overwhelming. I mean, it's overwhelming the amount of paperwork that we do.

Eve is a smart, passionate counselor that's planning to leave her post in order to find out if her struggles are industry-wide. There is much to explore in a survey across jurisdictions of counseling department workflows, processes, and leadership that can lead to policy shifts and the potential retention of quality professionals. By listening to and responding with action to professionals like Eve and the other counselors who contributed to this study, there is opportunity to make good-faith contributions to American social justice.

Appendix A



Office of Research Development, Integrity, and Assurance

Research Hall, 4400 University Drive, MS 6D5, Fairfax, Virginia 22030 Phone: 703-993-5445; Fax: 703-993-9590

DATE: June 11, 2019

TO: Meagan Call-Cummings, PhD FROM: George Mason University IRB

Project Title: [1440707-1] Mic'd Up: A Critical Narrative Inquiry Into African

American

Males, Guidance Counselors, & The First-Year Experience At A PWI

SUBMISSION TYPE: New Project

ACTION: APPROVED
APPROVAL DATE: June 11, 2019
REVIEW TYPE: Expedited Review

REVIEW TYPE: Expedited review category #7

Thank you for your submission of New Project materials for this project. The George Mason University IRB has APPROVED your submission. This submission has received Expedited Review based on applicable federal regulations.

Please remember that all research must be conducted as described in the submitted materials.

Please remember that informed consent is a process beginning with a description of the project and insurance of participant understanding followed by a signed consent form unless the IRB has waived the requirement for a signature on the consent form or has waived the requirement for a consent process. Informed consent must continue throughout the project via a dialogue between the researcher and research participant. Federal regulations require that each participant receives a copy of the consent document. Please note that any revision to previously approved materials must be approved by the IRB prior to initiation. Please use the appropriate revision forms for this procedure. All UNANTICIPATED PROBLEMS involving risks to subjects or others and SERIOUS and UNEXPECTED adverse events must be reported promptly to the IRB office. Please use the appropriate reporting forms for this procedure. All FDA and sponsor reporting requirements should also be followed (if applicable).

All NON-COMPLIANCE issues or COMPLAINTS regarding this project must be reported promptly to the IRB.

This study does not have an expiration date but you will receive an annual reminder regarding future requirements.

- 1 - Generated on IRBNet

Please note that all research records must be retained for a minimum of five years, or as described in your submission, after the completion of the project.

Please note that department or other approvals may be required to conduct your research in addition to IRB approval.

If you have any questions, please contact Kim Paul at (703) 993-4208 or kpaul4@gmu.edu. Please include your project title and reference number in all correspondence with this committee.

GMU IRB Standard Operating Procedures can be found here:

https://rdia.gmu.edu/topics-of-interest/ human-or-animal-subjects/human-subjects/human-subjects-sops/

This letter has been electronically signed in accordance with all applicable regulations, and a copy is retained within George Mason University IRB's records.

Appendix B

Conversations with Crystal

Personal Background Narrative- Who Are You?

1	Rob Graham
2	All right! So, I'll start with my opening question, and then we can get into the
3	conversation starters that I have here. This is intended to be more of a conversation than
4	an interview, so we'll just go with the flow a little bit. Okay?
5	
6	Crystal
7	Okay.
8	
9	Rob Graham
10	Why did you agree to help me?
11	
12	Crystal
13	Oh, that's a good one. Um, some of my interest in your work connects to some of the
14	stuff that I experience daily professionally and what I was writing about in graduate
15	school. So I just graduated, actually just got my license, looking at it right here. Just came
16	in the mail.
17	
18	Rob Graham
19	Wow. Congrats. What type of degree?
20	
21	Crystal
22	Social work through a community organizing lens. Hunter's one of the only schools with
23	a community organizing track within social work in the country.
24	
25	Rob Graham
26	Which school is it?

27	Crystal
28	Hunter, Silberman School of Social Work.
29	
30	Rob Graham
31	Okay.
32	
33	Crystal
34	Part of my interest in working on a project like this is because it, from your explanation,
35	culminates in a collaborative exploration of people's interests, andhow did you put it?
36	Elevates the experience of six people?
37	
38	Rob Graham
39	That's exactly right.
40	
41	Crystal
42	Which I think of as organizing. I also think organizing and collaborating itself is
43	transformative outside of what the outcome is. Not that the outcome doesn't matter, but
44	part of why I'm interested in community organizing is because the process of getting to
45	know people, whether similar or different, is in itself, to me, an outcome that's
46	meaningful and that changes society. In terms of college access, specifically for Black
47	boys or young men of color, I've worked for a long time in after school programs, youth
48	worker settings, schools, and now a high school. One of the things that has come up, at
49	least in my more recent work, is the disparity and trend in young Black men who are
50	enrolling in college but not matriculating, or even not showing up on the first day.
51	
52	Rob Graham
53	Hmmm! (with surprise and interest)
54	
55	Crystal
56	In my experience that's coupled with Black men who are also students with disabilities.
57	
58	Rob Graham
59	Yeah, you're talking about something that is just a whole lane that needs to be explored.
60	You just you triggered something in me with that.
61	
62	Crystal
63	Right now, in my school, the class I'm working with of seniors is the third graduating
64	class. So it's a new-ish school, but I've been the college counselor at that school since its

- 65 founding. It wasn't until last year that we got back the National Clearinghouse data on our
- students about who was still in school. And it was hands down Black students, followed
- by Black male students, but overwhelmingly Black students with disabilities who were
- the least likely to be in college post-high school.

69 70

71

Rob Graham

Right. So we need some experiential data to go along with those numbers.

72

73 Crystal

- Actually, in one of my research projects I interviewed students with disabilities who had
- 75 graduated from my high school, some who are in school, some who are not in school. By
- 76 "school" I mean college. My questions were more about the label of disability and
- 77 whether that was helpful or harmful in their post-secondary experience. It was a little
- more disability focused than I think your work is, but I do have multiple interviews with
- 79 students about their experiences. So I started to collect those experiential narratives from
- them. Gender and race weren't as consistent as what you're doing.

81 82

83

Rob Graham

Mmm. So, where do you have that stuff captured? Is it in some kind of product?

84

85 Crystal

86 It's a paper and a presentation, and I'm happy to share it with you.

87 88

Rob Graham

89 Would you mind? Would you mind?

90 91

Rob Graham

- 92 That would be great. Okay, um, crazy question, do what you can with it. Who are you as
- a person? I think maybe you captured a little bit of this in your answer to my first
- 94 question, but what led you to the point where we're sitting in this space, having this
- 95 conversation? Capture it however you want.

96 97

Crystal

- 98 Sure. I think firstly, I think of my family. So, on my mom's side, my grandmother and
- grandfather immigrated, changed their last name because Jews were being persecuted in
- Russia, not during the Holocaust, but in some other tumultuous time in Russian history.
- My grandfather bought the name of a non-Jewish person, a neighbor in town who had
- 102 died.

103	Rob Graham
104	Wow! That's interesting.
105	
106	Crystal
107	Great grandfather, sorry, and immigrated to New York through Ellis Island using that
108	name. So, on my mom's side of my family, I'm not religiously Jewish, but I'm definitely
109	connected to Jewish persecution, ethnically and culturally.
110	
111	Rob Graham
112	Right.
113	
114	Crystal
115	For a long time, I struggled with that because I'm so abreast of American racism. I
116	struggled with not my mom, but some of her family's conflation of the race of Jews and
117	what I saw as racism in the US. Oppression of Black and Brown people was not
118	analogous with Jews.
119	
120	Rob Graham
121	Mmm
122	
123	Crystal
124	So, that caused me a little bit to, reject my Jewish heritage, but I've come full circle with
125	that.
126	
127	Rob Graham
128	Mmm. Yeah, there are ebbs and flows to that stuff, right?
129	
130	Crystal
131	Yeah. On my dad's side, I'm not sure if it's two generations or three, but his family came
132	from Sweden and Norway in I think the early 1900s. Moved first to Massachusetts, but
133	then to the Midwest. My parents met in New York, so most of my family are New
134	Yorkers, particularly on my mom's side. My mom is an artist, and my dad is a musician
135	and a doctor. He actually just retired, but both extremely open-minded, and always kind.
136	They instilled in me a curiosity about the world. That being said, when I was five, we
137	moved from New York to Boston. Are you familiar at all with Massachusetts?
138	
139	Rob Graham
140	A little. I'm gaining some Massachusetts familiarity.
	197

141	Crystal
142	I don't have a lot of Boston pride, but I did go to elementary and high school there. My
143	dad went for his job, and my parents didn't want to deal with the crazy public school
144	process in New York City for middle school and high school. My dad got a job in
145	Cambridge, Mass, and moved to Brookline, which has the most renowned public school
146	system in the US. Everyone in Brookline is a doctor, a lawyer. Also, very high
147	percentage of Jews. It's 30% Jewish, very wealthy. My house is on the border of Boston
148	and Brookline, but Brookline is technically its own town, so they have their own politics.
149	They just legalized weed. It's very liberal, but also very un-diverse socioeconomically
150	and racially. So it's kind of a weird thing because, in high school and stuff, I always had
151	the values of open mindedness, but there wasn't a lot of racial and socioeconomic
152	diversity around me, except for the students of color who were bused from the inner city
153	through Boston's long history of busing.
154	
155	Rob Graham
156	Yes.
157	
158	Crystal
159	So, there was a large presence of mainly African American students in the schools I
160	attended, but they were not students who lived in the town.
161	
162	Rob Graham
163	What was that dynamic like?
164	
165	Crystal
166	I'll get to that but one additional caveat. I have always been a good student, but also the
167	kind of student that will only perform if I felt inspired. I still kind of felt like that even in
168	grad school, honestly. But I wasn't doing very well in ninth grade, and there was an
169	alternative program called "school within a school" that was actually started in the 1960s
170	by anti-war folks, civil rights protesters, and activists all across the country. They built
171	basically mini schools inside of schools that were meant to be radical, activist kind of free
172	schools, but not necessarily race-based. You enter through a lottery, and I got it in in the
173	10th grade. Being in school within a school changed my life. So my high school had
174	2,000 people, and school within a school had about 20 kids in a grade.
175	
176	Rob Graham

Oh wow.

179 Crystal

- 180 Very small, just one hallway on the fourth floor. The teachers I had there were activists
- from the 60s and the 70s, so, there'd be pictures on their wall of them smoking cigarettes
- and teaching history at the same time. I mean, they were veteran teachers and activists,
- and so there was there was no tracking. Like, I didn't take AP. Meanwhile, in the
- downstairs school where my elitist peers were obsessing about college and grades and
- stuff, I was in a totally different environment.

186

187 **Rob Graham**

188 Hmmm

189

190 Crystal

- And one of the big things in school within a school was experiential learning. We also
- got to pick our classes, teachers are called by their first names, you could sign yourself
- out of school. It was basically a democratic school. It's still there. I actually brought some
- of my students from New York to see it a few years ago when we were starting a student
- 195 government.

196 Rob Graham

197 Wow

198199

Crystal

- 200 But there's town hall meetings, everything is a democratic decision. Students hired their
- 201 teachers, fired teachers. Everything was democratic, student and teacher run jointly, no
- 202 hierarchy. So that really changed my life. But going back to your other question about
- 203 what it was like to go to school with students of color in school who didn't live in town

204

205 Rob Graham

Yeah, the bused-in dynamic.

207208

Crystal

- 209 So, the bus dynamic was really crazy. I've always been really sensitive just in general to
- other people, that was something teachers always said about me, whether it was being
- 211 friends with the bullied kid, or liking animals or whatever it was. I think the first time I
- 212 noticed it being an issue or something, was not going to birthday parties of kids that lived
- in Dorchester and Mattapan because they were in the inner city. So, there was a definitely
- a difference in being able to socialize or know other kids because you wouldn't go to their
- 215 houses. I had kids come to my houses, but I never went to theirs.

216

217 Rob Graham 218 Un hun, un hun. 219 220 Crystal 221 I remember I took an African American History class with the dean, who was a Black man. There were two White kids in that class, one of whom was me. That was the only 222 223 class where I was ever situationally in the minority. 224 225 Rob Graham 226 Okay, interesting. You agreed to join this study because you saw some parallels between 227 the subject matter and your work and things you wrote about in graduate school. You 228 have a very fresh degree in social work in your hands that had a community organizing 229 emphasis, which is what you're about. You've worked in many contexts that relate to 230 college access for Black male youth and youth of color, including after school programs, 231 vouth worker settings, schools, and now a high school. Of particular interest for you is 232 the plight of Black male students with disabilities and their postsecondary educational 233 experiences. In terms of who you are as a person, you are the daughter of a mother who 234 is an artist with Russian Jewish heritage and a father who is a musician and doctor with 235 Swedish and Norwegian roots. Your folks were kind and opened minded, traits you 236 seemed to inherit. You were born in New York but schooled in MA where you learned 237 some lessons about differing life experiences through your friendship dynamics with 238 students bused in from the inner city. You were an excellent student that was a better 239 match for the non-traditional high school that you went to, with its democratized 240 curriculum and power-sharing model. After some twists and turns, you've made sense of your Jewish identity in the context of American racism/oppression and there is some rich 241 242 family history to your story including your great grandfather's purchasing of a non-243 Jewish name to avoid persecution and his immigration via Ellis Island. I'll take a 244 moment and tell you about me. I grew up in Pasadena, California. I don't know if you're 245 familiar with Pasadena. 246 247 Crystal 248 Never been but, I've heard of it. 249 **Rob Graham** 250 LA County, home of the Rose Bowl, about five minutes from Dodger Stadium. Sort of

253 Crystal

254 Hmm

251

252

typical upbringing: two parents, two older sisters. Growing up, dad was a police officer.

Rob Graham

255

- He was a Vietnam vet, so pretty straight laced kind of guy. From Little Rock, Arkansas.
- Somehow he made his way from Little Rock, military, and wound up in Bakersfield,
- 258 California. And as I tell the story, I realize that I don't know how he made it from
- 259 Bakersfield to Pasadena, California. Mom from Chicago, a little bit more liberal, a little
- bit more free spirited. She owned and ran a preschool growing up. My early childhood
- 261 memories are of me being in this space with all these kids, and in this business, and
- having a good time. We were, I guess, straight up middle class. My parents got divorced
- 263 when I was about 11. Even though my parents were divorced, it was sort of a non-
- traditional kind of divorce, more of a we're not going to be together, but we're still going
- 265 to be a team, to the point where my dad actually lived with my mom's mom after they
- 266 divorced. Dad passed away when I was a senior in high school. My sisters went to Black
- 267 colleges, Xavier University and Howard University. I wound up attending both of those,
- squeaked out of college with a 2.0. Bartended for a couple of years, went back, got my
- 269 master's in California a couple years ago in English, and just kind of fell in love with
- school as an adult, and really started having some new questions about life and the world.
- 271 After I got my master's degree, I needed more school. Wound up coming to George
- 272 Mason University thinking I was going to get a PhD and study English grammar or
- something for ESL, but I took an education policy course about school reform in the
- United States. I took that class and learned about education history and some of the
- societal imbalances. I started seeing that a lot of this stuff was intentional. And it just
- 276 really

277278

Crystal

I wrote my final paper about this, also.

279280281

Rob Graham

- 282 It blew my mind, uncovering how this situation is particularly bad for African American
- 283 males. I just decided that somehow I would be supporting African American males and
- their education. I've been an academic advisor and faculty teaching freshmen transition,
- so I decided to focus on this particular area of education where I had some professional
- expertise. And then of course, with Trayvon Martin and Mike Brown, and all that kind of
- stuff, I just got really pumped up and sad. Rather than walking around with hate, I
- decided that I would somehow try to turn this into a love thing. That's been my approach
- to my research, and I started an organization that supports African American males as
- they transition from DC and Prince George's County Public Schools.

291292

Crystal

293	Yeah, I went to school in Maryland, soyeah. I went to Goucher College in Maryland.
294	
295	Rob Graham
296 297	Oh, I don't know where that is.
298	Crystal
299	It's in Baltimore.
300	
301	Rob Graham
302	Okay.
303	
304	Crystal
305	Um, are you familiar with Stanley Andrisse?
306	
307	Rob Graham
308	Say that again.
309	
310	Crystal
311	Stanley Andrisse. Prison cells to PhDs?
312	
313	Rob Graham
314	No, it sounds like I should be. (chuckling)
315	
316	Crystal
317	He's in the DMV area. I was connecting with him a little bit about being a mentor to one
318	of the students that he's working with, but he used to be incarcerated, got his PhD in bio-
319	med or something. He's affiliated with Hopkins and Howard. Goucher has a prison to
320	education pipeline project, so they're now affiliated with him. So just a small world.
321	
322	Rob Graham
323	Hmm! Yeah, it is.
324	Crystal
325	But I was an English major in undergrad at Goucher, you just reminded me of basic
326	things I didn't mention (both chuckling). I was an English major in undergrad, and then I
327	wanted to go into teaching 'cause I'd always done youth work and stuff before college and
328	even in the summers and stuff, and then I was briefly blinded by Teach for America.
329 330	Luckily, I didn't get in because I probably would have fucking, I don't know, started a rio if I had been in the program
1711	O LOMO DEED III IIIE DIOVIMII

331	Rob Graham
332	Ha! (Laughs)
333	
334	Crystal
335	But they didn't want someone like me, which makes sense 'cause I was at that time a
336	pretty seasoned educator. I'd been working in youth programs since I was a teenager.
337	
338	Rob Graham
339	Yeah, they want a blank slate.
340	
341	Crystal
342	They want someone that they can shape, completely turn into a CEO of a charter network
343	or something. So luckily I didn't get into that. And I started working with a different
344	organization through a fellowship. And then through a long chain of things became super
345	anti-nonprofit. Not all nonprofits, but privatization of services and rights that people
346	should have in public spaces. So that's what really got me into wanting to be in a public
347	setting again, and how I ended up in a public high school now. I was on the founding
348	team of the school, and now it's in its sixth year.
349	
350	Rob Graham
351	Okay, that's great. That's great. Tell me about some important relationships in your life.
352	And they can be human relationships and also relationships to spaces or institutions.
353	
354	Crystal
355	Gosh. Definitely my sister, we're very close. She's studying to be a nurse. She lives with
356	my mom in New York. That's my number one. Number one.
357	
358	Rob Graham
359	I see. Is she your little sister or big sister?
360	
361	Crystal
362	Little sister. I also have an older sister, but we didn't grow up together. My little sister
363	who I grew up with, we're four years apart and very close. I would say I have some
364	friends from high school that I'm still really close with, even from elementary school. I
365	had a solid girl crew in college, many of whom are in this area. My boyfriend too. We've
366	been together for two years but have known each other for five or six years now, very
367	close. I think those are my main people outside of my parents. Outside of that, I think my
368	school. I sleep at my school, I'm there so much. I love my high school so much. It's really

369 a labor of love. I'm pretty attached to it. I spend more time at work than I do at home. The 370 weekend is precious to be at home, but for the most part, I'm at work from 7:30 till seven 371 every day. And today on the weekend, so 372 373 Rob Graham 374 Wow, that's saying a lot. Um, I hate to ask you this. Um, how old are you? 375 376 Crystal 377 I will be 31 in December. 378 379 **Rob Graham** 380 Gotcha. And then you got that that new degree that you were showing me. From where? 381 382 Crystal 383 Hunter 384 385 **Rob Graham** 386 Oh, that's right. Anything that I should know about you or that you want people to know 387 about you as a human? 388 389 Crystal 390 Um, how do I say this? I'm pretty cautious about who I associate with, but I think 391 sometimes people perceive me as cold or intimidating or something. I think I'm pretty 392 nice, but I do observe people first, feel out how people are. I'm also pretty clear that I 393 don't need new friends. So I can seem pretty cut and dry with people I don't know. 394 395 Rob Graham 396 I can sense that you got some intensity and some seriousness about you, but that's okay. 397 It's been a pleasure learning about some of the important people in your life like your 398 folks of course but also your relationship with your sister, your friends, and your 399 boyfriend. It is also special to hear how meaningful your school is to you and how that is 400 expressed through long, committed hours that extend beyond the school bell. Given that 401 you are a Sagittarius like me, I can also easily wrap my brain around your cautious 402 approach to people that can come off as something other than warmth initially. Thank

Professional Experience Narrative

403

404 405

406

you!

407	Rob Graham
408	How are you?
409	
410	Crystal
411	I took my students on a college trip overnight, so I'm a little tired but hanging in there.
412	
413	Rob Graham
414	Oh wow. So, you took your students to visit some schools?
415	Crystal
416	Yeah, the seniors and juniors and sophomores. We went to seven schools in
417	Pennsylvania, and I'm sitting here working, so
418	
419	Rob Graham
420	Oh wow. And you're alive still.
421	
422	Crystal
423	Do you know about diversity overnights? Selective private colleges do these recruitment
424	programs overnight. They're more competitive than the admissions process sometimes,
425	but I have a kid going out to Colorado College, who I set up an Uber for this morning
426	because we got back late last night, and his flight was this morning. So this morning was
427	a little hectic.
428	
429	Rob Graham
430	Okay. Are you ready for some conversation?
431	
432	Crystal
433	Yes.
434	
435	Rob Graham
436	All right, so forgive me if we covered any of this, and this might feel a little bit
437	redundant. And you sent me some wonderful stuff I can probably draw some of these
438	answers from. We're going to sort of drift toward the professional today. Again this is
439	conversational, so just using my prompts here to stimulate conversation. So, tell me about
440	how and why you got into counseling, including your preparation for the work, and
441	specifically as a school counselor, preparing students for college.
442	
443	Crystal

444 Okay. I mentioned last time, when I was a teenager I started working in an after school 445 program. And that was my segue into social work, not as a professional yet but that kind of work. Um, and then didn't get into Teach for America which was a blessing because I 446 would have probably been fired. I spent some time abroad, and then I worked in a few 447 different nonprofits, doing different types of work with homeless people, formerly 448 incarcerated people, single mothers seeking employment resources to get off public 449 assistance. I mean, ran the gamut of things. I worked in a nonprofit that was kind of a 450 451 single stop center, so whatever people's issue, they were having me come in and work with what they called an advocate. I don't know if this is one of the things you read, but I 452 453 wasn't a volunteer because I was an associate, but I found the volunteer model really 454 problematic and kind of offensive for the level of systemic oppression that people were

455456457

Rob Graham

coming in with.

What do you mean when you say that you found that the volunteer model was sort of offensive?

459 460 461

458

Crystal

- Because it was 20 year olds, college students taking two hours a week to help someone.
- This was often well intentioned, but the levels of issues that people were having required,
- not just case management from them. The volunteers weren't present enough, the model
- didn't work. For example, a man was wrongfully incarcerated, and public housing had
- been verified while he was in jail. He didn't get the mail because he was in jail, but he
- was wrongfully convicted. I think people were coming because we're volunteers that will
- help you with anything, but then the level of support that they needed was so intense that
- the volunteer model wasn't gonna fit it.

470 471

Rob Graham

472 Got it.

473 474

Crystal

- I became more interested in working in either a public place like a school, a space that
- serves all people. That was kind of philosophically my switch to public counseling or
- work. And then I had a friend who I was always really jealous of her job working in a
- public school in Brooklyn that had law and justice as their core concept.

479 480

Rob Graham

481 That concept does something for me.

482 Crystal

- Every school in our network has some kind of real world theme that connects students to
- 484 the world like law and social justice, so students are connected with internships, job
- shadows, career readiness, and college all related to the theme. I always thought her job
- was really cool, and then, in 2014, she texted that they're opening two schools and they're
- hiring. Our students are taught through the design thinking process, so it's modeled after
- 488 the D school at Stanford and other schools like that.

489 490

Rob Graham

Crystal

- I know all about that. I went on this design thinking bender, and I was teaching it in my
- classes. I've been teaching freshman transition courses, and I was having my students do
- design thinking projects to help them become acclimated on campus and solve problems.

494

495

- 496 Yeah, nice. So that's what we're about. We do have classes like programming, computer
- science, and media, but the design thinking is used in all classrooms, all subject areas.
- 498 Teachers have to develop curriculum around design thinking. I was originally the
- 499 partnership coordinator, and I switched into the college counseling when the first
- graduating class was juniors. So, three or four years ago. Then a year into that, I actually
- started pursuing my social work degree at night, and I finished in two years so that was
- this past summer.

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Rob Graham

- 505 So the social work degree, do you feel it aligns well with the college preparation and
- school counseling role? When I think about preparation for the field, that's just not the
- 507 first thing that comes to mind?

508509

Crystal

- I think two things. One, the guidance counselor role is becoming less and less powerful
- because it's connected to scheduling, transcripts, very straightforward kind of technical
- things. So there's just a general shift toward people doing counseling toward social work
- as opposed to counseling or mental health because it's more in a box, whereas if you get a
- social work degree, I could work anywhere. I could have a private practice. Guidance
- counseling is really specific, so people are kind of stopping or there's a slow down of
- even pursuing that. I was specifically interested in getting a degree in a program that had
- community organizing. I'm interested in mental health but that's not what I'm about. The
- other thing is that I think part of career readiness is organizing, because it's informing
- people and families. It's not just the student, it's the student's family. I do a lot of, not just

520 one on one, but in student groups, with whole families. I have events every other week 521 where I'm doing kind of mass education, and I view that especially around financial aid, 522 and also not under-matching students, as a form of organizing. I do it with our staff, I'm in charge of all of the 11th and 12th grade advisory curriculum, so that's social emotional 523 524 but also college and career prep and planning and exploration. So from my perspective, 525 I'm training a cohort of six 11th grade advisors and six 12th grade advisors in conjunction 526 with my principal and assistant principal and our guidance counselor, so our team of 527 staff. I'm responsible for their understanding of college and career readiness. That being 528 said, I get wrapped up in drama all the time at school, so I am doing mediation restorative 529 justice circles kind of stuff. But like I said, I spend 70% of my time on the college prep.

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Rob Graham

Okay, okay, okay. Interesting. I'd to know a little bit more about your school. Who are your students? Maybe tell me about the neighborhood or how the students wind up in your school. There's something unique about your context. And maybe you could tell me a little bit more about your colleagues and the leadership in your school that you're accountable to.

536537538

Crystal

539 In New York City, there's a crazy middle school to high school process where students have parents or counselors who take them to these fairs, and rank high schools they're 540 541 interested in. It's not a guarantee, but they can just put in an interest form, and the only preference that they can get in the admission lottery is if they live in the borough. We as a 542 543 school have no say in who comes to the school. All we can do is do open houses, fairs 544 that kind of thing. 50% of the kids have to be random. So that accounts for students who 545 do not have access to fairs. That's how we preserve the balance between students with 546 access, basically. So 50% are random 50% do this lottery process that's semi-informed. 547 The racial breakdown of the school is about 47% Latino, that's our highest population, 548 30% Black African American/Caribbean American. Then, I think it's 8% Asian 10% 549 White and 2% Native American mixed or something that. It's extremely diverse, racially 550 and socio-economically, and ethnically. I mean it's a freakin melting pot, and it's really 551 noticeable when I bring college reps to the school. They always pick up on it. It's a really 552 a different environment because people think that the presence of people of color makes 553 it. That's diversity, but if you're a Black student at an all Black school, that's not diversity. 554 That might feel diverse for a White college rep coming into a school, but that's not 555 diversity.

556557

What about the makeup of the faculty and staff?

558559560

Crystal

561 I don't know the exact stats. So our assistant principal is a White male, and our assistant 562 principal's a White female. Both of them have been at the school since it was founded, so 563 both are very closely embedded in the work of the school, more than figureheads. The 564 dean or director of school culture is a Black man. He's kind of seen as an assistant 565 principal, although he doesn't have that license yet. I would say that everyone in our office, the secretary, parent coordinator, staff are Latino women. And then the teachers 566 567 are kind of a mix. Honestly, I would say that the majority are White but not 568 overwhelmingly. We have Black teachers, White teachers, Southeast Asian teachers, 569 Latino teachers, Russian; I mean all ethnically and racially different. But yeah, I think 570 most notably would be the leadership of the school. And then myself and our guidance 571 counselor are White. Myself, the guidance counselor, and the dean, we are the kind of 572 managers of student support. So, we are a kind of triad under the principal and the AP.

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Rob Graham

Okay, that's some interesting personal background. Your road to college counseling had its genesis in part in your early community work. You worked for an after school program as a teen and were kind of redirected by the universe away from Teach For America, a program you and a lot of other folks find problematic. You worked in a few non-profits where you had a chance to help community members like the homeless, some formerly incarcerated folks, and single mothers get their needs attended to. Eventually you became disillusioned by nonprofit work and its propensity to be involved in work that should be done by public entities, often inappropriately. This disillusion sparked an interest in you to work in a public space that serves everyone like a school. You had a friend working doing work in a school, and you kind of envied her job. She subsequently made you aware of some openings in the public school network you work for now, and you landed a job in your new school working in partnerships before shifting over to the college counseling position. The school itself has a curriculum built around design thinking, a model inspired by design schools like the one at Stanford. Your social work master's program didn't prepare you for college counseling directly, but it did strengthen the community organizing lens through which you approach your work. Your school is noticeably diverse racially, ethnically, and socio-economically with a student population that is 47% Latino, 30% Black African American/Caribbean American, 8% Asian, 10% White, and 2% Native American. Your school leadership is mostly White, office staff mostly Latinx, and faculty mostly but not overwhelmingly White. So, work duties. I think you've said a little bit about it, but what are your official work duties? I know it sounds

crazy, but you know people don't know what counseling contexts look like; I don't want to make any assumptions. What does the space look like physically, and what is your day to day? Can you paint a little picture?

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Crystal

601 There's different power imbalances and different access to resources within the campus 602 itself, which is problematic. So, there's four schools in our building. The original school 603 housed in the building used to be prestigious, and has become a dropout factory 604 essentially. Last year I started a college peer-mentoring program to help students from 605 that school go to college. So there's that school which may be phased out in the next two 606 years, there's another school from our network in the basement, and then there's a new 607 high school on the third floor. We are exploding, and our school has become very popular in terms of the amount of kids ranking the school. We have 110 spots for incoming 608 609 freshmen, and this year we had over 500 kids who ranked us within their top four. 610 Another thing is now being inundated with White families who have kind of caught on 611 with this design thinking tip and now see that the school is actually effective. We have open houses sometimes and I'm like, what the fuck, all White families. But the majority 612 613 of times where we see groups of students of color at open houses is when a counselor 614 from the middle school is taking them. When kids are coming with parents, it's really 615 heavy White.

616617

Rob Graham

doing Ed or EA marathons.

All interesting; the building, the school, and the racial business.

618619620

Crystal

621 The school itself is in downtown Manhattan. Nobody lives by the school. We have kids 622 from every borough- Staten Island, Queens, Bronx, Manhattan, Brooklyn, but I'd say the 623 majority of kids come from Harlem, Brooklyn and the Bronx. I get to school any time 624 between seven and eight. The bell rings at 8:45 to start school and again at 3:30. I spend the majority of my day right now, because of college application season, doing 625 626 application prep. Everybody's applying to the City University of New York system on 627 Tuesday, every senior. Then I have a FAFSA night coming up. We just did this three-day college trip. I have 15 kids doing early decision, so I work with them for three additional 628 629 hours after school. It's kind of a cohort model. And then I have my financial evening for parents coming up. And then after school, I'm the cheerleading coach on Monday, 630 631 Tuesday, and Thursday. On Wednesday I'm doing Ed prep, and then on Saturdays I'm

634 Rob Graham 635 You do not get burned out. I don't know how that's possible. 636 637 Crystal 638 My work is my wife. I mean I woke up this morning at six to make sure my student was 639 on his plane. Particularly in October through December, it's around the clock. I really feel 640 that Sunday is my day of rest, but I'll still spend at least two hours on Sunday, prepping 641 for my week ahead. 642 643 Rob Graham 644 I think it's wonderful. I think you're wonderful for the work you do and your approach to 645 your work. But that strikes me as not being a model of work that everybody can do. You're unique in being able to pull that off, it seems. 646 647 648 Crystal 649 Yeah, I do think that I have kind of hit a groove, but I also think that just personally, I 650 wouldn't want to do a job that I didn't find also personally attached to. People say, 651 where's your work life balance, but I'm like, my work is my life, and that's because of 652 who I am. So I wouldn't dedicate myself to a school, a principal, or a student body that I 653 didn't feel that jell with, and that that extends to a lot of our staff. I mean our dean is at 654 school right now running a volleyball tournament. A lot of people are working late, going to work on Saturdays, want to come on these trips. There's heavy staff student-655 656 relationships in general. Um, but yeah I do think that I'm maybe crazy, but that's how this 657 college prep world works. 658 659 Rob Graham 660 I definitely don't want specifics, but do you get paid enough to do what you're doing? 661 662 Crystal When I switched to college counseling I was still on the same budget line, so they maxed 663 me out at 59,000, which is okay. I have friends who make less than that, but they don't 664 665 work as hard, but in New York City, you know, it's not great. But my principal is super. Technically I don't have the summer off because I'm not a teacher, I wasn't a social 666 667 worker yet, but he would pretty much give me the summer off, let me switch days if I worked a weekend, work with me to compensate me in time for my work. But now, the 668 669 base salary for a social worker is 68. Then they look at all your experience, and I now 670 have my license. So I would say I'll probably be starting somewhere in the 70s and social

workers go up to 130k based on seniority. However, I will finally be eligible for per

session, money that you get when you work after the bell rings at 3:30. Before,

cheerleading or whatever, I did not get paid. Now, every hour I work past 3:30, I usually

work until at least six, I'll get paid at 48 an hour, so I'll be making probably an extra 15k

per session.

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Rob Graham

- 678 Good. Sounds well-earned. Crazy to hear about all these students occupying the same
- 679 building yet having these different experiences that will shape their trajectories based
- largely on happenstance, things out of their control, and to an extent, race. The school is
- 681 situated in an area of Manhattan where none of the students live and is comprised of a
- body that comes from multiple boroughs. And again, your salary is well-earned. You
- 683 work these long hours, especially during the October-December application season
- 684 helping students with FAFSA, applications, doing college trips, and educating families.
- The level of commitment you have toward your school and students is commendable but
- 686 perhaps not to be expected across the industry, given that many folks will have
- 687 constraints that won't allow for 12-hour work days and involved Saturdays. Thankfully
- 688 your compensation is beginning to match your efforts. So you do college prep work, and I
- can hear the piece about admissions and getting students there. Do you do anything to
- prepare students for what happens once they get on their college campuses?

691 692

Crystal

- I try. I feel strongly that it's entirely another role of work. So I think college access is one
- 694 profession, and I think college retention or matriculation is another. I would say about
- 695 40% of our students enter a College to Opportunity Program for New York State. Those
- are primarily income-based, so it's based on household size and income, and then every
- school in the state university public school has its own opportunity program criteria. So
- it's not affirmative action because in affirmative action you have to balance people, and you say, okay well this person of color is going to get it because they were subjected to
- you say, okay well this person of color is going to get it because they were subjected to more oppression to get here. So it's not exactly that because in Opportunity Program, they
- lower the GPA and SAT. Similar to a Posse. They get a summer bridge program, full
- financial aid, of meal plan, books, no financial barrier. And they get an academic advisor,
- so the kids that are going in through Opportunity Programs, I'm usually pretty confident
- that they're going to be okay. That being said, I have encountered some opportunity and
- 705 programs that are fucking bullshit.

706707

Rob Graham

708 I'm sure

Crystal

710

711 Our school has a bridge to college program where we have former alumni as resources, so I basically got to nominate a former student of mine who goes to University of 712 Rochester. He's a sophomore and comes back in the summer to help me with summer 713 714 melt. Basically, he will help me with seniors after they graduate in the summer before 715 they go to school, make sure everybody has sent their immunizations, sent all of their 716 registration stuff, parents' stuff, pick their housing. That program helps with a lot. I find 717 personally that managing financial aid should be its own class that students take when 718 they enroll in college, and I think kids in Opportunity Programs get some of that because 719 they have workshops and other additional stuff. But the biggest barrier that I see for 720 students being able to move, even in within freshman year of college from first semester 721 to second semester, is financially, because it holds up registration, it puts a hold on your 722 account, you can't access records. So logistically it's financially. Socially, I'm starting to 723 see trends in schools because all these institutions are predominantly White, and that's not 724 going to change. The only thing I see that can change is the way that the institution thinks 725 about that. I'm starting to see trends in the places that I'm sending students and what their 726 experience narratively is. It's filtering back to me as I think about where to send some 727 students.

728 729

Rob Graham

That's exactly the whole purpose of this study. How are you receiving this narrative information back?

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Crystal

I'm in touch with almost all of my former students. I mean, email, text, whatever. I'm always helping students; that's a secondary job that's not in my job description. But I'm constantly helping kids sort out issues on campus. I've often said to people who are staff, I know, we were in contact during their admissions process, and then the kid is having an issue. Why didn't you reach back out to me? I get that there's issues with confidentiality once the kid is on campus but, that's something I think could be fixed. I'd say most of it is just narrative info that's coming back to me or kids who express they want to transfer as a sign of unhappiness. So, I'm starting to see where to send kids and not send kids based on the experience, or if the kid is interested, making sure that they get to the campus and speak to an alumnus. I don't send kids anywhere away that they haven't seen. That's why I do a lot of trips, and that's why I use some of our grant money from the college access.

744745746

- I need to say, so I don't forget. I don't want this project to be, you do for me, and I don't
- 748 do for you.
- I want you to think about me as a resource, as a colleague, as a brother out here in the
- field. So anything you need, or you have a study that you'd like to be done, or you'd like
- 751 to collaborate in any kind of way, I'm available to you. I can even make a trip to New
- 752 York to support your work.

754 Crystal

755 I was going to ask you, how is George Mason financial aid? Is it full or no?

756 757

Rob Graham

- 758 That's a good question. I can't answer that. Let me just say this, I don't know if we talked
- about this, but I've got an organization, and we support African American males as they
- transition to PWI's in the area. So I've seen some of my students, a handful of them,
- piecing together their monies from multiple places. I don't get the sense that the financial
- aid is just taking care of them the way it should. I walk the money to the cashier's office,
- and the money is always needed. Even just that thousand dollars is needed months into
- their process. I'll deliver the money after the semester has really gotten started, and even
- then the money is still having an impact on their accounts.

766767

Crystal

- I mean scholarships are great, but I try to prioritize sending, whether they're eligible for
- opportunity programs or not, students to schools that meet 100% of need. So that's one
- thing that I want prioritize myself this year professionally. I'm making better relationships
- and connecting kids to those schools. So on this college tour that we just went on, we
- went to Lafayette, and Albright in PA, and then we went upstate to Syracuse, Oswego,
- University Rochester and then to Union and Albany. I switch it up on the trips. Now
- Lafayette is a full need met school, so if you get in, you get the aid you need to go, that's
- why I prioritize those schools.
- 776 **Rob Graham**
- 777 Lafayette has Posse too, right?

778779

Crystal

- They do. That's a school where I feel I can send the kids, and they will have people who
- understand what that kid might encounter on their campus and would genuinely be an
- advocate or support.

783 784

We're so out of time. I've got a couple of questions, but, I want to respect your time; I'll save them for our next conversation. I got a lot out of this conversation.
Connecting Personal and Professional
Crystal
Okay. Really sorry. I'm excited about the collage. I organized my pictures, but I haven't
done it yet.
Rob Graham
Okay, that's a good start. So, how have you been?
Crystal
Pretty good. My student was able to talk to your cousin.
Rob Graham
Oh good, that was my first question!
Crystal
And he's actually at Lafayette now, doing their overnight program.
Rob Graham
Okay, good. Did he get something good out of the conversation?
Okay, good. Did ne get something good out of the conversation:
Crystal
Yeah, I think she was just kind of talking about her experience as a student. Is she from
New Jersey?
Rob Graham
She's from Southern California.
Crystal
Oh. He said she was really nice and helpful.
Rob Graham
Oh. Good, good, good. She's wonderful, so I figured it wouldn't be a big deal at all. Yeah.
So, maybe we dive in a little bit. We're starting cold, so I'm trying to think of a nice
warm up question here. Is there anything that you think your school or your district or 215

- whatever governance should know about prepping for college or school counseling?
- Maybe something you've learned through your work that you feel is sort of missing on
- 825 the radar?

827 Crystal

- 828 I don't know. I mean I think that issues are kind of known. It's the lack of investment in
- the solutions, I guess, particularly around financial aid. There doesn't seem to be much
- momentum on that.

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Rob Graham

- That's interesting. So, the institutions, they have to have the gumption and the resources
- in order to make that happen. What do you need to better position your students once
- they get to the university?

836837

Crystal

- 838 Oh gosh. I mean I think college access is one job, and college success is a totally other
- job. In the high school where I am, I'm responsible for the students in my building,
- whereas a non-profit might be responsible for students through the longevity of their
- educational career, so they might have that bandwidth to have two roles. Whereas for
- high school counselors, we just have to trust that the institution we're sending students
- off to are going to meet their needs. I get narrative feedback from students or even people
- in the colleges about how students are doing, but it's a whole different job. So, it's a
- complicated question. I mean that's what I was thinking about in grad school, specifically
- around students with disabilities because that was the most glaring gap I saw. And all my
- students get admitted to school, college, every one of them. So, it's community college or
- something else, but 70% of my students with disabilities didn't actually show up.

849

850 Rob Graham

- I think you probably told me this already, but can you remind me of the makeup of your
- 852 team? Roles?

853854

Crystal

- So, I'm the only college counselor. I'm also a social worker. There's a social worker
- who's handling mostly crisis intervention, teacher issues with students, and then the dean.
- And then academic counseling. If a parent is worried their kid is failing a class, they'll
- reach out to set up some kind of academic plan. He does mostly ninth and 10th and I do
- mostly 11th and 12th. He more does crisis stuff, and I'm more into the college readiness
- trips, senior activities, that kind of thing. And then we have our dean, or director of

801	school culture, who is our fire-puter-outer. The three of us are really a team, and then we
862	have our principal, assistant principal, and an instructional coach who shares an office
863	with her assistant principal who's primarily working with teachers on the quality of their
864	instruction.
865	
866	Rob Graham
867	Do you feel your counseling team is sufficiently resourced or, like you have enough
868	people in place? I Do you feel your team is well enough resourced, and that you have
869870	enough human power to do what you all are trying to do?
871	Crystal
872	I really struggle with that with. I've rarely found people outside of my network of schools
873	who are coached to do what we do, that have both the student-centered approach, high
874	level knowledge of the landscape of college access, financial aid, state programs, support
875	programs, everything. I don't find that often.
876	
877	Rob Graham
878	Maybe this is what you mean by Opportunity Programs, but do your students participate
879	in things like Trio?
880	
881	Crystal
882 883	Yeah, so my students aren't in TRIO. Do you know POSSE?
884	Rob Graham
885	Yeah.
886	
887	Crystal
888	So posse. I mean that's more of a scholarship program. SEO scholars. Do you know
889	them?
890	
891	Rob Graham
892	I don't think so.
893	
894	Crystal
895	That's another college access program that starts when students are in like ninth grade.
896	And then, I mean we definitely have students who do various things in their own
897	community centers outside of school, but they're not school-based. Do you know about
898	opportunity programs in your state, because I don't know?

899 900 Rob Graham No. I'm kind of learning for you. 901 902 903 Crystal Not to mention the fact that my kids get quality college counseling in a public school 904 905 while disadvantaged kids in the school downstairs have no college counselor. 906 907 Rob Graham 908 Right, so crazy. 909 910 Crystal 911 Yeah. It's crushing. I mean that's why I collect all documents in junior here, so by the 912 time the kids get to be seniors, I have everything, no matter how the cards fall, I have 913 everything I need. The timing of documents is never a barrier to progressing in an 914 admissions process. Again that's just an advantage that they have because they have me, 915 and that's not fair. It's fucking sad. 916 917 Rob Graham 918 I can kind of gather how you feel, but how do you feel walking those halls knowing that 919 those students who are in that same building, don't have a you? 920 921 Crystal 922 Last year, I was the debate team coach for the whole campus, all four schools, so I knew 923 some of their seniors from mock trial. And they kind of just started coming to me. And 924 then it spread to their friends, and then we started a whole peer mentoring thing with my 925 students and them. I think my principal is sympathetic to other schools, particularly the 926 school that's been there, the longest, which is kind of just a dropout factory. Those kids 927 walk into our campus every day probably wishing they went to our school It's just some fate; our school is non-selective. So it's really just a random algorithm that assigns kids to 928 929 schools. 930 931 **Rob Graham** 932 Okay, so when it comes to prepping for college or school counseling, you feel like school and district leadership/stakeholders know what they need to know; it's a matter of 933 934 investment in the solutions, especially around issues with financial aid and funding

from a position of hope and faith that the institutions you send your students to will

college. Also, given the workload associated with doing college access work, you operate

935

937 support them. In terms of your team at work, you work in concert with a guidance 938 counselor and a social worker. Despite the team being rather small, you're not sure if 939 there are a lot of folks who would be perfect matches to complement you given the high 940 level knowledge necessary around the landscapes of college access, financial aid, state 941 programs, support programs, etc. To mitigate any potential problems for students 942 preparing for college, you are quite proactive when it comes to collecting student 943 documents, while recognizing that your students are luckier than the others inhabiting 944 your building because they have a Crystal on their side. You have a lot of field and industry knowledge. I mean you're able to articulate things, and you've got the historical 945 946 knowledge and current knowledge. Where did you get all this from? I mean this is not the 947 kind of conversation I get.

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Crystal

So there's a woman who I kind of consider my mentor. I'm sure she would talk to you if you're interested. She is the head of the network. It's not a charter network, and every school has its own autonomy. One of their wings is not just college access but also alumni success. She's the former president of the New York State Association for College Admissions Counseling, and she is just a fucking guru. She was the one that originally approached me about switching into this work at my school, and she runs monthly meetings for counselors, where there's always a guest from a school. We always do challenging cases. There's various traditions that we do at each meeting, but they're extremely impactful and well attended. I think I got most of the information through her, either through that platform or through things that she suggested that I do so. It's her job to train and support people in this work and she is an expert.

960961962

963

Rob Graham

Man, I wish we'd have talked months ago; I'd be asking you if I could join one of those meetings.

964965966

Crystal

The next one is December 5th.

968969

Rob Graham

970 I'll float that around in my brain around it a little bit. So quick question. Do you feel your master's program gave you what you needed to be successful on your job?

972973

Crystal

- Um, to make more money (Rob laughs). I mean, I think my master's program gave me
- 975 the credential that I needed to start having a more professional and financial foundation
- 976 for my career with a little more stature, but I didn't learn anything about college
- ounseling in it. However, I was able to reflect on various happenings around the
- 978 interpersonal work, or community work that I was involved in over those three years.
- That was helpful because a lot of the things I picked to write about were definitely based
- around people I've worked with, which. But I think that side of college counseling is
- oncrete, but the bigger picture is what I see my role as, preparing students to be able to
- make authentic decisions, balanced with ensuring that I'm giving them the most amount
- 983 of information.

Rob Graham

986 So the self. You're in the self-advocacy business.

987 988

Crystal

- Yes, definitely sometimes. But I also think that a lot of times, the students that I work
- 990 with are taught so much about grit, resilience, self-advocacy, and it kind of pisses me off
- because I'm like, there still a kid. So, there are times where like, don't worry about it, I'll
- make the phone call for you, because that's what a kid in a different class or echelon
- would have a parent doing. Yes, kids need to learn the skills to advocate for themselves.
- You know, I think it's a balance. I really have a problem with the grit/resilience rhetoric
- because they're often taught in urban

996 997

Rob Graham

- Yeah, yeah because it sort of removes some of the context. I got the book on my shelf up
- here by Paul Tough talking about grit, and when I first read it, I was like, this is it, like
- 1000 the rest of America was. But it's not the grit; it's not the grace. It's just how you explained
- earlier, you've got people in the same building having these different experiences because
- of this algorithm or their address. The importance of that is removed a lot from the
- 1003 conversation around grit.

1004 1005

Crystal

- 1006 If I could replace that word with any word that I thought we should be promoting, I
- would say relationships, because that's what makes the world; that's what makes people
- progress, and that's what makes people be able to solve problems. That's the biggest
- barrier that I see students face in a lot of different ways. In college, whether it's socially
- because of feeling like they don't fit in, or because they're scared to talk to a professor. To
- me that's not grit, that's not having practice at making relationships with people.

1012	Rob Graham
1013	I agree. One of the first things, I talk about as I prepare my freshman for success is
1014	relationships, how to talk to your professors. Introduce yourself before you experience
1015	any kind of trouble, so that they know who you are, you're a human to them.
1016	
1017	Crystal
1018	Absolutely
1019	
1020	Rob Graham
1021	Are there any questions you have about your students or African American male students
1022	and their first year experience at universities? Is there anything you've wondered about
1023	your students' experience when they leave you and get on the campus?
1024	
1025	Crystal
1026	Um, I think that I can predict who is going to be successful and who is going to struggle.
1027	I actually think that the way that students move through the college application process is
1028	in itself, kind of a mirror of readiness for college. A lot of those skills that you're talking
1029	about- time management, organization, follow-up, those things come out in the process.
1030	Some kids I drag, and then they make it through, and sometimes I'm confident they've
1031	learned by the end. And then some I'm not sure. I'm thinking about my landscape of
1032	students, and they're all so different that it's hard to think of a uniform question. I think
1033	across race, African American will soon be the second biggest demographic racially in
1034	our school, but across all the races in our school the kids are very scattered in terms of
1035	GPA. It's not all the Asian kids have the highest GPA. We actually really struggle with
1036	Asian students adjusting in our school, interesting thing. But yeah, they're all kind of
1037	spread,
1038	Rob Graham
1039	Which is kind of nice, right?
1040	
1041	Crystal
1042	Yeah, I think it's one of the things that I talked to you a little bit about. The diversity of
1043	the school being pretty special.
1044	
1045	Rob Graham
1046	Because you don't want to be able to predict success and outcomes based upon race.
1047	What's your vision for yourself professionally?
1048	
1049	Crystal

Um, that's a good question. I'm definitely kind of curious about being on the other side as 1050 1051 an EOP director or something. Oh, an EOP Opportunity Program Director, that's kind of 1052 interesting to me, but I also don't know if it's wide enough. It still seems like because 1053 you're helping those students, you're not necessarily changing the institutions. 1054 1055 Rob Graham 1056 I do think there's value though. We need both. We need that policy changing and in the 1057 meantime, we need to support who we admit. 1058 1059 Crystal 1060 Yeah, I've definitely thought about. I mean I don't think I'll leave my school anytime soon. I've definitely thought about getting on a local community board, get involved in 1061 1062 politics a little bit. I've thought about being an assistant principal or principal. And then 1063 I've also thought about just having my own business and leaving this world entirely. I 1064 don't know if I could do it, but maybe in some years, I would like to have a restaurant and 1065 maybe move to the Caribbean. 1066 1067 Rob Graham 1068 Yeah, that's a different direction. 1069 1070 Crystal 1071 I think it would be cool to have my own space and community space. It would be for 1072 profit but for the community; I'm not into the nonprofit model. I just became a school 1073 social worker, so I'm gonna stick with that for a little bit. But then there's also other parts of my job that I enjoy. I enjoy peer mediation. I enjoy being a cheerleading coach. 1074 There's other things that I like about my job that I could do more of, but I don't think at 1075 1076 my school I could leave the college piece 1077 1078 **Rob Graham** 1079 You're well-suited. I feel like your school and your students are very lucky. You're self-

driven, you stay up on the current data and current practices.

Appendix C

Conversations with David Personal Background Narrative- Who Are You?

1	KOD Granam
2	First, personal conversation, figuring out who you are, and then you learning a little bit
3	about me. I'm gonna ask you some very general questions to stimulate conversation. I'm
4	gonna start with my favorite question. And please be super honest, I know you got
5	respect for me because I'm your elder and all that.
6	
7	David
8	Definitely
9	
10	Rob Graham
11	But you can, you know, push as far as you can.
12	
13	David
14	Yeah, I can definitely open up. I'm definitely cool with that.
15	
16	Rob Graham
17	Okay, so, why'd you agree to help me?
18	
19	David
20	Well, I agreed to help you, because I felt like this topic really, you know, relates to me
21	Del Coeles
22	Rob Graham
23	Un hun
24	David
25	
26	and my journey to make it to where I'm at today. I definitely felt like I needed the
27 28	assistance of role models. They played an important role, especially after my father died
29	I really needed a mentor in my life. I felt like I didn't have the right guidance in school, like my peers, they kinda guided me in the wrong direction, you know? And they were
30	too young to actually be role models, so I felt like the need for mentors was really
31	important. Especially in the Black communities, growing up in urban areas, there's
31	important. Especially in the black communities, growing up in troal areas, there's

- definitely a need, especially for kids growing up in those areas that don't have fathers to help them. And a lot of guys, we don't listen to our mothers a lot, so we really need that father figure in our life or that mentor that can just guide us in the right direction.
- 35 36

Rob Graham

I appreciate that. I could kind of I could tell from your text, when I asked you to kind of help me. I could tell you were really taking it seriously.

39 40

David

41 Of course

42 43

Rob Graham

That meant a lot to me. Even though I kind of set myself up help others, for some reason it just felt really powerful that you were responding. You know, it's hard to accept help.

46 47

David

48 Right. Exactly.

49 50

Rob Graham

I'm sure you feel exactly the same way. Like even when, even if you're a helpful person, there's something about help that is hard to accept.

53 54

David

55 Yes, definitely. Yeah.

56 57

58

Rob Graham

Maybe I'll flip the script, and tell you a little bit about me because you said something, and I think it'll be helpful if I tell my story.

59 60 61

David

62 Okay.

63 64

Rob Graham

- I don't know if you know, but I'm from Pasadena, California, Southern California. It's
- kind of a nice place. It's a place that's being gentrified. When I was young, it felt like it
- was 50% Black, maybe like 35% Latino. And then there was like a split between Armenians and White folks making up the rest. But now people have discovered
- 69 Pasadena as this place they want to live, so now it's been gentrified.

70

71 David

72 Right

73 74

- 75 But gentrified in a different kind of way. Most of the time, when you hear gentrification,
- you think about young, rich White folks, but Pasadena was essentially gentrified by rich
- Asian American folks, so it's a different kind of cultural shift. But anyway, it's lovely
- 78 place. When I was young, I had a standard sort of family. There were five of us. Mom,
- 79 Dad, I got two older sisters. One's nine years older than me, and one's three years older
- than me. We had a cool upbringing. My dad was a police officer, an army guy, so he a
- 81 straight-laced kinda guy. My mom, she owned a nursery school or preschool, whatever
- you want to call it. She was a little bit more liberal, a bit wilder. I'm probably both.

- David
- 85 Yeah!

86 87

Rob Graham

- I started out wild, and as I get older, I'm like, wow, I'm my dad now.
- 89 David
- 90 Yeah, you transitioned

91

92 Rob Graham

93 I look in the mirror, and I'm like, I actually see Dad!

94

95 **David**

You can actually see it right

96 97 98

Rob Graham

99 Dad passed away when I was a senior in high school,

100

101 **David**

102 Wow

103 104

Rob Graham

and it messed me up for a long time. But he was a good dad. I think I got the crucial years you need to not be a knucklehead. I feel like if you got your parents up into a certain point of development, then you get what you need. I didn't get the icing on the cake, you know, and that's why I relied on like my uncle, my cousins' dad and all kinds of stuff like that. But in terms of figuring out my morals and being a good person, I got that.

110

- 111 David
- 112 Right

113114

- I just wanted to say that because I know how big of a thing that is. And, I wanted to let
- 116 you know we were on the same page on that. I don't know that piece of your story, but I

117 could feel it when we first interviewed you for the MATE scholarship, that jumped 118 through. 119 120 **David** 121 Yes. 122 Rob Graham 123 So, tell me about your family situation. I don't know anything about that. Tell me about 124 where you grew up. I mean, I know it's PG. 125 126 **David** Yeah 127 128 129 **Rob Graham** 130 Largo. 131 132 David 133 Yeah Largo, but there's more to it. Actually, I grew up in Oxon Hill, a little bit near DC, 134 like the Southeast part of DC. That's where I grew up until I was about 11 or 12 years old. 135 That's when I moved to Largo. But, um growing up in that area, you know, it's pretty rough. At a young age I saw a lot of stuff, terrible things, you know. A lot of experiences, 136 137 but also I had good experiences. I was able to meet lifelong friends. I went to an 138 elementary school named St. Ignatius 139 140 Rob Graham 141 Un hun 142 143 **David** 144 in Oxon Hill, Maryland. Yeah, I think, that environment really shaped the person I am 145 today. 146 147 Rob Graham 148 Un hun 149 150 **David** 151 At a young age, my experiences just made me more mature. I grew up early. I was 152 already prepared for a lot of tribulations and stuff that was gonna come in the future from 153 what I experienced. Like in school, it's a lot of violence, fights all the time, stuff like that. 154 And then the transition, I thought it'd be a little different in Largo, but I went to a school, 155 named Charles River Flowers? 156 157 Rob Graham 158 Un hun, un hun

160 David

- 161 The transition was a little bit different. It's a nicer area, you know, better neighborhood.
- My school was like 90% Black, and it was a pretty good experience. I really liked high
- school, but it's still like, you know, the same. Same cycle, just fights all the time in
- school, peer pressure, a lot of bullying. I used to see a lot of kids get bullied and stuff like
- that. Growing up around all that stuff and in that particular environment, trying to stay
- focused on school is really hard. It takes a toll on a lot of students. Like a lot of students
- decided to drop out because the majority of students don't have fathers in their lives, so
- they had to defend themselves. At young ages, they had to provide for their family, I'm
- talking about 12 years old, 13,14; they had to provide for their families at young ages. So
- that's all they know. They never really had time to think about school; they didn't have
- time to plan for school. I know a lot of my friends that would like to go to college, but
- time to plan for school. I know a lot of my friends that would like to go to college, to they didn't necessarily have the resources. They're the father figure, you know.

173174

Rob Graham

175 Man, that's heavy.

176177

David

- 178 Yeah. That's why a lot of people really looked at sports in school. They never really
- looked at the actual educational part because they thought that was the easiest way to
- make it while providing for their families. It's easy to just go in a gym and shoot a
- basketball, but it's harder to stay focused in school and try to work towards a degree, and
- find the financial stability to actually go to college. And I kind of fell in that circle of kids
- because my father passed away in a car accident, and after that happened, you know,

184 185

Rob Graham

186 When? How were you?

187 188

David

189 I was 16?

190 191

Rob Graham

192 Yeah, so we were the same age

193 194

David

- Same age, yep. Even when my father was around, my mom was the anchor. Even though
- they divorced, he was still a part of my life, I'd still see him, we still had a relationship.
- As soon as he passed away, it was really difficult, because that's like the only male figure in my life.

199 200

Rob Graham

So you were, 16? Okay, got it. You moved to Flowers when you were?

203 David 204 About 12? I'll say 13. 205 206 Rob Graham 207 Okay, okay, okay (whispered contemplatively). 208 209 **David** 210 Yeah, but the thing is, my grandfather still lived in Oxon Hill; he still does to this day, so 211 I'll be back and forth, like from house to house, either Oxon Hill or Largo, Maryland. 212 213 Rob Graham 214 Un hun, un hun 215 216 **David** 217 After my father passed away, it was really difficult for me to deal with certain situations. Difficult for me to stay focused on school, you know, cause there's already enough going 218 219 on at school, and then when stuff like that happens, it just takes your mind completely off 220 of the work. I had a great mother that kept me on track. She always was there. You met 221 my mom, you definitely know my mother. 222 223 Rob Graham 224 I know, man I think about it all the time. I could just tell your mom is not playing around. 225 She's strong. 226 You know what I mean? She's not playing. The fact that she called me. A lot of people 227 will be like, I'm not bothering him. She was like, I'm doing whatever it takes; it's my son. 228 229 **David** 230 Right. Exactly. 231 232 Rob Graham 233 Tell me about your brothers. 234 235 **David** 236 Okay, so I have an older brother and a younger brother. My older brother is attending the 237 University of Maryland. He's on his way to graduate, and my younger brother is in 238 community college right now, but he's planning on transferring after this sophomore year. 239 We all been in the same experiences. My older brother, he was always into sports, and

- 240 my younger brother as well. But my older brother really loves sports, and that's what
- 241 shaped him, you know. He made a lot of his friends from playing football. He's a really 242 good football player, a good athlete. With my older brother, we've been through the same
- 243 situation. He was older, so there was a lot more pressure on him when my father died and 244
- 245 **Rob Graham**

246 Step up kinda stuff

247248

David

- Yes, exactly. You have to be the man, you know. And he felt that pressure from a young
- age. So, I remember growing up, he would kind of fall off the track, look up to other
- people in the neighborhoods and stuff like that. I think he grew up the hardest out of all
- of us, because when we first moved to Flowers, the school was really bad at the time.
- 253 Fights, stabbings inside of school; people doing crazy stuff. He had to protect himself
- while attending school at the same time, really hard for him. The only way he could really
- protect himself was to start meeting people, and that made him go on the wrong path
- even more, you know, the peer pressure. But he managed to get through it.

257258

259

Rob Graham

He kind of paved the way, made it a little easier for you?

260261 **David**

- Yes, definitely because if I didn't see what he went through, I wouldn't know what to
- expect. I feel like my situation was more of a lenient situation than him because we had a
- new principal by the time I moved into Flowers, and he wasn't no joke at all. Like, he'll
- suspend you right away, immediately. And when my brother attended the school students
- from different areas could attend the school. So were a lot of DC students coming to
- Flowers. There were policies where the school would accept DC students that got kicked
- out of DC schools, so that made the school even worse, you know?

269270

Rob Graham

271 It's like, conflict, neighborhood conflict.

272

273 David

- Yes, definitely. The neighborhood conflict, that's the biggest thing, like rival
- 275 neighborhoods. That's why they hired a new principal, because it was getting out of hand.
- 276 That's the point where my brother was in that school. He used to talk about how people
- 277 would try to mess with him all the time. I remember him coming back just upset about
- 278 that. It's just hard in general to focus on school and think about your future when you're
- 279 going through stuff like that.

280 281

Rob Graham

282 If you didn't tell your story, nobody would have any idea. You know that, right?

283

- **284 David**
- Yes, definitely.

286

How did you stay so positive? You don't have a defensive personality. I mean, you protect yourself. And I think you protect yourself by being quiet.

David

292 Right, yeah, definitely.

Rob Graham

But you don't come off as defensive. How are you so positive? And like, your grades were good and all that? How were you able to hold down your spirit? And handle your business, and be a positive dude that people want to, you know, be around?

David

Well, first, I credit that to my mother. My mom, she used to always keep me in church. She provided me with mentors at the church. That played a really like big role. You know, she's like, every Sunday, I'm making sure that like you have a mentor you discuss anything with, any problems I have.

Rob Graham

Un hun

David

So, mentors really played an important role in my journey, especially mentors at the church, you know, because it's really convenient. I can actually have one or two mentors I could just vent to and release all this negative energy. One of my mentors from church, I remember talking to him about how it's hard to stay focused on school, and he would tell me, every day you gotta do the small things, be cool with the teachers, stay out the way. Just mind your business. I was to myself a little bit in school, but everyone knew me already because my brother went there. So it was kind of hard to stay out of the mix.

Rob Graham

Un hun!

David

I was already in the mix when I first got to the school, so he was like, you can still have friends, you don't have to have be fake and not say anything to them, but you have to do it from a distance. That's the only way you can focus and get to college, and I knew I wanted to go to college since about the ninth, 10th grade. That's when I really knew that, so I was like, all right, I need to start working now to get to the towards that goal. Yeah.

Rob Graham

Tell me about your mom.

331	Alright. Like how she helped me? Oh, yes,
332	
333	Rob Graham
334	Whatever. Some of what I want to know is about the important relationships in your life.
335	And obviously, she's super important.
336	
337	David
338	Okay, She's actually born in Alaska. That's pretty interesting.
339	
340	Rob Graham
341	What!
342	
343	David
344	Yeah. Because my grandfather was in the military, so he had her in Alaska. And then
345	they moved to California at a young age. My grandfather end up moving to Washington
346	DC because of the military. That's how we got on this side of the fence. I remember her
347	telling me she grew up really strict because her father was in the military, and you know,
348	he's a general.
349	
350	Rob Graham
351	Oh, wow.
352	
353	David
354	Yeah. He was really high up. He's serious business. I remember her telling me that she
355	was always focused on school just because of that. Her mother also you made sure she
356	was focused and stuff like that. I don't really recall any challenges she went through, but I
357	do remember her saying that it was hard growing up, also in Oxon Hill area, because she
358	grew up in that area as well.
359	
360	Rob Graham
361	Mmmm
362	
363	David
364	It was like the same struggle, and for a female, it's even harder to go through that type of
365	stuff and that environment. But my mom managed to go to college. She went to
366	University of Maryland and graduated from there. Now, she's a statistician for the
367	government.
368	
369	Rob Graham
370	Oh. She's a math person.
371	
372	David

- Yeah. Different but not completely different. I'm econ, so we kinda on the same page.
- But yeah, my relationship with my mom is pretty good. She's always been there for me. I
- can talk to her about anything. She always provided for me by herself. She could have
- easily given up a long time ago, like, forget it, I'll put you in foster care. But she provided
- for three boys by herself,

Rob Graham

380 Whew, that's rough, three boys?!

381 382

David

- You know, it's hard for boys to pay attention already. She really had to step up, put us in
- 384 church at an early age, do a lot by herself, provide food. There were a lot of times we
- used to struggle with that, like food and stuff. The bills, I remember a lot of arguments
- because it's a lot of stress, and for us to not listen because we're children, like, that's what
- 387 kids do.

388 389

Rob Graham

390 She's grinding, and

391

392 David

393 Yeah, she's grinding.

394395

Rob Graham

and you guys are wildin!

397398

David

Yeah, we just wildin basically (both chuckle). But she always stayed there for us. I could always say that. So that was really hard for us to get over that cycle. But she always taught us to be respectful. That's the biggest thing. So regardless,

402 403

Rob Graham

Oh, yeah. I can tell! It's gonna take you a long way. She knew what she was doing.

405 406

David

407 Definitely. Yeah.

408 409

Rob Graham

410 It's opening doors, right?

411

- Yeah, definitely. I appreciate that. So that's the biggest thing. We've been through this
- struggle, like a lot of Black people. I'll say, semi-inner city; PG County is kind of like the
- inner city. We've been through the same struggles as almost everybody else. Times when

- 416 we thought we had to move out, we thought we had to move back to Oxon Hill, and stuff
- like that. I know God helped us through these situations. And my mom was just always
- on top of me. She would come to the school. She's the type of mother to come to the
- school and embarrass me in front of other people.

- 421 Rob Graham
- 422 Un hun

423

- 424 David
- I got embarrassed many times in high school for doing the wrong thing like skipping
- class. Even if I had an A in the class, the teacher would call my mom because she knows
- she'll come up there and embarrass me in front of the whole school, so

428

- 429 **Rob Graham**
- That's the number one rule! Black mamas are like, don't have them call me.

431

- 432 David
- Yeah, exactly. If they call me, you know I'll be up there in a second!

434

- 435 **Rob Graham**
- 436 Right! (laughing)

437

- 438 David
- Now that I look at it, I'm grateful to have a mom like that. You know, a lot of these
- children without their fathers wish they had a mom that could step up like that. Not every
- 441 mother could step up like that.

442

- 443 Rob Graham
- It's remarkable. I just got some conversation questions. Who are you as a person?

- 446 David
- Okay to describe myself, I say I'm a very caring person. I don't want to just do for myself;
- I always want to change the world the best way I can. That really describes me. I like
- sports a lot. I played basketball my whole life. I'm a very introverted person. I always had
- a lot of friends, but I was like really introverted growing up because of what I
- experienced. I didn't really have trust for a lot of people. As I start growing up, I start
- 452 trusting more people. I remember you told me when I first met you to build those
- connections. I'm glad as a mentor you brought that up to me because coming into college,
- I wasn't sure how to do that. Networking is basically trusting people, and in my
- environment I grew up in, people don't have trust because you friends will just do you
- wrong. It's like a lot of bad stuff that you experience in the inner cities. So, having a
- 457 mentor is really important for me. I feel like I could be a mentor one day; you really
- inspired me to be a mentor as well.

- 459 **Rob Graham**
- I appreciate that, the way you've taken support and decided that you want to pay it
- 461 forward. That's nice.
- I cut you off a little bit. So you are a nice person, introverted. I can feel that; I could see
- that. I wasn't sure though, I was like, is he a legit introvert, or is it just being respectful?
- 464 Or is he protecting himself?

David

I say I kind of grew out of it in college. Now I like to go around and talk more. I wouldn't say I'm introverted socially because I can socialize and have fun and all that. I mean introverted as far as protecting myself, and trying to reach my goals. I felt like you had to

be introverted to do that because it's easy to get caught up in wrong stuff.

471 472

Rob Graham

Okay, okay. Any other relationships that are really important to you outside of family?

Like if somebody's telling your story, some relationships they need to know about?

475 476

477

478

479

480

481

482

483

484

David

I'll say my relationship with my grandfather. I became close to him at a young age. He was in the military, so he's always strict as well. I learned the small things from him, how to fix the tires, or how to pump the tires on the car, just the small things to help me save money. I really appreciate him for that. He'll teach me something new every time I visit him. I also have a lot of distant family. Growing up, it was always hard for me to reach out and find like that person or the group of people that could actually support me. I think the mentors at my church really played a big role for me because my family is kind of isolated all around. I have a California family, Chicago, and stuff like that, you know. Even in DC I don't have that much family. It was just like my grandparents, my mom,

485 486

487 488 **Rob Graham**

489 How's little bro?

490

491 David

492 He's all good. He's in PG Community College.

493 494

Rob Graham

495 Okay. Where's he going?

and my brothers.

496 497

David

He's planning on maybe transferring here? Or he might transfer to Maryland. He's trying to figure out.

500501

502 Right. Maryland's more fun though, hun? 503 504 David 505 Yeah, definitely. (both laughing) Yeah, my mom didn't want me to go to Maryland. 506 507 Rob Graham 508 She's smart! 509 510 David 511 Yeah, I know a lot of people that go there. She's like, you're not going there; you need to 512 come here, and stay focused. Maryland's just a party school. It's all trouble, so 513 514 Rob Graham 515 And this is almost no party. I mean, even if you think it's a party school, this isn't a party 516 school 517 518 David 519 Yeah. They're shutting the parties down now. Literally every party that's thrown here is shut down so quickly. 520 521 522 **Rob Graham** 523 Just to keep it all straight, you agreed to help me because this work speaks to your 524 experience. You had an up and down experience growing up and at school because of the 525 makeup of school, the communities you came up in, and the passing of your father. Your 526 brothers had similar experiences to yours, and your mom held it down for the family 527 despite life's hardships. She got you into church early and wisely connected you with 528 some mentors brothas at the church who helped you navigate school and planning for 529 your future. Mentors have been big in your life. Okay, so grandfather was really 530 important in your life. So what do you want to do? 531 532 **David** 533 So now I'm looking at being an attorney. I'm doing econ right now, and I started a minor 534 in entrepreneurship just in case I'm gonna get more into the business side? I'm looking 535 into corporate law. 536 537 **Rob Graham** 538 Okay, okay. Why? 539 540 **David** 541 I was always interested in the court system as a whole. I used to always watch stuff like

Maury. It's just entertaining to me to see how they deal with certain situations, and I

believe that I could be the one to deal with situations in a fair manner just like they.

542

543

546 547	Judge Joe Brown?
548	David
549	Yeah Judge Joe Brown (both laugh). I need to learn how to be more aggressive.
550	real stage see Brown (ooth laugh). I need to real new to be more aggressive.
551	Rob Graham
552	I saw her crying on the stand, and I was like they can't resist all that, they can't resist all
553	that. Any other important relationships or special places you go to that have meaning to
554	you?
555	
556	David
557	So a special place I've been to is the Bahamas. I really like the Bahamas. That's one of
558	my favorite vacation spots now. We went there last summer?
559	
560	Rob Graham
561	Who'd you go with?
562	
563	David
564	I went with my family, so my mom and my two brothers.
565	
566	Rob Graham
567	Oh nice!
568	
569	David
570	Yeah it was really nice. We stayed out there for about a week, and we went jet skiing. It
571	was like really cool. I don't know about the jet skiing part though. I don't know if I'm
572	doing that anymore. (Rob laughs). I really saw sharks in the water as I'm jet skiing.
573 574	Rob Graham
575	Okay. Let's me make sure you know a little bit about my story. I went to Xavier in New
576	Orleans when I graduated from high school. Black college. Cool, wonderful. The
577	beautiful girls studied.
578	beautiful girls studied.
579	David
580	Right. You were like, this is a different transition.
581	<u>B</u>
582	Rob Graham
583	Yeah, it was like, if you want to be part of the in crowd, all the beautiful people were in
584	the library.
585	It was the oddest thing in the world. It's a great place, great atmosphere. Everybody takes
586	care of you. But I visited Howard, and was like, OMG. I've never seen anything like this
587	before. I'm going to Howard. So went to Howard which brought me to DC. Worked at

- 588 this restaurant in Southwest, and just kind of met all my friends; everybody you met
- 589 through MATE, I met them there. Most of them went to Maryland. Now I really want to
- 590 help Black folks in education. That's where I'm at. I came to the university to do
- 591 something else like studying English grammar. Then I started reading about Black folks
- 592 in education.

- **David**
- 595 Right.

596 597

Rob Graham

- 598 And you know, some of the stuff you think is accidental, some of the struggles have been
- 599 intentional.

600 601

David

602 Right, exactly. So that's what really stuck out to you.

603 604

Rob Graham

- 605 Yeah, I thought some of our troubles were just we didn't clean up after slavery tight
- 606 enough. But there have been intentional steps. People have been intentionally sabotaging
- Black progress for forever. And when I heard about what's been done to Black males 607
- 608 historically, I changed my research focus. If I have the power to do it, I need to do it.

609 610

David

611 Right. And I feel like you really relate to us in a good way.

612 613

Rob Graham

- 614 I do. I was a wild boy. And then, you talked about God. I mean, something happened. I
- 615 got, I woke up.

616

617 David

- 618 Yeah, exactly. It's just that one day, suddenly. I was like that in high school. I was in the
- 619 wrong groups doing all this other stuff, hanging around the wrong people, and I just woke
- 620 up one day. It's like, God just opened my eyes.

621 622

Rob Graham

623 So that's what I'm on right now. I mean, MATE's a piece of it. This dissertation is a piece 624 of it.

625

626 **David**

- 627 Right? Exactly. So I want to mention how the MATE scholarship really helped me as
- 628 well. I remember when we first interviewed. Honestly, I did not expect to win it out of
- 629 like thousands of people. You know,

631 Rob Graham 632 It wasn't thousands. 633 634 **David** 635 Oh (laughing) 636 637 Rob Graham 638 That's the trick. Um, it wasn't thousands. And in fact, that's another thing that tripped me 639 out. So we were looking for brothas at Mason who are from PG or DC, that had applied 640 for financial aid. It was like five! So DC is right here. PG is right here, and you mean to tell me there's only five? And I know that just about every brotha on this campus has 641 642 applied for financial aid, because 643 644 **David** 645 That's how it is. 646 647 **Rob Graham** 648 But you see advertisements for Mason and they always mention how the school's close to 649 DC. I'm like, we can't have DC as a draw, an attraction, something that gives us value and 650 at the same time we're not bringing brothas here from DC. 651 652 **David** 653 Right, exactly 654 655 Rob Graham 656 Or PG. It just blew my mind. Anyway. So you weren't part of a thousand; you were part 657 658 Who can we help? Whose story speaks to us? We just felt you. 659 660 **David** 661 Yeah, I appreciate it. The MATE scholarship really changed my life, and you as a mentor 662 has been really helpful. 663 664 Rob Graham 665 I appreciate it. 666 667 **David** 668 Coming to this school I was just completely lost, and you just guided me completely in the right direction. I remember you providing assistance financially with the books in my 669

first few semesters. You know, I can speak to you about anything. You told me how I

need to get close to the teachers. You basically told me everything I should expect in

college, and it actually ended up happening, so I was already prepared for it.

670

671

672

674	Rob Graham
675	Good. I think this is a nice spot to stop our personal conversation. Next conversation
676	we'll get into the educational space a little more specifically.
677	
678	David
679	Okay.
680	
681	Rob Graham
682	I appreciate it. I'll see you soon.
683	Educational Experience Narrative
684	-
685	Rob Graham
686	Okay! As usual, I'm gonna ask you some questions, but if you're rolling along, I'll just go
687	that direction.
688	
689	David
690	Okay
691	
692	Rob Graham
693	You did a little bit of this in our last conversation, but it would be great if you could tell
694	me about your high school, like, where it is, who the students are. Maybe a little bit about
695	your experience, including how you did.
696	
697	David
698	I attended high school at Charles Herbert Flowers. It's in Prince George's County in
699	Largo, Maryland.
700	
701	Rob Graham
702	Okay.
703	
704	David
705	Everybody knew me. It was pretty cool. I enjoyed it a lot, because my brother was there
706	before me. He's two years older than me, so I basically came to the school knowing
707	everybody.
708	
709	Rob Graham
710	Wait! Were you and your brother there at the same time at all?
711	n '1
712	David
713	Yes. When I was in the ninth grade, he was in the 11th grade.
714	Dob Cusham
715	Rob Graham Okoy I didn't yn darstand that gyerlan, Okoy
716	Okay I didn't understand that overlap. Okay.

717 David 718 The students were pretty good. It was a really good high school. We had pretty good teachers that really cared about us for the most part. I played basketball my ninth and 719 720 tenth grade year, but I got injured after my tenth grade year, so I just stopped playing. I 721 broke my ankle. 722 723 Rob Graham 724 Oh, okay. 725 726 David 727 Actually, before I attended Charles Herbert Flowers High School, I attended Bishop 728 McNamara. It's in Suitland, Maryland. It's a private school, and I attended there for 729 basketball, but I ended up leaving school once basketball didn't work out. 730 731 **Rob Graham** 732 So how long were you at that first school? 733 734 David 735 I was there for my entire freshman year, so one year. 736 737 **Rob Graham** 738 Ahhh! This is interesting. So Flowers, it's in Largo. Um, do you know where that 739 Bojangles is in Largo? 740 741 **David** 742 Yes, that Bojangles, yeah. 743 744 Rob Graham 745 Is it close to there? Is it the same kind of neighborhood and the same kind of families? 746 747 **David** 748 Yeah, it's near the Bojangles, and, yeah, it's the same neighborhood, same families. 749 Rob Graham 750 751 It was my impression that that little area, I used to live right there, is middle-class kind of 752 Black folks. 753 754 David 755 Yeah, it's middle class. 756

Okay. How about the space? Was it nice, the actual buildings and all that?

757

758

759

- 760 **David**
- 761 Oh veah, the buildings were really nice. They redesigned the building a few years ago.
- 762 But it was also a mixture of students that attended the school. There were some students
- 763 from Washington DC because there wasn't really a district rule at first for the schools, so
- 764 basically anybody from like any district or area can attend our school.

Rob Graham

- 767 You know, I talked to some of my friends, and Flowers had kind of like a good
- 768 reputation. Why did Flowers have a good reputation for being kinda of a good school in

769 PG?

770 771

David

- 772 I think it's because of the science program, the STEM program, it was really good. We 773 also had a great business program, a finance program. I was in the finance program, and
- 774 that had a really good reputation. Yeah, also the basketball team.

775 776

Rob Graham

- 777 It sounds to me like there were multiple student programs in the school, like a business
- 778 program, a science program, and then what? Were the rest of the students just like 779 general?

780 781

David

782 Yes, the rest of students were just general. They just took basic, regular classes.

783 784

Rob Graham

785 Okay, so they were not as high achieving?

786

787 David

- 788 Well, I think they could choose to be in a program, but I think you did need a certain
- 789 GPA? And certain credentials, such as the National Honor Society. I was also in that, so
- 790 that also helped me.

791 792

Rob Graham

- 793 Okay. Um, and the makeup of the school. You know to me race is a weird thing, but
- 794 what about the races or the ethnicities? Who were the students?

795

796 **David**

797 The students were predominantly Black. I believe 98% Black.

798 799

Rob Graham

800 How'd you do there?

801

803 I did really well. My GPA was a 3.8. I think the lowest GPA that I had at the school was 804 a 3.5. Every teacher liked me. I made sure every teacher knew me and stuff like that. I 805 always put in the effort. 806 807 Rob Graham 808 What about your buddies? Did they do as well as you did? 809 810 **David** 811 My friends from the program that I was in, yes, they did well. I also had friends that 812 weren't in the programs; they didn't do as well as me. 813 814 Rob Graham 815 So the program was kind of like a key? 816 817 **David** 818 Yes 819 820 Rob Graham 821 I don't know if you can do this, but could you tell me a little bit about PG as a school 822 district in general terms? 823 824 **David** 825 Oh, the whole school district, like the culture? 826 827 Rob Graham 828 The culture, how successful it is. Maybe compare it to DC Public Schools or something 829 like that. 830 831 **David** 832 I could definitely do that because I actually attended elementary school in DC. It's kinda 833 the same, actually. PG County is a little bit more upper class than DC schools, but as far as the culture, it's the same. It's still a lot of conflicts going on inside of the schools, 834 835 neighborhoods going against each other. I think the entire PG County District is like that 836 other than Bowie. I think Bowie, MD is a little bit more upper class than Largo and 837 Suitland. I don't know if you ever heard of that area? 838 839 Rob Graham

840 I have.

842 David

841

844

Yeah, that's also PG County, so that area is a little more dangerous; that's closer to DC.

846 Is that Kevin Durant's neighborhood? 847 **David** 848 Uh, no, Seat Pleasant. 849 850 Rob Graham 851 Okav. 852 853 **David** 854 Seat Pleasant is not far from where I'm at. That area is also really bad over there. Kids 855 from Seat Pleasant attended my school. I think that's what made my school a little bad 856 because we have a mixture of PG County, PG County inner-city kids, and also DC kids. 857 858 Rob Graham 859 Let's see here. So, you described your school, told me a little bit about your experience, said that you did pretty well and that teachers liked you. You had some friends, people 860 861 knew you because of your brother, and maybe all of that, the combination of all that stuff 862 kind of made your experience doable and allowed you to handle your business, including 863 being part of that special finance program. 864 865 **David** 866 Right 867 868 Rob Graham 869 In what ways did your high school prepare you for college? 870 871 **David** 872 We had a few clubs that were designed to help us prepare for college, and I got involved in those. One of the clubs was college preparation. It's a specific club for students at my 873 high school, and basically we had specialists. They asked us many questions to make sure 874 875 we wanted to actually attend the college like, why do you want to attend the college? 876 877 Rob Graham 878 Un hun 879 880 **David** 881 They made sure we knew all the background of college. We had to do research papers on 882 the college, 883 884 **Rob Graham** 885 Mmm! 886 887 888 **David**

and actually look into the college before we made a decision. They also educated us on the importance of keeping your GPA up, so we could get admited. They helped us with our resumes as well. So, yeah, we had a few useful resources. The teachers as well. I believe they helped prepare me for college. Definitely my English teacher, with the essays. I think that's a big part of me getting into the school, being able to write.

894 895

Rob Graham

So, when you were writing your college essays, you kind of felt confident, and you wound up writing a pretty strong essay?

897 898 899

896

David

900 Yes, exactly.

901 902

Rob Graham

903 So you had teachers or an adviser, club adviser?

904 905

David

Yeah, we had a club adviser, but mainly the teachers decided to volunteer in clubs.

906 907 908

Rob Graham

909 Mmm. Okay, so you would stay after school?

910 911

David

Yes, we stayed after school.

913 914

915

Rob Graham

The focus in the club, mostly about getting into college or preparing you for the college experience?

916 917 918

919

920

David

It was both, but more getting into college, and also preparing our minds for what is to come in college. But they didn't actually prepare us for like what we'll have to go through in college, like specifically.

921922923

Rob Graham

When you say preparing your mind, what do you mean?

925 926

David

- They basically informed us about the mindset that we had to have. They used to give us certain discussions and talk about college. Like, don't stay up too late. Don't get
- distracted. They'll talk about how you need to be close with your teachers and stuff like
- that. Don't follow the wrong crowd. They'll basically try to discipline our minds before
- 931 we get into college.

932	Rob Graham
933	Knowing that your mom went to college, and your brother, how much help did you get
934	from family in preparing you for college? What kind of help did you get if you got any?
935	How effective was that help?
936	• •
937	David
938	My mom, I think her generation was kind of different from mine as far as preparing for
939	college. I believe that resumes are more important now than they were back then.
940	
941	Rob Graham
942	Un hun
943	
944	David
945	I believe she kind of shifted more towards trying to build up my resume. She got me
946	involved in a lot of activities outside of school
947	
948	Rob Graham
949	Mmm!
950	
951	David
952	as far as like helping the homeless, doing extracurricular activities, and community
953	service. I got involved in a lot of stuff in church like sign language ministry. I also
954	volunteered with the principal of my high school. I helped him do a few things with his
955	programs that help students out and to get into college.
956	
957	Rob Graham
958	So Mom knew that you needed to be more than just a student; you needed to be active in
959	order to make yourself a better candidate?
960	·
961	David
962	Yes, exactly, right.
963	
964	Rob Graham
965	Um, what about brother? Did he,
966	
967	David
968	Well my brother, I wouldn't say he prepared me for the big college experience because he
969	attended PG Community College, so he didn't really know how it would be, you know.
970	
971	Rob Graham
972	Oh, got it.
973	
974	David

I attended the actual university before he attended a university.

976 977

Rob Graham

That's interesting. What about your counseling experience in high school? Tell me about your school counselors.

980 981

982

983

David

Well, I didn't really have that many school counselors in high school. Mainly I used the teachers as counselors, but I believe there were resources there that I didn't use. I wasn't really involved in school counseling at all.

984 985 986

987

988

989

990

Rob Graham

Interesting. So I'll tell you a little bit about my high school and counseling. My high school, I think it's better now. I look online, and they seem to be some kind of college-focused and technology focused, and I think a lot of schools are doing that, adding tech programs and stuff. But when I was in high school, I don't remember ever having any conversations with my counselors at all.

991992993

David

994 Right.

995 996

997

998

Rob Graham

I don't remember talking to anybody about college. I knew I was gonna do well on the SAT because I've always been sort of a good test taker, but I didn't know anything about like SAT preparation.

999 1000 1001

David

Right, I didn't either.

1003

1004 Rob Graham

None of that; You sign up, pay your money, and take the test. Right? And then I found out, and I felt a little bit cheated later. People were preparing to take the test?!

1007 1008

David

Right, exactly.

1010 1011

Rob Graham

- So that surprised me a little bit. In terms of figuring out what schools I was going to go to, I just kind of followed my sisters' lead. One went to Howard; one went to Xavier in
- New Orleans. My oldest sister, she's nine years older than me. So, basically whatever she
- did, that's what I was supposed to do. She went to Xavier, so I was like okay, that's
- 1016 college.

1018	David
1018	Right
1019	Right
1020	Rob Graham
1021	And then we had TV shows. There's a TV show, I don't know if you ever heard of this
1022	TV show. You're so young it's crazy to me. Um, A Different world?
1023	1 v show. Toute so young it's crazy to me. Om, 11 Different world:
1025	David
1026	Oh no, I never heard of that.
1027	on no, i never neare or that.
1028	Rob Graham
1029	You heard of The Cosby Show?
1030	Tou nour of the coses show.
1031	David
1032	The Cosby, oh yeah, definitely. Yeah.
1033	
1034	Rob Graham
1035	So The Cosby Show had a spin off, and the spin off was the oldest girl, the second oldest,
1036	Denise, goes to college. She went to a Black college. I think it was maybe set in Virginia
1037	or somewhere like that.
1038	So that's how I learned about college. That's how I learned about Black college.
1039	
1040	David
1041	Right
1042	
1043	Rob Graham
1044	My school didn't prepare me at all for college. We didn't really have a big college going
1045	culture. I remember hearing the announcements of where people were going. It shocked
1046	me to hear where the White students were going. Our valedictorian was going to Harvard,
1047	and I was like, what! I couldn't believe it. I didn't even know it was possible. I thought
1048	Harvard was just like fiction.
1049	
1050	David
1051	Yeah it did feel like that.
1052	
1053	Rob Graham
1054	You know what I mean? Now you know my wife went to Harvard. So getting older, and
1055	a lot of my friends went to Ivy League schools. It's like, how did you guys know this was
1056	even possible? Who told you that? I know it sounds crazy, but Harvard, Yale, Princeton, I
1057	probably thought those were schools for White people. Who told you, you could do this?
1058	
1059	David
1060	Right, exactly.

1063	I didn't know anything. I didn't know what to do, what to buy, how to study, who to hang
1064	out with; I was just learning as I went.
1065	
1066	David
1067	And that's the same, yep. I agree with that as well, same situation with me.
1068	
1069	Rob Graham
1070	The culture was really different. They were Black folks but Southern Black folks, and
1071	that was a new thing for me; the clothes, the dancing, the culture. I was like, what are
1072	y'all doing? (David chuckles) You know I was coming from LA, and I'm looking at these
1073	folks from like Mississippi and Alabama and New Orleans. They were having a good
1074	time, and I just couldn't understand what they were doing. The music was crazy! The
1075	dances were crazy! The styles were crazy to me. I basically was starting from double
1076	zero. I didn't understand any of the cultural stuff. I didn't understand any of the
1077	academics. I picked my major based upon my sister's major.
1078	
1079	David
1080	Yes
1081	
1082	Rob Graham
1083	So, boom. You're in high school, have a pretty good time there. You made it out. There
1084	were some rough patches, but somehow you were able to just make it through. You got
1085	some of that discipline from your mentors, right?
1086	
1087	David
1088	Right, definitely.
1089	
1090	Rob Graham
1091	You got some game from your mom who kind of gave you some strategy
1092	
1093	David
1094	Yes, my mom.
1095	
1096	Rob Graham
1097	on how to make yourself look like a strong candidate. It sounds to me like you got
1098	prepared to get admitted to college
1099	
1100	David
1101	Admitted to college, yes, but not for the actual college experience.
1102	
1103	Rob Graham

Rob Graham

but not for the college experience! You didn't really have a relationship with school counselors. Is that what you're saying?

1106 1107

David

1108 No, not at all. Yes.

1109

1110 Rob Graham

Damn, so if it weren't for that club, would you have had preparation for college?

1112 1113

David

I would have zero preparation. The clubs helped me prepare for getting admitted, so I didn't really have that much preparation for the actual experience; what I would be going through on a day to day, meal plans, struggles with the classes, money, financial stuff.

Yeah, I wasn't really prepared for much of that.

1118

1119 Rob Graham

Why do you think you didn't have a relationship with school counselors?

1121 1122

David

1123 I believe that the counselors and many of the services in our own school, I think you could have gotten involved if you really reached out, but it's not a big thing. They don't 1124 1125 really enforce it. It's something you had to find, and it takes time and a lot of talking to 1126 different people. It's not readily available to us. You had to really dig deep to get 1127 involved, and it's kind of hard to get involved with that stuff when you're already dealing 1128 with school. And many of the counselors were volunteers, and some of the volunteers 1129 might choose to do different things, so they won't be volunteering anymore. So it's just a 1130 mixture of different stuff.

1131 1132

Rob Graham

Damn. That's unfortunate. Boom, you get to college. I'm here, but you know, my experience has been different because of my roles. Could you maybe give me like a one-minute description of Mason?

1136 1137

David

- So George Mason, I like this school. It's a pretty good school. It's not really a big party
- school. The teachers here are really strict; they don't allow you to turn in late
- assignments. At Mason you really have to pace yourself and pick and choose what groups
- 1141 you want to be in or associate yourself with. It's kind of like high school, but it's a bigger
- high school as far as the Black community. I think everybody in the Black community
- knows each other because it's not that big. There's still problems that occur on the campus
- between different groups and stuff like that, but for the most part it's avoidable. Time
- management, that's a big thing here. You have to take the time and do your work. George
- 1146 Mason also has a lot of clubs you can get involved in; like I was involved with the BSA,

1150 Rob Graham 1151 Maybe you are African. 1152 1153 David 1154 Yeah, yeah. 1155 1156 Rob Graham 1157 You know, I'm just saying! Anyway, we'll talk about that later! (chuckling) 1158 1159 **David** 1160 So it's a lot of clubs here that you can get involved in. Many opportunities as well. I believe the teachers, are very helpful at this school, the majority. But one thing is, for my 1161 1162 major econ, I believe that a lot of the teachers expect you to have a certain amount of 1163 knowledge before you come to the school. 1164 1165 Rob Graham 1166 Mmm 1167 1168 **David** 1169 So that was a hard thing, trying to figure out what major was good for me. I was initially a biology major, and I switched over to be an econ major because my first class, I didn't 1170 1171 know what I was doing at all. And even the econ major, I'm enjoying it now that I had a 1172 teacher that was able to sit down with me and teach me some of the economic principles 1173 1174 Rob Graham 1175 Mmm! 1176 1177 **David** 1178 and stuff like that, but before that, I didn't know anything about economics. My high 1179 school didn't provide me with any economic classes, so I was lost. Everybody else knew 1180 what they were doing. A few students would tell me they were involved in clubs growing 1181 up, like since middle school, economic clubs to help them prepare for college. So they're 1182 doing these things since middle school, and I'm coming to college not knowing what 1183 economics is! 1184 1185 **Rob Graham** 1186 Just fresh! 1187 1188 David

Black Student Association, for a little bit. I'm not African, but I was involved with the

1147 1148

1149

African Student Association.

Yeah, exactly! It just sounds good! (Rob chuckles) So I'm like, let me get into 1189 1190 Economics. That was the biggest thing about this school, they really expect you to have 1191 some type of background in the field. 1192 1193 Rob Graham 1194 Wow. That's interesting. You form any relationships outside of Black folks? 1195 1196 **David** 1197 Oh yeah, definitely. I don't just stick with Black folks. I have different races of friends, 1198 different ethnicities. Asian friends, a lot of Ethiopian friends, Caucasian friends as well. I 1199 don't really discriminate. I have many friends from almost every race on the campus. 1200 1201 Rob Graham 1202 And Mason's real diverse. Do you feel that? 1203 1204 David 1205 Yes, I feel that. 1206 1207 Rob Graham 1208 And that's a plus for you? You're enjoying the diversity? 1209 1210 **David** 1211 Yeah, that's great. Yeah, definitely, I'm enjoying that. 1212 1213 Rob Graham 1214 Okay, I'm sure you imagined college would be a particular way. You know we all have 1215 imaginations. Was Mason what you had imagined before you got here? 1216 1217 David 1218 Um, no. I thought every college was the same, so I thought it'd be like big parties 1219 everywhere, like everywhere you go, you just see parties and stuff and like 1220 1221 Rob Graham 1222 Like in the movies 1223 1224 David 1225 Yeah, in the movies, exactly. That's basically exactly what I thought it would be. But, 1226 coming to this college is actually good for me because I don't have that peer pressure to 1227 actually be involved in parties. Everybody works for the most part.

Rob Graham

1228 1229

1230 Un hun, un hun. So not the party situation you thought, more diverse than maybe you

anticipated. Any other thoughts about your imagination vs reality?

- **1232 David**
- Right. Well in my imagination I also thought there would be, I don't want to say mentors
- necessarily, but people that will be available to help, more advisors around, but you kind
- of have to find that yourself. I thought they would be more on top of us, but it's like, no,
- we're adults now, so I wasn't ready for that transition.

- 1238 Rob Graham
- 1239 Did vou seek out support from like advisor type people?

1240

- 1241 **David**
- Yes, I definitely sought out support for academic advisors, so I was able to talk to them. I
- also think your advising was a different level advising that I needed because they advised
- on picking your classes, but they can't advise us on the college life. So when I sought out
- and met you, that was really the big difference in me actually learning how to develop
- and how to come into college being strong and successful. That's the biggest support that
- 1247 I needed coming in.

1248

- 1249 **Rob Graham**
- 1250 Un hun, un hun

1251

- **1252 David**
- Because that support isn't really available. The academic advisors that's here, they tell us
- what classes to pick, how to graduate, how many classes and credits we need to graduate,
- but they don't really advise us on how to survive in college.

1256

- 1257 **Rob Graham**
- 1258 Why do you think that is?

1259

- 1260 **David**
- 1261 I think that's not their primary job, so they don't really focus on that, but I think if we did
- reach out and had those conversations with them, they would actually advise us on how
- to survive in college.

1264

- 1265 **Rob Graham**
- So you had some conversation with Ebony (Pseudonym).

1267

- **1268 David**
- Ebony, yes. See that was a different advisor, that's different. I could actually talk to her,
- and she'll like check up on me. She is a different academic advisor, but for the most part,
- 1271 I think that she understood my situation. That's what it takes, for someone to understand
- where you come from.

1273

1274 Rob Graham

1276 1277 **David** 1278 Okay 1279 1280 Rob Graham 1281 There was a point where we were talking, and I was advising you, and I started feeling 1282 like I was getting out of my league a little bit in terms of like helping you pick your 1283 classes and such. 1284 1285 David 1286 Oh, okay 1287 1288 Rob Graham 1289 I was an advisor here; now I'm faculty. I had been advising special international students, 1290 and I was mostly helping my students with meeting program requirements and culture 1291 shock kind of stuff. Maybe an important conversation for Black folks as well but, um...So 1292 anyway I started feeling like I was getting out of my lane a little bit. I wanted to make 1293 sure I was giving you get the best advice possible. 1294 I had done some work with Ebony, so I talked to her. I was like, look, I got this kid. I'm 1295 out of my depth. I'm looking for somebody to support him, but he's a special kid. This is a 1296 special program. I need somebody who's going to advise him differently. I need you to 1297 advise this kid like you're advising your son or your nephew. I need you to add some love 1298 to the mix You know what I mean? 1299 1300 **David** 1301 Yeah. 1302 1303 Rob Graham 1304 She was open, she was excited about the prospect. We kind of shared the same values and 1305 stuff, so that's why I asked her. Maybe that's a little bit of the difference maker, her 1306 mindset. You know rather than just you just being another student in her portfolio, I was 1307 like, I need you to treat him like special cargo. 1308 1309 1310 Right, and I definitely felt that, yeah. 1311 1312 **Rob Graham** 1313 Would you say that brothas need a bit more than the help with the schedules when they come to Mason? 1314 1315 1316 David

Let me give you some of the behind the scenes work.

- Yes, definitely. That's a big thing that brothas really need on this campus. They need
- more support than the average student, because the average student already experienced
- college from high school. That's basically college for them as far as the classes, the
- difficulty level of the classes. But we come to college introverted. Who are these different
- races? There's a lot of factors that throw us off in college and possibly make us go in the
- wrong direction. I mean it's not really peer pressure, but it's like a whole different world.

- 1324 **Rob Graham**
- Do you think you were prepared for college? I know this is kind of a broad question.

1326

- **1327 David**
- 1328 I don't think I was completely prepared for college at all, no.

1329

- 1330 Rob Graham
- So what would you need? What could your high school counseling have done to make
- 1332 your experience smoother?

1333

- **1334 David**
- Smoother? I think they could have educated me more on the financial part of college as
- well because I come to college expecting books to be cheap. That's one part, and books
- 1337 are like \$1,000 a semester!

1338

- 1339 **Rob Graham**
- 1340 Un hun

1341

- 1342 **David**
- As far as like the dorms and stuff like that, just being able to get along with different
- people. I think they should have educated us on how to get along with different people in
- different races and stuff like that. My first roommate I had, he's a different race, and he
- didn't have the same values as me.

1347

- 1348 **Rob Graham**
- Did you ever hear about summer bridge programs like TRIO or anything like that?

1350

- 1351 **David**
- Oh yes, yes I heard of it.

1353

- 1354 Rob Graham
- Or Upward Bound? Why didn't you do that?

1356

1357 David

- I wasn't aware until one of my friends told me about it. They were like, oh, I was in the
- summer program that we had, and they were able to like live with different people, so
- they already had their roommates,

- Rob Graham
- Right. And they get a little bit of a jump I think in terms of understanding what they're about to get into.

1365

- 1366 **David**
- Yes, they had a whole summer to understand what they're about to get into. So I'd have definitely got into that if I knew about it before college.

1369

- 1370 **Rob Graham**
- 1371 Why did you pick biology initially?

1372

- **1373 David**
- 1374 Initially I was interested in being a doctor. I was interested in that because I had family
- that were doctors, and I used to watch what they were doing, and I thought it was cool.
- But I learned, just because you think something is cool (Rob chuckles), that doesn't mean
- it's meant for you, you know?

1378

- 1379 **Rob Graham**
- 1380 Right.

1381

- 1382 **David**
- And that's another thing that I wish I knew before coming to college because a lot of
- people be like, alright, do whatever you like to do as a hobby, do what you want to do
- deep down inside. They would tell me that, but the thing is, sometimes what you think
- you like or you will enjoy, when you actually get into it, you don't enjoy it. So if we'd
- have had some resources in high school where I could go out and shadow workers,
- actually see what doctors do, I probably wouldn't have been as interested.

1389

- 1390 Rob Graham
- But econ works for you?

1392

- 1393 **David**
- Yes, econ definitely works for me. I like doing work that also benefits people on a bigger scale, the economic scale.

- 1397 **Rob Graham**
- 1398 I think I learned some really interesting stuff about you. Your high school needed to do
- some things, but I think it's also important to understand that the high schools are not
- doing those things. So what needs to happen on the college side? You know I don't want

to let the college off the hook. The college needs to be realistic about what's happening on that other side, and they need to respond. My sister says this thing, don't admit people to the school if you're not going to support them.

1403 1404 1405

1401

1402

David

1406 Right, I kind of noticed that when I'm talking to minorities at this school, a lot of them choose the easy majors, the easy route out. They'll do like history, but they'd be like, I'm 1407 1408 interested in economics, but you know, I don't know how that will go. But if they just had 1409 that one person to talk to, they would know what to expect in these classes, and they'll 1410 know how to prepare. You helped me with that, but if I didn't have a MATE scholarship, and the MATE foundation to support me in that way, I wouldn't know what to expect 1411 1412 from a lot of these majors. I probably would have picked something like history to get the 1413 easy way through.

1414 1415

Rob Graham

Yeah, doing what you really want to do seems like a risk. Damn, that's deep. I could talk to you for hours about this stuff. So, I appreciate it.

1417 1418 1419

1416

Connecting Personal and Educational Through Collage

1420 1421

Rob Graham

1422 Good to see you again.

14231424

David

Good to see you too.

1426 1427

Rob Graham

You're gonna construct this collage telling the story of who you are, how it connects to your educational experience, including your experience in high school, college and all that. You're in control of your story and the way you present it. Please do me a favor. As you're moving stuff around and making decisions, kind of talk it out a little bit.

1432

- **1433 David**
- 1434 Okay, cool.

1435

1436 **Rob Graham**

Oh! You got started already! I didn't need for you to be finished but okay! I definitely want to hear what you got going on here.

1439 1440

David

- Okay so, I'll start with the first picture. What's for lunch? (now discussing collage) I value
- my health. I think that's really important, especially since I'm getting older. And I think
- that it's important to eat healthy, to avoid bad foods like sweets, sugar. I want to have a

balance in my diet. I think that's important to get me started with the day; breakfast is the most important meal of the day. Usually without breakfast, I can't really function.

1446 1447

Rob Graham

1448 Wherever did all that come from?

1449

1450 **David**

1451 Um, so

1452

1453 **Rob Graham**

1454 First of all, how old are you now?

1455 **David**

1456 I'm 21. Yeah.

1457

1458 Rob Graham

1459 As I'm getting older, okay, whatever. (both chuckling)

1460 1461

David

I think my mom made me value that a little more, because she would see me walking around eating candy a lot. People used to call me Candy in high school. That's actually a nickname I had. Growing up I had high cholesterol.

1465 1466

Rob Graham

1467 Hmm!

1468 1469

1470

1471

1472

1473

1474

1475

1476

David

I was kind of sick from high cholesterol. I want to start avoiding that early in my life, so I won't have any problems in the future. The next picture describes a balance in life, and I believe that equality is very important. So, the picture that has men and women on the same balance scale. I believe that regardless of gender, race, ethnicity, or anything, we're all the same at the end of the day. We all can bring something to the table. We all have great ideas that we can share. Men and women are on the same platform, especially growing up with my mom providing for me. I believe that women also have the power to do what men do in society today. I believe that's very important for us to realize.

147714781479

Rob Graham

Or more even! I mean, our country's in this craziness right now. What if we tried another angle? We have some strong women who are all set up to lead. What if that's the magic stroke that we need to get back to balance?

1483 1484

David

So that's what I believe, that a balance in life is definitely important.

1487 **Rob Graham**

1488 And this comes from Mom. What about the equality piece?

1489 1490

David

1491 The other piece, that's more general. That's not more referring to my mother, but that's 1492 more referring to society as a whole, there should be a balance regardless of ethnicity, 1493 race or gender, as far as like job opportunities. I think there's still discrimination in 1494 certain job areas like economic law. You see more men in that category. I believe that we 1495 need to shift towards more balance in certain fields of labor. The next image. Well I used 1496 it as an image of God. Basically God is everything. Without God, nothing is possible, 1497 you know. I'm a Christian, and I believe in God. I know for a fact that I couldn't have 1498 done anything without God. There has to be a spiritual entity in my life, because there's 1499 so much stuff that I've made it through, so many obstacles, and so many positions he put

1500 1501 1502

1503

Rob Graham

Have there been some moments, any moment in particular, where you're like, wow, that's a God thing.

1504 1505 1506

David

me in.

Yes, definitely. There's been times where we didn't have food really, we'd have a shortage of food. My mom would be short on the rent, and she'd be like, how am I gonna do this? How am I gonna pay the rent? How am I gonna provide? The water would go off, and we'll have cold water. And there'll be times when a week later, she'd just randomly get money in the mail from the bank or something like that at the perfect time. It's like every time like my mom's in this struggle, she always just finds money out of nowhere and it's like, I know that's God for a fact. That's just one of the biggest things.

1514 1515

Rob Graham

I get it. The hard times have certainly revealed a higher power to me.

1516 1517 1518

David

1519 Right. My next image. So, you see on the outside it says, negativity, worries, despair, 1520 anxiety, pessimists, and all that, you know, negative stuff, basically. And then I put a 1521 magnifying glass on confidence. I believe that confidence gets us really far because if 1522 we're being honest, we live in a society that's like negative, you know. It's a competition, 1523 first of all. People are always trying to bring you down. We have fear naturally, but fear 1524 isn't real. We have fear and anxiety as we're living life every day. How am I going to pay 1525 my bills? How am I going to do this? What job am I gonna have in the future? You know, when will I graduate college? All that stuff brings anxiety, depression, and stuff like that. 1526 1527 I believe it's important to take life like every day, one at a time, don't focus too much on the future because you start to stress out. And I believe that you should always have 1528

1529 confidence in your decision making. I think that's very important to reduce anxiety and 1530 fear, to always be confident in the next move that you take. 1531 1532 Rob Graham 1533 And this is interesting because I hear what you're saying, and I appreciate it. I'm reading 1534 this differently. I'm reading this like, yeah, you have the option. You've got this 1535 magnifying glass, and you have all these options that you can choose from, 1536 1537 David 1538 Right 1539 1540 **Rob Graham** 1541 that you can focus on. So you can choose to focus on the negatives, or you can use your 1542 magnifying glass, and focus on the positives. 1543 1544 David 1545 Right 1546 1547 Rob Graham 1548 And that's going to guide the way that you look at or see the world, depending on what choice of lens to focus on. 1549 1550 1551 **David** Exactly, that's good, yeah. 1552 1553 1554 Rob Graham 1555 You know actually, just to be flat out honest with you, today I was like okay, where's 1556 David? (both chuckle referring to David being late for conversation). There's just a choice 1557 when you're confused, or you don't have all the answers. I was like, what's the right way 1558 for me to interpret that? And again, I'm 44, and these kinds of conversations within 1559 yourself, you never stop having them. You might look at me like, and my mom used to tell me this all the time, you might look at me like Mr. Graham's older, but the inside, on 1560 1561 the inside, we don't change. The body changes, and you accumulate 1562 1563 **David** 1564 Knowledge as we 1565 1566 Rob Graham 1567 knowledge and experiences, but our essence, that doesn't change. So I'm still having these 1568 same conversations. But anyway, I just had faith, you know what I mean? I just looked at 1569 you not being where I thought you were going to be, and I took it as a positive. I started

looking at all the ways that everything was going to be okay, and then sure enough, you

1570 1571

reached out.

1572	David
1573	Yes, definitely.
1574	
1575	Rob Graham
1576	You know what I mean?
1577	
1578	David
1579	It's always great. I believe when we look at stuff positively, good always comes out of the
1580	positive, right?
1581	
1582	Rob Graham
1583	It does! Now we're here! And actually, because I'm choosing the positive lens, it makes
1584	me appreciate you even more! I choose to take a positive lens, especially with my
1585	brothas, and you know, there it is.
1586	
1587	David
1588	Appreciate it. I like the representation that you made with the picture, how you could
1589	focus your lens on certain things and block out the negativity and choose to focus on the
1590	positive. I definitely agree with that as well. I think we have to start focusing more on our
1591	personal health as well. Growing up, I had a of anxiety and a lot of worries and fears
1592	about the future, and I used to isolate myself sometimes to get away from certain
1593	anxieties that I had. I do believe that isolation is really important to figure out yourself,
1594	because when you're in the mix too much, you know, you can't really learn from yourself.
1595	
1596	Rob Graham
1597	You just wait till you get in your lane and get some momentum. People will be lined up
1598	trying to get some of your energy and your time and your attention. Let me tell you I still
1599	have, we still have fun. We're in our 40s.
1600	
1601	David
1602	Exactly
1603	
1604	Rob Graham
1605	You've seen my group. We have a good time together. So don't worry about the
1606	temporary. I mean you need to have experiences. They're important, but you're going to
1607	have them, so there's no reason to press for em' and get knocked off your game. What
1608	else we got here?
1609	
1610	David

- My next picture is representing my family. I love my family. Without my family, well of
- 1612 course I wouldn't be here, but it's deeper than that, you know. My mom is really, she's a
- big impact in my life. Without her, I definitely wouldn't be here right now. I'd be doing
- something else that's not good, you know.

1617	
1618	David
1619	I could be on the street anywhere; there's no telling. I'm in college because of her, so I
1620	value that. I also value the rest of my family. They're always supportive. My grandfather
1621	helped fund my college, so I really appreciate him for that.
1622	
1623	Rob Graham
1624	And you're making him proud.
1625	
1626	David
1627	Yeah, yeah, definitely. And I'm doing great this semester. Like this is my best semester
1628	so far. I think I have like a 3.8.
1629	
1630	Rob Graham
1631	Beautiful, beautiful.
1632	
1633	David
1634	This picture is an image of Washington DC. I like the museums, like the Air and Space
1635	Museum. I like to go jogging in DC a lot. I also enjoy the new scooters in DC that you
1636	can ride. My next image is a picture of basketball. I grew up playing basketball; that was
1637	like my first love. I thought I was gonna be in the NBA. I think basketball kept me out of
1638	a lot of trouble like, kept my mind focused on doing something positive, working with a
1639	team? That was basically the biggest theme and the biggest lesson I learned from
1640	basketball, that teamwork. And that's the same thing with football.
1641	
1642	Rob Graham
1643	Un hun
1644	D21
1645	David Largey up playing feetball a let as well. Latenned playing after I broke my rib
1646 1647	I grew up playing football a lot as well. I stopped playing after I broke my rib.
1648	Rob Graham
1649	Mmm!
1650	TVIIIIIII:
1651	David
1652	So yeah, after I did that, I stopped playing.
1653	50 years, arter I ard that, I stopped playing.
1654	Rob Graham
1655	I bet you did.
1656	1 out you are.
1657	David
2001	

1616

Rob Graham

Un hun

- So this picture is of the school I attend, George Mason, of course. That was a big shift in
- my life, you know, you know, attending George Mason University, and when I was
- accepted, I still remember the feeling today. I was really excited, you know.

- Rob Graham
- 1663 Had you been to Fairfax before, before Mason?

1664

- 1665 **David**
- Not at all. I didn't even know Fairfax existed (Rob laughing hard). I heard of Richmond,
- 1667 Virginia. That's like really the only part, and I was surprised in Richmond how it's a lot of
- brothas out there. I never knew that.

1669

- 1670 Rob Graham
- 1671 That's where we are. It's Richmond, and then you get over there to like Virginia Beach
- and Norfolk.

1673

- **1674 David**
- And basically, meeting you at George Mason helped me just to have a mentor because I
- was really lost when I came to this school. I didn't know nobody. I didn't know how to
- get around. I didn't know what classes to pick. I didn't know how to survive in college. I
- was going through different experiences, and I didn't know what to expect. Like y'all
- helped me pay for my books, and my first semester, I couldn't afford books at all, and
- then I happened to join the MATE Foundation. You gave me advice with advisors, you
- know Ebony, and you spoke with her to make sure that she actually cares for me. That
- was really helpful for me.

1683

1684 Rob Graham

- She was exactly what I was looking for. So what you got going on with this brotha right
- 1686 there?

1687

1688 **David**

- I was saving the best for last (both chuckle). That's a picture of Martin Luther King, you
- know. That's who I look up to because he is a representation of equality. I want to be an
- image of equality, peace, just bringing everybody together. I believe that Martin Luther
- 1692 King has done a great job in doing that. We definitely wouldn't be here today, in the
- position that we are, there probably wouldn't even be Blacks attending colleges like this
- one if it wasn't for him. I believe that.

1695 1696

- Rob Graham
- We're not gonna win if you just in the Black lane, we're not gonna win anyway. The
- secret is building connections and coalitions. There's not enough of us; we're only 13%;
- we're not going anywhere alone.

1701	David
1702	Right
1703	
1704	Rob Graham
1705	We hook up with Brown people and Red people and good people. We're moving in the
1706	right direction,
1707	
1708	David
1709	Yes, and it's good you made that point because a lot of people think Martin Luther King
1710	fought for Black rights. He fought for everybody.
1711	
1712	Rob Graham
1713	Really for poor people. That was his dying message, poor people come together. Poor
1714	people have been divided on purpose.
1715	
1716	David
1717	Right, on purpose, right. It's systematic, everything.
1718	
1719	Rob Graham
1720	Yeah, systematic!
1721	
1722	Rob Graham
1723	Is there anything you think freshmen, entering freshmen brothas should know about the
1724	first-year experience?
1725	
1726	David
1727	Yes, definitely. It's important that all your teachers know you. That's one thing for a fact.
1728	It's important that you don't get distracted. I think TV promotes college life as partying
1729	all the time. We're going to be turning up 24/7, but in reality, that just throws you
1730	completely off track. I believe my first year, I was doing a little bit too much partying. It's
1731	cool to meet people and network, but you have to come in with a balance. And advise
1732	them all to get a mentor. That's a must, especially for African Americans, because this is
1733	a new environment to us.
1734	
1735	Rob Graham
1736	Un hun
1737	David
1738	David Disk and shages the group of people you agged into with as well because some people
1739	Pick and choose the group of people you associate with as well because some people influence students to do the wrong things like drugs and clockel abuse. I remember you
1740	influence students to do the wrong things like drugs and alcohol abuse. I remember you
1741 1742	told me, people think, oh I'm gonna meet all these girls at parties and stuff, but you go to
1742	the library here, you see the pretty girls in their books studying, so (chuckles). You can
1743	network in the library. That's a party.

1744	Rob Graham
1745	The library is full!
1746	
1747	David
1748	This is a party. Like while they're doing their work, you still having fun, talking, you
1749 1750	know, eating, sit down, and chilling and stuff. I try to stress the level of importance of not over-partying and coming in with a balance. That's the biggest thing, having balance in
1751	your schedule.
1752	y · · · · · · · · · · · · · · · · · · ·
1753	Rob Graham
1754	Is there any way that brothas can start preparing themselves for college while they're still
1755	in high school?
1756	
1757	David
1758	I think shadowing. You know, shadowing and attending college a few times before you
1759	actually attend the college. You get to actually see the college life when you shadow. I
1760	shadowed for Maryland.
1761	•
1762	Rob Graham
1763	When you say shadow, how long do you mean?
1764	
1765	David
1766	The whole day, like day and night.
1767	
1768	Rob Graham
1769	Oh, okay.
1770	
1771	David
1772	I did a shadow from 10 in the morning to like six o'clock pm, so, I was able to see the
1773	college life. I actually did a shadow here before I attended the school as well.
1774	
1775	Rob Graham
1776	That's a Mason program?
1777	
1778	David
1779	Um, yes, it's a Mason program for shadowing on campus. Yeah, you can just sign up. I
1780	forgot exactly what it's called, but I remember I just typed in Google, shadow Mason, and
1781	some website popped up. I was able to just schedule it online, and they assigned me to
1782	somebody, and they sent an email out.
1783	
1784	Rob Graham
1785	Hmm! If you could have done high school a different way that you think would have

made you more successful in college, what would that be?

- 1787 **David**
- 1788 That's a great question. I spoke last meeting about how a lot of people inner city keep to
- ourselves. You know we don't really speak on the bigger picture, have those deep
- 1790 conversations. I believe having those deep conversations creates stronger bonds that last
- longer, you know. I believe I should had those deeper conversations because I believe
- that that would have allowed me to grow socially in college, you know.

- Rob Graham
- 1795 Mmm! Hmm, interesting. That's real interesting right there. Anything you think high
- school counselors should know about the first year of college for African American
- brothas? What do you want those high school counselors to know about our experience,
- 1798 your experience?

1799 1800

- **David**
- I want high school counselors to be aware that when we first attend college, we're
- 1802 completely lost. That's just the reality of it, especially coming from a predominately
- Black area, and attending predominantly Caucasian institute. It's a different culture here,
- so you're feeling out of place a little bit. I kind of felt out of place. I also had a weird
- feeling that people were smarter than me because everybody just looked so intelligent. I
- 1806 felt like it'll be hard to make those social connections, like they like might feel like they're
- better than me. They have to understand that we have to start building the mindset early,
- 1808 like in high school.

1809

- 1810 Rob Graham
- 1811 When did you start feeling like, I'm smart? I'm just as smart as anybody else here on
- campus. When did that transition happen for you?

1813

- 1814 **David**
- 1815 I needed the male figure to talk to. So just me going out and doing different things, being
- in the environment. Like, I remember you sent me to go talk to Dr. Geoff. Just going out
- and doing these different things and having these different experiences, you're like oh
- okay, I could do this. And when you're actually looking at the work and communicating
- with these people you're like, oh okay, we're all on the same platform here, nobody's
- better than me. Me building study groups and just talking, putting myself out there. I had
- to really put myself out there and get involved in clubs and stuff like that.

1822

- 1823 Rob Graham
- 1824 How long did it take?

- 1826 **David**
- I'm not gonna lie. I'd say after my freshman year, like two semesters. That's how deep it
- really is.

1829 Coming into sophomore year I felt more comfortable, but freshman year I felt like I was 1830 completely lost and like I didn't belong in the culture at all.

1831 1832

Rob Graham

When you were having those thoughts like, hey everybody's smarter than me, did you 1834 ever think about leaving?

1835

1833

1836 **David**

1837 Yes, I'm not gonna lie. I honestly thought about leaving my first year. I thought I didn't 1838 belong here at all. I wasn't familiar with most of the majors, a lot of the classes, like the 1839 prerequisites for these classes. A lot of these students I spoke with, especially during my 1840 first year, I'm like, how do y'all know this stuff? Our high school taught the subjects. For 1841 instance, a lot of these chemistry classes and physics and stuff like that, I never had in 1842 high school at all. So I was just thinking about saying, you know what, forget it. I just 1843 want to leave. That's what the university needs to understand. This is a different world.

1844 1845

Rob Graham

1846 It's a different world.

1847 1848

1849

1850

1851

1852

David

It's a different level of education. I had to start from ground zero with a lot of the work I did, especially with math, because I didn't take any calculus class in high school. I don't even think they had a calculus class, to be honest. So I had to start from ground zero and do a lot of the prerequisites when I got here. I had to get tutors and go to the math tutoring center. I was the one in there all the time, just to learn.

1853 1854 1855

Rob Graham

1856 I can't believe you did it. One of the things I just think is so special about you is, you hear 1857 advice, and you do it!

1858 1859

David

Yeah 1860

1861 1862

Rob Graham

1863 A lot of people hear advice, and they don't do it. You literally do it! It's amazing.

1864

1865 **David**

1866 Appreciate it. I remember you gave me that advice, to go to the math tutoring center. I 1867 talk to a lot of people, and I give them the same advice. I'm like, you need to do this; this is the only way. The extra-curricular stuff you have to do outside of school, to succeed, 1868 1869 you just have to do it. We have to do extra. It looks easy for them because we kind of get 1870 disadvantaged; we feel like we're disadvantaged, and we start losing faith in school.

1871 We're looking at these people like, okay y'all, just do the work quickly. They're done in 1872 five minutes, and they could just go and have a social life, but we're sitting here working. 1873 1874 Rob Graham 1875 What you forget is, what you're doing is more remarkable because you're coming from a 1876 completely different place! The fact that you're here and fighting is more remarkable than somebody who's doing something that's already super familiar. 1877 1878 1879 David 1880 Right, exactly. It's more remarkable right. And towards the end, it's always a bigger 1881 reward, right? 1882 1883 Rob Graham 1884 Right 1885 1886 Rob Graham 1887 I think that's a good stopping point for us. You're so free flowing with the talk, I feel like 1888 I haven't had to work to get all the answers. I've learned a lot with you, and from you, and 1889 about you. By the way you've grown up a lot. You've matured a lot. Yeah, you just have 1890 an amazing outlook on life, and I think it's healthy and strong. You should be proud of 1891 yourself. 1892 1893 **David** 1894 Thank you, Mr. Graham. 1895

You know, to me, you were a boy when you got here, but you're a man now.

1896

1897

Rob Graham

Appendix D

Conversations with Ejike

Personal Background Narrative- Who Are You?

1	Rob Graham
2	First question, not typical, but it's just an intriguing question that seems to get at who
3	people are. Why'd you agree to help me?
4	
5	Ejike
6	One of my fraternity brothers, one of my neos, Vertner (Pseudonym)?
7	
8	Rob Graham
9	Yes. Now he's my man, now. (Rob laughing and Ejike joining)
0	
1	Ejike
2	Yeah, so he sent the flier to us, and I was like, the experiences of Black men at PWI's.
3	That's something that's fun and interesting, and I talk about it every single day, so might
4	as well talk about in a way that can help somebody with their research. The topic just
5	seemed interesting.
6	
7	Rob Graham
8	Okay, good. I appreciate that. Oh, by the way. What makes this research a little bit
9	different also is that normally, interview, one directional, but I'll be telling you a little
20	about me also. We'll get to know each other, and it's supposed to be conversational, so it
21	you're saying something important, I'm just gon stick with that and disregard my
22 23	questions.
23	E-O
24 25	Ejike
	Okay.
26	Dale Carelana
27	Rob Graham
28	So you said you talk about this stuff every day. What do you mean?
29 30	Ettle
U	Ejike

- As an example, I was talking to my little cousins. I'm from PG County, Maryland,
- 32 predominately Black county, and they are what, 17? They're seniors in high school, so
- they're in the process of applying to university. I was just talking to them about the
- differences between an HBCU and an PWI because they're writing their essays. And then
- one of them, she was asking me, how does one write about why they would want to
- attend a PWI?

Rob Graham

39 Mmm

40 41

Ejike

42 I told her I could provide insight because I grew up in the same county, and I go to a PWI 43 now. I let her know all the different aspects of diversity of thought, of background, of 44 culture, and all these different things. And then as it relates to the W part of PWI, I was 45 telling her the differences between PWI's and places like Mason; it's a predominantly 46 minority institution, more so than a predominantly White institution. I was telling her that 47 I have no reason to go to a predominantly White institution. I was like, I have nothing 48 nice to say about wanting to go to a predominantly White institution, because that type of 49 space is not a space that I would want for either of us. So that's just kind of one example of talking about a PWI and the aspect of being a minority at a PWI. And one of the main 50 51 reasons why I chose to go to Mason is the diversity aspect, because I've seen it show up 52 in many aspects of my personal life, day to day life, whether it be interning, talking with 53 friends that attended universities like Howard or other HBCU's, or interacting with other 54 people in the National Society of Black Engineers who attend HBCU's. Just different

55 56 57

58

59

Rob Graham

Un hun. Well your cousins sound lucky because you got it, I mean you do a nice job of laying it out there for them. Okay, let's see here. Who are you are as a person? It's a difficult question, but, you know, do your best.

60 61 62

Ejike

- Who am I as a person? In what context, though, because everybody has multiple
- 64 identities, and they don't all bring all their identities to every place they go, and really any
- place that they go. They always have to shift and code switch and all the fun things.

66 67

Rob Graham

Okay. That's a good rebuttle or whatever (laughing). What's the first thing that comes to mind, gun to your head, who are you?

70

71 Ejike

72 I'd say, if anything, I'm a driven, passionate leader.

background and different train of thought.

73 Rob Graham

Un hun

Ejike

This is my seventh year in university. Ever since the first year, I've been doing some sort of leadership something. I came in being freshman class president, and I'm currently a regional chairperson for a Black engineering organization, overseeing a membership of about 4,600 across 62 different chapters and leading an executive board of 22. So, from a point of where I was just a freshman class president, to leading regionally and sitting on a national executive board, I've never been one to shy away from leadership or growing my thought process in order to be a better leader. No matter how long one has been at leadership, there's always room for improvement.

Rob Graham

Absolutely. You're one of the few names of brothas that I've been hearing since I got here. Your name made it all the way to my office on the other side of campus. I was doing some research work for a course I was taking, a qualitative research methods course, and it was about Black folks supporting one another on campus. One of my participants brought you up as somebody I might want to talk to. I can't remember why it didn't happen, but I sat in on one of your meetings where you guys had some seventh graders come in, and you did some projects with them? You guys made like catapults out of...was that you guys?

Ejike

It was probably NSBE, but I'm not involved with the chapter, not as hands on. I was on the e-board for a time back, and I do what I can to stay involved, but just availability.

Rob Graham

Got it. So I'll tell you a little bit about myself, my background. I've been here since 2013. I'm a PhD student, education policy. Interested in Black male education, specifically the transition experience from high school to college, what's that's like, how we're supported. I got social justice reasons. I want to make sure that we're having an experience that's equal in terms of brothas being able to reach their goals, not being set up for failure. In a lot of the literature I've read and the experiences I've had, even brothas that did very well in high school, I'm talking about like valedictorian, student of the year, they still get to PWI's and places like Mason and wind up experiencing struggle, despite putting in all kinds of work. There's something amiss there. I decided that I'd make this little piece, this little lane, where I can be of service. I have an org that supports brothas in that exact transition. I've got some students right here on campus who my org supports. Scholarship, pay for books and supplies, mentoring, academic advising. This is not just academics for me; this is my life's work, being an advocate for brothas, Black folks in general. I'll expand after I get my degree, but this is my current lane. I work with international students, English learners. They're just a wonderful population, and it's actually informed my work, looking at the ways they're supported and what their needs

- 117 are. It adds to the ways that I look at supporting Black folks as we come on the campus.
- 118 I'm from Pasadena, California. Standard family. Lots of educators, people putting in
- 119 service for Black folks. I'm just grateful to be able to do this work, and that's about it.
- 120 Um, tell me about growing up, family, that sort of thing. What was your experience
- 121 growing up like? Role in the family? Family dynamic? How all of that contributed to the
- 122 man you are today. What shaped you?

124 Ejike

- 125 Well, as relates to family, I am the youngest of four. Nigerian immigrants. Immigrated to 126 the States in early January, 1998. Born in 95. At that point in time when we immigrated over here, my parents were like, it was harder than they thought to be in the States, and of 127
- 128 course when you add children to the mix, it complicates everything.

129 130

Rob Graham

131 Un hun

132 133

Ejike

- 134 Initially it was going to be my mom being here while my dad took us back to Nigeria. My 135 mom made the decision like no, I'm not going to be here without my kids, so we stayed 136 here, and my dad went back to Nigeria. And that right there was the foundation of my 137 entire upbringing, being raised by my mother in seemingly a single parent household with 138 my parents still being together. That was such a very odd thing to explain to other people. 139 No, my mom and dad, they're still married; my dad just is in Nigeria. I didn't really think anything about it. I feel as though maybe sixth grade and middle schoolish where I would 140 141 hear my classmates talking about, oh, my mom did this or my dad did this or my dad's
- 142 picking me up. I was like, oh, your parents live in the same household? That's a thing that 143 actually happens? That's normal? That's the standard? That itself is an entirely different
- 144 conversation that needs to be unpacked in therapy down the line (chuckles).

145 146

Rob Graham

147 Un hun

148 149

Ejike

- 150 But bringing it back, that laid the foundation for how my upbringing would be. My 151 mother raised us to be independent in a way that has now allowed me to do for myself 152 regardless of if somebody else does for me. I've seen that show up in many ways in my
- 153 life. Very core Nigerian values to a degree, and just constant reminder of who you are 154 and all those fun things. The question that you asked is such a complex question.

155

156 Rob Graham

157 Un hun

158 159

Ejike

Short question, long answer type of thing. So, I hope I answered the question in the way that's suitable for what you need.

Rob Graham

No, it's suitable, and it's good, and it's generic because the decision you make and how you answer it, is telling in itself. You know people approach that question in all kinds of ways, and your decision, it is what it is. I'm going to prod a little bit. But before I prod, when you said Nigerian values. Tell me some of those.

Ejike

Nowadays when I look at it, I see the folly in those values, but then it made sense, and it has made me the man that I am today. I heard a lot of, we came to this country for a better life. Never settle for less. Always push yourself. You're not like these Americans that are here. Remember you're Nigerian. Remember who you are, where we come from. Always pushing excellence. Always pushing academics. Always pushing us to go faster, farther than any of our peers. That constant drive to be the best no matter what. It makes sense but to a degree. There's never a need to put down another culture, ethnicity, racial group in order for us to understand why we should do and be better. Nigerians are very proud people, and we're naturally hard workers or go-getters. Once we set our minds to something, we chase after it like mad, and that's who I am as a person. I always tell people when it comes to my personality, I am like a bull, and to a degree, I don't make excuses for it. I also recognize that not everybody can handle bullish type personalities, and over the years that has cost me a great deal: relationships, friendships, working relationships, especially being a leader. All in all, those types of core values and those types of things allow me to keep going because I know the family that I come from, and I know who raised me and the sacrifices.

Rob Graham

Interesting. I think we have some things in common. First of all, on the family tip, standard family, two parents, two sisters, older. Dad was a Pan-Africanist type brotha. Somehow, he developed a love affair with Nigeria, and he spent, I guess, his health, his body attempting to build up the Nigerian economy. I've been digging through some of his old stuff now that he's passed and looking at some of his plans for like, developing agricultural spheres in Nigeria. Half of my life as a kid was my dad gone for like six months at a time in Nigeria. Also, my wife's parents. My wife's Haitian-American. Dad lives in Haiti; Mom lives in New York. Married. So, when you say that, I get it, off top. Talk to me about your siblings. You're the youngest. What's that dynamic like? You said you're a bull? Bulls don't come from nowhere. Are y'all all bulls?

Ejike

I have two older brothers and one older sister. My two middle siblings are twins, a boy and a girl, and the oldest brother is a male. And then that dynamic. My oldest brother was sent back to Nigeria around fifth or sixth grade for behavioral things, sent back to live

with my dad. So just three of us here. I was always like I am today, setting my own path in life. I don't like following after anybody's footsteps. I want to blaze my own trail. With my siblings, there was I might say, somewhat of a distance between us. We went to the same elementary school, and then I went to a different sixth grade than them. They went to the same middle school, but then they went to a military academy, which is just a local school in our area. And then I ended up at a magnet program at another school in the county because I was able to test into it. They both took the test, but they didn't make it, so I was already in a different, I was exposed to a lot of things.

Rob Graham

213 Un hun

Ejike

That's also a whole different world in terms of education and future career life. Regarding the bullish personality, all of us are extroverted. All of us want big things for our individual lives. We certainly don't settle. All of us are college educated. My oldest brother, he got his law degree in Nigeria. He came here, doesn't want to do law anymore, wants to get an MBA. My sister's currently pursuing her masters at GW in health administration, wants to end up being a CEO of a hospital one of these days. My brother did Accounting, so he's currently an accountant, has aspirations of being a controller or CFO and is interested in seeing what IT can do for him. Accounting is not really his thing anymore.

Rob Graham

Un hun. Tell me about your neighborhood stuff. Neighborhood in PG, town, what city, what town is it? Just tell me how your surroundings shaped you a little bit too.

Ejike

They didn't do a damn thing for me for real. We grew up in Forestville, Maryland, which would be a lower income part of PG County. We stayed in the same apartment well into my formative years, from about 1999 to 2017. So that's damn near 20 years we were in the same two-bedroom apartment.

Rob Graham

Un hun

Ejike

At a point it was a two-bedroom apartment where the youngest person that occupied that space was 22. Imagine being in that space. We have two older siblings, full college degrees in a two-bedroom apartment. It was trash. That apartment itself, did things for our sibling dynamic if anything, just in terms of us always being on top of each other and nobody having their own individual space to kind of go and be to themselves. But as it relates to the outside culture and outside the community, I attribute that to my mother and

- 246 how she raised me in the close-knit groups of like aunts and uncles that are in the general
- area or just came in and out. One of my aunts, she'll always tell my mom that, oh, you've
- done what even Nicodemus couldn't do, in terms of raising my siblings and me. No
- teenage pregnancies, nobody's on drugs, nobody's doing alcohol, everybody went to high
- school. Everybody went to university. Come May, I'll be the last of our mom's children to
- 251 finish college.

Rob Graham

254 She knocked it out the park.

255256

Ejike

- 257 With all those different things, we were never swayed by the environment that we're in.
- Never had interest in running with the Joneses, doing what all the local area boys were
- doing because I knew what I wanted for myself, and I knew that that wasn't the path to
- 260 get to it.

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Rob Graham

- Where'd that clarity come from though? I keep having these conversations, and I keep hearing, I dabbled a little bit, and then I straightened my path, but you, what's the word
- y'all use, curved? Y'all curved (laughing). You curved all that.

266 267

Ejike

- Honestly, I don't know what it is. For me, even at a young age, it was a combination of
- knowing what my end goal was, because for the Gallup top five strengths, the fifth one
- for me is futuristic. And my number one is input. I'm always very future-focused on
- where I want to go, the end goal. And with my mother's like upbringing and culture what
- it is, knowing that all these different things would be a deterrent to my ultimate end goal.

273274

Rob Graham

Un hun

275276277

Ejike

- I knew who I had to answer to when I got home, and despite my dad not being there,
- there was always this looming threat, if you don't shape up right, we'll send you back to
- Nigeria. Growing up the one thing that I struggled with the most I was, I was as my
- grandmother would call me, small and mighty. I was the troubled child. I was one that
- was always very mischievous, you know, talking back, going into my bullish personality.
- I was the youngest thing, and you know, in Nigerian culture age is a very big thing. That
- didn't make any sense to me, didn't matter. If I had an opinion, I was gonna say it. So,
- 285 that got me in a lot of trouble, but I have not changed.

286 287

Rob Graham

- 288 Great. So, you joined this project because Vertner hooked me up and shared my 289 recruitment details with you. Things sounded interesting and like an opportunity for you 290 to make a contribution using your personal expertise. You were given Nigerian cultural 291 values that were reinforced regularly, including drive towards excellence, independence, 292 and Nigerian exceptionalism when compared to your American counterparts, You grew 293 up in a humbler part of PG County in a small apartment with your mom and two older 294 siblings. Things were tight spatially, but Mom managed to guide all three of to academic 295 and professional success. You're a bull and a leader for life that has managed to shrug 296 off the negative community forces, guided by your goals and accountability to your folks. 297 Tell me about some important relationships outside of family that have sort of shaped 298 you, you know, influenced who you are.
 - Ejike

Sixth grade was really the time point when the teachers that I had started becoming mentor type figures for me, kind of guiding me. Almost teacher's pettish, but not like, oh, I'm gonna tell the teacher. Just getting to know them more on a personal level, and having other types of conversations like with my sixth grade teacher, Miss Givens (Pseudonym). It's actually very funny. Because our relationship took a turning point after, she had said something to me, and I called her a bitch.

307308 **Rob Graham**

309 Whoa! Sixth grade?

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299300

301

302

303

304

305

306

Ejike Yes

312313

314

Rob Graham

You're still alive. This is a great story.

316317

Ejike

- So, you know, got to the principal's office, all these different things, they called my mom.
- 319 After I came back from suspension, I don't know what changed in our relationship, but
- we just got closer.

321 322

- Rob Graham
- 323 I knew it!

- 325 Ejike
- 326 She started relying on me to do things. She would trust me to go to her car to collect
- snacks for our fundraiser, to help her out around the room. Then, my seventh grade
- 328 algebra teacher, Miss Woodson (Pseudonym), we still keep in contact. She was another
- person that really helped me in terms of just learning, and learning math. And seventh
- grade taking algebra is like a big deal.

Rob Graham

Right. I remember seventh grade algebra. I never got it; I needed Miss Woodson. (Ejike chuckles).

334335

331

Ejike

336 But when I would stay after to get tutoring, I was getting to know her on a more personal 337 basis. She always says that we were really the only class that she's been able to have real 338 conversations with. So, we would of course talk about math because that's the class, but 339 there are instances when CNN would be on in the morning as students came in. Then 340 we'd spend a good chunk of class talking about politics and what was going on in the world. Talking about different things allowed me a different perspective into the world. 341 342 She was somebody that always had students she would take to church or take under her 343 wing and mentor, and I was one of them. She knows my mom and my siblings and what 344 not. She permeated my family life. In high school, I had numerous teachers that held me 345 down in that way, taught me more than what the book said, taught me different things 346 about life, and that has shaped my upbringing.

347348

Rob Graham

Okay, okay. What's your vision for yourself?

349350351

Ejike

My vision for myself? In what regard?

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Rob Graham

I hate to do the cliche, five-year/ten-year thing. I went to a funeral a of couple years back; my best friend's mom passed. The funeral hit me in ways that I didn't expect. She was a warrior type sista. Oakland, seemed to be part of the Panther sphere. She taught at one of the North Carolina Black colleges. Anyway, I was at her funeral, and she's draped. I didn't want to look, but it's my buddy; he wanted me to see his mom. She was draped in this warrior garb, staff, just regal, even in death, real regal. But what struck me was just people lined up to say something, these testimonies about how she'd improved their lives and put them on the right path. I mean everybody from immigrant Black folks, local Black folks. It was at that moment, I kind of knew. I want this life for myself, influencing and helping people reach their goals. What do you want people to say about you when it's said and done? What do you want to have accomplished?

365366367

Ejike

- From a young age, I always wanted to see my name in lights. I always wanted to kind of be out there. When I was younger, I wanted to be an actor. Then after some time, I was like, oh, this acting thing is too hard to break into. Then I started trying to figure out
- another way to get out there and see my name in lights and what not. That's when I kind
- of got into the realm of politics. Had I been born in this country, I'd definitely run for
- president. I'm a big Beyonce fan, stan if you will.

374 375	Rob Graham Un hun
376	On hun
377	Ejike
378	And my favorite song from her is, I Was Here, and the particular lyrics, I want to leave
379	my footprints on the sands of time. I'm about just letting people know that I was here.
380	That's the type of impact that I want to have in this world, to know that I did something
381	that made a difference in the world and changed it for the better. That's the type of impact
382	that I would want to have. I thoroughly believe in the realm of mentoring; it's about
383	lifting as we climb.
384	č
385	Rob Graham
386	Un hun, un hun. I can work with that. Been to Nigeria lately?
387	
388	Ejike
389	Yes, I was in Nigeria last in 2017. I'm actually going there for Christmas and New Year's
390	this year.
391	
392	Rob Graham
393	Where are your peoples?
394	
395	Ejike
396	Um
397	
398	Rob Graham
399	And I don't know; I'm learning. Um, Lagos? What, Abuja?
400	T2**1
401	Clear along Walna Anombra State and then in Anombra may need and from
402 403	Okay, okay, okay. We're Anambra State, and then in Anambra, my people are from Agukwu. Agukwu; that's my village back at home. But, you know, when it comes to
404	being based somewhere, your family and what not, cousins are in Lagos.
405	being based somewhere, your family and what not, cousins are in Lagos.
406	Rob Graham
407	Got it. I think that's a good warm up there. I got a sense of you at least. I like to kill it
408	before it's dead, ride this good energy out. You mentioned earlier that you were a bull
409	and that regardless of age, you say what you need to say knowing there can be
410	consequences. I picked some of that up when you talked about important relationships
411	outside of your family and how your special bond with Miss Givens was formed.
412	Foundationally, teachers like her and Miss Woodson expanded your world view, and
413	provided mentoring and support. You've always wanted your name to be in lights and ou
414	in the world somehow, and if you were eligible you'd run for president. Politics have
415	replaced acting as your vehicle for having a wide impact, and you'd like to life others as
416	you make your professional and personal climb in this world. You and your peoples are

417 from Anambra State, and within Anambra, Agukwu. Does all of that get to what we talked 418 about.

419 420

Ejike

That sounds about right.

421 422 423

424

Connecting Personal and Educational

425 Rob Graham

- All right. So today I want to talk to you about your academic life, hear what that's been like, your road to that seat right there. I'll just dive in, do my thing, ask you some
- questions. Tell me about high school. Maybe tell me about the neighborhood in which it sits, the type of students that go there, and your experience there.

430

431 Ejike

- The neighborhood in which it sat is in Springdale, Maryland, the affluent part of PG
- County. Of course, PG County is the most or one of the most affluent predominantly
- 434 Black counties in the country.

435 436

Rob Graham

437 Un hun

438 439

Ejike

Springdale is vastly different than where I grew up in Forestville, Maryland.

440 441 442

Rob Graham

Who were the students at Flowers?

okay, do you, it's none of my business.

444 445

Ejike

446 It was interesting. Because Flowers had a magnet program, there were a subset of 447 students there. Here's the thing with Flowers. Flowers took in students from of course the local affluent parts, but it was also the high school for students in Glenarden, on the lower 448 449 income side of things. But, even though Glenarden was on the lower income side of 450 things, it wasn't even to the point of the general area in which I grew up. You had 451 students who for the most part grew up in two-parent households or maybe grew up in a 452 single family home or townhome. They grew up well enough off, but for some reason, 453 still wanting to perp that they're from the streets, from the hood type of thing. I was like,

454 455 456

457

Rob Graham

So, the folks from Glenarden sort of walked around having this sort of identity that they'd given themselves that they were more hood than everybody else?

460	Ejike
461	Yeah, don't get me wrong. Like Glenarden, Bright Seat Road, do have their gangs, hoods,
462	and all those different things. So you had people who came from that type of background,
463	and of course you have people who were on the more affluent side. Then within the
464	science and tech program, those students more or less would come from two parent
465	households, townhouses, single family homes, you know, nice sized houses and things of
466	that nature.
467	
468	Rob Graham
469	Mini mansions (chuckles)
470	
471	Ejike
472	And there's a good number of people in science and tech that are second generation
473	Africans. So the parents who came over to the States grinded, they went school, got the
474	degrees; they're doctors, some lawyers, some engineers, some are accountants, and
475	they're well off. Their children are reaping the benefits of what they've sown. So, ideally
476	it would be my children when I make it to where I want to make it, reaping the benefits of
477	what I've sewn, my parents have sewn. That's the group, the circle that I ran around with.
478	
479	Rob Graham
480	Who were those people that weren't Black? What are the other populations?
481	
482	Ejike
483	I mean, a lot of people. We a had a little sprinkle of Filipinos, a quick dash of White. We
484	had a little sprinkle of some Brown folk, but for the most part, Blackness was what it
485	was.
486	
487	Rob Graham
488	You got this, you have a real genuine two culture thing happening. Is that a fair
489	assessment?
490	
491	Ejike
492	Un hun
493	Del Carlor
494 495	Rob Graham
493 496	I mean you have a full mastery of and full experience of two cultures.
490	Filto
497	Ejike Un hun
498	OII IIQII
500	Rob Graham
200	NUU GI AHAHI

- Making sure I tell your story right. Okay. So, how would you judge your experience in high school? Was it a positive one? Was it a negative one? And were you active? What were you up to?
- 504 were y

505 Ejike

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507

518519

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542

I've been active, with regards to involvement in organizations and different things since elementary and middle school honestly. In high school, the first two years I did soccer.

508509 **Rob Graham**

- 510 Mmm! Like your boy.
- 511 512 **Eiike**
- Yeah, yeah. Then the third year I did football. The fourth year I started the lacrosse team
- along with some other of my friends. Sports weren't really my things, still aren't, but it
- was nice to do. The lacrosse thing was a lot of fun because we didn't have one. There are
- other high schools in the county that had one. Maryland is the biggest state for lacrosse,
- so the fact that we didn't have one, was like, oh.
 - Rob Graham
- 520 Hmm, I didn't know that.
- 522 Ejike
- In my third year, I also did drama club. I was also part of the Future Leaders of
- America's Government. Then I also did mock trials. I was also co-president of the
- African Student Association and the president of the Future Leaders of America's
- 526 Government. Then of course, we still had the whole science and tech thing that was going
- on. I was also National Honor Society my senior year.
- 529 Rob Graham
- You just been a busy brotha from the gate! How'd you do in high school?
- 532 Eiike
- I did fairly well. I believe I was about 36th in my class out of like 600 and something.
- 535 Rob Graham
- What kind of GPA did that get you?
- 538 Ejike
- I finished off around a 3.66 or something. I didn't do too bad. I credit it to my own work
- because I was always the type of person where a lot of things came naturally to me. And I
- did the amounts of work that I needed to do to not fail.
- 543 Rob Graham

544 Okay

545 546

Eiike

- 547 And doing that landed me with, you know, B's, and some C's, and some A's here and
- 548 there. I take extracurricular seriously. I mean that's shown up throughout my entire
- 549 collegiate career as well. I didn't really face any courses that were like, oh, I actually don't
- 550 know what I'm doing. Aside from physics. Of course I'd have to put in some extra time
- 551 here and there to do what was necessary, but for the most part.

552 553

Rob Graham

Un hun. And your siblings, they went somewhere different?

554 555 556

Ejike

557 Un hun.

558 559

560

561

Rob Graham

You mentioned physics, and there's some literature out there that says if you take classes that are advanced to a certain degree, it helps you prepare you for your collegiate experience. Did you take any AP classes or did,

562 563 564

Ejike

565 I did. I took AP Lit.

566 567

571

572

Rob Graham

568 This is good. Flowers sits in a more affluent section of PG County, different than where 569 you're from. The school was a Black space in terms of student body, with some 570 sprinklings of Filipinos, White students, and Brown students. Within the school there was a split between the affluent, the somewhat low income that took on a hood mentality, low income, and the children of immigrants. You were part of the social circle of high 573 achieving children of African immigrants, you were engaged in the science and tech 574 program, and you did quite well academically. Like you've been in college, you were also 575 super involved in extra-curricular activities. So, tell me about how you were prepared for 576 college by your high school. Maybe it was some counseling. Maybe it's a particular 577 college program or an individual or just tell me the ways in which people at your school 578 intentionally prepared you for college. This is the meat of this sandwich that we're 579 making here.

580 581

Eiike

582 Flowers prepared me primarily via the science and technology program with the science 583 of technology program and the teachers. They always pushed us to that extra level, and 584 their main thing was like, oh, we're teaching the way that we're teaching you because 585 when you get to university, teachers are not going to care about whatever. They will care 586 you just have to make them care, which is an entirely different conversation, and granted there are some people who literally won't care, but the main thing that was ingrained in us is they're not going to reach out to you individually. Furthermore, the Flowers science and technology program provided me with a good deal of exposure to different courses and ways of thinking, if you will. We're able to do our research practicum at the end of our high school career which is similar to a bunch of the poster presentations that people in their master's or PhD programs do. That exposure to that way of thinking and operation was really, really dope.

Rob Graham

What about the counselors? Tell me about your school counselors, what role they played in your college preparation.

Ejike

I don't recall them playing that much of a vital role in my college preparation. I will say that the science and technology program coordinator was more of our counselor than any other actual counselor. She was very vital in a lot of the things that were going on. She of course is a Black woman. She was a Delta which brought another level of complexities in the understanding of the collegiate experience. She was a Hampton alum. Her son was also in my grade, so she had a a visceral connection to the students in my class. She was very honest, always very willing to help. The way she talked to us wasn't really the way a coordinator of a program would talk to students; she talked to us like a Black mom.

Rob Graham

Excellent

Ejike

And one thing that Flowers did do around the university, around the school on the teachers' doors, they had these posters that had the degrees that the people had, and whatever university they went to, just to start reinforcing the whole collegiate thing. That was was pretty nice.

Rob Graham

So did you get any intentional, sort of direct talk about college? You got to college; somebody worked with you to help you get here. Was there anybody at school where you could say, okay this person helped me pick a school, this person introduced me to this field, so I understood this better. Was there anybody like that, doing straight up, pure college conversation?

Ejike

I did. Can't remember what it was called, but it was those habits, half a year-long course just on collegiate preparation. Granted, looking back on it now, it could have been better, there was room for improvement. But we'd look up different universities, find out their tuition, room and board, different majors. It didn't make sense then; it didn't click, for whatever reason. It wasn't until after I accepted my offer during the summer that I did some real intense research. I started realizing like, although a university may have a computer science degree, the way they go about doing that computer science degree is completely different. But that that college class was definitely helpful, and there were other teachers who were younger who talked to us about university from their experience.

636 Rob Graham

Ok, ok, ok. So, your siblings being older, did they assist you in your

Ejike

My older brother was schooled in Nigeria. My second oldest brother was an athlete, so he got a full ride to college, and his football coach helped him with that. My sister got a full ride to St. Augustine's in North Carolina and ended up changing to NC State, but her experience was different than mine. When both of them were, again they're twins, when they were applying to universities, I was in the 10th grade. So, what I was focusing on was completely different from their approach. And then when I was applying, both of them were in their sophomore year of university, out of state. So I didn't see nor use them as a resource for anything. So it was really just kind of like finding out a lot on my own. Of course, more or less being first generation, my mom couldn't help me. I relied on other people I knew from Flowers that did well. I remember the class before us, there were some high performing students, so I would lean on them more than anything else like, ask them some questions. Like, how do I do this, how do I do that? Those are the people who, if I had questions I would go through because I knew their experience was somewhat similar to mine to a degree.

Rob Graham

Okay so peers. Older peers were really helpful, as you kind of figured things out solo, bull style. Flowers High School prepared you in a couple of ways. Officially or programmatically the college preparation course that you took was helpful, differently helpful in retrospect. The information on faculty doors kept the spirit of college and college familiarity stirring. The school counselors didn't help with college preparation but the science and tech coordinator was. She approached the work as a Black mom to the students, and the fact that she was a Delta added some complexity to the thinking about the college experience. The science and tech teachers provided a rigorous course experience that was intended to serve as a preview of what was to come after high school. Given the fact that you are a first generation college student and your siblings journeys' were so different, you relied on older peers to close information gaps you had in preparing for Mason. How did you pick Mason? Why?

Ejike

I got rejected from my number one school, Stanford. Okay, so we're going to community college. And then after some conversation, with surprisingly my siblings, and then my mom, they're like, no, don't go to PG. PG is the 13th grade or whatever. Go to a four-year

- 673 institution.Okay. I'll do that. From there, I was now like, so what universities do I know?
- I don't want to be close to home, Stanford my number one is all the way across the
- country and I wanted to explore, but I ended up out of all my siblings, being the one
- closest to home. It's something that I do not regret because it has come in handy. Mason
- had given me a call. Oh hey, just letting you know that we're here, we got your
- application. I visited Mason's campus to see what's good. It was during International
- Week, so they had all the different flags in the JC at the perfect time. I saw the Nigerian
- 680 flag, and it was good. During that time, I ran into my would-be freshman-year roommate.
- He was also an Igbo boy. He was from PG County, and then his mom and my mom
- started talking. And we started talking during the visit, and you know from there said,
- let's be roommates. So after the visit ended, I was like, I don't really see any other
- university that I really care to go to. They have my program that I want to do, people are
- telling me it's a nice institution, it has nice name recognition in the general area, so why not.

687 688

689

Rob Graham

No Howard?

690 691 **Eiike**

- Never crossed my mind, I didn't want to do it. This is my whole thing. I grew up in PG
- County around Black people. I did not want to be in another environment that would put me around Black people. Love Black people, but I was more so, again, that futuristic
- strategy. Thinking forward into the future. Like, I will have my entire life to be around
- Black people. When I walk into this workplace, I'm going to be around all those different
- people, so I need to be in an environment where I'm exposed to that and it can be
- 698 controlled. And I can learn, grow build from that. So, when it is necessary, and I'm in that
- environment I would have already been exposed, so it would not be a culture shock.

700 701

Rob Graham

That's well put. Okay. You can answer this question anyway you want, obviously. This is a tough question. How did you think college would be, and did it wind up being how you envisioned it?

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Ejike

- Surprisingly, I didn't even know what college would be like. Again, first generation
- student, more or less, so I didn't have stories from parents, like oh, when I was in
- university, I did this as part of this. I had none of that. When I got here, I was just going
- off that independence that my mom instilled in us and taking it one day at a time. Any
- and everything that came my way, I just approached it head on and kept pushing. I wasn't really scared of college. I knew who I was, and this is the one piece of advice that one of
- my friends from high school told me. Know who you are, know your core values, and be
- uncompromising in this college environment. Everything will be tempting and try to
- persuade you to change and to compromise who you are. Do not let it do that.

Rob Graham

- First year. Would you describe it as a struggle, as smooth, or something else? How would you describe your transition to this place?
- 719 720

716

Ejike

721 My transition to here was definitely interesting because there was a part of me that felt 722 lonely, primarily because I would look around the university and see a lot of people that 723 came from Virginia Beach or Hampton or Richmond. They have their individual cliques 724 from their similar upbringing and surroundings, and that makes sense because Mason is 725 in Virginia. Normally, there's one other girl from Flowers here but her and I aren't that close. So, I joined organizations and what not. I was freshman class president, but at the 726 727 end of that year, they disbanded that entity. So I was like, no, I'm, I haven't really found 728 my place; I don't think I'll find my place here. I was considering transferring back to MD 729 because I knew like a lot of my friends from high school went to UMD. But, I decided I'd 730 give it one more semester here at Mason; then I would make a decision. My sophomore 731 year I was the vice president of an African organization, and I was also a senator in 732 student government. That whole aspect of being a vice president was really the turning 733 point of my finding my niche at Mason, staying here, and of my leadership. I was at the

starting point of my rise in the ranks in the Black community here.

734 735 736

Rob Graham

- So it sounds to me, I'm reaching into your brain a little bit, if somebody would have asked you about the secrets of your success here at Mason, you would attribute a lot of that to being so active in your extracurricular stuff,
- 739 740 741

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Ejike

Precisely, precisely because I thoroughly believe that you want to not simply attend a university, but be involved and have a holistic experience. I'm sure that some do, but it just does not make sense to me because I couldn't imagine just coming here going to class and going back to my room and doing nothing. That's just not my cup of tea. The best part about university is not the classes, not the education. You can learn all that stuff on YouTube. The best part about this is the experience, the conversation, the people, the arguments. The differences of opinion, the exposure, the workshops, the talks. The professors, the advisors, just like everything in between, the demonstrators. All of that makes up so much of a holistic collegiate experience.

750 751 752

Rob Graham

I agree. You know that's why I like working here. I think all the time that I can make more money or whatever, but I like being on a college campus because you can sit down, and you never know what kind of conversation you will find yourself in with an expert in some field and just kind of complete whatever mental map you've got going on. What kind of support, did you have when you got here from professionals, in terms of advising or anything like that? Would you say that you had some strong advising to help you with your transition once you got here?

Eiike

Oh, most definitely. I would not be the man that I am today without the strength, support, love, care, and advice of the people who have gotten me to where I am today. Going back to being freshman class president, the advisor was a Liberian woman who was doing her master's at the time. I'm 24, and she's probably like three, five years older than me, more like a big sister than anything else. There were other people in the organization, but the way she talked to me and interacted with me was coming from that mutual background of we're African, we think differently, we operate differently, we should show up and represent ourselves differently. She really held it down for me over the years. I've met with many advisors, many people, mentors official and unofficial that have really shaped who I am in my thought process and all of those different things. One of the most influential doesn't work here anymore, Gavin Graves (Pseudonym).

Rob Graham

I remember him. Used to teach the first generation transition courses.

Ejike

He was phenomenal in helping me find myself and my voice.

Rob Graham

It sounds a little bit, I don't want to use random like a negative word, but it sounds like the support you got was a little bit random in that it's sort of unexpected. Random that you would click with the Liberian sista. Random that you would click with Gavin. Would you say that there's enough support for freshmen coming in? Freshmen brothas coming in?

Ejike

They have to fight. They have to be willing to find it and fight for it. The support is there; people just have to know how to find it. And you know, knowing how to find it is going out of your comfort zone or asking questions of older Black people you see on campus: Black faculty, Black students, Black student leaders, the different group organizations on campus. If a Black freshman came to me and said, I don't know what I'm doing. I don't know how to do the college thing. I'm struggling. Can you give me some advice? I would find time in my schedule and have a conversation.

Rob Graham

I got two questions that I just feel like I need to ask you, and I don't even know if they fit what I'm trying to do here. If you had a couple of freshmen brothas come to you and say, what's a good organization to join early in my college career to help me kind of navigate and get my bearings and all that kind of stuff? Because you know, they can be floating in the wind a little bit. What would be the organization or the group?

Eiike

 That's hard for me to see at this point. It's hard for me to say, because the offices, organizations, and people that I knew are no longer here. So I can't wholeheartedly recommend something or someone to somebody because I don't know what their impact is with students.

Rob Graham

Got it.

Ejike

I honestly would even only be able to say the general ones. Of course, Diversity Services (Pseudonym) are there. In its heyday, my freshman and sophomore and junior year it was a place where Black students just went to chill, talk, kick it. It used to be a big after dark, but now Diversity Services has become like a transactional space. People just go there to get their needs met, and they keep it pushing. There's no longer that that safe space. From what I've seen, it has transitioned from a space for Black folk to a space more for like Brown, which kinda leaves Black folk out. And for me, you know, this being my seventh year in university, I have literally seen the Black community transition from it being somewhat close-knit, to it being what it is today, almost night and day.

Rob Graham

I made this assertion, and you kind of went with it a little bit, on the fact that you've got these two cultures. Do you think that the fact that you've got these two cultures has been a plus for you and your educational journey?

Ejike

Definitely. Because I don't consider myself African American, I don't consider myself Black American, I consider myself probably Nigerian American. Born in Nigeria, raised The States, but I was raised in a very Nigerian household. So Nigerian, within closed doors, and then, African American, outside or in the other community. So it's very much a dichotomy of how I see things, so I can understand how Black Americans process and how they think and understand. And then of course you have the Nigerian Americans and the Nigerians and how they think and process different things, and the, the two different cultures have shaped my way of thinking. So definitely very much a benefit, very much.

Rob Graham

Man, I could talk to you all day, got some good stuff. You should write a memoir. *This*place was your second choice after Stanford, decided upon after a campus visit presented
some positive signs in the hanging of the Nigerian flag, linking up with a fellow Igbo
brotha from PG County, and a conversation between your moms. Once here, you relied

843 on advice you'd received imploring you to remain true to your identity and values; that 844 was your protection against the forces that made transitioning to the university an up and down experience. Part of your "secret sauce" on all academic levels has been your 845 846 extracurricular activity, the piece of the university experience that you think is the most 847 important in crafting an enriching, holistic experience. You believe the resources are 848 there to support the transition to university for Black freshmen males, but they must look 849 and fight for them. Unfortunately, the Black campus community no longer has a safe 850 space for Black students that Diversity Services once was, as it has transitioned away 851 from Black and toward an emphasis on Brown. You believe your inner identity as a 852 Nigerian coupled with your outer identity as an African American has given you a broader lens and thus a general advantage as you have navigated Mason and the world. 853 854 You've been here for seven years, you've seen the history, Man. You got a lot to say, and 855 I think people can learn a lot from you, and people should really hear your voice. That's 856 just real you know, and helping Mason decide about policy issues and where to spend 857 their resources, who to spend their resources on. My Brotha, I appreciate you.

Appendix E

Conversations with Eve

Personal Background Narrative- Who Are You?

1	Rob
2	My first question I've been asking; I think it's informative. Why did you agree to help
3	me?
4	
5	Eve
6	Because our friend made me. (They both laugh)
7	
8	Rob Graham
9	He blackmailed you?!
10	
11	Eve
12 13	No, I called him for a professional favor for my principal. So then he was like, oh, by the
13	way, I have a friend that needs help.
14	
15	Rob Graham
16	Okay, so it was based upon our mutual friend; I can accept that. You know, it doesn't
17	have to be some kind of romantic answer.
18	
19	Eve
20	No, it's not. Sorry. (Both laughing)
21	
21 22 23	Rob Graham
23	Okay, okay. I appreciate it. My first sort of real question that I have lined up here, and
24	again, it's just to stimulate you to get going, is, who are you as a person? Maybe I'll start?
25	
26	Eve
27	Okay.
28	
29	Rob Graham
30	So I'm from Pasadena, California. You familiar with Pasadena, California?

31 32 Eve

Other than, isn't that where the Rose Bowl Parade is? (chuckles)

34 35

33

Rob Graham

36 That's exactly right. That's us. Los Angeles County, about 10 minutes from Dodger 37 Stadium. It's a lovely town. I grew up sort of in a typical kind of home. Mom, Dad, two 38 older sisters. Dad was a police officer. from Little Rock, Arkansas. Served in Vietnam. 39 Sort of a straight-laced kind of dude, very into supporting Black folks, Black businesses, and really a Pan-Africanist. He did a lot of work in Nigeria, trying to help them boost 40 41 their agricultural economy or something like that. He passed away when I was a senior in 42 high school. Mom from Chicago and a little bit more liberal, not as straight laced as cop 43 dad. She owned a preschool growing up. So those are my early memories, of sort of 44 running around and playing in the preschool. Having a family business and that sort of 45 thing. But yeah, they had that sort of story book hook up. Dad pulled her over (Eve 46 laughs warmly), and, you know, the rest was history.

47 48

Eve

Well did she get a ticket?

49 50 51

Rob Graham

That's a good question. I need to revisit this whole hook up.

52 53 54

Eve

I need to know (laughs)

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Rob Graham

Yeah, two older sisters, one nine years older than me, the other one three years older than me. Just a good family life. When I was about 11, my folks got divorced. But in sort of typical Black fashion, it wasn't your straight up legal divorce. They were just like, okay, we got to do something different. So there was still love there, but their arrangement was a little bit different. In fact, my dad lived with my mom's mom after that, so everybody would see everybody.

63 64 65

Eve

Hmm. And what brought you to the east coast?

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Rob Graham

- Howard. So, you know how it goes. You do what your older siblings do. My oldest sister went to Xavier University in New Orleans, so I was like, okay, that's college, and that's where I'm going. I went there for two years, and then my other sister went to Howard. I visited her and then my cousin. Immediately after one homecoming at Howard, it's like,
- 73 I'm transferring to Howard. (Both laughing)

74
75 Eve
76 Based on the parties (laughing)
77
78 Rob Graham
79 Based on the parties! Xavier is you. The cool kids, you know, to the parties of th

Based on the parties! Xavier is like a perfect little community. Everybody looks out for you. The cool kids, you know, the pretty girls, they were in the library. So, there's this super incentive to be a strong student there. Everybody knows your business, and they take care of you. You know Howard, it's like, good luck.

take care of you. You know Howard, it's like, good luck.

84 **Eve**

85 Right, right.

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Rob Graham

I essentially fell in every trap there was, but got myself together, graduated from Howard, went back to went back to Cali. Got my master's degree in Cali a couple years ago, and I was like, I need some more school.

90 91 92

Eve

93 Wow, really

94 95

96

97

Rob Graham

My undergrad degree I just scraped through. Graduated with like a 2.0. Master's program, I got my masters in English, and I just enjoyed the experience. All of a sudden, I became a school guy.

98 99 100

Eve

101 So where are your sisters?

102103

Rob Graham

My sisters are both in Pasadena. They went back. One is an English teacher, eighth grade.

And the other one, she's chief diversity officer at an arts college in Cali. So they're doing their thing. They're both educators. So tell me about you. Who are you? Where you come from? I know nothing, so this is great. It's nice and crisp.

- 109 **Eve**
- Yeah. I was born and raised in New York City. I moved out of New York City after I
- graduated high school, which was in 90. Went away to a SUNY school? I don't know if
- 112 you're familiar with them, State University of New York. They're very popular there.
- They were mostly junior colleges then, but they've expanded to being four-year colleges.
- 114 Mine was a junior college that had a campus where you can live on campus.
- 115 **Rob Graham**
- 116 Oh. So which borough were you?

117118 Eve

- I lived in Queens. I went there, and then after a year, my parents told me that they
- couldn't afford to send me to school and that I had to get financial aid. I go to the
- financial aid office, and there used to be a walk through for kids to cut through to the
- other side of campus. I saw these guys there that I knew, and I was embarrassed! So, I
- never went through with the whole financial aid thing, because my best friend that was
- there with me, her parents had money and they still have money.

125 126

Rob Graham

You were embarrassed because you needed some support?

128

- 129 **Eve**
- Right. Not that they knew why I was there, but it was just, you know, my young, dumb
- mind. And my mom and dad didn't really know enough about college to explain how it
- works. We never really had conversation other than you're going to go to college, right?
- 133 And I'm like, yeah!

134 135

Rob Graham

136 Un hun

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- Eve Yeah, kinda like what you said. My brother went to this school, so I went to the same
- school. So that only lasted for a year because after that I couldn't go back to school. And I
- didn't complete the financial aid process. I didn't know how. I didn't have that support,
- because my parents didn't even know how. I went back to New York City, but my parents
- moved to upstate. So, they were out of there, and I was just chillin, wildin' out, got
- pregnant with my first daughter. That was around 19, 20 years old. I moved upstate with
- my parents, and they helped me raise her. I ended up going to a community college,
- graduating from there, and transferring to Syracuse University. While I was living in
- 147 Syracuse, I met my husband at the time. So he was

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Rob Graham

I hate to cut you off. So, this move upstate and giving birth to your daughter eliminated all that, hey, I'm embarrassed about needing some financial aid and all that?

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- 153 **Eve**
- I had a totally different way of looking at life then because I had a daughter. I didn't give
- a crap what people thought. That opened up my door to a lot of aid, being a single mom,
- low income. So, Syracuse University, met my husband. We moved to Maryland because
- he's from this area, and then we had two children together. He helped me raise my oldest
- daughter like she was his own. And then in 2007, my father passed away.

160 **Rob Graham** 161 Sorry 162 163 Eve I knew then that I wanted to a divorce. I was like, oh no, I can't do this. I just saw my 164 165 father die. I just brought life in, I've seen life go. I'm not doing this in-between thing 166 where I'm not happy. 167 168 Rob Graham 169 Un hun 170 171 Eve 172 We had been struggling for a while within our marriage, so we separated, and he was 173 kind of surprised because I had no family here other than my kids. I left and had no one 174 but my kids and my good girlfriend. She's what I consider my family here. She was my 175 rock, my support system, and she happened to be going through a divorce. I had been a 176 stay at home mom and loved every minute of that. My kids loved it. To this day, they still 177 talk about what a great time we had. My friend was also a stay at home mom. 178 179 Rob Graham 180 That's nice. We don't usually have the opportunity to have or be a stay at home mom. 181 182 Eve 183 Right! Our kids are similar in age, so it worked out great. And then she ended up going 184 back to work. And then like I said, I knew that I wanted to get a divorce. I was like, what 185 can I do? I needed to work, so I started working in PG County. From there, I was like, oh, 186 I want to be a counselor. Went back to school to get my master's degree 187 188 Rob Graham 189 What were you doing initially for PG County? 190 191 192 I was a paraprofessional. I had my degree, but I didn't have a teaching degree. 193 194 Rob Graham 195 Un hun, un hun. 196 197

Eve

198

199

200

201

202

My goal was to be able to still support my family, not financially, but I mean, in the way that I did, because I still managed their lives. You know, games, practices, medical appointments, all kinds of stuff like that. They were in private school, so I was like, I'm going to move to an area where they can go to public school, and that money that you're using for private school is going to become the money that you're going to support us

with. That's how the transition happened. Three years later, we got a divorce, and then 203 204 five, six years ago, I moved to Virginia. I absolutely love it.

205 206

Rob Graham

207 Okay, so you have all girls or?

208 209

Eve

210 Two girls and a boy. My oldest and youngest are girls, my boy is the middle one.

211 212

Rob Graham

213 What are their ages?

214

215 Eve

216 27, 22 and 19.

217 218

Rob Graham

219 Wow! It seems impossible that you have a 27 year-old (laughing).

220 221

Eve

222 Un hun. Well I had her when I was 20.

223 224

Rob Graham

225 Okay, I'm going to keep track of things for a moment. You're a native New Yorker,

226 Oueens to be exact. You, like me, followed in your older sibling's footsteps when it came

227 to your first college journey. You needed financial support, but you were too

228 embarrassed to seek it out because you were worried about what your well-off friend and 229

homeboys might think. You wound up dropping out of college, hanging out perhaps a bit 230

too much, and becoming pregnant with your first child. Your daughter's birth helped you

231 to rethink your priorities, get back into school, and seek the financial support you

232 needed. Your parents were supportive of you, especially as it pertained to your daughter,

233 but they didn't have the experience to be of much help when it came to navigating

234 college. You got married, moved to Maryland, expanded your family, and after your

235 father's passing, you knew you needed a divorce. You became a paraprofessional in PG

236 County with your eyes on being a school counselor. You talked mostly about your adult 237 family that you created. So maybe tell me about growing up a little bit more, childhood

238 and such.

239 240

Eve

241 I had the best childhood in the world. I was broke, lived in the hood but didn't know I live

242 in the hood. I heard Chris Rock sum this up, and I was like, oh my gosh, that is me. He

243 said something about leaving Brooklyn one time or wherever he's from. He said, I didn't

244 even know I lived in the hood until I left the hood. And that's how I felt. I went far away 245 to school on purpose. My sister was like, you're not going to go to the neighborhood

school like we did, so I took two buses across town to go to school. I met my best friend, and when I saw how she lived, it was like the Huxtables! I was like, what the heck! I had my mom and dad; they just didn't make a lot of money. I didn't know people could live like this!

250251

Rob Graham

252 Mmm!

253

254 Eve

- You know what I mean?! And so that was kind of eye opening, game changing for me.
- Like I said, I had the best childhood. I played outside until it was dark. I mean, literally
- all day long. I didn't sit up under my mother like the kids do nowadays. I feel like we
- were out just creating our own fun. Run, catch, and kiss, you know, tag, all kinds of stuff.
- 259 I was a tomboy 100%.

260261

Rob Graham

- So Queens. I don't know a lot about New York. I have sort of mixed ideas about what Queens is. I mean, there's Nas Queens, and then there's that neighborhood. Sorry, all I've
- Queens is. I mean, there's Nas Queens, and then there's that neighborhood. Sorry, all I've got are the hip-hop references!
- 265

266 Eve

That's okay

268269

Rob Graham

And then there's 50 Cent's Queens, sort of looking more like a neighborhood

271

- 272 Eve
- 273 Right

274

275 Rob Graham

Which Queens?

277

278 Eve

- So a combination of the two. We lived in a single-family home. It was a two bedroom
- with six of us. I have two brothers and a sister. I'm the youngest. My brothers didn't have
- a bedroom, so they slept in the basement that was unfinished. But they couldn't sleep
- there in the winter, so they slept on the couch. I don't really remember a lot about my
- brothers because they were so much older than I was, and I have a terrible memory. Then
- 284 my oldest brother went away to the military, and my second oldest brother went to
- Queens College. That's why I said I followed in his footsteps. My sister kind of did her
- own thing. She went away to college for a little while, didn't really work out. I just want
- to note this note this, please record this. I have the most education out of all my siblings,

but I make less than \$100,000. My sister who has no education makes almost \$200,000.
Hurts my heart.
Rob Graham
Yeah, I've done more school than any of my buddies, and I make the least amount of money in my whole

295 Eve296 Crew?

Rob

Yeah, I know exactly what you mean. I mean, I make the least. People are like, so what are you going to do when you're done? I'm like, going to be tenure track faculty, and I tell them what my starting salary will be, and they're like, that's it?

Eve

304 Un hun!

Rob Graham

People think that professors start out making a lot of money and that they have like this cushy sort of life, but really, it's sort of, it's a mission. So certain things you got to do them because you love them. And I mean, you could be doing less stuff for work. Obviously, I mean, you know, you could be

Eve

Oh, we're going to get into that (Rob laughs) much later. But I want to say I don't know how I can be a help to people when I'm struggling right now. I don't know. I'm like, don't follow what I did. Do the opposite. That's what I tell my kids.

317 Rob Graham

But you do have a wisdom about you, so when you say you don't know what you can help, I mean, you have a wisdom, and you have a pure delivery.

Eve

Do the opposite of what I did. (both chuckle)

Rob Graham

I don't want to cross over into the professional realm quite yet, but I can just see your wisdom and your life experiences and the care for your children and sort of doing what you have to do. And making it happen. To me, that's a thing. I don't know if kids are getting enough of that conversation?

331	Eve
332	My kids, or?
333	
334	Rob Graham
335	Kids in general
336	
337	Eve
338	Oh
339	
340	Rob Graham
341	Anyway, I just want to give you some kudos real quick.
342	
343	Eve
344	Thank you.
345	
346	Rob Graham
347	So, some important relationships in your life? Family is important, but how about some
348	other important relationships outside of family that have been pivotal or put you on a
349	certain path?
350	•
351	Eve
352	Like I said, my girlfriend who lives in Maryland, and my best friend who lives in New
353	York, but it was just more like supportive. Not like they influenced me necessarily, if
354	that's what you're looking for. I hear people talk all the time, I remember this one teacher
355	said this to me. I don't have memories like that. Not to say that someone didn't do that,
356	but obviously it didn't touch me, so I don't know. I've always felt like I've been super
357	independent, and I know that we don't go through this life alone. I'm well aware of that,
358	but I'm an independent thinker.
359	
360	Rob Graham
361	What did your parents do?
362	
363	Eve
364	My father was a chef for the Mobil Corporation, but back then cheffing wasn't
365	glamourized. And my mom was a dietitian.
366	
367	Rob Graham
368	Mmm!
369	
370	Eve
371	So basically, she was for the New York City Public School system. She planned all of the
372	menus for the school system, and all that good stuff. And when they hosted stuff, she
373	would do the catering and stuff for that.

374	
375	Rob Graham
376	I know this is out in the air a little bit, but what are some values that drive you? Some
377	things that are important to you?
378	
379	Eve
380	Stability.
381	
382	Rob Graham
383	Un hun
384	
385	Eve
386	Having stability, especially after getting a divorce, and financially having to adjust to that
387	divorce, to that lifestyle. So that was very important to me. And I'm just, after however
388	many years of being separated, let's say nine years, getting to a point of stability in my
389	life. I needed to provide stability for my kids because we moved a lot. I gave up the
390	marital home because I didn't want to live in PG and my kids to go to PG schools. So,
391	tried the Charles County, Maryland thing. My son hated it. In fact, he hated it so much
392	that I said, hey, what about moving to Virginia? He was like, let's do it, and he was going
393	to be a senior in high school.
394	
395	Rob Graham
396	Wow, that never happens.
397	
398	Eve
399	Right! Whereas my youngest one hated it! She hated Virginia. Or hates it still. She had
400	the worst experience ever.
401	
402	Rob Graham
403	What did she hate about it? I mean, I know it's not the Blackest thing in the world.
404	
405	Eve
406	This is the most diverse place I've ever lived, and I love it. But for my daughter, she was
407	looking for, I guess she liked the Black experience, if you will. But the Black people in
408	Virginia are a little different when they're native to Virginia, and there's a lot of Black
409	people. People don't understand, like Alexandria used to be nothing but Black.
410	
411	Rob Graham
412	Right. Virginia, in fact, is 20% Black.
413	
414	Eve

Anyway, she didn't have a good social thing. And this whole growing up at this age, uh! It wasn't easy. She got into some social issues, she trusted this girl that I couldn't stand.

And of course, I had to let it all play out. But it really would got to a point where, and I don't say this often, she was being bullied!

419 420

Rob Graham

421 Mmm!

422

423 Eve

And it was like breaking my heart because I'm from New York. I'm like, talk about their mama!

426 427

Rob Graham

Right. I'll tell you some values that drive me maybe, tell you why I'm even doing this work. I came to Mason, back to school for more action. I've been working with international students and ESL students.

431

432 Eve

433 My favorite population.

434 435

436

437

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439

440

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442

Rob Graham

Un hun. I thought I was going to be studying grammar or something to that effect, that would make it easier for students to acquire language. My strategy was to take some PhD classes as a non-admit, prove myself, and also get a sense of the landscape. They didn't have the classes I was interested in, so I took an educational policy class focused on school reform in the U.S. Took the class, and started learning about Black folks and our educational history and our educational experience. I was very disturbed by what I heard and read. I was like, damn it! The things I thought were sort of accidental, just sort of legacy of slavery, were intentional,

443 444 445

Eve

446 Systemic? (chuckles lightly),

447 448

Rob Graham

- Systemic, and intentional sabotage. I wasn't trying to deepen my awareness of the
- struggle. I avoided it, but I just started reading, and decided that if I could do this work,
- then I must. So I switched over. And then of course, watching the news cover Trayvon
- 452 Martin, Mike Brown, all that stuff was killing me, killing me. It determined that I would
- support brothas in a sort of hands on way along with research.
- I essentially gave the first half of my professional career to English learners and
- international students. It's been wonderful. I owe everything to them, but I'm intent on
- 456 giving the rest to Black folks.
- 457 **Eve**
- 458 Right

460 Rob Graham

- Is there anything else I should know about you, or that you'd like people to know about
- 462 you?

463

- 464 **Eve**
- No, in fact, I'm the exact opposite. I don't do social media. I don't take pictures. I don't do any of that stuff.

467

- 468 Rob Graham
- That's why I don't know who you are. (chuckles)

470

- 471 Eve
- 472 Un hun! I know. That's why I told you I'm a loner. I don't want to say a loner. I'm very
- independent. I'm an independent thinker. I don't need a group of people. Like I'm totally
- 474 the opposite of most people.
- 475 Rob Graham
- 476 Un hun. Well, I appreciate you giving me this time. I think maybe, I think this is a nice
- atural stopping point for our conversation. You know, kill it before it's dead!

478

- 479 **Eve**
- 480 Right.

481 482

- Rob Graham
- So our next conversation we'll talk a little bit more about the the piece that people really
- don't know, which is what you do. I think if you ask 20 people, what counselors do, you'll
- get 20 different answers. If you ask people what the context looks like, the workload, even the physical space. I think nobody knows, so people just have their imaginations. I
- 487 mean, I don't know, and I read and this is of super interest to me.

488

- 489 **Eve**
- 490 I'm ready for this conversation (and chuckles).

- Rob Graham
- 493 Let me put this stuff in a nutshell. You had a great childhood in Queens, NY where you
- 494 were raised with three siblings in a single-family home in the hood. Despite your dad
- being a chef for Mobil and your mom being a dietician for New York City Public Schools,
- 496 your family was low-income. You didn't realize you lived in the hood until you were
- 497 exposed to the home and neighborhood of your best friend that you met at the high school
- 498 away from your own neighborhood. You met your husband in Syracuse, moved to Prince
- 499 George's County, MD, and grew your family. After your dad's passing you realized that
- 500 it was time for a divorce. This was a daunting experience given that you'd been a stay at
- 501 home mother for years and out of the workforce that you would need to rejoin. You
- became a paraprofessional before deciding on school counseling as your next act. You

moved to Virginia to get away from the PG school system and the need for private school for your kids. You love Virginia for its diversity, with your son loving it and your daughter hating it. You are an independent thinker and person that has focused on stability for you and your kids. That has been your driving force.

Educational Experience Narrative

Rob Graham

Thank you for being here again, of course. Today we're going to get a little bit more into the professional side of things, exploring your job and what got you into it and all that kind of stuff. I'll just jump in and start asking away. Forgive me if some of the questions are a little bit redundant. So, tell me how and why you got into school counseling.

Eve

So when I was in high school, they had this career and college center. It was a room full of books, cause back then, you know, things weren't really on computer. Lot of books on a lot of colleges, and we had this one teacher that was a psychologist. I don't know how he got into the position of being in charge of that room, because he wasn't always there, but you could go there, and he would say, here you can do this, you can do that. In my mind, I always thought I wanted to be a psychologist,

Rob Graham

Un hun

Eve

and as life progressed, things just didn't play out for me where I could spend that much time focusing on becoming a psychologist. I started a family early and I focused on that, being a stay at home mom. While doing that, I continued to pursue my dreams of going into counseling. I was on my way to becoming a licensed therapist, but this fluke thing happened where I found out the school that I was going to didn't have accreditation for their LPC license, practical whatever counselor, I forget what it stands for.

Rob Graham

536 Un hun

Eve

On the last day to drop classes I found out, so I had to go run and drop a class because they were not accredited. So it forced me into the school counseling piece because that program was still accredited.

Rob Graham

Mmm! It's kind of a natural shift, right? Not too much of a departure, right?

546 Eve

Not too much of a departure. Well, kind of. We'll get into that.

548549

Rob Graham

550 Okay

551552

Eve

So I was thinking, okay, well, it's kind of like parallel, so why not? And that's how I got into the school counseling realm.

555556

Rob Graham

Okay, okay. I said, not too much of a departure, and you were like, well...What do you mean by that?

559560

Eve

In school, we don't do a lot of counseling. We do a lot more academic counseling and a lot more Band-Aids on a bleeding heart. Oh, like I'm feeling this way; I have anxiety.

Mmm, sorry, do you feel better now after we talked because you got to go back to class now. Because we're not licensed therapists we don't have a couch in our office. We don't have a lot of time to dedicate to that piece, the personal-social growth piece. We're more focused on graduating you, graduating you on time, getting you to your post-secondary goal. That's more of the focus versus your overall well-being.

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Rob Graham

Do you have a school psychologist?

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Eve

We do, but the school psychologist is divided between schools, so he's only there maybe two days a week. He is phenomenal. When I talk to him about a student, he will go out of his way to meet with the student. But we do more of a triage. We can refer out, but we only have this one resource that's now in the schools, and they're not always going to be in the schools. It's like a grant, so, we have it for right now, and at the beginning of the year, we didn't have it.

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Rob Graham

Mmm. Interesting. I think that's a nice transition. Before we get into the specifics of your work, maybe you could give me a little sense of the context, and I'll just lump these questions together, and you can just hit them however you want. And just you know, I'm not beholden to my questions. I just want to stimulate conversation. Tell me about your school. What kind of students do you have? Tell me about the neighborhood, maybe where the students are coming from. Tell me about your colleagues and the leadership in your school.

589 Eve

590 I'll start with leadership.

Rob Graham

593 Okay.

Eve

I feel like Prince George's County has underdeveloped leadership. There are basic things that come with Leadership 101 that I've felt in my 12 years. Well, I'm going to take that back. The team that I started with was strong. They were outstanding, but that was at the elementary school level. Both of the elementary schools I worked in in PG County had strong leadership. Then I shifted into high school when I came out of the classroom into counseling and leadership. That particular principal was new at the same time she hired me. But my gosh, she lived in a fantasy world with unicorns and rainbows. It was crazy. And for six years, I was under that leadership, and she had a lot of personal issues going on.

Rob Graham

So this is high school now?

Eve

This is high school. She had a lot of personal issues that she brought to work with her when she came to work, so she wasn't consistently at work. She left us astray to the point where people from the area office had to step in for her in her absence. For the last two years of my six years being there, everything was awry. I mean, everything. The students walked the hallway like it was the mall. They had no respect for education. They were completely and totally disconnected from education. That particular population didn't really go to college. They didn't really understand post-secondary goals. But where I am now, same thing, weak leadership because they can't deal with confrontation within the workplace.

Rob Graham

Do you think there's a different set of skills required between elementary and high school, like a different type of person needs to be in that leadership role?

Eve

Absolutely. Clearly. The first principal I had in high school would be great as an elementary school because I felt like she lived at Disney World where she could make all dreams come true (Rob chuckles). Clearly she needs to be in elementary, but when you get into high school, the instructional staff is a lot more clickish. I hear a lot of "I" statements, whereas in elementary it's a lot of teamwork. It's, we're in this together.

Rob Graham

632 Un hun

633

634 Eve

I see a lot of that. A lot of them are new to being assistant principals. So there's four assistant principals and one principal, and this is her second year of being a principal. I was quite shocked when she got this school because ours is known as like the high school of the South. It's like the mecca of the South.

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640 Rob Graham

Just because I know so little, when you say of the South, are you saying they

641 642

643 Eve

644 Of the county

645

646 Rob Graham

Okay, so even though it's one county, were talking about two different contexts? South and north?

649 650

Eve

Absolutely, and even central, but they don't divide it up that way.

651652653

Rob Graham

654 Un hun

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Eve

But it's clear, the northern end of the county, they get more, bottom line. They get to schedule classes the way that they want. I mean, they are the only school that has no uniform policy in the county, as far as high schools. They get a lot more. They're always making the list U.S. News top 100 schools or whatever, so they have more resources available to them. And so my school, it's important to know the population because it's roughly 1100, 1200 students. 600 of them belong to the science and tech program, and you have to qualify to get into the program. What I've noticed is those parents tend to be together still, mom and dad households. This is shocking to me because the high school I came from, it was rare that it was mom and dad at the table together. So this is totally different. I have about 400 students, and about 300 of them are science and tech students, so I'm having totally different conversations with the students and parents.

667 668 669

Rob Graham

So it's like the old adage, school within a school. Two schools within one building almost.

672

673 Eve

- My current students cry because they can't get into AP classes, whereas the school I came
- from, they cried because they had to go to class. They make me sharpen my skills. We
- get requests from colleges all the time. I didn't get those requests when I was at my
- previous school. We barely could get colleges to come out. But now they're banging on
- our door. I'm talking about like, Princeton, Harvard, Georgetown, like

679 680

Rob Graham

Really?

682 683

Eve

These kids really go to colleges, and they go to strong colleges, like solid academic colleges. So like I said, the conversations are way different but in a great way. The parents, awesome. We can agree to disagree when they come in, want something for the kids because they want it.

688 689

Rob Graham

When you say awesome parents

690 691 692

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696

Eve

Science and tech. I've actually appreciated all the parents that come to the table because even our non science and tech parents who are single parents, like working two jobs, we may have a different view on how life should be lived, if you will, but they're there to support their students no matter what. Anytime a parent comes to the table, I'm just happy to have them.

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Rob Graham

Let me make sure that I'm keeping up. You got into school counseling as an alternative to your first choice of being a therapist because the program you wanted to be was no longer accredited. You're at a school of about 1,200 students in the half of the county that is less-resourced, with a population that is mostly focused on science and tech. Despite that fact, colleges regularly visit and try to recruit students. While on the job you don't have the opportunity to counsel students holistically in the way that they often need it because of your professional training and because the focus is really on graduating students and getting them to their post-secondary destinations of choice. You have a psychologist in your school that is responsive and effective, but he splits his time between there and other locations so he is not there every day. Your school leadership is not very effective which adds to the challenges of the job. Your 400-student load is a mixture of mostly high achieving students that qualified for the science and tech program and regular students. You appreciate the ambition of your science and tech students and find that they force you to develop as a professional. Both populations have parents that are as active as they can be in their students' academic lives, and you appreciate both the parents of the high achieving students who regularly attend parent-teacher programming

and the parents of regular students that are less able to be active but still committed to their students' success.

718

719 Eve720 Yep

721

- 722 **Rob**
- Well, I entered this research under the idea that everybody has ideas about what school counselors are doing, but nobody really knows except people who are actually in the profession or in the schools. Tell me about your team, how your team is organized and all that. Is there team leadership? How about the space? What does it look like? If you had a GoPro on your head, what would it look like?

728 729

- Eve
- 730 The high school's relatively new. I think it was built in or opened in 2012, 2013? And it's called a one to one school, so it's supposed to, it's supposed to be this high tech school.

 732 Every student gets a Chromebook. And not everyone in the county gets that. Most
- schools don't get it in the county that I'm in. It's a beautiful looking space.

734 735

Rob Graham

736 Hun!

737

740

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- 738 Eve739 The
 - The counseling suite is bright and nice, but our offices are small. I call my office cellblock two (Rob laughs). In fact, I wish I had my keys because on my key it says, CB2, and I have the second office (both chuckle). But as far as the team, we are a broken team, and I knew that going into it, but I had no idea it was that broken. So we have one counselor that's our lead counselor. I think maybe she has eight years of counseling experience. She knows a lot. She is gifted in that area; she just understands. She can read policy and understand it and just memorize it. I kind of looked forward to working with her because I knew that she had that, but I just didn't know she was this intense.

746747748

- Rob Graham
- Are you intense? I think you've got some intensity to you.

750 751

- Eve
- No, not like this. Let me just say, we have four counselors. She's the lead. She has the most experience, then I come in at six years. And then the other two come in at maybe three years experience of counseling, and one of them is super. I'm the oldest, the least experienced two are maybe 30 and 20 something, and the lead is late 30's. I'm 40 whatever, so it's an interesting dynamic, that I'm the oldest person.

757 758

Rob Graham

759 But still not old.

Eve

Right. But I come in with a team spirit 100%, and as I transitioned into this school, I had a hard time. I really I hated it. I was feverishly looking to get out of the county at that point. But then when people would come into the building, they'd say things like, Eve, you're here because you are known in the county as a change agent.

Rob Graham

Hmmm! That's nice.

Eve

That doesn't make me feel good though. They say, look, you turned that team around at your last school. It was super dysfunctional when I was started, and it was still dysfunctional when I left, but we were a happy, dysfunctional family. We came at it together. We were a united front 100%. Here, oh my gosh, our team lead is so enveloped in herself! It is insane! To the point where she has one of the team members shook, where she cries almost daily because you can't approach her. She has the least amount of experience, and our team lead thinks it's her way or no way. I learned under a different model, if you will, and there's more than one way to skin a cat. So I'm like having to retrain that particular counselor. I think this is really important to know because that particular counselor was put on administrative leave her first year because she was about to graduate a student that didn't meet the requirements. So our county went under a lot of fire because of graduation. We had an audit recently by the state,

Rob Graham

Un hun

Eve

well by a private company, and a lot of things were found, including the reality that we don't operate in the 21st century. We literally go like this, Eve- English 9, English 10, English 11, English 12 (acts out process of writing a student record by hand).

Rob Graham

Yeah, that's how you have human error, right?

Eve

Right. So this particular counselor, who was not trained because there's not great training in the county for counselors. It's like, it's like sink or swim. She was baptized in fire because she ended up on administrative leave at the end of the year, not knowing what was going to happen. It wound up running into the next school year. But you have a seasoned counselor that could have helped from day one, and she chose not to. So there's

a lot of disconnect. A lot of working in offices with their doors closed. I can't do it because I work in the cell block. Like I said, it's like sitting tight. So doors always open.

Rob Graham

Are you guys organized by grade level?

Eve

808 Yes.

Rob Graham

811 Okay, got it.

Eve

Last year was the first year for this school, but I've only operated under grade level. They went under grade level under protest. We're very dysfunctional, and I had to come to a place in my mind where I'm going to serve out this year, do my bid if you will, and then look at other places because I'm not sure that Prince George's County is for me. I want to sum this up. I believe that Prince George's County specifically uses their counselors as glorified secretaries. That's what I feel like I am.

Rob Graham

That's sad and again, maybe not what people imagine is happening. So you're in this beautiful new building, but your office is jail-cell small. The school is high tech, so all students are issued a Chromebook. Unfortunately, and unlike the dynamic at your previous school, your counseling team is disjointed, with a lot of individual focus. The lead counselor is behind the disjointed culture of your team because of her intolerance of any approach other than her own and the insufficient onboarding and training of the junior counselors. You feel like you are operating in an archaic system in which you have to do things that should be automated or computer driven by hand. You would describe the job as one that is at least in part, that of a glorified secretary. You are committed to completing this school year, but you are looking around for opportunities outside of PG County. Did I get it right?

Eve

835 That's about right.

Rob

Okay. Tell me about your work duties and maybe a typical workday.

Eve

- So I can go in with the plan. I'll wake up in the middle of the night and write my lists on my phone of things I want to do that comes to my mind because we stress over it all the
- time. It's like an, I gotcha, if I do this wrong. It's like you work every day as if you're

going to be threatened somehow. That's how I feel. That's how my other co-workers feel, even the seasoned counselor. Now I will say she doesn't do that to me anymore because I kindly told her, you don't have to. You don't have to oversee my work. You're not my boss; I can do this, and she does it to the other two.

848 849

Rob Graham

Hmmm. And your boss is the assistant principal?

850 851 852

Eve

Our direct supervisor. Additionally, we have grade level administrators, so you can call her my supervisor as well.

855856

Rob Graham

Un hun

858 859

860

861

862

863

864

Eve

I can't even believe she's an assistant principal, she's clueless. I have to undo a lot of her work, and coming in as a new counselor to the building, they've already built rapport with this assistant principal. It's even harder for me to undo the work because they have a rapport with her, so they believe her word is bond. I come in, and I'm like, no, that's crazy, and this is how it should be. That's a personal aside that I think is unique to the situation that I'm in.

865866867

Rob Graham

Okay. Sorry I derailed you there. So talking about your work day to day.

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Eve

For example, for the past month and a half, I have had morning meetings. We do our parent-teacher conferences in the morning. We're on duty at nine, parent meetings start at nine because teachers need to be in their classrooms by 9:20. Well, guess what? Teachers don't come to the meeting or they come ill-prepared. Most of the parent-teacher conferences I've been in have been a waste of my time in my opinion. I have yet to be in a parent-teacher conference that was actually comprehensive where we're actually getting into something. We talk about grades instead of areas that need improvement, strategies for future success, or getting the appropriate supports. That's how my days start.

878 879 880

Rob

881 Wow

882

883 Eve

- 884 So when do we address students with needs, right? It's called SIT, school instructional
- team, where we sit down to discuss a particular student. So Rob is having a problem, but
- Rob has to be referred to the team. How does that happen? Usually through the teacher.

- Now counselors can put kids on SIT, but sometimes teachers will come and say, Rob is 887 888 having a problem doing what he's supposed to do. We kick it back to the teacher ask that they put all of best teaching practices on steroids and try all those things, including a 889 890 parent teacher-conference. Then it can be brought to the table because maybe Rob has 891 other issues that aren't related to learning or his ability to learn. Maybe there's some type 892 of social issues going on. Then we come to the table if Rob is still not performing. So 893 now we take a deeper look that may involve a student advocate and/or crisis intervention 894 teacher. We have prometours that work through the Department of Social Service, 895 services that can
- 896 897

Rob Graham

898 Prometours?

899 900

Eve

They're called prometours. It's like promoters but in Spanish perhaps.

902 903

Rob Graham

Ohhh! Okay.

904 905 906

Eve

They just refer you out to different agencies throughout the Department of Social Services for whatever reason. Mental, medical sometimes; it depends. And they also help your family as well, not just the student. And now we have a therapist that just started like last week.

911 912

Rob Graham

913 Un hun.

914 915

916

917

918

Eve

And then we have a school psychologist, like I told you, that's super active. So basically, we triage the situation, and we say, okay, this is what needs to be done. Sometimes we're also a resource. Maybe the student just needs to come and reset. But for the most part, it's paperwork.

919 920 921

922

Rob Graham

I've heard this piece before recently, and it's like, oh my goodness. So lots of workload inefficiencies that are keeping you from

923 924

925 Eve

meeting with the students. I meet with students. I have an open period during lunchtime that is between 11:15 and 1:15, so they can come in without a pass. The issue with that is I'm meeting sometimes during that time. I don't always know, but they can come anytime without a pass. And the reason that is, is because we don't want you to miss instruction. We want you to be in class. Even though you can get a pass from your teacher to come

see me, I prefer you to be in that AP physics class. So I just tend to have an open door

932 policy during lunch period.

933 934

Rob Graham

Do student, do students take advantage of that?

935 936 937

Eve

They do. They're excellent. I've never worked with a student body like this before. It's the polar opposite of what I worked with at the other school. Our conversations are deeper.

They don't just come and cry about not liking their teacher. They come in like, I know it's

941 junior year, but I'm already ready to plan for senior year. (chuckles)

942 943

Rob Graham

944 Right, that's nice.

945 946

947

948

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955

Eve

They are on it! It is refreshing to have the conversations. I mean, I had to sharpen my tools because I didn't really have to talk about planning and goal setting with the other population. Although, I love working with that population because they were needy in a different way. Like they needed a mom. They needed someone to talk to. Planning? A goal? I'm just trying to get through this day! So our conversations were a lot different. Here the conversations are richer, and I appreciate that. I felt like the other population was a little oppressed and depressed. And the schools are three miles from one another. And you wanted me to talk about that. The place where the school sits is slightly hoodish, but the students are not. They're the opposite because they're bussed in because they're

956957958

Rob Graham

science and tech students.

So they come from around the county, not necessarily walking to school or whatever.

959 960

961 **Eve**

962 Correct.

963 964

Rob Graham

So this is a little bit of the cream. And the comprehensive students, those are like the neighborhood kids.

967

968 Eve

969 Yes.

970971

Rob Graham

972 Thank you. That interesting. Again, not sure people envision this picture of your work. 973 Your planning for the day often begins in the middle of the night, when you begin listing 974 your tasks out of an anxiety about being caught unaware by your leadership. This anxiety 975 is maybe less for you than your junior colleagues because you've created professional 976 boundaries that are leveraged by your experience and know-how. An aspect of your 977 individual experience is the task of undoing some of the uninformed practices and 978 procedures directed by your novice assistant principal toward the counseling team. You 979 have parent meetings with teachers at nine in the morning, so that teachers can be in the 980 classroom by 9:20. These meetings are often unfruitful because parents and teachers 981 fixate on grades rather than things they can't access on their own using the teachers' 982 digital gradebooks. You'd prefer to be discussing strategy, solutions, diagnoses, and 983 support in these meetings. When students have issues that need the school team to come 984 together for remedy, teachers must first follow a series of steps to make sure the issues 985 can't be solved through best practices. When it comes down to it though, the job is 986 largely paperwork that keeps you from meeting with students as much as you'd like or 987 feel the students need. The students are excellent, and your conversations with them are 988 more future-focused than in your past, when a lot of them were simply students trying to 989 make it through the day because of complex out of school realities. Your current students 990 are generally more academically sound because they've been bussed in from around the 991 county for the science and tech program. The smaller portion of your student population 992 is actual neighborhood kids who are not in that special program.

993 994 **Eve**

996 997

998

999

1000

1001

1002

995 Un hun.

Rob Graham

I ran into an old colleague who's a new counselor in Arlington, and she mentioned the same thing about the paperwork! How much of your experience do you think is specific to Prince George's, or do you think this is a profession-wide situation? With the paperwork and just your experiences in general?

1003 Ev

- Well, I can talk to that because I've my own kids were in Charles County and Fairfax County.
- Talking to Fairfax County counselors and even Prince William County as a parent and a counselor, we do a lot more paperwork. I feel like Prince George's County,
- predominately Black, we focus on pomp and circumstance. It's all about how we want to
- look, and we're very reactive. I'm sure all counties have some reactive component
- because there's certain things that you can't predict, but I know that Fairfax County,
- Prince William County, Charles County are more proactive about certain situations. I
- don't even know how to describe it without like, just bashing Prince George's County.

1014 Rob Graham

- 1015 Why do you think there's this distinction? Why does PG County take this approach to 1016 1017 1018 We're gonna get into a whole different level of conversation right now. I feel like Black 1019 people aim low. 1020 1021 Rob Graham 1022 Mmm. 1023 1024 Eve I absolutely feel that. I remember when I first moved to this area around 1997? I'm a stav 1025 1026 at home mom listening to the news, and the governor was questioned because Prince 1027 George's County didn't get the same amount of money that Montgomery County got for 1028 public schools. And he simply said, they didn't ask for it. Bam! There it is right there! 1029 They didn't ask for it. Montgomery County asked for this amount of money. We gave 1030 them this amount of money. Prince George's County asked for this amount of money, and 1031 that's what we gave them. In PG County, people tend to grow up in PG County, graduate 1032 high school in PG County, go to college in PG County, and then work in PG County. You 1033 don't have any other experience other than PG County, and we already know that PG 1034 County is an anomaly. No other county exists like that in the United States of America. 1035 1036 Rob Graham Yeah, it's true on all kinds of levels. There's an extensive concentration of Black wealth. 1037 1038 There's also a concentration of 1039 1040 Eve 1041 Education. They're highly educated. 1042 1043 Rob Graham 1044 Highly educated but at the same time the schools have this... The stats are just crazy, 1045 crazy, alarming. 1046 1047 Eve 1048 Un hun. I'm telling you, it's cyclical. All we're doing is recycling the same thought 1049 pattern, the same thought paradigm. There's not enough diversity in, not just the people, 1050 but the thinking. The patterns are all the same. I want to get a big fat house, drive a big 1051 fat car, maybe can't even afford it. I'm going to put this facade on. That's what I feel like. 1052 That's been my experience, not even what I feel. I lived it, and I see it.
- 1053

- 1054 **Rob Graham**
- 1055 Why do you think the folks are aiming low?
- 1057 **Eve**

1060 1061 Rob Graham 1062 So can't see the context that they're in. 1063 1064 Eve 1065 No, not at all. 1066 1067 Rob Graham So this is a community, not only district issue. I was gonna say this is a district leadership 1068 1069 thing, but it sounds like it's a combination of community and district leadership not 1070 knowing that they can raise their educational expectations. 1071 1072 Eve 1073 Right. I'm going to say something that's gonna blow your mind, Rob. I'm not gonna say 1074 any names, but one of our top leaders in the county, their child goes to my school. They 1075 are in a particular program that had only three options to meet this program requirement. 1076 Well, now there's a fourth option, and it's a watered down option. 1077 1078 **Rob Graham** 1079 In order to get that person's kid through? 1080 1081 Eve 1082 Yep. 1083 1084 Rob Graham 1085 So lowered the standard even lower? 1086 1087 Eve 1088 Yep. 1089 1090 Rob Graham 1091 I thought you were gonna say raised it, by the way. 1092 1093 Eve 1094 I was shocked and aghast when I heard this because I really had hope that this particular 1095 leader would be 1096 1097 **Rob Graham** 1098 a change agent. 1099 1100 Eve

They don't know any better. They got their good government jobs. They don't live in

Southeast DC anymore. You know, they feel like they're on the come up

1058

- 1101 Yep. And when I found that out, I was actually deflated. And I just feel like I'm not sure
- if it's education as a whole or just the particular county that I work in, but I am not
- planning to return next school year to the county. No way. I have to know if this exists in
- other places, and I do not hear that. People leave, and they love it. In fact, I'm at the
- school that I'm at now because that particular person couldn't deal with the leader of the
- team in the counseling department. She went to another county in Maryland, and she
- absolutely loves it. Doesn't have to attend half the meetings that we do. Doesn't have to
- do all the paper work that we do. Yeah, there's a component of paperwork, but not
- overwhelming. I mean, it's overwhelming the amount of paperwork that we do.
- 1110
- 1111 Rob Graham
- 1112 College preparation. What do you do? I'm getting a sense of what your workload is like,
- and what you're asked to do. What, what do you say you do in terms of, or does your
- school do in terms of preparing students for college? I really want to know about you and
- 1115 your team.
- 1116
- 1117 **Eve**
- Well, I can only speak about myself. Prince George's County invested in this program
- called Naviance. Naviance has been in existence for a very long time. My kids had it
- when they were growing up, but I think it's kind of obsolete now. But they, they finally
- invested in it. So this is pretty much our second year. The first year, three years ago was a
- pilot program, and the school I'm working at was one of the pilots. So we have this
- program called Naviance, and we have to promote it as counselors. We have to teach the
- students how to use it. You see the issue with that?
- 1125
- 1126 **Rob Graham**
- 1127 Mmm? I mean, it's another thing that keeps you away from doing
- 1128
- 1129 Ev
- 1130 Well, I don't have classes every day.
- 1131
- 1132 Rob Graham
- So, student contact also. You're not reaching all the students.
- 1134
- 1135 Eve
- Well, and we're monitored. Like, hey, we looked at your class, and this is how many kids
- did such and such. But I will say this last year, even though I was at the school that I was
- at, I got recognized in the county because I had the most juniors do whatever activity it
- was that they wanted. So it's a scope and sequence for every grade level, and I was able
- to get my juniors to do it. I plan on exceeding that because these kids are already wanting
- to know how they can be active in their post-secondary planning. So we do guidance
- lessons. Quarterly we go into the classrooms. I have it set up on Mondays. We'll be in
- their second and third periods, I believe, in two classes, where I'm going to introduce this

- platform. It's a web-based platform where students can do interest inventories, and from
- the results, it will produce categories of career planning choices that you may want to go
- into. You can investigate the careers and the colleges that offer majors for this, then
- compare throughout the United States the salary range.

- 1149 **Rob Graham**
- I actually do something like that with my students at Mason, the freshmen. So they're still
- exploring, by the way, when they're freshmen, they're still looking around and still
- figuring things out.

1153

- 1154 Eve
- 1155 Of course

1156

- 1157 **Rob Graham**
- Okay, so you do the Naviance thing, and you do the guidance visits.

1159

- 1160 **Eve**
- We do the Naviance thing, and that is going to be how I push them to explore colleges
- from now on because we're being monitored. I need make sure they do all of these things,
- and I give them deadlines. I show them how to do it. Then I go, and I read reports. I team
- up with the English teachers because everyone has English. I go to the English 11 classes,
- and we put some weight on it, make this a graded assessment, so that they have an
- incentive to do it.

1167 1168

- Rob Graham
- 1169 Un hun.

1170

- 1171 Eve
- Every quarter, we build on an activity related to your post-secondary goal. This is from
- ninth grade on up. So we follow our students until they graduate, and then we start it all
- over again. It's a progression thing, and we walk through it. We do meetings with the
- families. We're going to have this thing in April where we bring the parents in to talk
- called it Junior Options Night. We're going to have people from FAFSA there, show you
- how to request your transcript, and show you how to request a letter of recommendation
- 1178 through Naviance.

1179

- 1180 **Rob Graham**
- 1181 Un hun, un hun

- 1183 **Eve**
- 1184 It's all building, and then like I said, the quarterly guidance lessons, the parent programs
- that we host, and then we team up with the county. We have a college and career office in
- the county that does stuff pretty much quarterly. They do a college application night, and

- it includes a how to write a personal statement and how to a write essays to apply to
- 1188 colleges. They do the FAFSA piece all the time. If you go through the cycle, you'll begin
- to understand. People want it now though. I get a lot of parent requests to meet
- individually, but I just don't have that time. I tell them to log into Naviance, and explore
- that option because you could search scholarships, colleges, careers. You have to go and
- sign up yourself to take the SAT on your own. That is something outside. I tell the
- parents that there are three parts to this component. I give you information. You explore
- the information. I talk to the child about the information. You guys then have to do the
- rest. We don't have time for one on ones.

Rob Graham

Success in college. Do you guys do any work to maybe prepare them for what's going to happen once they get there?

1200

- 1201 **Eve**
- 1202 Un hun. (confirming pitch)

1203

1204 **Rob Graham**

- 1205 Can you tell me a little bit about that? And also, I can't leave this conversation without
- hearing if you do anything specific for my population of interest, Black males. Do you
- tailor anything to them?

1208

- 1209 **Eve**
- 1210 Absolutely not. I have a high expectation for my students, and I expect them to meet it,
- but I don't just say, reach this, see if you can get there. I show you how to get there, step
- by step. So, I don't do anything specific with Black males.

1213

1214 Rob Graham

- 1215 Um, any kind of preparation for success once they get on the other side, do you do any
- 1216 sort of tracking?

1217

- 1218 Eve
- No, we're not allowed to track. We're not even allowed to use that word, tracking.

1220

1221 Rob Graham

Okay. (chuckles) Tracking's a loaded word for all kinds of reasons!

- 1224 Eve
- So I don't but I let students naturally follow me.
- 1226 **Rob Graham**
- So most of your work is getting the access, like getting them in there. Is there anything
- 1228 you would want to know if you had an opportunity to hear from some of the students that

you worked with that are now in college? Like, is there anything about their experiences you'd want to know?

1231

1232 Eve

I mean we talk about that. And you know, I always ask them, what can we do better? And of course, it's like make things more fun, and they really wanted to be more engaged in the classroom.

1236

1237 Rob Graham

1238 Mmm!

1239

1240 Eve

Not necessarily something from me, but to be more engaged in the classroom.

1242 1243

Rob Graham

1244 That's interesting. You believe that the paperwork and the things that cause you to be a 1245 glorified secretary are not necessarily industry-wide, after doing some research in 1246 neighboring counties as both parent and counselor. You'd like to experience work in 1247 other districts to confirm your suspicions that Prince George's County has its own 1248 administrative workload issue. You attribute some of the school district's issues to a 1249 county-wide characteristic of aiming low, a symptom related to a recycling of ideas and 1250 mindsets that could benefit from thought and experience diversity. In terms of college 1251 preparation, you only feel comfortable talking about what you do. This includes 1252 introducing students to college and career tool, Naviance. You also do college 1253 programming events, classroom visits and team up with English teachers to incentivize 1254 meeting post-secondary planning goals. You don't do anything specific to Black males, 1255 but you do have high expectations for all of your students and guide them towards meeting them. You are not allowed to track former students, but when you do speak with 1256 1257 them informally about what they wished they'd had, they mention more fun and engaging 1258 classroom experiences. I could keep going; I'm learning a lot from this conversation, but 1259 I'll stop.

1260 1261

Connecting Personal and Professional/Educational

1262 1263

Rob Graham

1264 Thank you again for being here. You've been a pioneer for my study. You're my furthest along person.

1266

1267 Eve

1268 I did have a question though. So, why just counselors in the school?

1269 Rob Graham

Good question. Counselors are understudied as it pertains to college preparation. Let's

think about the concept of cultural capital and the college going process. One way to look

at it is that certain families have cultural capital which smooths the process of going to college.

1274 1275

Eve

1276 Un hun

1277

1278 Rob Graham

Maybe they have generations that have been to college, so they know the process. So that in 2019 if they have a student that's going, the family has college knowledge. It's not like a new sort of thing, right? The literature shows that poor folks, Black folks, and you know those two descriptors frequently overlap, are often first generation, don't have as many people in their social circles with college knowledge.

1284 1285

Eve

1286 Un hun

1287 1288

Rob Graham

1289 Counselors have the potential to play this role of supplying that cultural capital in a way 1290 that other folks might not be able to. It's possible that counselors are the only people that 1291 students are coming in contact with that have the time and the knowledge to assist 1292 students with the college going process. Because counselors are under-studied, I'm 1293 having these conversations. I wanted to clear up what counselors are doing in schools, 1294 how they've been trained, and their attitudes and backgrounds, so we can figure out how 1295 counselors can be supported. We can have a clearer idea about expectations. And again, 1296 your work is a mystery. Right?

1297 1298

Eve

1299 Un hun

1300 1301

Rob Graham

You've been clearing up some of that mystery for me, but before we talked, I didn't know. Things like having this heavy administrative load, the makeup of your teams. If you survey people on the street, and you ask them what counselors do, you'll get 20 answers if you talk to 20 different people. But also, if you talk to 20 counselors, depending on their contexts, the makeup of the schools, the school locations, the leadership, I think you'll also get 20 different answers. So this is about really understanding, and then supporting, elevating your work.

1309

1310 Eve

Okay. And the only reason I asked the question is because I have a coworker who is a student advocate.

1313 1314

1315 Mmm! 1316 1317 Eve 1318 He gets to spend a lot more time with students than we do. He gets to spend more time 1319 programming than we do. We do programming, but he does stuff during the day with the 1320 kids that we don't really get a chance to do because of our heavy admin load. I was just 1321 1322

thinking, wow, he would be a really good contributor. He doesn't have the role of counselor, but if you're trying to just focus on going to college, we rely on him to help us

1323 with certain students. Like hey, he needs some direction, you know; we gotta get you on 1324 the right path first before we can even talk about post-secondary goals. We gotta get you

1325 engaged in this school building right here before we talk about what you're going to do,

1326 you know, after, after high school.

1327 1328

Rob Graham

1329 Is this advocate there just a couple of times a week?

1330

1331 Eve

1332 No, he's there every day.

1333 1334

Rob Graham

So what's his sort of written role? What's he there to do? 1335

1336

1337 Eve

1338 I don't know what his written role is because this is the first time I've worked at a school 1339 with that position, but I know we consider him a resource. I feel like he works really well 1340 with males. I don't know if he knows that or if he recognizes that, but he does. So when I 1341 have a student that's kind of wayward in their situation, I have him talk to them, male to 1342 male. It can be Black males or whomever. I have some Hispanic students that he helps too because there are certain things that we can't identify with because I'm female, you're 1343 1344 a male

1345 1346

Rob Graham

1347 Is he certificated?

1348

1349

1350 I'm not sure. I don't know anything about this position because I've never heard of it.

1351

- 1353 You don't know anything except that it's a good thing he's there.
- 1354 Eve
- 1355 Yeah. He's a great resource to have because he doesn't have a caseload. I have a caseload
- 1356 of 350 students. I'm not gonna be able to service 350 students. Let's be clear about that.
- 1357 So you mentioned earlier about having the time and the knowledge to meet with the

- students. We don't really have the time. Interestingly, I just did classroom visits, because
- we do them quarterly. So quarter one was about to end. Go into the classroom and do my
- lesson on our web-based platform called Naviance that helps students research their way
- to college. So that was my first lesson. Now that's it. I'm sending the students emails, like,
- hey, make sure you do this in Naviance, make sure you do that, but we're not spending a
- lot of time together with it. They may can come by on their lunch break, and we'll talk
- more in depth about it, but that's like 20, 30 minutes. You see what I mean?

1366 **Rob Graham**

1367 Un hun

1368

- 1369 Eve
- So I mean we set up programs like the one you're going to come to in April (Rob laughs)
- to help them, but it's just not as much time as people would think. Certain school systems
- like Fairfax County, they have a designated college and career person.

1373

1374 **Rob Graham**

1375 Yes

1376

- 1377 **Eve**
- 1378 Charles County does as well. Just think about that. Why do they have that piece?

1379

1380 **Rob Graham**

1381 Because it's necessary.

1382

- 1383 **Eve**
- 1384 It's necessary

1385

1386 **Rob Graham**

1387 And they have the resources.

1388

- 1389 Eve
- 1390 And they have resources.

1391

1392 **Rob Graham**

1393 That combination. And the advocacy in the district, and the voice.

- 1395 Eve
- Right. That's just a piece of what I do, but people don't understand. I deal with students
- with mental illness. That means I can come in on any given day, have a plan, and because
- that student is having a breakdown, I have to address them today. After dealing with a
- student who has a mental illness, I'm drained and taxed, I just wanna sit in my office and
- read emails all day.

1401	
1402	Rob Graham
1403	And recoup. Okay. Are there any questions you have or curiosities about your students or
1404	African American male students' first-year experiences at universities?
1405	·
1406	Eve
1407	I've never wondered that; I just wonder in general for students. Not the about current ones
1408	that I work with, but the previous ones because it's night and day for the student
1409	population that I service now.
1410	
1411	Rob Graham
1412	Oh, when you say previous, you mean at your other school?
1413	
1414	Eve
1415	Yeah. My longest time was there. I was there for six years, and those students just
1416	struggle in general in life. So, to have some go college bound, I do wonder how they're
1417	doing. You know, are they being successful? But that's across the board. And the ones
1418	that connect with me afterwards, I already knew would be able to adapt to that life. I
1419	wonder about the ones that we struggled to get there.
1420	
1421	Rob Graham
1422	So there's some concern about supporting students, getting them all set up to get to
1423	college because it sounds like the access piece is the biggest piece of your
1424	
1425	Eve
1426	At that school
1427	
1428	Rob Graham
1429	Okay, right.
1430	T.
1431	Eve
1432	I had a conversation with an African American male yesterday, and it was so refreshing.
1433	He's all upset because he has this teacher that most of my students have for English, and
1434	he has the AP course. His issue is he's going to get a D first quarter, and he can't get
1435	beyond that. I'm tickled by that because
1436	
1437	Rob Graham
1438	It's a good sign.
1439	Eve
1440	It's a great sign, and he thinks that's how people or admissions counselors are going to
1441	measure his success. I've said in my lessons over the past two weeks, your grades do not
1442	define you. I'm not saying don't care, but trust and believe you're going to be okay. His
1443	GPA is a 3.6 by the way. The great thing is, they're never going to see this D from the

first quarter because they're only going to see your final grades. So that means now, and he said, I gotta crack her code, meaning the teacher. I was like, exactly.

1446 1447

Rob Graham

That's exactly right! Cracking the code is exactly what we're asking these students to do when they get to college. So again if you're family has a lot of that cultural capital, or a lot of people went to college, or you have the resources to hire people to come into your life to expose your kids to certain experiences, then you're cracking less of a code or the code is pretty cracked. We're asking these kids to get to campus, and then crack the code

while not going under. You know what I mean?

1454

1455 Eve

Right. But back to that conversation I had with him. I said, your first year in, I need you to contact me, because I need to know how this D stands in your life one year into college.

1459 1460

Rob Graham

1461 Un hun. Tell me about this April event that I'm coming to.

1462 1463

Eve

They call it Junior Options Night. It's just different workshops on things related to the college process. Also, we'll have a representative from the military there. We'll have a representative from the Department of Ed there to talk FASFA, scholarship searching, and Naviance. I was going to ask you what you wanted to do. I would like to have someone there talking about the college application process, the difference between a personal essay, a personal statement and then their essay. I've talked to admissions counselors, and they're looking at the whole student.

1471 1472

Rob Graham

You know there are things I naturally want to do. I naturally want to tell them how to be successful in that first semester, because I think that's the make it or break it. That's the highest risk and the place of most confusion. I like to get them to a point where they feel comfortable, and then they can just use their natural powers and energy to get them through. But you know the first semester is not about brains. It's not even about how determined you are. It's something else.

1479

1480 **Eve**

- 1481 You think it's about management?
- 1482 **Rob Graham**
- 1483 It's time management, expectation management. So, I really like to key in on that first
- semester experience. I'm happy to do this, and I think that this is part of the spirit of my
- project. I'm not just taking. Um, did you master's program give you what you need to be
- successful on the job?

1487	
1488	Eve
1489	So when you're in school counseling, it's really about theory, counseling theory, things
1490	like that. We had one class, specifically for school counseling, and I can't remember the
1491	name, but that might have been it, school counseling. The professor that taught the class
1492	used to be a counselor. When we asked, why don't you do it anymore? She was like,
1493	because you do nothing related to what you're learning about right now.
1494	
1495	Rob Graham
1496	Damn it.
1497	
1498	Eve
1499	It's paper pushing, so she went into private practice. Yep. So we do a lot of prep work on
1500	really the counseling piece, the therapeutic aspect. We spent a lot of time with that, and
1501	learning all about the dynamics of like grief, diagnosing assessments, but I feel like we
1502	don't become an expert at any one particular thing. So, I loved my master's program. I
1503	loved my master's program.
1504	
1505	Rob Graham
1506	Where was it, Hopkins?
1507	
1508	Eve
1509	I went to Trinity, and loved it. But did it prepare me? Not really. I literally feel like a
1510	glorified secretary.
1511	
1512	Rob Graham
1513	So, if you were doing what we probably agree is more legit counseling, then you'd be
1514	prepared, but the fact that actually your actual duties are more administrative, means
1515	there's a sort of disconnect. You don't get a chance to use your powers in other words.
1516	
1517	Eve
1518	Right, as often as I would like. I do get a chance, but guess what. Sometimes when I do
1519	get that chance, it almost feels like an inconvenience to me. I'm like, damn, I gotta meet
1520	this frickin deadline. Why do you have to have a breakdown right now, Rob! You know
1521	what I mean?
1522	
1523	Rob Graham
1524	Un hun.
1525	Eve
1526	And it's kind of like, I feel awful that I feel that way, but the county doesn't care because I

still have this deadline to meet.

Rob Graham

- Un hun, un hun. So you're glad you have the student advocate in your school because he
- can assist with supporting students, particularly the Black and Brown male students,
- without the burden of a caseload or even accountability markers that the counselors
- have. He has the time to do programming in the daytime, while you have a 350 student
- workload that doesn't allow for much individual contact or daytime programming. In
- order for you to hold programs like Junior Options Night you have to do it after hours,
- 1536 unpaid, and pay for expenses out of your pocket, which is unfortunate. You believe that a
- dedicated college counselor, like neighboring districts have, could make things more
- manageable, but where is the appetite and where are the resources from above? Your
- 1539 master's program was meaningful for you, but being theory heavy and therapy heavy, it
- didn't necessarily prepare you for the realities of the job. You know, I've been thinking
- about how things might go if somebody like Deloitte came through, looked your
- administrative practices, and had a goal of eliminating 50% of the administrative stuff,
- allowing for more student to counselor contact.

- 1545 **Eve**
- Well here's the thing. Where's the other counselor located?

1547

- 1548 **Rob Graham**
- 1549 New York.

1550

- 1551 Eve
- Okay. At what, secondary level, high school?

1553

- 1554 **Rob Graham**
- She's high school. She's got the college role you were talking about. She's like one of the
- 1556 Fairfax or Arlington college counselors.

1557

- 1558 Eve
- Right, and that makes sense, Rob. Doesn't that make sense? I can't do all of that.

1560

- 1561 **Rob Graham**
- And in fact, how about this! She's got the college counselor role, and even in that
- particular role, she's focused on the access and feels like she still doesn't have enough
- time to even talk about the experience once they get to campus. So even in having the
- specialization that you need, she thinks there needs to be a second level focused on
- actually getting the students ready to be there. So even in her comparative luxury, there's
- still another level that she's imagining. And she's busy as hell, working essentially six
- days a week to just do her job.

1569

1570 Eve

- Right. And a lot of the programming that we do, like the event in April, that's after hours.
- You don't get paid for that, literally. And the amount of time that it's going to take putting
- an event like that together for over 300 students and their families
- 1574 **Rob Graham**
- 1575 It's time consuming.

- 1577 **Eve**
- 1578 It is time consuming.

1579

- 1580 **Rob Graham**
- 1581 And resource consuming.

1582

- 1583 **Eve**
- Resources that I have to find on my own. But remember, Johnny might come in and need
- me while I'm prepping for this event. What do I do with Johnny when tonight is the night
- of the event? Before I give up on this profession, I've got to get into a different county.
- 1587 My goal next year is to get somewhere into Fairfax County, because I need to know if it's
- just the county that I work for that doesn't know what to do with counselors? The
- 1589 counselors I talk to in Fairfax County paint a different picture for me.

1590

- 1591 Rob Graham
- 1592 Un hun

1593

- 1594 Eve
- Like, I have plenty of time to meet with students.

1596

- 1597 **Rob Graham**
- Well, I had a casual 45-minute conversation with one of my old colleagues who's a counselor in Arlington, and she sounds like you.

1600

- 1601 **Eve**
- 1602 Really.

1603

- 1604 **Rob Graham**
- She's like, administrative paperwork dominates her job. So, just saying, people might
- need some comparison to understand what their situation is. She might think she has a ton
- of administrative work, and you might, and were you to chat, you might get some clarity.

1608

- 1609 Eve
- Well interesting because I hear that, when PG County people explore other counties, the
- other counties jump on them, and I'm like really, why? Because

1612

- 1614 I know exactly what you're going to say, but keep going. 1615 1616 Eve 1617 It's a couple. One of them is a great thing. The county does a great job of providing 1618 trainings for us, or professional development that we can select from. Also, they know 1619 how we're worked, and they're like, oh yeah, we want that, like, that's what we need. You 1620 know what I mean? What did you think I was going to say? 1621 1622 **Rob Graham** 1623 That. That they knew that you were used to a certain level of work, so if you came to 1624 their school, not only would you be able to do the work, but you might even find that you 1625 have a positive attitude about your new context because despite it being a ton of work, it's 1626 less work than what you've been doing. 1627 1628 Eve 1629 Right, and maybe even a different type of work. For one, we have this very archaic 1630 system that we use, so a lot of our time is to make sure that we're actually graduating 1631 students, because our computer doesn't do it. We are the only county in the state of 1632 Maryland that doesn't have that technology. Even Baltimore City has it, where the 1633 computer can tell me if Rob is eligible to graduate. I have to tell the computer. So we 1634 manually have to do that work. Do you know how painstaking that is? So at the 1635 beginning of the year, we have to go through every student to make sure that they are 1636 scheduled correctly, manually! We don't just run a report, we have to look at that. 1637 1638 Rob Graham 1639 That's a waste of your time. 1640 1641 Eve Could you imagine, looking at a transcript? 1642 1643 1644 Rob Graham 1645 I can imagine because in my advising job my first couple years at Mason, that was 1646 exactly our situation. We were doing it with freshmen international students, but it was 1647 the same, and we were in Excel. There's so much human error, and it's so fatiguing. I 1648 considered myself a really good advisor, inter-personal, you know; that's my thing. 1649 Chatting up students, making them feel comfy. But, again, it got to a point. I was like, 1650 darn it, I have to have this conversation. It's interrupting my spreadsheet. 1651
- 1652 Eve

- 1653 Right! (both laughing) Right.
- 1655 Rob Graham

- So that's when you know the game is literally twisted. When the student becomes a
- burden because it's taking you away from doing some paperwork, the game is literally
- and figuratively twisted.

- Eve
- I don't even know how to answer some of these questions because you're like, do you think about? I barely have time to do that because I gotta get this paperwork, I gotta get
- my spreadsheet done.

1664 1665

- Rob Graham
- 1666 There's value even in you not being able to answer the question. Maybe you don't know
- this. Maybe this is part of your journey of looking around and figuring out what other
- people are doing. What do you need to do to better position students to be successful
- once they get to the university? What do you need at work?

1670

- 1671 **Eve**
- 1672 What we just said, take away the spreadsheets. Give me more time with the student. How
- do I have a goal for students to meet, and I don't see them regularly? I see them four
- times a year in their classroom. 30 minutes, maybe 40, 45 to an hour. I need more of that.
- I need more time with them, right? I feel like counselors' role should be more
- programming but during the day, not after hours. After hour activities. Okay, I get it. We
- should have them, but then we should also be compensated for them. Can we talk about
- 1678 that?

1679

- 1680 **Eve**
- 1681 Like, I'm volunteering.

1682

- 1683 Rob Graham
- I don't want to get up in your business at all, but you do other work too.

1685

- 1686 Eve
- I'm a part time counselor at an alternative school, evening high school. So that
- population, it is my pleasure to work with them because they're there for the most part
- with a goal in mind, and that's to get their high school diploma, and they have real
- obstacles that have prevented them from being successful in the day school setting.

1691

- 1692 Rob Graham
- 1693 Is it part of PG schools?

1694

- 1695 **Eve**
- 1696 Un hun, it is.

1697

1699 You got a lot on your plate. 1700 1701 1702 So think about that, and trying to build a program at night. 1703 1704 Rob Graham 1705 I know, I know, I know. And not having all the money you need, not having the time you 1706 need. 1707 1708 Eve 1709 Money? Oh, there's no budget. We don't have a budget. The counseling department at this 1710 school doesn't have a budget, and I can't understand why. So anything that I provide is 1711 coming out of my pocket. So, back to the question. Just give it to me one more time. 1712 1713 Rob Graham 1714 My question was, what do you need? 1715 1716 Eve 1717 I need more time with the students. I need, I need resources. I need a budget. 1718 1719 Rob Graham 1720 So, you mentioned talking to your students, maybe, you know, four times a year. Now 1721 let's just chat this up. Once they matriculate, and they get to the college campus, they're 1722 maybe talking to an advisor once or twice a year. So not so 1723 1724 Eve 1725 But think about it at the college level, Rob. I thought about this when I went to a tour of 1726 Bowie, and they're breaking it down. There is an academic advisor. There is a mental health clinic or whatever they call it. So, those departments are divided, We're all of that 1727 in one. There's a career center 1728 1729 1730 Rob Graham 1731 Yeah, you guys are all that. You guys are one stop shop. 1732 1733 Eve 1734 How can we be effective? 1735 1736 **Rob Graham** 1737 My point was, not only do they not get enough of y'all, but once they get to college, they're still not getting the contact. You can imagine this kid from PG without a lot of 1738 1739 familial knowledge of the college process not having enough time to spend with you. 1740 Right? Being admitted to a university, and then getting to the university and not having

anybody. Resources may be there, but if you don't

1742 1743 Eve 1744 know how to access it, 1745 1746 Rob Graham 1747 then it's as if they're not there. So, we're talking about students getting to the campus, and 1748 by the time they figure it out, it's possible that they're in some kind of deep academic hole 1749 and deep monetary hole. The literature says, I'm always referring to the body of literature. 1750 that people with more money and White people don't rely on counselors, the same way. 1751 In fact, Black students think of counselors as having a more important role, they place the 1752 importance of the role of counselors higher than White students do. So they know, they 1753 have a sense 1754 1755 Eve 1756 But do you know, White people...I'm not gonna say White people. I think people that 1757 have money, they hire 1758 1759 Rob Graham 1760 Yes, yes, yes, yes! 1761 1762 Eve 1763 a personal counselor. 1764 1765 Rob Graham 1766 Yeah, I know. I have a buddy, who's one of those. It costs like \$5500, and they do 1767 everything. They help you with the app, they help you with matching. They help you with 1768 the financial aid if by some strange reason you need financial aid even though you've got 1769 \$5500 to pay for your individual college counselor. So again it speaks to the fact that 1770 folks either have the familial knowledge or they can pay for the knowledge that they don't 1771 have.

Appendix F

Conversations with Rakim

Personal Background Narrative- Who Are You?

-	100 Orumum
2	So, this is a narrative inquiry study that's a little bit different than most qualitative
3	studies. Most people think about qualitative studies like maybe I'd be interviewing you,
4	but this is designed to be more of a conversation; I'll learn about you, but you'll also learn
5	about me. We'll learn each other's stories. I'll just jump in here and ask you a general
6	question, and you can answer it however you want to answer it. Who are you as a person?
7	

8

1

Rakim

9 I view myself as an individual that is passionate about life, with a focus on youth. Definitely my own two daughters, but I guess we'll probably tap into that a little bit later 10 in the conversation with my introduction to the Nation of Gods and Earths, 5% Nation. I 11 12 don't know if you ever heard of that.

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13 14

Rob Graham

Rob Graham

Mmm! You know, believe it or not, my wife's been telling me a lot about it, and I've been hearing it in hip-hop and didn't know what I was hearing. She kind of helped me connect things, and she's pointed out some lyrics. She's like, yo, what they're talking about is 5% stuff right here. And then, full disclosure, I've been watching the Wu Tang series on Hulu, and they show a little bit of background. I haven't really done my homework, but I've got a little bit of a sense of what it means.

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Rakim

The brotha that brought about that nation, he came to be known as Allah. He was a brotha from Danville Virginia, but he moved to New York, and he became a father to a lot of young Black males that didn't have a father. He was in the Nation of Islam and, he came up through the ranks with Malcolm X, but he had a different understanding of who God was. The Black Muslims were more religious with it, and he understood that the Black man was indeed God. That's what he felt those Black youth needed to be taught in order to be self-sufficient, to be survivors in a Caucasian dominated environment that did not support them being positive and feeling good about themselves. Forward to me; that was

- 31 just music to my ears. It was perfect timing for me because I was about to graduate from
- 32 Bowie State University, still trying to figure out what I wanted do. I was a criminal
- justice major, but I got myself into some trouble, and I had always planned to deepen my
- understanding of the 5% Nation anyway. That being said, a close friend of mine had
- 35 gotten incarcerated. I took his younger brother under my wing and looked out for him. He
- had a lot of friends in the community as well, so I let them come with me just like Allah
- did. So, I'm mirroring his behavior. That's who I am as a person. I was raised around
- men, I was raised by men, I was raised by coaches. I grew up in Prince George's County,
- 39 Maryland. We had a unique street, a unique block back in the day. You and your friends
- 40 would be outside. Parents would be outside to the wee hours of the morning, but there
- 41 were a lot of men who were a great influence on me. So everything just felt natural for
- 42 me when I got into The Nation of Gods and Earths. That's how I came into the counseling
- 43 thing, I started teaching. I'm a competitive individual, but, you know, I love teaching. I
- 44 love life.

47

Rob Graham

That's exactly what I was looking for. Who introduced you?

48 49

Rakim

- A group of brothas that I used to hang with from Fort Washington Maryland. They were
- into it, and I was like, man, this sounds good. So we would have ciphers in the backyard,
- standing in a circle and building on the science about what life is about, you know, who
- 53 they are and how we need to carry ourselves.

54 55

Rob Graham

That's right, that's right. So is this a way of life that conflicts with religion, or is it something you pair with religion, or does it like replace religion?

57 58 59

56

Rakim

- I would say if anything it replaces religion. The Five Percenters will tell you all day long we're not a religion, we don't do religion. It's a way of life as a culture as they would say.
- They believe that religion is more of a crutch. They don't believe that there's an afterlife.
- They believe there's an afterlife in the sense that your spirit lives on, but they don't
- believe that there's some type of supernatural being that controls your ways and actions.

65 66

- 67 Got it. Well let me tell you a little bit about me real quick. So this is a study in which I'm
- looking to improve the lives of brothas, the educational experiences of brothas. I come
- 69 from Pasadena, California. I don't know if you're familiar with Pasadena. It's essentially
- a suburb of LA. I had a typical upbringing. Mom, Dad, two sisters. Growing up, dad was
- a police officer. He integrated the Pasadena police force, and he was really a Pan-
- Africanist, spent a lot of his time when I was growing up back and forth between LA and
- Nigeria, looking to support Nigeria's independence and uplift them in terms of like food

- production and self-reliance. He had a real connection to Africa and was trying to give
- 75 that to me, but I was a fool and bit on all the media and all the narratives, so I wasn't
- 76 interested in going to Africa. You know I look back now and that's one of my bigger
- 77 mistakes. Dad was from Little Rock, Arkansas, military guy and then a police officer.
- 78 Mom, Chicago, a little bit wilder. Pro Black but not like Pan-Africanist, more like, hey I
- 79 grew up in Chicago, we had to look out for ourselves in our Black communities. So.
- supporting African Americans. I was about 16 when dad passed away, so I've had the
- influence of women in my life. You touched on it a little bit, but maybe tell me a little bit
- 82 about growing up, what your home life was like growing up, what your family looked
- like, and how that contributed to your present state. You mentioned some of the
- sequences, but maybe you can get a little bit deeper into your younger self and give me a
- sense of your development.

86 87 **Rakim**

Right, so like I said I grew up in a suburban community, and I had both parents.

89 90 **Rob Graham**

91 Was this Fort Washington?

93 Rakim

No, this is actually Hillcrest Heights, Maryland. We moved to Fort Washington my high school years. Some people say Temple Hills, MD. I don't know if that's more familiar.

Rob Graham

98 Yeah.

99 100

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Rakim

So yeah, grew up and had both my parents. Good people, real good people. Mother was one of 12. My father was the only child of his father, which is kind of huge for me given a story he told me about meeting him one time when he was called into the house. His mother was like hey, this is your father. My father said, oh, okay. Went back outside and played and never saw him again.

105 106 107

Rob Graham

108 Wow.

109

110 Rakim

- It's funny, no more than three years ago I let it be known to him that I really appreciate
- him hanging around and being there for me. Just in case he had any doubt that I did not
- appreciate him hanging and doing all he could because he's an alcoholic. He still drinks
- to this day, but he's always respectful, and whenever I needed him, he was there for me.

115116

117 That's right.

118119

Rakim

He's just a really good guy. Post office. Dad's city, and my mom's country. St Mary's 120 121 County, farmers, grew tobacco, stuff like that. I would say between the two, in terms of 122 level of influence on my brother and me, it was just the two of us, my mother had the 123 greater influence on us. That influence on us was to be hustlers, to get money at a very 124 early age. I was never really into sports. I played sports when I went out playing football 125 and stuff with my friends, but my mom was like, don't forget that you need to get money. 126 So I remember, probably like fourth or fifth grade, having a paper route and turning that route from like a 50 house paper route to like 100 house. So that was more so the focus 127 128 with her. It was always about what you gon' be, what you're going to do. You know this 129 is a good conversation because answering your question for me helps me realize that 130 everything that she taught us, what my mom gave me is like Black privilege; the tools, 131 the know-how, all the tricks to the trade. I pass that down to the youngsters that I come in 132 contact with. What are you going to do when you graduate high school? I'm always 133 asking, what's your plan? I think this scholarship will be good for you. That's what drives 134 me.

135 136

Rob Graham

137 Right.

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Rakim

Some people don't get that at home, so I try to create that in the schoolhouse. Where you going? You know you going to college, right? Everybody can go. You can go begin that conversation now. So a lot of who I am as a professional school counselor comes from her. Hey, make sure you major in something where you have a job at the end. She just used to give us that all the time. It was just about making money, getting money. I don't ever really remember asking them for a whole lot coming up, and they'll tell you like, well, he didn't because that's how he was raised. I paid for my senior class trips, car maintenance, insurance, all of those things. Like I said before, just coming up in a community where there was a lot of Black males; a firefighter across the street from me, a metro mechanic a police officer, my best friend's father was a firefighter and my father was a mailman. They just had that influence on us.

150 151 152

Rob Graham

Can you tell me about your brother?

153154155

- Oh yeah. He's about five years older than me. You know, we're not super tight, but we
- love each other, and we don't argue or fight like we did when we were younger.
- Sometimes when stuff hits the fan, he will call me. And family events, I will go over to
- his house if he has something. He's a workaholic. He just works, works, works, works,

works. That's something that him and I discussed recently. I'm like, man you working too much, that overnight shift man, maybe you need to switch. Kids are growing up. We really not that close, but you know we do love each other.

Rob Graham

All of this is excellent. I appreciate your candor. You are a loving, competitive brotha that is passionate about life and being a resource for our youth. You were raised in the middle-class suburb of Hillcrest Heights in Prince George's County, MD on a block that featured many positive Black male role models. You had both a mom who was country and a dad who was city in the home growing up. Mom instilled a focus on hustling for the money you need early, and dad provided an example of standing by your family regardless of whatever hardships you encounter, a fact that is powerful given his estrangement from his own father. Much of your worldview has root in your connection to The Nation of Gods and Earths, which most people know as the 5% Nation. The focus on shepherding Black youth and self-actualization complemented the values you got from your parents, and it has shown up in your commitment to being an awesome dad to your daughters, a resource to the youth you've come in contact with, and a meaningful teacher/counselor. Talk about some other important relationships in your life that have been meaningful, shaped you. Some people who have had a real effect on your worldview.

Rakim

You know I got some real good friends. The first I think about is my best man, someone I've been friends with since high school. This conversation you and I are having, we talk like this a lot.

- Rob Graham
- 187 Mmm!

189 Rakim

We talk about life, talk about struggles, mostly women because you know how we do.

Rob Graham

193 Right

- About, you know, the struggle of our people and how that affects your relationship with
- 197 women. I got another close friend I met at Bowie State University. Those guys man,
- when I'm going through it, I can lean on them. I know we can talk, and I get their
- perspective on things, and then you know take it back and try it out; the same thing I
- 200 think I am for them as well. I'm just grateful that I got those brothas man because they
- always look at growth and development. That's what we're all about. We travel a lot, and

wherever we go, our first night we have like this ritual where we go to this restaurant, and we all sit down, and we just talk about how things are going.

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Rob Graham

Yes. I forgot to ask you my number one question. I hope I haven't tainted it, but why did you agree to help me?

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Rakim

Eve asked me, and I told her yeah. We kind of played around, and I said, what am I getting out of this? She said it was a brotha, and I said okay. I didn't really know what it was about, but if I can look out for her in any way, shape, or form I will because I know she would do it for me.

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Rob Graham

That's right. Forgive me if I'm asking you questions that maybe are a little bit redundant, but what about some values that guide your actions, help you make decisions or just, you know, shape your world?

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Rakim

221 So the thing that I think we got to think about is the backdrop that I'm not necessarily 5% 222 anymore, and actually they don't even like to be called 5% anymore. They like to be 223 called Nation of Gods and Earths because they felt like the 5% connotation had a 224 negative outlook on it, like a gang instead of a family of civilized individuals. And so, as 225 I got older, I broke bread with other people, kind of like, how Malcolm X in the nation 226 and made his pilgrimage. And then he said, I broke bread with people who were opposite 227 skin color as me with blue eyes, you know, all that sort of stuff. I kind of see myself like 228 that because I travel a lot, and I love people. I wasn't confined to just being in ciphers in 229 Northwest Washington DC. I got to know others, breaking bread with White folks, 230 having good conversations. Like, these people are struggling too! I just started to become 231 what I tell people I am now, eclectic. I will go to a church, I will go to a mosque. I will go 232 anywhere because first of all knowledge is infinite, and I can extract from all kinds of 233 things and implement that in my life. I just don't like to be one avenue, so I pull from a 234 lot of different things with my values. I got some stuff from Sun Tzu with the Art of War. 235 The movie The Godfather, is my favorite movie. A lot of the way I carry things, I got 236 from that movie. You know, a man that doesn't spend time with his family can never be a 237 real man. Keep your friends close, enemies closer. I mean, all that sort of stuff. I mean I 238 can't really give you like one particular thing because a lot of things go into the way I 239 carry myself. A lot of stuff from the Nation of Gods and Earths as well. Looking at 240 myself and conducting myself as a god. I still see myself as that individual who's a loving 241 person who nourishes the youth, nourishes anybody. A giving person, a loving person.

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- Yeah. Okay. That's good stuff, and by the way I don't judge about finding values in
- 245 movies. You said The Godfather needs to be a rite of passage. I feel that same way about
- 246 the first three Star Wars movies, so you know, it is what it is.

247248 Rakim

249 Man, let me touch on this if you don't mind.

250

- 251 Rob Graham
- 252 Un hun

253254

- Rakim
- Talking about somebody who had influence, it wasn't until I heard this brotha at Bowie
- State University that I got excited about knowledge of self and sharing that knowledge.
- He would come to our afternoon study halls, and just get going. I'm like this brotha is
- powerful man! He started breaking stuff down and talking about Africa. Y'all think
- everybody in Africa is like monkeys! This is where you come from, your people. I was
- just like, wow. Awesome. Let me just touch on the education. When I started teaching as
- a young, strong Black male, I was a teacher before I was a counselor, that first class that I
- had, they ran that teacher out the building. I wasn't an education major; it just came
- 263 naturally to me, but just interacting with those youth that couldn't sit still, had ADHD or
- 264 whatever, I was like, that's me! I don't think that I couldn't get the work, it was just the
- way they would teach it back then. They didn't have individualized or differentiated
- instruction. I got pulled into a reading group every once in a while, but other than that, it
- was just lecture most of the time. Write notes, go home, study for the test.

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- Rob Graham
- Right.

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Rakim

273 My transition was exciting for me, and I loved it; feeling like I got something for myself that I feel good about.

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- 276 Rob Graham
- You keep using this word transition. Can you speak to this transition? It sounds like an awakening of sorts.

- Rakim
- When I graduated in criminal justice, I wanted to be an FBI agent, I wanted to be this cop
- 282 like Tubbs and Crockett with the women. But then the brothas of the 5% Nation started
- talking about educating the babies and the students and the knowledge of yourself and
- just asking me all these questions. That transition I think was very important. I think it
- actually saved my life to a certain extent. To be honest I ate differently back then. You

wouldn't think so now, but I became a vegetarian. I was into martial arts. That was a good time in my life, working out all the time with Muslim brothas, martial arts tournaments.

Rob Graham

So a bit of a personal spiritual awakening, an individual renaissance of sorts?

Rakim

Exactly, exactly. Yeah, so that's why.

Rob Graham

Ok, ok, ok. Is there anything you think that's key to knowing who you are? Something that's important for people to know about you as they as they enter a relationship with you.

Rakim

301 So, yeah. I'm a competitive individual. Love hard. Yeah, that's all I could think of right now.

Rob Graham

And that translates to, you know, I want to be as absolutely respectful as possible. Tell me a little bit about your experience as a dad.

Rakim

Oh man, I love my girls. So, when I met my wife, she already had my daughter, and we changed her name together. But the first time I went over there, I hadn't really interacted with her, and she started calling me Dad. So that's a whole nother conversation, but I'm dealing with a woman who really probably wanted that male figure around for her and for her child. At that point in time I was ready, you know like, hey, we're gonna do this. Let's do it. Hey, I'll take that responsibility because you got to figure, I'm 5% anyway; that's what we do.

Rob Graham

318 That's right.

Rakim

Together we had our own, my second daughter, and I definitely embraced that situation, you know my first seed, talking to her in the stomach. We do a three-way chat at least two or three times a week. They know me and their mother don't really get along. I just tolerate her because I have to because she is their mother, and I don't want to see nothing bad happen to her. Me and the girls get along really, really well. You know I try to take them on daddy-daughter vacations. It's really important to me that we spend time together. They're the reason for the season.

329 Rob Graham

That's right, that's a beautiful thing. I forgot to ask you, I'm 44. How old are you?

Rakim

333 45. I'll be 46 next month.

Rob Graham

So we're peers, we share our worldview and all that good stuff. I don't want to wear you out. I think that was good. You agreed to help me out of respect for your friendship with Eve, who recruited you on my behalf. I'll certainly support her any way I can moving forward. In addition to your parents, brother, and children, you have other relationships that you appreciate. You've got your best friend who you've known since high school, and the reflective activity we're involved in here is similar to the kind of conversations you guys have all the time. You also have a group of brothas that you hang and travel with that you process the world with and that you are grateful for. Now you've created some distance in your life from The Nation of Gods and Earths and religions, and have become spiritually and philosophically eclectic. Having traveled and broken bread with folks of many stripes, you draw knowledge of self and the world from everything from churches, mosques, and even films like the Godfather and the philosphy of Sun Tzu. Primarily, you are in the dad business. I have a general sense of who you are, and I'll keep picking up clues as we have these other conversations. I appreciate you.

Professional Experience Narrative

Rob Graham

Alright. I think I just dive in if that's ok with you.

Rakim'

357 Yep.

Rob Graham

Okay. So today I'm interested in hearing about your professional life, work experience, and maybe a little bit of training, about that. So how did you get into school counseling?

Rakim

Like I mentioned before, being introduced to the Nation of Gods and Earths gave me a kind of a path. This is something that I think that I could enjoy, teaching and counseling youth. And so from there, it started off with the teaching. Actually, I started off counseling in group homes, bachelor degree level counseling work. I started off at Boys Town of Washington. I would call it a low level counselor, just someone who made sure that the youth ate, you know, maintained order, stuff like that. We would give them points if they displayed certain behaviors throughout the day, take them on trips to cultural events and stuff like that. But that wasn't making quite enough money. I went to

Bowie State's homecoming, met with a friend of mine, and she said that she was teaching. I said, you know what, I've been thinking about that. I changed my name; my name means teacher. I think I could enjoy that. She said, we have a first grade position open in my school; come on in and meet my principal. I came down and met the principal, and we had a conversation. I just felt like from that point forward everything just flowed. She actually brought me on like three months later to teach a first grade class. As soon as I walked in, it just felt natural, like this is me. This is my career, my destiny. Taught DC Public Schools for a number of years and then wanted something different. So that's when I went to pursue my masters in counseling. I got a job in Prince George's County Public Schools doing elementary again. I did that for about three four years, moved on to high school, and that's where I've been ever since.

Rob Graham

Is high school your preferred spot?

Rakim

You know to be honest with you, I think I could do all three. You can put me anywhere. Now I'm thinking maybe in a few years I could go down to middle since I've done elementary. At the time I wanted to coach football; that's why I said I wanted to make the transition from elementary to high. So when I got up there, got a chance to coach with one of the best coaches in this area. I'm actually going to see him tonight. You gotta figure when I was in a group home, I dealt with high schoolers anyway. I felt like the fruit of my labor would have been more recognized at the high school level and maybe in the elementary, but the plan was to plant the seeds down there. But at the high school man, I'm the one crying at the graduations and stuff like that, all the work that we put in with these youths. I've pretty much worked in the elementary school in the same community, and I've worked in two high schools, so I got a chance to see some of my students from elementary come on up to me, and just to see that growth man, it's been a joy to be able to work with those kids.

Rob Graham

Wow, that's a great perspective. I'm developing a sense that your students are lucky to have you. You got into counseling by way of working as a bachelor's degree level counselor in a group home, with The Nation of Gods and Earths behind your mindset and commitment to working with youth. Your actual entre into public schools came sort of serendipitously via a conversation with a former classmate at Bowie State's homecoming. A conversation about teaching led to a conversation with her principal, which set you on your course. Walking into the classroom where you taught for the first time felt natural to you, like the fulfilling of your destiny. Tell me about the school where you work. Tell me about the neighborhood that's surrounding the school, you know the context. Tell me about the space, the leadership that sort of stuff.

- 415 Right, so we just recently got into a transitioning from one principal to another. I work at 416 a high school in Temple Hills, MD. Temple Hills is a community that I would say is of middle, maybe low-middle class families. We have a lot of students in our school who 417 418 come from single parent households. A lot of our youth are being raised by mom, which 419 was surprising to me. We broke it down at the beginning of the year, but a lot of single 420 parent households, a lot of families with students who would be first time college 421 students if they make that choice. We have a decent Hispanic population. Maybe about 422 20% of our population is Hispanic Salvadoran. Some Colombia and Peru maybe, but 423 mostly El Salvador. That's the makeup of that population. So we have a new principal, 424 and he's young. He comes from middle school, so he knows a lot of the students because 425 we get a share from the school that he was previously at. He's young and energetic, and 426 he's still learning. I like his leadership style, but I don't know if you want me to get into 427 that.
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429 Rob Graham

430 Sure. Yep, sure.

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Rakim

Yeah, kind of like his leadership style. He's young, so he's more laid back, doesn't sweat you a lot. He's like, do your job man, and everything will be okay. I don't really know how he deals with the teachers, but I get the impression that he knows curriculum and instruction. He does hold them accountable. As far as counselors are concerned, we pretty much run the ship back there. I mean we're okay. If anything needs to be done through us, he will come to us. He's comfortable asking us what needs to be done. I am the chair of the department this year, didn't want it. It got bestowed upon me because Eve left. He's removed a lot of the students that we're providing behavioral problems. Things have been more relaxed than they had been in previous years under the old administration. She was more laissez faire. She was passionate; she loved the kids and everything, but it just wasn't enough of that discipline that needed to be in place, and a lot of teachers that she bought into the building weren't very strong. I will say the kids feel probably a little safer now, and he is getting some teachers that know curriculum and instruction. What else can I say about students? I just feel like a lot of them don't have a plan, and that's what I try to focus on. I sit down with them. What are your career aspirations? I can't help you if you don't tell me what it is that you're trying to do.

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Rob Graham

Right.

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- I just break down that your career should be something that you are passionate about,
- something that you enjoy, something that you love. Let's start there. I can't give you all
- 456 that I would like to give you in terms of your schedule, but whatever we have in the
- building, I can support that. I give them a look into my mind as to who I am, how I want

to interact with them, and how I'm going to get them possibly to the goals and the dreams that they aspire to.

Rob Graham

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Okay, so you work at a high school in Temple Hills, MD that is around 20% Hispanic/Latinx in a district that is largely Black. The population features many students that are being raised in single parent households. You've got a new principal that is developing in his role. You feel hopeful about things under his leadership given his respectful leadership style, curriculum and instruction acumen, disciplinary approach to students, and purposeful hiring of new, potentially effective teachers. This hope is necessary in part because you feel like many of your students don't have plans for their futures. Do you feel like you guys offer sufficient AP courses or the more college prep type stuff like IB? Do you feel like you have sufficient stuff like that for students who are definitely college bound and a little bit clearer about what they want to do?

Rakim

So we have an IB program now, but that program is about to go away. Whoever the high rep is said that not enough students are coming through. In terms of AP and those level courses, that's all nice and well, but I'm starting to think that the kids we have are just so low academically. Like we had an ROTC program, and that's no longer in the building because one of the counselors said nobody signed up for it. So, let's just go back to the coursework that you just asked me about. I'm starting to think that our kids are extremely low. So when they look at the numbers they say hey, we only got this many kids that will even qualify. You know, even our IB, they talk a lot about them being extremely low, not being able to write passages, clear passages, well thought out ideas and so forth, I mean grammar areas, like simple stuff. With that being said, I don't necessarily know if we are at the point right now where we can even have those courses and have enough students to be able to sell them. We got to kind of build that up. I hope things change with the principal bringing in new teachers. I hear from the students a lot, and they know what good instruction means. They know when they go into a classroom and the kids are all over the place and the teachers are talking about nothing. I think the kids react accordingly. You go into the classroom of one of our strong teachers, and students know what to expect from her. They don't come in her classroom late. They come in her classroom with a book bag, they get in there before the bell, sit down, and they get to work. They love her. We do have a lot of kids that have been taking dual enrollment.

Rob Graham

495 So that's taking classes at like PG County Community College?

- Exactly right. That's what I believe is going to be the new direction of those AP classes.
- Kids that have graduated tell me, I wish I would have had dual enrollment when I was
- 500 there.

Rob Graham

Okay. What are your responsibilities at work?

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Rakim

To prepare the students to be college and career ready. Of course, making sure that they have the appropriate credits to graduate. I'm making sure that they have the core classes that are needed, the community service hours, all the testing, making sure they have everything to graduate. That's what this thing is if you ask me. I feel like my task is to tap into the student, and figure out what their destiny is, so you're sort of personalizing your job description. For me it's not about just graduating students. You can tell the difference between somebody that just does their job and says, hey, I want to make sure you got the credits to graduate, that's all I'm supposed to. And then you have somebody that says, I'm supposed to do that but at the same time, I want to help this person get to where they're trying to go. I think that's the more meaningful part of the work.

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Rob Graham

If you think that other piece is the most important work, why do you think that's not your job description?

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Rakim

What do you mean?

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Rob Graham

You're saying that really you need to be thinking about those students' individual destinies and goals. That's the most important part, but that is not necessarily part of the job description.

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Rakim

The higher ups constantly pound us about making sure that the students get the correct credits, making sure that they graduate with like everything. If not, then we're on the five o'clock news.

531532533

Rob Graham

Right. I mean, it happens every year.

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- And I understand that. I'm not saying that's not important. I know that to get them across the stage, we got to do that part. But for me, it's not just about getting them across the stage; it's also getting them across the street stage with a plan, with direction. You know you'll ask them, what are you going to do? I don't know. That tells me that somebody is not putting in work with you, sitting down with you saying hey, this is what's going on.
- Have you done an interest inventory with Naviance? Have you sat down with your

parents and talked about how you want to play for college and so forth? That's what I think separates what I call an effective counselor from an outstanding one.

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Rob Graham

What's your day to day look like? What does the space look like?

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Rakim

550 So, come in during the day. Do my emails, respond back to parents, telephone calls. I 551 usually get students independent of what I got going on. I usually try to funnel my 552 students to my office for open hours during their lunch time. I take our kids down in the 553 morning time to do senior contracts. Before you come into the building you have the 554 front office, and if you keep walking to the back, you have the counseling suite. We 555 actually just changed things around back there. Students used to be able to walk back 556 there and just walk up on a counselor, but after I got there they provided a secretary for 557 us in the second year, so she's kind of a buffer between us and the students. We have that 558 door shut off now, so they have to have a pass that they come before lunch. I usually take 559 my lunch at one o'clock, till about 1: 30. At 3 I'm kind of tightening up my desk, getting 560 cleaned up, just kind of wrapping up for the day.

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Rob Graham

How's your team organized?

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Rakim

So, I think we all get along, for the most part.

566567568

Rob Graham

You sound like you were a little bit reluctant about that leadership role. Why the reluctance?

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Rakim

It's a good question. It was kind of selfish to a certain extent. I kind of just want to be focused on my class. I have a good administrator that I work with. We kind of love our class, and that's what I focus on. When you become a chair, it's like they pull you into these meetings about curriculum and instruction, nothing related to counseling. It's like I gotta sit up in meetings when something needs to be signed off on or something needs to be taken care of immediately. So I think for most people, it's like they don't want the added responsibility, they don't feel like the money is worth it, they just don't want the aggravation. Our caseloads are enough.

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Rob Graham

Where are you guys in relationship to the industry suggested student to counselor ratio?

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We were right there. I think we're asked to be at 250. Last time I looked we were at around 220 or something. We got low enrollment, so we are right there. The ninth grade

counselor may have more; she may have 300.

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Rob Graham

To me the number's a little bit arbitrary. Do you feel like that's a good workable number, allowing you to sort of meet your goals?

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Rakim

I think so. I've had 250 before, and I think that was quite manageable. I got 200 now. I mean, yeah, compared to some of the numbers I've heard other people tell me. We go north of the county, you get a lot of big numbers, some 400 to 1.

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Rob Graham

So, if you got 400 students, you're just doing computer work. You don't have time to talk.

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Rakim

603 Right. I would imagine yeah because in a public high school you know you're chasing 604 kids, trying to figure out where they're at. There is a lot of paperwork if they're not coming. Where are they? What have you done to reach out to them? And so forth. and 605 606 then by the time you finish that, you got to do some more paperwork. Report cards just 607 came out. It's always the gathering of data, and it's always putting interventions in place. 608 Then you got to monitor those interventions and so forth. So a lot of that stuff is very 609 time consuming. I learned that when I did my internship through Trinity University. That 610 professor wanted us to do a lot of counseling, and all of us that were in high schools, were like, Sir, that's not the reality. I mean they had us doing credit checks, credit 611 612 evaluations, meeting with students and doing schedules. You know schedules take up 613 about a whole month. Once you get in September, you're not done with schedules until 614 October 15th.

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Rob Graham

If you had it your way, you would be doing the counseling piece, and that other stuff would be handled through some other channel?

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Rakim

I would keep probably the coursework. I think that's part of what we do in high school, part of the college and career ready conversation. So I would keep the scheduling. The 504 stuff I should be aware of, but I think somebody else can handle that.

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Rob Graham

Whats's 504, just to be clear?

629 Rakim

630 That's the disability act.

631 632

Rob Graham

633 Oh, you mean like IEP?

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Rakim

636 No, it's different. The 504 is a plan that prohibits discrimination against someone who 637 may have a disability, and that disability has to significantly impact the child's learning. 638 I'll give you an example, ADHD. That's probably the number one reason students in 639 Prince George's County have 504 plans. What happens is the counselor would have a 640 meeting with all parties involved, and we sit down, and we talk about interventions that 641 would lend support to the students. My daughter actually has one. It can be extra time for 642 testing, preferential seating, all those sorts of things. That's all put into a plan, all the 643 teachers have to sign off on it, and if they don't, then it is actually a legal federal 644 document where people can be held accountable.

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Rob Graham

Okay. I got a sense, but what sort of intentional stuff do you do to prepare your students for college?

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Rakim

Yeah, so it starts with the course requests. They are actually one of the first things that I do when I come in. When I have students come in, I give them what's called an individual learning plan, ILP. I keep a binder for every student that I have. Who they are, where they want to go, how they're doing, likes, dislikes and all of that. I tell them, remember you all filled out the ILP for me. That's the beginning of the conversation for me, that's where it all starts.

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Rob Graham

And when do you have this is a conversation? At the beginning of the school year 11th grade, or is this happening before then, or?

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- That's the first thing. I take all that and put them in a binder, so when a student comes down, I can refer back to their file. From those documents, I'm able to do career days, I'm able to do college tours. Every year I do a college tour, so ninth grade. I found that most of the students wanted to go to Bowie and Maryland, so we went there and Morgan State. From that, I did my career days and the college tours, and that's how when I get emails, I find out about special programs, ie. the police explorers program. I think that's the meaningful part of the work. What irks the hell out of me is some people are just doing a job, just making sure that they have the credits. Talking about the intentional things that I
- do, those are some. I just tried to do a trip to Norfolk and ODU with my students, so they

can go in and at least hear the language of what these college admissions are asking. I also send home a weekly newsletter. I think I'm the only counselor that does that.

Rob Graham

Wow, I just think that's impressive.

Rakim

It actually is. I call it the PSC, Public School Counseling. I send one out to my parents every week, just giving them updates of what's going on, but then also I ask the questions. Have you sat down and talked about how you're gonna pay for college? Is your child registered with College Board? Do you know what your child's plan means? You know stuff like that. I'm always feeding the parents and students. So, those are some of the intentional things that I do as well. I tell them we should be having fun next year. we're grinding this year, we're putting in this work, we're taking the SAT in March. Twelfth grade you're filling out scholarships, we're having fun, everybody knows where they're going. I'm excited about that. They're excited about that. Families are excited. I know we got everything that we need to do out of the way. We're walking across the stage.

Rob Graham

Boom. You make it sound easy! Or logical or reasonable. That plan thing that you do where you give them that questionnaire, and then you keep referring back to it. Is that your idea, your creation?

Rakim

That was in elementary. The county came out with a thing where all students had to do an ILP. So, you know, people complained about it. I don't have time for that. So, they cut it back to where they only had to do it like first grade, eighth grade, and tenth grade.

Eventually I just didn't hear about it anymore, but I kept it.

Rob Graham

It sounds great. I mean it sounds reasonable and intuitive if you're gonna counsel students, and you need to know what they're working with and where they trying to go. That just seems like an intuitive step to me. Okay. Do you feel like your master's program prepared you, equipped you to do what you need to do?

Rakim

Yes and no. Yes, because there was one professor that worked the hell out of you. She gave me so much, but she also set a tone. If you can handle that, you can handle the voluminous work that you're going to have especially as a high school counselor. There's a lot of paperwork, so that's why I would say yes. I got prepared in that aspect where I can handle a lot of the paperwork, because it can be frustrating for some. A lot of people come to high school, and they get the hell out of it, and they go back down. On the other

hand, there was a lot of counseling. That's why I say no because I'm not doing that much counseling. School Counseling techniques, those courses that we took; I would love to be able to activate some of that stuff, but I just don't really get the time. I could probably force it in there to do a group like two years ago with my Hispanic or Latino population, trying to help them with their transition to post high school. It's nice to speak to other counselors or other jurisdictions. They can do more counseling. I think we'll get there, especially with a lot more focus nowadays on mental health and disasters going on. I think that people are paying more attention, so hopefully we'll get where counselors can spend more time dealing with those types of things, doing groups and doing individuals.

Rob Graham

Okay, so I'm learning a lot here. Your school has an IB program that is going away and an underdeveloped AP situation, but that is not completely problematic to you because you feel the student population is not where it needs to be academically in order to take advantage of those opportunities. You describe your duties as getting students college and career ready while in the context of a push to get them graduated. You choose to go beyond the basics and into understanding individual student destinies and supporting those. This is a personalization of the job description of sorts. You're the leader of the counseling department now, though reluctantly as you and the other counselors have full "plates" already. You find that the work would be manageable if your school made some advancements in terms of time-saving technology like a system that generates student records instead of the current practice of creating them by hand. You do a host of college preparation things like college trips, career and college nights, and a weekly newsletter for families, but at the same time there isn't enough student participation and interest in those things, which is a source of frustration for you. Your master's program prepared you for the rigorous paperwork load you have to manage, but much of the content didn't prepare you for the realities of such time constrained work. Is there anything I should know about your experience at work if I'm trying to understand your profession and your context you as a counselor? And really, you know my focus is the college preparation piece. Is there anything I should know that I haven't really explored?

Rakim

You know, I'm still trying to figure it out with our population. I think I touched on it earlier, but maybe the students just don't feel like they're ready. Academically, you know a lot of students may be scared of the real world. You know, we do college fairs, and they're just not responded to well, they're not taking the SAT, they're not doing a lot of these things. I'm just trying to really still figure that out. So, speaking with you has been kind of helpful. I will say this, I want to go back now and kind of go at this like a scientist.

Rob Graham

Man, you read my mind. This sounds like research, a self-study of sorts, like a view into your own context; this is exactly what I was thinking. It's a beautiful research project, it's

a beautiful problem. You're in the right position, right mindset to do what sounds like beautiful research.

Rakim

Yeah, I gotta figure it out. I have to figure this out because I want to be able to serve that population. We've got all these high schools right next door to each other, but the mindsets are so different. Now I know we got dynamite kids, right. I'm just trying to crack this thing, so I can better serve the students because this frustrating. You know, especially after I just put all this work together for this college tour, and I couldn't get as many as I wanted to go over. In fact, we decided in our counseling department that we're not having a college and career fair this year. Last year when the college reps came, they were like, your kids were not prepared, they didn't know what they wanted to do. Your food was great, but your kids don't know what they want to do. This is pretty much a waste of time. Hopefully the answer is getting some teachers in there that can better equip the students, so they feel more confident, go on with their lives doing what they want to do.

Rob Graham

Man, you're gonna have me thinking about that problem, dreaming about that problem. It comes from such a good place, and it's so organic, and it needs to be solved. If you find yourself starting the project, let me know. Maybe I can help you. Maybe we wrap this at this good point. I appreciate you.

Connecting Personal and Professional

Rob Graham

Just to let you know, these conversations have been a little bit life changing for me. I've been thinking about something you said, some advice from one of your mentors or brothas; always think about your role in something.

Rakim

Oh, yeah, my friend.

Rob Graham

Man, that one resonated with me. I've been having a little bit of a debate with one of my buddies, and it just kind of made me look at my position and rethink my role in it, how I can make it better. The power of these conversations is already there.

Rakim

Yeah, me too man. I've been thinking about some of the things. I like stuff like this kind of self-reflection, kind of forces you to look at yourself man, especially for someone who doesn't really have a religion. You know, when I told you I'm more eclectic, some would say, no, you gotta have something that you can pull from spirituality. I say, conversations

800 like this kind of help me keep a balance in my life. You know, self-checking, looking at 801 myself and saying, what's your purpose? 802 803 Rob Graham 804 That's right. 805 806 Rakim 807 That's why I appreciate these conversations as well. 808 809 Rob Graham 810 Yeah, no doubt, gratitude all the way around. I'm gonna jump in here with a little bit of 811 this business then. 812 813 Rakim 814 Okay. 815 816 Rob Graham 817 Are you able to track your former students after they graduate, particularly the college-818 bound ones? 819 820 Rakim 821 I actually take a page out of a book from one of my former co-workers. She said she 822 doesn't become friends with her students on Facebook or social media until after they 823 graduate. I have some that try, but I wait till after they graduate, and then I become 824 friends with them. I'm able to keep track of some graduates from the 2017 class because I 825 told them to develop a Twitter page for alumni to celebrate their successes and keep in 826 touch. I tell them congratulations to all the positive stuff. 827 828 Rob Graham 829 I really want to know if you're able to use like, information from some of your graduates 830 to an end, to inform your work. 831 832 **Rakim** 833 Yeah, that would be awesome. 834 Rob Graham 835 836 Right? There's this trend happening in school counseling where folks are really wanting 837 to know what happens to their students after they're gone in order to inform the work, and

folks are tracking the numbers. But what's missing is the experiential information.

was just kind of wondering if you were able to, if your school or your district was

tracking either the numbers or the experiential data or?

They're not hearing about people's first year on campus, how that's gone, how prepared

they felt, whether or not the school was a good match for them, that kind of stuff. So I

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843 Rakim

- That's something that I will have to talk to our specialists about, seeing how we could put that together. I would definitely love to do something like that. Actually in 2018 I did call all my students back for an alumni day to assist the graduating seniors in the 2018 class with any advice that they may have. Overwhelming turnout! A whole bunch of alumni came up. I mean, we had a lady came that graduated in like the 60's. So they did have some interesting feedback to give to the students. It's something that I could definitely talk to our specialist about. I definitely want to know whether we're making a difference.
- What can I do better?

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Rob Graham

I mean, informally, when you said alumni Twitter, you know, I just had to write that down. I mean, that's a brilliant idea, a way to go around some of the ticker tape or some of the red tape. I like this idea of alumni Twitter for some kind of specific purpose. There's some opportunity there. Maybe you've already answered this. What questions do you have about your and other African American brothas first year of college? Anything you really want to know about or something that can help you with some of your decision making?

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Rakim

Oh, I guess one question will be how, I think you just touched on it, how well did you adjust? You know, being in your first year of college socially. You can break that down so many ways. It was a PWI; how well did you adjust? HBCU? How was your adjustment socially? Academically? Was the work a little bit more rigorous for you? Did you find yourself having to go get assistance by way of the lab? What were some of the things that they highlighted that you were making mistakes with? Those would be some of the questions that I would ask.

869870871

Rob Graham

And what worked?

873

874 Rakim

875 Yeah

876877

Rob Graham

What should we have listened to Mr. Rakim about more? Which part of what Mr. Rakim was telling us was right on the money that we didn't key in on.

880

881 Rakim

Right.

883

884 **Rob Graham**

885 Okay, okay.

Rakim

Yeah, I definitely agree with that. One of the things that one of my students talked about is AP English. A lot of students try to get out, look for an outlet, have their parents come up to me and everything. I say, look, you want to go to college? These courses are supposed to prepare you for that. She came back for my alumni day, and that's one of the things that she spoke about to the seniors that are graduating. She said, I am so glad I stayed in there. She says when I got there it was difficult, but because she stayed in AP English, she was able to handle it. She was able to pull from some of the rigor from that course to handle it.

Rob Graham

That's it. The literature says, you need at least one AP class or something with equivalent rigor, you know what I mean? In order to be for real equipped for this next level. You know, that's why IB is important or AP or something.

Rakim

Let me just share this with you real quick, something I talked about with my principal today. I think that AP stuff might be kind of phased out a little bit. As dual enrollment continues, I think more students are going to really kind of embrace that; that's just my my opinion. It cuts out the middleman; they can go straight to college credit. Some former students wished they'd have known about dual enrollment

Rob Graham

That's great, and dual enrollment can check multiple boxes for our people. Save us some money. Save us some time, and play that role of preparing them for the rigor that's coming. All those boxes checked.

Rakim

914 Yep.

Rob Graham

Some former students wished they'd have known about dual enrollment, which makes sense as a solution for preparing certain students for the rigors of college work in the midst of an overall population that's not necessarily ready for IB and AP. In terms of accessing experiential info from former students, you've gotten feedback via an alumni Twitter page, informal interaction with alumni in the community, and a well-attended alumni night, but your school and district have yet to formalize anything. You'd welcome something more programmatic in that regard in order to inform your work. You would be keen to understand how brothas have adjusted to college in social and academic terms. What do your students need to know about college going? Something maybe they don't see the importance of yet or that you keep trying tell them that's not clicking or registering?

Rakim

I think the first thing is that everybody can go. I just went Friday to Montgomery College and heard about a lot of scholarships and things of that nature, the Promise Scholarship, all these grants and stuff. I just think it's incumbent upon the counselor to know these things because, like I said before, we are the ones that should know all this information about scholarships and grants and so forth, and we should be bringing it to our students. I just think the kids need to know, hey, there's opportunity out there for you. Forget what you may have heard, especially our Hispanic/Latino population. I'm taking them on a college tour on Wednesday, 30 or 35 students. Before we get there, I'm going to speak to them all personally, hey, there's opportunity out there for you as well. I think a lot of our students probably view it as a rich man's or rich family's kind of thing. Just off the top of my head right now, I think a lot of that might be a financial thing, where a lot of them are saying, hey, you know, I can't afford that. They need to know about some of the programs and availability of money, especially for unaccompanied youth, for foster care youth. There's opportunities, they just gotta believe and tap into their counselor. One of the things that I always communicate to them is I wasn't a dynamite student. And I say, especially for you young men, it clicked for me when I got to college, and I graduated. You know, I was retained in eighth grade. So I make sure I just give that to them. And for a lot of them, let's start off a little slowly. Especially with males in high school, we're just going through the motions a lot. But when we get closer to the prize, we start to see a little more clearly.

Rob Graham

So, you want your students to understand that everyone can go to college; it's not just for dynamite students or rich families. You also believe it is counselors' charge to be aware of scholarships, monies, and programs that make college doable and to pass that information along to students and families. Your district leadership and stakeholders in general, what do they need to know about your work and your profession?

Rakim

Well the district needs to know and understand that we are overwhelmed, we got a lot on our plate. The district needs to step it up in terms of just some of the little things, the programs that we have in place. Let's just start with technology. When we get a new student within the building, we create a transcript for them. I heard the other districts don't even do that. A student comes in, and there's a computer program that already has everything figured out for you. Some of that stuff needs to be taken away, because a lot of these youth are struggling socially. You got these mass shootings and so forth. We need to spend more time with counseling. I would love to have more time with that, but we're still counting credits. We're still tallying up each class on the back of a card every year. That takes a whole lot of time, and sometimes you make mistakes. We're about to shut down our department soon, taking off like a whole week to just count credits. You know, that's

972 **Rob Graham**

973 That's absurd, actually.

974975

Rakim

- Especially during this time of year when some of our kids are really going through it.
- People need to understand that Christmas, Thanksgiving time when families are together,
- 978 this is the most sensitive time for our youth.

979

980 Rob Graham

981 Right

982 983

Rakim

A lot of them have parents that are not home, that are deceased, or what have you. They are going through it. It's a joyous time for some, but it is an absolutely awful time for a lot of other people.

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Rob Graham

I definitely don't want any details or specifics, but do you feel like you're compensated appropriately?

990 991 992

Rakim

I would say yes, and that's only because I worked group home before I got there, so they gave me all my years from a group home.

995 996

Rob Graham

997 Oh!

998 999

Rakim

I started off with a very good level, so I got more than probably most people would have.

1001 1002

Rob Graham

1003 What are your long term professional goals for yourself?

1004 1005

Rakim

- I like where I'm at. I really do. I like working with the high school students, I'm good at this point. This is my career. Flirting with the idea of maybe doing middle school for a
- 1008 few years. They have another position in Prince George's County called PPW's, which is
- pupil personnel worker. They mostly work with the attendance, and they're supposed to
- have been like social workers, but they don't do no dag gon counseling either. Maybe
- doing something like that to get a change of pace. I'm athletic as well, so just thinking
- about maybe becoming an athletic director if the principal will allow me, and then I can
- really work that college and career piece through that. I could really work that position;
- that's the dream position for me right there.

Rob Graham

- Okay, there we go. Changing subjects a bit here. My org provides academic advising for
- freshmen brothas, and what I do is either the advising, or I find somebody on campus to
- do it. I'm not trying to toot our own horn at all, but if it weren't for us, they'd probably get
- advising once a year.

- 1021 Rakim
- 1022 Wow

Rob Graham

And that's only for their initial schedules. I just want to throw that out there in case it helps you frame or see what's happening on your side differently. You can imagine one of your students coming to our campus and not getting any advising,

1029 Rakim

Right, yeah

Rob Graham

Anyway, I just got to throw that out there, the picture I'm getting is like brothas are not getting what they need unless something happens to them and they get some kind of random support like through my org or, they just happen to be outgoing, especially driven, especially comfortable, or have a personality where they don't mind knocking on doors. A lot seems to depend on how the universe aligns.

Rakim

Yeah, that's definitely something to think about. I think one route for a lot of us educators in high schools working with Black males is the sports. A lot of us love to coach sports, and we love to interact and kind of minister through that. I think that's the way we can kind of get to them, engage them. The majority of young Black males play sports, and for the ones that don't, there's other ways that we can try to engage them. But we could use emails to talk to them about academics. Hey, you want to go to school? You want to go to college? And you get into your performance on the field and off the field, and stuff like that. That's how a lot of coaches and mentors in high schools are able to help out. I have a lot of conversations and lot of men talk about their high school coaches. Coach had a big influence on my life. I love that man, stuff like that. So that's one of the solutions I would say for high school engagement. Did you go talk to your teachers? Did you do this? Did you seek help? Where you at with this and that, you know?

Rob Graham

Un hun, agreed. You've done a great job being open with me and giving me some insight, so I think we can prepare for this sharing circle and this collage. You take care. Thank you.

Rakim

1059 Peace.

Appendix G

Conversations with Vertner

Personal Background Narrative- Who Are You?

1	Rob
2	This is supposed to be a straight up conversation. Just between two men, two brothas.
3	
4	Vertner
5	Gotcha.
6	
7	Rob
8 9	I'm going to ask you a question just to kick it off. Why'd you agree to help me? Why'd you agree to participate? (Vertner laughs) It surprised me!
10	
11	Vertner
12	I would definitely say your approach. Especially here, people are always approaching you
13	with different stuff. A lot of times they're technique is kind of aggressive, but you said,
14	hey, you got a second to talk? You were really relaxed, told me what you're doing, and it
15	aligned with my personal values. You said the transition from being in high school to
16	college.
17	
18	Rob
19	Yes
20	
21	Vertner
22	Being a Black man at a PWI, which is what I am right now, I was like, I had that insight.
23	And I know that this is for your degree, right?
24	D.L
25	Rob
26 27	Yes, this is my dissertation research.
27 28	Vertner
20	v ei tilei

So, I was giving a helping hand because you never know if you were struggling to find a participant and stuff like that. Besides, I injured myself, so I have free time. I'm not at practice right now, so I can just use a day.

Oh, beautiful, beautiful. Well, I appreciate that. You agreed to help me because you appreciated my approach, you felt like you had something to contribute to this research, and you were responding to a brotha in need. Um, let me see here. Who are you as a person? You told me that you're from Hampton, right? Tell me about your family, your upbringing, what brought you here to this point where we're sitting in the same room together.

Vertner

42 Okay

Rob

Then, as you, if you get tired or something, I'll jump in and tell you my story a little bit.

Vertner

48 Cool. So yeah, I was originally born in Denver. My family's like a military family.

Rob

51 Mmm!

Vertner

But luckily, I guess you could say, my dad, he retired a year after I was born, so I really got a hybrid military family experience. We went from Denver, Colorado to Augusta, Georgia for like, a few months, and then we went to Hampton, Virginia. I've been living there for like, 20 or 19 years. I'm 21 right now, so been there my whole life pretty much. It's been an interesting journey.

Roh

Okay. So you've got siblings?

Vertner

Yeah, I have two older sisters. They're older, older. So one is like eight years older than me, and one's 11 years older than me. So that age difference kind of played an important role in my upbringing.

Rob

When you say it played an important role in your upbringing, what do you mean? I've got two older sisters, so I know what it means for me. My oldest sister, she's nine years older than me, so she was kind of like a second mom, you know, the fun mom?

72 Vertner

73 Yeah. (chuckled)

Rob

And she was kind of like, I don't want to say the guinea pig, but she was the first to experience a lot of stuff that we experienced. And we as a family, we all learned from it. She's the first to go to a four-year college. She went to Black college, Xavier University in New Orleans. So in my mind, Xavier, New Orleans was the place I was going to; that's what college was. Then, my other sister went to Howard. I visited my other sister, and I was like, wait a minute, I want to transfer to Howard! (both laugh). Howard is a different level than Xavier! So I transferred to Howard, and I essentially went to both colleges that my sisters went to. My oldest sister has her doctorate, and my other one has a master's, so I was like, okay, I guess not only am I gonna go to college, but I'm gonna get some graduate degrees. So in what ways did the fact that you have these older siblings affect you? How were they? What role do they play in your life?

Vertner

Definitely I would say the main role, or one respect is observing. It was kind of weird being the younger brother, because you always you think of a stereotypical older brother, you know, protecting his sister. When I was younger, I couldn't really protect them, but now that I'm getting older, I'm falling into that role. But going back to the observing part, I would say it really played a role because it kind of builds into what I'm trying to do as a career in a sense, as a criminal investigator. As an investigator you know, you have to observe a lot and watch people's actions. That's what I did with my sisters without a lot of people knowing. Whether they got in trouble with my parents or they did something good, you know, just seeing how they grew up during those teenage years, what went well with them, what went bad, and then learning from both of them. When it was my turn, I could apply that experience even though we never really were on the same track.

Rob

You watched your sisters' closely as they made their way to adulthood and did your best to apply the lessons you learned to your life.

Vertner

Yes. I was always taking notes, and it definitely made me an observer. That is reflected in my social life, from going to parties or hanging out with friends. I'm not always talkative or interactive, which I do, but I'm always, observing 24/7.

Rob

That's cool. So, tell me when I'm going to far or whatever.

113 Vertner

114 I'm alright.

- 115 Rob 116 So family dynamic. Tell me about family life, upbringing, you know, parents. I'd also like 117 to hear how you decided that you wanted to be a criminal investigator because that's not 118 what you hear all the time. 119 120 Vertner 121 I have two parents at home, luckily. Regarding my extended family, we had an uncle
- 122 living in the same city, so we had our older cousins as well. I was basically the youngest 123 and surrounded with family. My mom's side of the family was kind of small, and my 124 dad's side was kind of big, but they were kind of spread out. Focusing on my immediate 125 family, my parents were really close. 126

127 Rob 128 Are they older? 129

130 Vertner 131 Yes, they're still in their 50s, but now they're on the other side of 50s, getting close to 60,

132 I think. So Yeah. 133

Rob

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I'm just trying to pick this up, but it sounds like other than the early moving around and being a lot younger than your siblings, you feel like you had a sort of regular, healthy kind of family situation?

138 139

Vertner Yeah, for the most part, pretty regular. I would say two events maybe changed the dynamic. One especially, was a house fire when I was around the first grade? First, second grade. I was younger, so I didn't really feel it as much, but I was observing to see if everyone was happy. It kind of changed the dynamic of the family, but for the better I would say.

144 145

146 Rob 147 How so?

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Vertner

149 150 Because we lived in a motel for maybe like, a year, I would say. The conditions were just 151 alright because my sisters and I stayed in the living room area, and my parents had the 152 room. But the motel had bugs and ants during the summertime. Then we stayed with my 153 aunt and uncle for a little while. So that little period right there built a lot of character 154 within me growing up, but within the family too because you look back and say, this is 155 where we were and where we are now.

156 157

Rob

So it kind of brought you guys together somewhat?

159 160

- Vertner
- 161 Yes. The other thing I was talking about that changed our family dynamic happened
- around a year ago. My sister got in some money trouble that affected friends and family.
- People were trying to sue her, and then my dad got involved. When my dad gets
- involved, it's not a good sign (chuckles).

165

- 166 **Rob**
- 167 Uh hun!

168

- 169 Vertner
- I saw how my family still all comes together at the end of the day. And I still have their
- back. Whatever happens, it reflects back to you know what happened 10, 15 years ago,
- the house fire. We've been to rock bottom, so we

173174

- Rob
- can get over anything.

176 177

- Vertner
- 178 Yes

- Rob
- Wow, that's interesting. You come from this tight-knit military adjacent family. You've
- been the youngest kid around your entire life, but you've always had your eye on being a
- responsible man that protects his loved ones. A house fire brought your nuclear family
- together as an unfortunate bonding experience, and the trials you went through around
- the money situation proved that as a group, you all could overcome anything. So I'll take
- 186 you back a little bit and tell you a little bit about my background. I'm from Pasadena,
- 187 California. Two sisters, one nine years older than me, and the other one three years older
- than me. Grew up with two parents, five people in the family until my parents got
- divorced when I was like 11. Though not living together after that, they still had each
- other's backs. In fact, they never really formally got divorced. I had a close knit family
- and a pretty good childhood. My dad was a cop and a Vietnam veteran from Arkansas.
- He was straight forward, a man's man. Not a lot of game-playing. My mom grew up in
- 193 Chicago. She is a little bit more liberal, little bit wilder, different kind of upbringing.
- 194 They were sort of completely opposite, but they had similar values, you know, taking
- care of Black folks, doing service. My mom was more interested in African American
- Black issues. My dad, he passed away when I was a senior in high school, he was more
- of a Pan-Africanist. Healthy family, everybody educated one way or another, everybody
- looking out for each other. My sisters still think they're my protectors, and they still do
- protect. We started out my life with decent money, and then our situation changed. But
- the family was there, and we worked magic, and I had a good upbringing. So, when you

say you want to be a criminal investigator, do you want to work for law enforcement? Or you want to do your own thing? And why? I know you said you did a lot of investigating growing up, but how did you sort of decide that was gonna be your job or your career or whatever?

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Vertner

My first answer is to the first question. It's more on the police side with the federal government, but I'm always open to state or local. In terms of what drew me to it, I would say to it is kind of multifaceted. I would definitely say TV, movies, and the media had a big influence. Also, my dad was army.

210211

212 **Rob**

My dad was in the army. Okay! You never know who you're talking to!

213214

215 Vertner

Well, I knew I didn't want to be in the army because the odds of passing away are higher than the police force. As an investigator, there are two different playing fields, and I always had an interest in solving problems and stuff like that. You know, like I said, observing just came naturally to me. From watching Law and Order to the military stuff, to observing and critical thinking. Also, I don't like math, so that knocks out a whole bunch of majors for me.

222223

Rob

(laughter from both) I know exactly what you're talking about.

224225226

Vertner

So that just led me to that path, criminal investigator; it suits me.

227228229

Rob

230 So, what do you think of this question that might not be all the way relevant to what we're 231 talking about? My first dream job was to be a police officer. My dad would pull up in his 232 police car, put the siren on, and that kind of stuff, and that was the first job I wanted to 233 do. And then as I got older, you know, that dream kind of faded away. I started looking at 234 myself and society a little bit different. And we need good brothas in law enforcement. 235 We need good brothas in the military. We just need good brothas in all kinds of spots. 236 We've got some problems with law enforcement today. What do you think? How do you 237 put those two things together?

238

239 Vertner

Yeah.

241

242 **Rob**

How do you make sense of those two things? How do you make all of this make sense for yourself?

245246

Vertner

- Hmm. I would definitely say, it's not easy. I had a couple of days wondering what my
- 248 fellow brothas are going to think of me when they see me in the uniform. It's definitely
- 249 hard because whenever somebody asks, you know what I want to do as a career, whether
- 250 they're Black, White, or Asian, whatever, sometimes I get the look.

251252

Rob

Even non-Black people give you a weird look?

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Vertner

Yeah, they give me a surprised look. Definitely a surprised look from like the White people.

258259

Rob

260 Mmm

261262

Vertner

You know, once I say that, their mannerisms or the way they talk to me changes for the better. They think I'm like one of them. In terms of Black folks, I feel okay with their initial confusion because in the end, it's better if I pull them over than someone who isn't concerned about their safety or their rights.

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Rob

That's interesting. I never considered the responses, so I appreciate it. You mentioned values, and you mentioned maybe some of what this project is about, speaking to some of your values. What would you say are some values that drive you?

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Vertner

One thing I'm hooking onto now is production. I don't know if this is a value or a concept, but production. I ask myself every day at the end of the day, was I productive today? Have I made you know, a further step to whatever goal I'm trying to accomplish for the week, month, year, or just in life. So, I would say production is definitely a value.

278

279 **Rob**

280 Okay

281

282 Vertner

- Another value I would say is just fairness in treatment. A lot of people, especially today,
- people are disrespectful for no reason. Our people, White people, any people; they're
- disrespectful for no reason. As you see around here on campus, what's the reason for it?

- People don't hold doors anymore? Pick up trash; it's just laying around. I don't blame
- them though. I was the same way a couple years ago. Now, when I'm in the JC, and
- somebody leaves their pizza board next to the trash cans, for example, I just put it in the
- 289 trash. It's just simple acts, you know. Hopefully, my example, me setting that example,
- 290 will cause a domino effect somewhere else. So, I guess a value in a conclusion would be
- iust helping, helping so somebody else can help.

292293 **Rob**

294 Uh hun, so civility and just being a good human?

295

296 Vertner

297 Yeah

298299

Rob

These are some of the behaviors I associate with living in a household with a military guy. Is that some of where your values come from? Are your values coming from your

dad or your mom or?

303 304

305

306

Vertner

Yeah, definitely both. My mom is from New Jersey, and she's like the nicest person you'll probably ever meet (Rob chuckles). And I'm not just saying that from bias, but literally.

307 She doesn't cuss, she doesn't swear, she doesn't drink, smoke.

308

309 **Rob**

310 And she's from where?!

311

312 Vertner

313 New Jersey.

314

315 **Rob**

316 Okay, okay.

317

318 Vertner

- You look at my dad how you were saying, and kind of like, they're opposites, but he has
- the same values. My dad doesn't drink that much, but he cusses a lot. He doesn't smoke,
- but he's like the opposite of her and the same. So, it's kind of like putting those two
- together. I'll call it the conclusion of both. So, I have my rowdy side, and I have my nice side too.

324

325 **Rob**

- 326 Okay. You're interested in being federal law enforcement despite possible push back
- 327 from Black folk in order to have another person out there with sound and fair judgement.
- This career path comes out of a combination of admiration for your dad and his military

- 329 service and a life-long fandom around military and police films and television. You have
- 330 these values that guide your behavior in production and human decency. These and your
- other values come from being raised by your parents who are at once opposites and alike
- *in their values.* You talked about your sisters, your parents. Tell me about some other
- important relationships in your life that sort of make life meaningful or that have been
- transformative to you, projected you in a certain way, held you down, or taught you some
- kind of lessons.

336

337 Vertner

- Definitely my coaches, but one particular coach, who introduced me to soccer kind of
- late, like seventh grade. His name is Mr. Bowdin (Pseudonym). He's from Colombia. He
- 340 helped me create what makes stand out as a person. Because, you know, he introduced
- me to soccer, which, you know, Black people really don't play.

342

343 **Rob**

Did you play in high school?

344345

- 346 Vertner
- Yeah. High school and in college.

348

- 349 **Rob**
- What percentage Black was your high school?

351

- 352 Vertner
- 353 Oh, it was like 90%.

354

- 355 **Rob**
- Okay, so you really stood out!

357

- 358 Vertner
- 359 Yeah (both laughing).

360

- 361 **Rob**
- 362 Cause I already know.

363

- 364 Vertner
- Yeah. So people play basketball, football. I was on the football team, but still, people
- know me for soccer. So, I'd say Mr. Bowdin. He introduced me to a lot like, took me to
- 367 Spain to play soccer over there.

368

- 369 **Rob**
- 370 Oh

372 Vertner 373 Yeah. He's definitely like a figure in my life. You know he taught me how to get dressed, 374 like dress properly, stuff like that. How to do public speaking early on. It's basically 375 skills that, you know, you might not think you need to learn? 376 377 378 Wow, so how did you meet this guy? 379 380 Vertner 381 Seventh grade. He was actually a teacher. I had a little girlfriend back then. She played 382 soccer, and we had a club soccer team at school. She introduced me to that, and I came 383 out. And he somehow turned into my teacher in 8th grade. So, we built that relationship 384 inside the class and outside of class, on the field. We just kept our relationship going to 385 this day. 386 387 Rob 388 That's a big one. What position do you play? 389 390 Vertner 391 Left back. 392 393 Rob 394 Okay, okay; I played defense too. (both chuckle) I talk to my boys all the time, and we're 395 always like, we gotta get more brothas playing soccer! How do we do it? I mean, that's, 396 that's our running conversation. 397 398 Vertner 399 In high school, people used to see me play soccer. I used to be the kicker on the football 400 team, so they used to ask me, how do you play that? Or how do you do that? I don't know 401 if it's just a stage thing, earlier in life, where people thought soccer to be quote, unquote, 402 gay. 403 404 Rob 405 When I was little it was, soccer's White. 406 407 Vertner 408 Uh hun. Soccer's White, soccer's gay. One of the two, yeah. 409 410 Rob

Right. But whatever it was, it wasn't for

411 412 413

414

Vertner

It wasn't for us.

415 **Rob**

- 416 It wasn't for us. Okay, so any other important relationships in your life that kinda shaped
- 417 you?

418

- 419 Vertner
- 420 Yeah, I would say two other people. So one was Mr. Janson (Pseudonym). He was
- another math teacher. I think the one reason why I said him was he kind of inspired me to
- do better. I never had a teacher that was, you know, down to Earth. You know, he'd tell
- 423 you how it is straightforward. I remember one time, it's a running joke with my friends.
- We were in the bathroom, and he was like, you shake it more than twice, you're playing
- with yourself. Let's go! (both laughing)
- 426 You know. We're in seventh grade, and you wouldn't hear this from nobody else.

427

- 428 **Rob**
- 429 Right

430

- 431 Vertner
- But it lets you know he's real. I think a lot of teachers try to put on like a front, which is
- okay, I guess because, you know, it is a difference between personal and professional, but
- still, at the end of the day, you gotta walk the walk and talk the talk. And he definitely did
- that. I still talk to him today, go to the gym sometimes, and I see him in there. Say what's
- 436 up to him. I know his granddaughter, stuff like that. He's just he's just a good, good dude.

437

- 438 **Rob**
- What about at Mason? You form relationships here that you consider pivotal or
- 440 powerful?

441

- 442 Vertner
- Yeah. I definitely say two, one person and one group. There's a faculty advisor named
- Jenni Evans (Pseudonym) who works in Minority Support (Pseudonym).

445

- 446 **Rol**
- I know exactly who she is, but I've never met her.

448

- 449 Vertner
- Yeah, so Jenni, she was there since my freshman year. She used to be the advisor for a
- Black student organization, and I still go in there til this day. Sometimes I have free time,
- just need to talk. I just go in there, say what's up, and just start rapping about stuff. She's
- just like, you know, like a cool friend that's not like your friend, if that makes sense. I
- wouldn't say she's inspired me, but she's always trying to make me do the right things and
- keep a healthy mentality. Making sure my grades are good, writing recommendations, all
- 456 that kind of stuff.

458	Rob
459	Un hun
460	
461	Vertner
462	Definitely appreciate her, and she kind of gives that mom figure too, a long way from
463	home.
464	
465	Rob
466	Anything else I should maybe know about you, or anything you like people to know
467	about you? Anything that's signature to your identity? Before we start getting into the
468	technical stuff, next conversation?
469	
470	Vertner
471	I'd say maybe two things. I will just piggyback off of, you know off, who the important
472	people are in college. I joined a fraternity my sophomore year.
473	
474	Rob
475	I saw your fraternity bracelet.
476	
477	Vertner
478	Yes. That definitely played a big role from that point until now in terms of having a
479	support system. I won't say I don't know where I would be, but I'd rather be right here.
480	The social aspect is important, but the grind aspect is key because I don't think I would be
481	able to get my internship if it wasn't for them. I saw my brothers get jobs, internships,
482	scholarships and felt like I needed to step up.
483	
484	Rob
485	Cause brothas from your fraternity handle their business!
486	
487	Vertner
488	Yeah
489	
490	Rob
491	That's the tradition.
492	
493	Vertner
494	So I was like I got step my game up now, go out there and go get it. Lo and behold, I got
495	the internship and now it's on to the next stage in the career.
496	
497	Rob
498	Beautiful, beautiful, beautiful. Okay, okay. Mr. Bowdin, Mr. Janson, Jenni Evans, and
499	your fraternity. These are all people and peoples outside of your family that have played
500	an important part in supporting your development as a student, future professional, and

as a man. They are a combination of designed impact and happenstance in how they came to be important. The odds were against you meeting and forming a relationship with Mr. Bowdin given how unpopular soccer was with Black folks in your high school. Mr. Janson was your teacher, so he was hired to make an impact, though his ability to make connections with his students sounds special. Jenni Evans was hired by Mason to support students through minority support, but had she not advised your campus organization, it's probable that you wouldn't have that connection. Your fraternity played the exact role I imagine Black fraternities were designed to play, though probably unbeknownst to many at the university. It gave you Black brotherhood, mentorship, and a network to lean on.

Educational Experience Narrative

Rob

Alright, Brotha, so, here we are, part two. So, last conversation, we talked about who you are as a person. That was interesting, and listening us talk and digging into the transcript, you know, it came alive again. So I got to feel the power twice. Today, I want to kind of switch our mode a little bit, and I suppose get into the heart of really getting towards research questions and all that. Really hearing more about your academic life.

Vertner

Got you

Rob

And this is storytelling, so your best will be enough. I don't want to shape it in any way. However you tell your story, tell your story. So I know this is kind of a hard question, but tell me the story about high school, your high school experience. I'm trying to get to the college guidance part, but I think I should know something about your school in general, and then we can kind of narrow towards the college preparation that they provided you. So tell me about high school.

Vertner

So, I went to Hampton High School in Hampton, Virginia. Historically, it was the first high school in the US with that name. My high school was predominantly Black. My whole life I thought I was going to the one across the town, but then we moved. I ended up going there, and I was first at first a little hesitant because I didn't really know anybody that went there besides like a handful.

Rob

So to clarify, you'd come up in a different neighborhood that was supposed to feed you into a different high school, so all of your friends kind of went somewhere else?

- 543 Vertner
- Un hun. Luckily, my middle school wasn't a zoned middle school, so anybody could go
- there from across the city. So that's why I knew a few people that went to my high
- school. So freshman year I got there, and it was different. Basically Hampton High, like
- where we live at now is basically like in the hood of Hampton, the city. So you know,
- 548 first day I saw like a lot of things for the first time such as drugs and stuff like that.

549 550 **l**

550 **Rob**551 Un hun

552553

Vertner

A lot of cussing and stuff like that. It progressed as high school went on. So in terms of like the culture of my high school, that's what it was. There were a few White people and

a few Asian people, but it's predominantly Black. So I fit right in, or whatever.

557558

- Rob
- 559 Un hun

560561

Vertner

So freshman year I really spent just figuring things out, figuring out high school. Figuring out my friend group and stuff like that, including sports. Just kind of like, you know, gaining a feel of everything. Going on to sophomore year, that's when I kind of got in the groove of things. You know, I was the top leader in my band. I was in the marching band

sophomore year, freshman and sophomore year.

567

- 568 **Rob**
- What do you play?

570571

- Vertner
- I play the tuba. I was in the band, found my leadership spot there, grew my friend group.
- 573 I'll go more into academics too. When I first got to high school, I enrolled into the
- 574 International Baccalaureate program. It's basically a rigorous program to help you with
- your studies and challenge you in a sense. So I thought that was a good program for me.
- 576 It was challenging definitely, especially I would say, my junior year, sophomore year, but
- I got through it. But yeah, started out playing varsity soccer, and then

578

- **579 Rob**
- When did you start playing varsity soccer?

- 582 Vertner
- My freshman year. Kept that on going, and was into various clubs, but at the same time I
- was gathering friends. My friend group got bigger, but I always kept my small circle. So

yeah, junior year, it was kind of like a roller coaster year. I would say, um, it's kind of 585 586 one of those years that built me, you know? 587 588 Rob 589 Un hun 590 591 Vertner 592 So, the academics I was kind of struggling. Sports, I injured myself in soccer. I left 593 marching band and played football. Football season went pretty good, and then one of my 594 aunts died. 595 596 Rob 597 Sorry to hear that. 598 599 600 Vertner 601 And then one of my friends that I knew from middle school, she also played soccer, and 602 she passed away from a soccer injury. 603 604 Rob 605 What!? What do you mean? 606 607 Vertner 608 So she got a concussion, but I guess the examiners or the trainer and her parents didn't 609 execute it the way it should have been executed. So she fell asleep that night, and I guess 610 she woke up not responding because she was brain dead. 611 612 Rob 613 Damn 614 615 Vertner 616 So yeah, that was a crazy thing throughout the whole city, pretty much. And I had gotten 617 in trouble at home. Junior year was just trashy, but at the end of the day, I respect it, and I 618 wouldn't want it any other way. 619 620 Rob 621 So you went to Hampton High School, a "hood" school in the hood area of Hampton, a 622 fact that caught you by surprise given where you'd grown up and where you thought 623 you'd attend high school. The school had some unpleasant elements that you were 624 exposed to for the first time such as drug activity, and you only had a few friends from 625 middle school with you there. You spent your first year or so finding your niche through 626 clubs and sports but also experienced hardship with the passing of your aunt and friend.

Those things, along with academic and home troubles, made for some difficult but

character building times that would prove valuable eventually. So when did you start thinking about college, and where you were going, and like being strategic about that kind of stuff? How did that go down?

Vertner

So I would say college pretty much started sophomore year, like the glimpse of it. It definitely started, which is kind of the culture at Hampton, as, where am I going to play? So it wasn't necessarily, where do I want to go to college academically? I mean at home it was, but you know, with the coaches and friends and myself, it was always like, where I'm going to play.

Rob

Play soccer?

Vertner

Un hun. It wasn't until junior year when I switched that mindset to academic, because the injury kinda like really impacted me and my thought process. So I started looking at schools academically, you know. I will say the school actually helped with that too because they have a good grasp on getting people from high school to college. And that was a big thing that junior year too because I was taking my SAT's or ACT's, and that just put it in my mind more. And knowing that my senior year's coming up, and the pressure from at home to start getting on college and stuff.

Rob

So you you touched on something. You said your school had a pretty good grasp on getting people from high school to college. Can you tell me about what they had going on?

Vertner

Yes, our counselors. So we met with our counselors once every semester, and we usually had someone, a principal I guess, her role was to mainly expose colleges to us.

Rob

661 Un hun

Vertner

Colleges came to visit all the time, like during cafeteria hours and stuff like that. They'd pass out flyers, tell us what they expect and all that good stuff. We always had college banners in the hallway. I remember, specifically, we had a Virginia college chart, and it had like the GPA requirements, ACT, SAT score requirements. It was all the Virginia colleges. And I always remember looking at George Mason because that's one of my top schools that I wanted to go to. I'm a bad test taker, so I knew I couldn't get in solely on my SAT and ACT scores, but I had the GPA to kind of help cover those up. So I was

671 always looking at that chart ratio, my GPA match with the college. My guidance 672 counselor really helped kind of fill me up, you know. 673 674 Rob 675 It's interesting, people don't think about that stuff being on the wall like working, but it 676 worked for you a little bit. I mean it gave you something to look at and target and made 677 stuff kind of clear. Ok. So tell me about this guidance counselor you're talking about. 678 679 Vertner 680 I'm trying to remember, because it was two different ones. One of them was mainly like school sources, and one was mainly for like ACT and SAT prep, in a sense. So I always 681 went to her to get waivers. So somehow I think we'd get three free waivers. Like the 682 683 whole school got three free waivers for the SAT and ACT. 684 685 686 So you wouldn't have to pay out of pocket? For prep or for the test? 687 688 Vertner 689 The test. 690 691 Rob 692 Okay, so that's good. 693 694 Vertner 695 Yeah. She basically picked my brain about where I wanted to go. Have I visited any 696 colleges yet? Such things like that. 697 698 Rob 699 What would you say the focus was on, helping you find a college and sort of getting you 700 there? 701 702 Vertner 703 Un hun 704 705 Rob 706 Did you have any experiences or conversations that sort of prepared you for the actual 707 college experience after admission and kind of like once you got here? 708 709 Vertner 710 Un hun. I would say mainly two people kind of helped me with that aspect, and they were 711 from the social aspect. In terms of preparedness, one of them went to my church, and he

played baseball out in like Indiana. He was like a year above me, so when I was a senior

high school, he was a freshman in college. During that summer, we talked a lot. I picked

712

- his brain, asked him, you know, what was it about? How was it? Stuff like that. I also had
- a dude who went to my high school; he played in the band with me. He graduated from
- Mason, and he turned out to be one of my line brothers. I've known him since middle school.

718

- 719 **Rob**
- 720 Huh!

721 722

- Vertner
- So we were a little distant during middle school and high school, but we're still cool. I asked him a lot of times, hey, how's Mason? What'd you do to get involved? I saw that we have a Black student alliance here and asked him about that. So he was like a good gateway. But at other times, I just kind of navigated through. I wouldn't say by myself, but I used what I knew from those two and other people like my sisters, but there's a difference because they stayed at home.

729 730

- Rob
- 731 Un hun

732 733

- Vertner
- So I used everything that I could gather up, and tried to navigate my freshman year here.
- In terms of academics, I would say definitely the IB program helped me in terms time
- management and stuff like that, you know. Especially with time management because
- from IB to being in the band, concert band, football, to soccer, to any other little clubs
- and activities I did, it helped me really dissect my time management. And I will also say
- my church. We something called YP, young people's division. They're always advocates
- for us going to college and stuff like that, and my church always made sure we were
- going to college. We had a high school speech that we got towards graduation in front of
- the whole church. Basically, they're always supportive. So, yeah.

743744

Un hun. So you said IB prepared you with your time management. Was it something they did, or was it just the fact that it was so rigorous and time involved, and that it forced you to kind of get your time right?

748

749 Vertner

Rob

Yeah, it kind of forced me to get my time right in a sense.

- 752 **Rob**
- Okay, I'm gonna do something amazing, and I'm going to try to remember my high
- school. So, my freshman year in high school, I went to a Catholic school. Got there, and
- it was just crazy. It was crazy. So, maybe Black folks were like 5%. I hate to say it, but
- 756 that was my real introduction to racism. High school, freshman year, Catholic school,

racism. We were just kind of surrounded. It was just a racist atmosphere. It was all boys, so it just forced all the Black dudes to kind of come together, and we just got really, really, really tight. So I got the same boys from 13, and I'm 44. After a while I was like, I don't want to do this anymore. So I wound up transferring my sophomore year to my neighborhood school. This was, I don't even know if the statistics match up or not, but it felt like, 50%, Black, 40% Latino, and then everybody else kind of, Armenians, White folks, Asians kind of making up the rest. But in terms of like culture, dominant culture, those two groups. I only knew a couple of people because I'd been in private school and Catholic school up until ninth grade. So I had a weird time fitting in, and because I switched schools, I wound up just kind of kicking it alone a little bit and watching the world a little bit. I was in honors classes, but given my past experiences with racism, I wanted to be with the Black folks. The Black folks were not in the honors classes for the most part, so I gave up my seat in these classes and went to the classes where students were a lower level than me academically, so that I could be surrounded by Black folks. It was a weird choice, but it just felt more comfortable. I don't remember getting college guidance or anything from the school. I just had my sisters and my cousins. Everybody went to Black colleges. I knew nothing about things like SAT prep, which is unfortunate. I wish I'd have known about things like other schools I could have gone to. I wish I would have had that kind of exposure, but I don't recall meeting with the counselor to talk about college at all.

Vertner

Wow

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Rob

Let's get back to you for a moment, so I can get this straight. In terms of preparing for college, you began that process by thinking about where you'd play college soccer, which was part of the culture of your high school. Your mindset shifted toward a broader consideration of college after you got injured and the programming around college kind of picked up. Your school did a good job of getting you geared up for college by engaging you in conversation through staff and faculty, hanging banners in the hallways, providing waivers for the SAT and ACT. Outside of high school, preparation for college was through community. It was your church. It was your brothas who went to your school before, you know, went to school ahead of you. Most of the focus was on choosing a school that was a proper match and getting admitted. Did you kind of imagine how college was going to be, and then what happened when you got here?

Vertner

- 794 I would say I really had like, no, sort of like, picture of what college was going to be like.
- 795 I mean I had like some idea in terms of the academic aspect, but in terms of the social life
- 796 and stuff like that, I had no idea. Mainly because I had never heard of Mason until like a
- 797 year or two, a before.
- 798 Also, my sisters commuted back and forth to school, so I didn't really get to see their
- 799 college social life. I kept an open mind, because I didn't want to be disappointed, and I

800 didn't want to be unappreciative of it. I just stayed in my room or whatever. Orientation 801 was weird for me too. I definitely didn't want to go back. I don't know why I felt like that, 802 but maybe it's because it I was my first kind of time being away from home.

803 804 Rob

Oh, you didn't want to go back home?

805 806 807

Vertner

808 No, I don't want to come back here.

809 810

Rob

811 Ahhh!

812 813

Vertner

814 I think because I didn't really the know campus yet, and I didn't know anybody in my 815 orientation group. I had to stay the night, so I was just like, what is this? (Rob chuckles) 816 Mason was also initially challenging because the majority of the people around me were 817 White, and I was used being around all Black people. It was like culture shock in a sense, 818 but like I said, when I got back home from orientation, you know, I reminded myself to 819 keep an open mind.

820 821

822

823

824

Rob

Un hun. Tell me what happened freshman year when you started doing the work. Tell me if the advice that you received matched the experience that you had here. What'd you think about the work? What'd you think about the social, social situation here? How was your experience transitioning here?

825 826 827

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831 832

Vertner

I would say that from the first moment, it was kind of weird. I think my dad did it on purpose too. So move-in day, we had an excellent move-in crew. It's a team of students. They move in early, and they get free housing. In return they help freshmen move in. So we pulled the car up to my dorm. Literally, you get out the car, turn back around, your whole car is empty, and your stuff is already upstairs. So it wasn't the freshmen move-in that you think it would be?

833 834 835

Rob

836 Un hun

837 838

Vertner

- 839 My mom wanted to stay and help me unpack, but my dad was like, nah, let's go; he got it. 840 I think he did it on purpose to help by not holding my hand. So they left, and I was just there, you know, by myself unpacking my stuff. At first, I felt some type of way because 841 842
 - my roommate's parents were there, but I think our campus has a real good way of making

- people feel at home. The RA, as soon as everyone got moved in, had a meeting, and then
- we went out for programming to help get you comfortable. It wasn't just, okay, freshmen
- move in. Figure your way out. They helped out for a week long, and that rapport was

846 built.

847

848 **Rob**

849 Nice

850851

Vertner

In terms of academics, I would say freshman year, both semesters actually, was very, very good for me. I got like a 3.5, 3.6.

854855

Rob

856 Ummm! How'd you do in high school?

857 858

Vertner

I did good. I think I ended up with like a 3.8, 3.7. I think my freshman year GPA was really good because I always knew from my guidance counselor from high school to have a good freshman year GPA.

862863

Rob

Jesus, that's the gospel, that's the gospel right there!

864865866

867

868

Vertner

Thats the best advice that somebody ever gave me. I do tours for Mason now, and that's what I tell the people that are trying to come here. No matter what you do, have a high freshman year GPA. At least try. In terms of classes, they were pretty straightforward.

869870871

Rob

Have you been the same major the whole time?

873874

Vertner

- Yeah. I had the same major the whole way. The more challenging part, which is again a fact of freshman orientation, is trying to figure out how to schedule classes. I don't know why that was so hard to me looking back, but it's just a new, new ordeal to me, and I feel
- like the counselors for Mason, weren't really helpful in that moment. But, you know,
- there was like a lot of us in that room to try to help, but they weren't really helpful. I
- figured it out on my own back at home.
- 881 My second semester made me see the importance of the professor. I heard people talking
- about, oh this professor's hard, and this professor's hard. So not necessarily the class, but
- 883 it's all about the professor. So at that point, moving forward, I always researched each

professor.

886 **Rob**

What'd you use, Rate My Professor?

888 889

Vertner

Rate My Professor, yeah. You can't take all those comments in consideration, but it's turned out pretty good.

892893

Rob

894 I remember going to Xavier. It was a crazy experience. I was living off campus, which is 895 a bad move! No meal plan. No friends. Southern culture was different. Just watching 896 everybody dance and talk. It was like, wow, this is crazy. I didn't know what the work 897 was gonna look like. Basically, I learned about Black college from the ty show, A 898 Different World. Xavier was a lot like that, but I was not ready for the work. I remember 899 first F in college was freshman year statistics. It was hard, Man. I struggled for a year, got 900 my groove. The girls you wanted were in the library, so that was my incentive to get 901 myself together, get my grades right. So I started spending a lot of time in the library, and 902 it started working out. But it was just a year of mistakes. I was sad, homesick, crying. 903 Calling my grandmother. I had zero preparation, but somehow it worked out. Do you feel 904 like you had the information that you needed from your high school in order to be 905 successful? Do you feel like they set you up enough in terms of like college preparation?

906 907

908

Vertner

Let's say yeah. They kind of put me in a right mind frame. They gave me the gas in my car.

909 910 911

912

913

Rob

But you had to drive; you had to drive the darn thing. Is there anything you wish that maybe your high school would have prepared you for, knowledge about a particular subject or what you could expect?

914915916

Vertner

Yeah, I would definitely say the financial part. More about resources, the ins and out of FASFA, scholarships. Also, maybe more actual program details. To expand upon that, you have your science majors and your math majors. Maybe going through the details, this is what you'll probably learn, these are the curricula, these are the degree requirements from different schools.

922

923 **Rol**

That sounds like common sense to me. Why do you think they don't do that? Or didn't do that?

926 927

Vertner

I would think resources and time because like my school, there's a lot of like people that will drop out. So in terms of like priorities, they might try to get you to finish high school and then, show you college rather than show you the actual ins and outs of the academic ways of college. It's kind of like prioritizing things.

932

- 933 **Rol**
- When did you pledge your fraternity here?

935

- 936 Vertner
- 937 I pledged my sophomore year.

938

- 939 **Rob**
- And did that help your academics at all, getting that inside information from your brothas?

942

- 943 Vertner
- Not necessarily with my academics because that was always top tier priority for me, but it helped me with career tracking.

946

- 947 **Rob**
- 948 Un hun. And what role did your parents play in getting you ready for college?

949

- 950 Vertner
- I would say, I don't wanna use the word pressure, but they stayed on top of me about academics. Academics first, before sports and all that. They asked about my GPA, my
- grades, checked my grades, and stuff like that. Yeah, it basically just turned into an
- 954 expectation, you know?

955

- 956 **Rol**
- 957 Un hun. Did they go to college?

958

- 959 Vertner
- So my dad went for like one year, and then he joined the military. Then my mom, got her associates, but she's graduating when I'm graduating now too for her bachelor's.

962

- 963 **Rob**
- That's great. My parents had the same exact education. I think my dad got like a year; my mom did a couple years. Where'd your just sisters go?

966

- 967 Vertner
- They went to schools closer to home, and they commuted.

969

970 **Rob**

How do you think your situation would be different if you didn't go through the IB experience? Or would it be? I don't want to be presumptuous.

973974

Vertner

I want to say I'd still be successful. However, it kind of fueled the drive that I have now with the time management stuff. I had to balance a lot of things, and it grew even more when I got here, but that was like the foundation. (Now looking at pictures from Vertner's life to be used in collage) I put this in there because these two people, they're pretty cool. She lived on my floor, and she was her friend. They kind of had a good role my freshman year I would say. It helped with me being more diverse, not just sticking to the Black folks. These are from the shooting range.

982 983

Rob

984 You're on your way!

985 986

987

988

989

990

Vertner

I like the range; it just a relaxing thing. It helps me practice and stuff. This is when we won our first step show. This is the Black Excellence Gala at Mason. It just shines a light on the Black excellence amongst Mason students every year. Then we won our second step show...He's about to graduate soon, so I'm trying to like mentor him through that. And this is my oldest sister. That's my mom. That's my little sister right there.

991992993

Rob

994 Great. You got some good stuff.

995 996

Vertner

Yeah, I'm in love with planes, so I go to the air show a lot of times. So I took a picture of that. If I could fly one, I would.

999 1000

Rob

And in your neck of the woods, there's a lot of military presence.

1002 1003

Vertner

Yeah, there's an air force base like five minutes from my house, so. That's my best friend again. We went to see Kendrick...Top Golf. Can't really golf, but I'm good at that...That's the J Cole concert.

1007

1008 **Rob**

Okay. Who's better, Kendrick or J Cole? Or are they the same? Different but the same?

1010

1011 Vertner

1012 I'd say different but the same, yeah. This us with a White sorority that we're pretty close with. We had a little program with them last year. And that's like my little sister, I would say.

1015 1016

Rob

1017 Un hun

1018 1019

Vertner

This is all back home friends. This is last year. They didn't know they were about to do this cause they all got a little beef between each other. But I told everybody to meet me up at dinner.

1023

1024 **Rob**

Oh, you set em up?!

1026 1027

Vertner

Un hun. Um, this was Germany. I went there to study abroad last winter. This, uh,
Austria. This is Miami spring break. That's my older sister. And that's my dad and me.

1030 1031

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Rob

Ah! Awesome. You've had a good experience. It's nice to hear because I don't want to make assumptions about anything. You made some good decisions. You had a little more discipline, and time management seems like the key. I mean, when I talk to freshmen brothers, I'm like, time management's the difference maker. You can be smart. Doesn't even matter. If your time management is not right, it's not gon' crack. All of this is remarkable to me given the fact that you didn't know what to expect from the college experience. Your parents didn't have the experience, your sisters were commuters, so family knowledge around college was different. Your dad decided it best that you just dive in without too much coddling, but you were caught off guard a bit by the sudden separation at move-in time. The first moments at Mason were a bit of a shock to you because the demographics were very different than those at your high school. The orientation team did a solid job of making you comfortable. You experienced similar academic success your first year of college, thanks in part to advice from your guidance counselor in high school who stressed the importance of a high freshman year GPA. You do wish your high school would have expanded conversation around paying for college and the curricula associated with different programs. All in all, you've had a rich experience being active on campus, building relationships across races, and studying abroad. Let's respect your time. I appreciate it.

1050

Connecting Personal and Professional/Educational Through Collage

10511052

1053 **Rob**

- So this is a little bit of experimentation, but I'd like you to use your pictures to tell the
- story of how your personal life, your educational life, and your educational experiences
- are all connected.

1057

- 1058 Vertner
- 1059 Got you

1060

- 1061 **Rob**
- And then, you know, as you're making decisions, just kind of talk it out, you know in a
- way that you're not used to, you know, the kinda conversations you might have in your
- head. As you're working, I'll be asking you questions because I still have some stuff that
- 1065 I'd like to get your perspective on.

1066

- 1067 Vertner
- 1068 So I'll probably start this off...

1069

- 1070 **Rob**
- 1071 Is that Baby You right there?! (looking at pictures being pasted into collage)

1072

- 1073 Vertner
- 1074 Yeah, that's Baby Me (both laugh). Yeah, so I'll probably start off with like family in the
- middle.

1076

- 1077 **Rob**
- Okay. (Vertner working on collage while Rob watches and chimes in) And that's Sis right
- 1079 there?

1080

- 1081 Vertner
- That's my mom.

1083

- 1084 **Rob**
- Isn't that wonderful?! It's funny, when I was like, yo, your parents older? You were like,
- 1086 yeah they're in their 50s. I'm like hmmmm! I'm almost in my 50s! (both laugh). (Looks to
- 1087 collage) So the idea is to have sort of family at the nucleus and then friends and then...I
- see it. (acknowledging Vertner's moves and choices). So your fraternity has a chapter
- meeting tonight?

1090

- 1091 Vertner
- Kinda. So we have this official meeting when we're about to bring in some new people.
- So it's kind of like, where we like vote before we proceed and stuff like that.

- 1095 **Rob**
- 1096 Un hun. Are you in leadership?

1098 1099	Yeah. I'm basically the intake coordinator.
1100	Rob
1101	Okay. And what year do you need to be to pledge?
1101	Okay. This what year do you need to be to preage:
1103	Vertner
1104	Um, so you have to be at least a second year freshman. We don't really have a specific
1105	year, per se. I prefer to have people come in young, because from there, you can kind of
1106	build, you know? If you're like a senior coming in, your time and effort here on campus
1107	are going to be short-lived.
1108	
1109	Rob
1110	Un hun. Okay, as you're moving stuff around, I'll shoot you a couple of these other
1111	topics. I wound up feeling like there were some things I didn't understand from you. Is
1112	there anything you think freshman brothas should know about the first year? It could be
1113	related to advice you were given in high school and what you did with that advice, or
1114	advice not given in high school. Like, they didn't tell you this, but this is how it's going
1115	down.
1116	
1117	Vertner
1118	Yeah! I would say number one would be to make sure like you start with a strong GPA.
1119	
1120	Rob
1121	Un hun
1122	
1123	Vertner
1124	You know, I'd rather you bust your butt now, than bust your butt when you try to
1125	graduate cause it's gonna be harder. You're taking intro level classes, so why not try to
1126	strive for that 4.0? Your GPA can easily drop, but it takes 10 times as much effort to raise
1127	it back up.
1128	
1129	Rob
1130	Un hun
1131	
1132	Vertner
1133	Yeah, that'd be my number one advice.
1134	
1135	
1136	Rob
1137	So, strong beginning. I remember you saying that a little bit before. Now that's good
1138	advice. EmHow do they do that?
1139	

Vertner

1140 Vertner 1141 I want to say it's kinda like you just get the feel for it, but it's almost like a personal thing, 1142 you know. You got accepted to college for a reason, so you should already know you're 1143 capable of doing good. So I think it's mainly just like a mental thing, like the professors 1144 give you all you need to succeed. 1145 1146 Rob 1147 Un hun 1148 1149 Vertner 1150 You just need to use your resources. I was never the person to study, but when I got to 1151 college, I started studying a little bit cause I knew I needed extra help. I asked people that 1152 I knew and they lived on my floor. You see somebody in class, ask them, hey you want to 1153 study for this test? People are willing to go through it with you because they going 1154 through the same thing. You know what I mean? People aren't gonna say, no I don't want 1155 to study with you, or no, I'm not trying to help you with the homework or nothing like 1156 that, cause 1157 1158 Rob 1159 Cause then they're just knuckleheads. 1160 1161 Vertner 1162 Yeah. 1163 1164 Rob 1165 Okay. Maybe this is redundant. If you were talking to high school seniors, would the 1166 message be different? 1167 1168 Vertner 1169 Nah. It's funny you say that cause we just talked to some high schoolers; they're like 1170 juniors and seniors on a college tour. We talked to them on Sunday, and they asked us for 1171 advice. They asked about application advice. I just told em to be yourself, you know, 1172 because no matter what you do in life, if you aren't yourself, then are you going to be 1173 really successful? Now if you are yourself, and you do things that aren't necessarily good, 1174 that's when you check yourself. 1175 1176 Rob 1177 Un hun 1178 1179 Vertner 1180 So I started off with family (looking back to his collage). Then I got friends over to the

right top side, kinda shifted down. Then I kind of get into my activities. You still see

people, but you'll see people doing stuff that I do.

1181

1184 1185	Okay, family at the core.
1186	Vertner
1187	Un hun
1188	On hun
1189	Rob
1190	Your people-peoples up here to the top right, friends who are like family or whatever,
1191	just meaningful friendships. And then around here we gon get some activity situations
1192	happening. (Pause to take in collage) Oh, okay. The more I hear about you, the more it
1193	seems like this thing you're doing with me and for me, and for this research, just seems
1194	like it's part of who you are a little bit. Like this is
1195	
1196	Vertner
1197	Yeah, kinda
1198	
1199	Rob
1200	It doesn't seem that abnormal for you!
1201	
1202	Vertner
1203	Nah, I like you know, sharing things about me, and kinda just like shedding light, I guess,
1204	
1205	Rob
1206	Un hun!
1207	
1208	Vertner
1209	and vice versa. You know I like hearing people's stories. How people got to where they
1210	are, stuff like that. I think it's important, you know not only to like, share it, to also hear it
1211	because
1212	
1213	Rob
1214	You got any questions for me?
1215	X7 d
1216	Vertner
1217	Yeah, I actually do.
1218	D.L
1219	Rob
1220	Okay
1221 1222	Vertner
1222	So, what made you choose this research? I didn't really ask that question in a sense. You
1223	know?
1224	KIIOW:

Rob

1226 **Rob**

- Okay. Well, I knew I wanted to help brothas. I had done educational research on us,
- essentially, and it just seemed like we needed some help.

1229

- 1230 Vertner
- 1231 Un hun

1232

- 1233 **Rob**
- 1234 At every level. I mean I could have gone all the way from pre-K to like PhD level. It's a
- struggle in terms of our educational journeys and our life journeys really. But this is kind
- of like my lane. Professionally I've been working with freshmen transitioning to
- university, but my students have been international students. I used to be an academic
- advisor, teach University 100, and then taught the version of University 100 we have for
- international students. So I was like, how can I help? I looked at my expertise, which was
- the freshman transition experience. And then I started hearing about Obama's program
- called My Brother's Keeper. And then DC has this program called Empowering Males of
- 1242 Color, so I kind of looked at their models of support. And I just kinda picked this lane. I
- felt like I had a voice. I could relate to students. I've had every kind of educational
- experience there is. You know, I flunked out of college before, I flunked out of Howard.
- 1245 And then got myself back in it.

1246

- 1247 Vertner
- 1248 Un hun

1249

- 1250 **Rob**
- 1251 I had it rough. I went to Xavier; I didn't know anything. So I know what it feels like to be
- out of your lane, out of your context, and struggle and just kind of make it. And I've had a
- lot of help. Like I should be, I darn sure shouldn't be working on my PhD. Life has given
- me a lot of chances. I've had a lot of support, so I need to be that support. I could have
- been given up on, but people did not give up on me. So that's kind of it. I just was trying to find my way I could help brothas through research in a way that related to my life.
- 1257
- 1258 Vertner
- 1259 Un hun
- 1260
- 1261 **Rob**
- 1262 So that's, that's kinda it. If Mason had more resources for Black males, like a real solid
- Black male program, I might not be knowing any of this stuff, but there's a little bit of a
- 1264 gap.
- 1265
- 1266 Vertner
- 1267 So what program are you kinda looking for?

- 1269 **Rob**
- So there's a Black male initiative on a lot of campuses. I think there's some brothas, some
- people doing some stuff here, but it's not all the way. I have my own Black male
- initiative, and I think there's probably like four of them floating around campus, but
- there's not a centralized one.

1274

- 1275 Vertner
- 1276 Yeah, and that's the truth because we have this Black male initiative thing we do, like at
- the end of every year in the spring semester, but it's only one time a year. It's supposed to
- be like a safe spot, or like a hub where Black men are supposed to, you know, let go of
- their guard. You know what I mean? Sometimes being a Black man you put on like this
- shield when you leave the house or whatever.

1281

- 1282 **Rob**
- 1283 Un hun

1284

- 1285 Vertner
- 1286 It's kind of hard because when I see problems, I'm always wanting to say, okay, maybe I
- can help to fix this and stuff like that, just trying to make life here better for like my
- people, but then it kinda got draining because then you start to look around, and see it's
- only you (both chuckle). It's only like you or two other people, trying to do something
- about it. And then when you actually do something about it, and like things like get
- going, the results are not what you want to see. Like if I throw an event for Black males,
- and only like four or three people show up, what is all this work supposed to be doing,
- 1293 you know?

1294

- 1295 **Rob**
- 1296 Un hun

1297

- 1298 Vertner
- 1299 And then I came to the realization, I was like, I'm about to graduate, so maybe I should
- start enjoying college life again. I was reflecting back on my freshman year, how I
- enjoyed college. I was going out to different events, wasn't like focused on like one or
- two things. I want to get back to that. That's what I been doing lately just...Back to what I
- was about to say, I think Mason, the people here, we're trying, but I don't know what the
- problem is. This been going on for like

1305

- 1306 **Rob**
- 1307 Years, right?

- 1309 Vertner
- 1310 Yeah, probably before I even came. I think another part of it is probably just the culture
- here at Mason. You gotta remember, Mason's like a commuter school, and like three

- 1312 fourths of our population commutes. So that's a struggle in itself, where you try to contact 1313 those people that commute. In a commuter's eyes, nine times out of ten they just want to 1314 get to class cause they either got a job or got home obligations and stuff like that. 1315 1316 Rob 1317 Un hun 1318 Vertner
- 1319
- 1320 So I just went skydiving this weekend (looking back to the collage). 1321
- 1322 Rob 1323 Oh, word?! 1324
- 1325 Vertner 1326 I had to put that in! (both chuckling) 1327
- 1328 Rob 1329 Whoa! You're alive! 1330
- 1331 Vertner Yeah! (laughing) 1332 1333

1345

- 1334 Rob 1335 So that's it, basically trying to make up for what's missing around here. The best way I 1336 can, try to leave a little something.
- 1337 Vertner 1338 That's why I was surprised when you said it. I thought you were gonna say you were
- 1339 from Minority Support or something like that cause usually that's all you hear from. 1340
- 1341 Rob 1342 Right. Nah, I'm just an independent, you know, one-man show. But you know there's 1343 some good people around this campus that really want to put in some work. I don't know 1344 why things haven't gotten organized differently.
- 1346 Vertner 1347 I guess there aren't enough consistent helping hands. Just like I said, it's the same like 5
- 1348 to 8 people doing that ground work, and then they graduate. 1349
- 1350 Rob 1351 So you've been super active! And you know when I read research, people who are active 1352 on campus have the best experiences, they do better in terms of GPA, they stay, and they 1353 graduate. Do you see something in that research? You think the research is spot on? You 1354 think that's one of your secrets, the fact that you've been active as hell for four years?

1355 Vertner 1356 I would say so (with a hedging tone). You know, it's kinda like an underlining initiative. I'm active, and academics wise, it kind of teaches that time management part. And it 1357 1358 gives me an obligation to stay because, you know, you build those relationships with 1359 people, and you want to see like an end goal. It was one thing my band teacher from high 1360 school told me, he was like, you should always gauge your success based on how you 1361 leave the place; you should always leave the place better than you found it. 1362 1363 Rob 1364 Un! 1365 1366 Vertner 1367 That was always in the back of my head. Why not have that mindset? 1368 1369 1370 Rob 1371 Okay. Is there anything you think high school counselors should know about the first 1372 year of college for African American dudes? A lot of the focus is on getting them 1373 accepted, but now there's a little bit of research where people are like, wait a minute; we 1374 need to know what's happening when they get there. 1375 1376 Vertner 1377 Yeah. I would say definitely look at the dropout rates. 1378 1379 Rob 1380 Un hun 1381 1382 Vertner 1383 First Year, first year dropout rates. I think that's when it's the highest? 1384 1385 Rob 1386 It is. 1387 1388 Vertner 1389 When you look at it from high school, you get a lot of pressure. I even see it with my 1390 friends. They'll go to college first year, and then you see them back at home the next 1391 year. I think it's important that we look at that and what's going on. I feel like it's the 1392 pressure, you know you making it to college. The thing is, the pressure kind of lets up 1393 once you're in the first year. You get that sense of independence and take your foot off of 1394 the gas pedal. Some people also think college is a scam because they don't see the 1395 benefit.

1396 1397

Rob

1398 1399	So you think that freshman year maybe, maybe brothas need more structure? Like an additional year of structure until they understand what kind of system they're in?
1400	
1401	Vertner
1402	Yeah
1403	
1404	Rob
1405	That makes sense. Wait, did you play soccer here your freshman year?
1406	
1407	Vertner
1408	Yeah.
1409	
1410	Rob
1411	Okay so you walked in with a little structure, had somebody to be accountable to.
1412	
1413	Vertner
1414	Un hun
1415	
1416	Rob
1417	Teammates, coaches, school really.
1418	
1419	Vertner
1420	Yeah, I knew I didn't want to go back home, so I was like, I gotta stay here.
1421	
1422	Rob
1423	Anything you think Mason should know about the first year of college for African
1424	American dudes?
1425	
1426	Vertner
1427	I would say
1428	
1429	Rob
1430	And let me tell you, whatever you're about to say, they're not hearing it from people like
1431	you very often, so I think this is an opportunity.
1432	
1433	Vertner
1434	Yeah, I would say, what Mason kind of preaches is not necessarily how they quote-
1435	unquote act. So they preach like inclusion, and like diversity and stuff, but when you
1436	kinda get in the meet and greet of everything, past like orientation and stuff like that, and
1437	you're in the class, you don't always see that. Whether it is the professors that you see,
1438	advisors, especially advisors, like different resources. They'll give you one thing, like the
1439	minority support office, and they'll say, use that as a resource. Now one thing they did do
1440	good is we have an LLC on campus, living learning community for Black men.

1441	Rob
1442	Really?! I gotta write that down! That's what I was waiting on.
1443	
1444	Vertner
1445	Yeah, so that's just started this year. I think that was a real good step to see. I guess that's
1446	the first step of making sure there's inclusion.
1447	
1448	Rob
1449	So it sounds like you're saying, okay Mason's supposed to be this diverse, inclusion kind
1450	of place, but where is it in the classroom? Where is it in the advising? It needs to be more
1451	than just one resource and orientation.
1452	
1453	Vertner
1454	Like it looks diverse, but where's the inclusion. Because diversity and inclusion are two
1455	different things.
1456	
1457	Rob
1458	Un hun
1459	
1460	Vertner
1461	I know that it's kind of a natural thing, people tend to talk to the people who they can
1462	relate to, but making those opportunities you know, allowing those opportunities to be
1463	open, you know like creating those opportunities to, you know, across social
1464	
1465	Rob
1466	Creating! That's the thing. Some stuff is natural, you know, you find people you feel
1467	comfortable around, but faculty, there's nothing natural about faculty that's not diverse.
1468	XY ,
1469	Vertner
1470	Yeah
1471 1472	Rob
1472	There's nothing natural about that; that's choice. There's nothing natural about advising
1473	not being diverse. That's university choice. That's beyond choice; that's policy.
1474	not being diverse. That's university choice. That's beyond choice, that's policy.
1476	Vertner
1477	Yeah
1478	1 Vuii
1479	Rob
1480	There's a policy that's allowing that stuff to happen.
1481	2 2 2 1 2 3 3 2
1482	Vertner

1483 Un hun. Cause I know different departments, if they want to have a more like diverse unit or whatever, they hire, you know, Latino or Black or White. 1484 1485 1486 Rob 1487 Un hun 1488 1489 Vertner 1490 I'm pretty sure there's plenty of professors out here that need a job that wouldn't mind 1491 coming to Mason. 1492 1493 Rob 1494 Yeah, there's no shortage of talent that can do the job. Okay, that's kind of interesting. 1495 You think the sistas have an easier experience or a different experience? 1496 1497 Vertner 1498 To be honest, I'd probably say they have a harder experience. I can't speak too much 1499 about that, but they are Black, and they are women. So it's kind of like they have those 1500 two disadvantages. I see colleges like a small society. 1501 1502 Rob 1503 Un hun. So what we got here (looking back to collage)? Tell me what I'm looking at here. 1504 1505 Vertner 1506 Yeah, so going clockwise, think you know the center foundation is family mainly. 1507 Rob 1508 Okay. So, Mom. And that's just, you at the crib, alive. (both chuckling) 1509 1510 Vertner 1511 Yeah, third day out probably. And that's my dad and me. And my two sisters. That's my 1512 mom again. And I call her my church friend/sister. Known her for 15 plus years. And this 1513 is my little cousin. Then outside, I have childhood, kind of growing up friends. So it's like 1514 back in middle school, my boy I was talking about. You know I was talking about that IB 1515 class that I used to take? So we stuck together like through the whole four years pretty much. This is me in middle school. 1516 1517 1518 Rob 1519 Is there any connection between these early relationships and your experiences with college? 1520

Yeah I would definitely say my first year here, they were kind of like my go to people to

talk to when I was like kinda homesick, or I just wanted to like to talk to my boys at

1521 1522

1523

1524

Vertner

1527 1528 Rob 1529 Did they go to college? 1530 1531 Vertner Um, all of them did besides him. 1532 1533 1534 Rob 1535 Except for my brotha right here? (referring to person in collage) 1536 1537 Vertner 1538 Yeah, but we're always talking about college around him, so it's in the back of his mind; 1539 it's just a matter of like, yeah, I'm going. 1540 1541 Rob 1542 So he might, he might 1543 1544 Vertner Yeah, eventually 1545 1546 1547 Rob 1548 Okay. So, I gotta tell you, it looks to me like you've got a pretty good life. 1549 1550 Vertner 1551 Yeah. (chuckles) 1552 1553 1554 Rob 1555 You're an energetic dude, adventuresome, social. I don't think you think you're that 1556 social, but from the outside looking in, it appears to me like you have a rather healthy 1557 social life (laughs while delivering end of statement). 1558 1559 Vertner 1560 Yeah, but I have days where I gotta be by myself. I need those like days or hours where I 1561 just 1562 1563 Rob 1564 Restore. 1565 1566 Vertner 1567 Yeah.

home. I told you about how different it was up here, so I needed that like that, home

feeling again. Yeah those people are still here today.

1525

1526

1568	Rob
1569	If somebody asked me to characterize your experience, I might say, this is a brotha who's
1570	an example of how to be successful. I don't think there's anything about your background,
1571	you just you just hopped on and just rode!
1572	
1573	Vertner
1574	Yeah!
1575	
1576	Rob
1577	You just rode out! I think there's some success there, and I don't want to get talking about
1578	the research too much, but a lot of choices, your decisions, and your road matches what
1579	I've heard about brothas who have been able to be successful in college, which is the
1580	staying active, calling home when you need some support, having a connection to your
1581	home, um, supportive family and all that. The super activity, the IB, the fraternity.
1582	
1583	Vertner
1584	Yeah! Yeah
1585	
1586	Rob
1587	It sounds to me like that's really important; that stood out to me. I've been thinking about
1588	that since you talked to me about that. What year were you when you pledged?
1589	
1590	Vertner
1591	I was a first-year sophomore.
1592	
1593	Rob
1594	So that was good timing for you, right?
1595	
1596	Vertner
1597	Un hun
1598	
1599	Rob
1600	Because then you had that support.
1601	
1602	Vertner
1603	Yeah
1604	
1605	Rob
1606	That was key; that was a key time.
1607	
1608	Vertner
1609	Definitely
1610	

1611 **Rob**

- 1612 I think you've had people you've been accountable to, so you didn't want to disappoint
- people.

1614

- 1615 Vertner
- 1616 Yeah, definitely

1617

- 1618 **Rob**
- And you had people who were invested in you, so I just think it's interesting. Not a sad
- story at all, good story, solid story. I think you should be happy. You should feel proud of
- yourself, and you're a nice guy and you do service on top of all that! So I think this is a
- worthy story. I think people should hear your story, and they should hear what you have
- to say about college and preparing for college, and I think you have a valid, strong voice.
- 1624 I think the university should listen to you because I bet they want more people to have
- 1625 your kind of experience. The fact that there's not a lot of support, not a lot of Black
- faculty, for some brothas that means they don't make it.

1627

- 1628 Vertner
- 1629 At all, yeah.

1630

- 1631 **Rob**
- We feel good?

1633

- 1634 Vertner
- Yeah, I was gonna bring up one point. So I was thinking. This is a conversation from
- when I was in leadership in my organization, and we were trying to bring all the Black
- people out. It's kind of like we only reach out to the Black people who are characterized
- as Black, so the ones who like play basketball or are in a frat or the cool guys or the
- gangstas. What about the Black people who like do like anime and stuff like that or just
- like to read books or like, who aren't like necessarily social but kind of still want do
- stuff? What about the other side of the coin when it comes to reaching out to Black men?
- 1642 It's a thing I have been thinking about. They still probably need or want, you know that
- support.

1644

- 1645 **Rob**
- 1646 They do! I know they do, and I know they exist because I've interviewed them. I've had
- some of them in my program, and I've had some anime folks, you know the whole thing,
- and they definitely need the support. They're looking for things like a Black male
- initiative. So you're exactly right. But they might not have the type of social skills so that
- they naturally, easily fit into the campus scene. That's a great population to partner with
- in research.

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Biography

Robert L. Graham graduated from John Muir High School, Pasadena, California, in 1992. He received his Bachelor of Arts in Political Science from Howard University in 2001. He received his Master of Arts in English from California State Polytechnic University at Pomona in 2012.